

Exam Announced for Postal Clerk Work

Applications for the postal carrier or clerk examinations for Medford must be post-marked not later than June 15, according to the United States civil service commission.

The examination is to be given Saturday, June 25, at 8:30 a.m. in the Medford High school cafeteria, 815 South Oakdale a.e. Applications may be secured at the Medford post office.

Citizens of Andorra, a little principality in the Pyrenees Mountains between France and Spain, pay no taxes.

Fine Levied in Employment Case

Salem—UPI—A \$100 fine was levied Thursday in unemployment compensation benefits by misrepresentation.

In addition, Helen Rose Bondell, 47, Salem, was directed to pay the state \$136. The charge was filed in connection with a claim she made last January in which she stated she was unemployed and had no income for the week of the claim. Authorities said actually she earned \$20 for that period.

Pearl oysters of the Persian Gulf are inedible.

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine
Mayo Clinic
Emeritus Professor of Medicine
Mayo Clinic

Many people ask me about bursitis - what it is and what to do for it. Bursitis means trouble in a little sac called a bursa. It contains a fluid that looks like an oil. The commonest bursa to give trouble is the one on the outside of the arm, near the point of the shoulder. In this place, the bursa serves as a sort of pulley. A tennis elbow or a housemaid's knee may be due to a bursitis.

What is the cause? Perhaps, it is the same as the cause for either arthritis or fibrositis. No one knows. Often, when a shoulder hurts and is stiff, it is hard to say just where the inflammation is. It could be in the joint, in the tissues about the joint, in the muscles, in the bursa, in the nerves, or in a tendon. Occasionally, the x-ray examination will show a calcified bursa full of lime salts. In the old days, surgeons removed such bursas, but later, when they found that, with time, the situation often clears up, they largely gave up operating.

Should a sore shoulder be moved and exercised? Usually yes. If it is not moved, binding adhesions can form in the joint, and that situation is bad. Dr. Philip Hench has said that the sissies who won't stand the pain of movement will get stiff, while those persons who have the guts to use the arm are likely to get well.

What can be done? Sometimes pain can be relieved by an injection of some procaine - a local anesthetic - or of some hydrocortisone, or a combination of the two drugs. Several such injections may have to be given. Aspirin often is good treatment; and help can come from heat and diathermy and massage. When these measures do not show signs of helping, I send the patient to an x-ray man. In two out of three cases one or two x-ray treatments will work a quick cure. If x-ray treatment does not help, in rare cases in which there is much pain and

disability, removal of the bursa can be considered. To show how inflamed bursas can disappear by themselves, two years ago, after the auto in which I was riding went into a chuck-hole and my left elbow was painfully banged on the arm rest, the bursa on the elbow became sore and got as big as a golf ball. I was just about to ask a surgeon to remove it, when in a few days it disappeared all by itself, and that was the end of my pain.

There is a type of headache in which the unfortunate patient suffers terribly. Every so often he (or she) is likely to wake, perhaps at 3 a.m., with an awful headache - one so bad that no drug is likely to do any good. The poor victim usually walks the floor for two or three hours and then the headache quits. With the pain, one eye may run tears, and one side of the nose may be stopped up. An injection of a drug called histamine usually will throw the person into a typical headache. Slow desensitization of the person to histamine by the daily injection of slowly increasing tiny doses of the drug will cure perhaps 60 per cent of the patients. Sometimes after a year or two of relief, the patient will again have a spell of the headache. This is called Horton's headache. It is named after my good friend, Dr. Bayard Horton, who spent many years studying the disease.

I have seen a number of cases in which Horton's headache seemed to complicate migraine. Especially in such cases, the patient should try injections of the Gynergen which is so helpful in 80 per cent of cases of migraine. Dr. Piness says that in some cases an injection of adrenalin will help, or it will help to shrink the mucous lining of the nose.

HOW TO RECOGNIZE PARKINSON'S DISEASE
Many people ask how can they be sure that they have Parkinson's disease? When the trouble is well-advanced, I can recognize it in a man seen a block away. He probably will be walking slowly, perhaps with short, shuffling steps. He is likely to be bent forward a bit from the waist; he will not be swinging his hands as a normal person does. One or both of his hands are likely to be held close in front, near his groin.

When I get closer to the man I will see that there is almost no expression in his face; also, one of his hands may be shaking in a peculiar way - with the thumb and first finger coming together. In the earliest stages, the man's face may lose some of its expression. If questioned, he may say that he feels stiff, as if someone had poured glue into his arms and legs.

Dr. Alvarez's booklet on weight control may be ob-

Try and Stop Me

By BENNETT CERF

THERE'S A TINY community in the Carolinas that had trouble keeping a minister for any length of time. Finally the bishop, with weightier matters on his mind, sent down a raw-boned, stolid young preacher and said, "Try and make the folks out there like you."

The new minister was amazingly successful. After two years, the bishop, very pleased, summoned the leader of the flock and sought the reason why. "It's simple," explained the leader. "We folks out there really don't want a preacher at all and this young fellow's the closest we've come to it."



"Pop," spoke up a youngster aboard a Santa Fe train, "what's the name of the town we just stopped at?"
"How would I know?" grumbled Pop. "Can't you see I'm reading the paper? Ask your mother."
"I can't," reported the youngster. "She got off there."
© 1960, by Bennett Cerf. Distributed by King Features Syndicate

100,000th Applicant Is Local Sixth Grader

Salem - Ted Bennett, 12-year-old Medford sixth grade pupil, has the distinction of being the 100,000th Oregon youth to apply for membership in the Oregon Green

Guards since the youth activity was founded in 1942, according to Guard officials.

He is the son of Mr. and Mrs. T. I. Bennett, 315 Lozier lane, Medford.



Arthur W. Prialux, president of Keep Oregon Green association, pointed out that the application from young Bennett was one of 1,531 applications from Jackson county boys and girls to come into the headquarters of KOG here.

The rash of applications from Jackson county, Prialux said, followed a week-long stay in the southern Oregon county by Albert Wiesendanger visited all schools telling the thousands of county school children of the need for better fire prevention measures in the forests.

"We believe," he said upon his return from the southern Oregon area, "that we will get real good cooperation from the boys and girls this year."

Ted Bennett is to be honored next week by representatives of fire protection officials in the Medford area, according to the Guard.

7,000-MAN DRAFT CALL
Washington—UPI—The Army will draft 7,000 men in August, 1,000 more than in July and 2,000 more than in June. The August call will bring to 2,539,930 the total number of men drafted since conscription was revised during the Korean War.

LOSE CLAIM
Lansing, Mich.—UPI—Eleven white men have lost a discrimination claim against a private club that hires only Negro waiters. A spokesman for the state fair employment practices commission said the club management claimed Negro waiters were superior in performance.

Never before an Exterior PAINT Like This!

SPRED 100% LATEX HOUSE PAINT

Dries in 20 Minutes
BUG FREE—DUST FREE

A new concept in house paint—Makes painting easier than ever before... yet offers greater performance... greater protection... more value for your paint dollar! Try SPRED LATEX on your home!

There's a Glidden Paint for every exterior—in oil base or latex—for shakes, singles, siding masonry. Check with us.

We Give S&H Green Stamps

FRAKE & SMITH
PAINT & WALLPAPER

315 E. Main Ph. SP 2-4564

my washer is automatic

my water heater is gas

If you want EXTRA-HOT Water in an EXTRA-SHORT Time... Trade in your old water heater on a NEW

GAS WATER HEATER!

We Will Allow You... **\$25**

For your old water heater on a New "Day & Night" Jetglass Water Heater

Check With Us Now!

Reg. \$99.50 less your \$25 Allowance—You Pay Only **\$74.50**

This Savings is available also through your plumber.

ONLY gas HEATS WATER SO FAST... COSTS SO LITTLE

CALIFORNIA-PACIFIC UTILITIES COMPANY
YOUR PARTNER IN WESTERN PROGRESS

Phone SP 2-5284, Medford MU 5-5291, Ashland

my washer is automatic

my water heater is gas

If you want EXTRA-HOT Water in an EXTRA-SHORT Time... Trade in your old water heater on a NEW

GAS WATER HEATER!

We Will Allow You... **\$25**

For your old water heater on a New "Day & Night" Jetglass Water Heater

Check With Us Now!

Reg. \$99.50 less your \$25 Allowance—You Pay Only **\$74.50**

This Savings is available also through your plumber.

ONLY gas HEATS WATER SO FAST... COSTS SO LITTLE

CALIFORNIA-PACIFIC UTILITIES COMPANY
YOUR PARTNER IN WESTERN PROGRESS

Phone SP 2-5284, Medford MU 5-5291, Ashland

The VW Panel Delivery is delivered locally for

Volkswagen Trucks make you an Advertising Genius

Every time your Volkswagen truck hits the road, it's not just a truck—it's a traveling billboard!

You get 106.7 sq. ft. of display space—320% more surface than ordinary half-ton panel trucks offer.

In fact, your selection of a VW Truck is itself an advertisement of your good business sense.

For although a VW Truck is almost 3 feet shorter than the usual half-ton truck, it holds almost twice as much (1,830 lbs. vs. 1,000 lbs.)

And—you get tremendous savings in operating cost—including gas, oil, repairs, tires and tubes.

No wonder you see a growing number of VW Trucks on the job in business. How about VW's to work for you? Come in and get the full story—soon.

Morse Motors
6th and Ivy, Medford

Montague Teacher To Receive Medal From Foundation

Montague - Mrs. Moeita Burch, now living in retirement near here, has been selected to receive the Valley Forge Classroom Teachers' medal from the Freedoms Foundation organization.

Mrs. Burch is one of 42 California teachers who will be honored this year with a citation and a medal fashioned after a dogwood blossom, symbolic of Valley Forge.

In 1958, Mrs. Burch ended 38 years of outstanding service in 12 rural schools of Siskiyou county. Her last 11 years of teaching were in the one-room Little Shasta school where a number of her students have won recognition in art, essay, spelling, and citizenship contests.

Mrs. Burch has always been active in civic, religious, patriotic, and educational endeavors. A jury, composed of State Supreme court jurists and elected representatives of national patriotic, service and veterans organizations, selected the award winner from among the records of teachers from throughout the country whose names had been submitted by citizens interested in continued high levels of citizenship education in American schools.

Nominations are invited from all Americans - either for Teachers' Medal consideration or in the Foundation's general program which honors people in all walks of life for things they have written, said or done to improve knowledge and appreciation of the American Way of Life.

Freedoms Foundation at Valley Forge is a non-profit, non-political, non-secretarian organization. President Eisenhower is honorary chairman.

CHOOSE MISS EUROPE
Beirut, Lebanon—UPI—Miss Europe will be chosen tonight in this non-European country by a jury from 17 nations. It is the first time in the 12-year history of the Miss Europe contest that a non-European country played host.

A jury, composed of State Supreme court jurists and elected representatives of national patriotic, service and veterans organizations, selected the award winner from among the records of teachers from throughout the country whose names had been submitted by citizens interested in continued high levels of citizenship education in American schools.

Nominations are invited from all Americans - either for Teachers' Medal consideration or in the Foundation's general program which honors people in all walks of life for things they have written, said or done to improve knowledge and appreciation of the American Way of Life.

Freedoms Foundation at Valley Forge is a non-profit, non-political, non-secretarian organization. President Eisenhower is honorary chairman.

CHOOSE MISS EUROPE
Beirut, Lebanon—UPI—Miss Europe will be chosen tonight in this non-European country by a jury from 17 nations. It is the first time in the 12-year history of the Miss Europe contest that a non-European country played host.

A jury, composed of State Supreme court jurists and elected representatives of national patriotic, service and veterans organizations, selected the award winner from among the records of teachers from throughout the country whose names had been submitted by citizens interested in continued high levels of citizenship education in American schools.

Nominations are invited from all Americans - either for Teachers' Medal consideration or in the Foundation's general program which honors people in all walks of life for things they have written, said or done to improve knowledge and appreciation of the American Way of Life.

Freedoms Foundation at Valley Forge is a non-profit, non-political, non-secretarian organization. President Eisenhower is honorary chairman.

CHOOSE MISS EUROPE
Beirut, Lebanon—UPI—Miss Europe will be chosen tonight in this non-European country by a jury from 17 nations. It is the first time in the 12-year history of the Miss Europe contest that a non-European country played host.

A jury, composed of State Supreme court jurists and elected representatives of national patriotic, service and veterans organizations, selected the award winner from among the records of teachers from throughout the country whose names had been submitted by citizens interested in continued high levels of citizenship education in American schools.

Nominations are invited from all Americans - either for Teachers' Medal consideration or in the Foundation's general program which honors people in all walks of life for things they have written, said or done to improve knowledge and appreciation of the American Way of Life.

Freedoms Foundation at Valley Forge is a non-profit, non-political, non-secretarian organization. President Eisenhower is honorary chairman.

CHOOSE MISS EUROPE
Beirut, Lebanon—UPI—Miss Europe will be chosen tonight in this non-European country by a jury from 17 nations. It is the first time in the 12-year history of the Miss Europe contest that a non-European country played host.

A jury, composed of State Supreme court jurists and elected representatives of national patriotic, service and veterans organizations, selected the award winner from among the records of teachers from throughout the country whose names had been submitted by citizens interested in continued high levels of citizenship education in American schools.

Nominations are invited from all Americans - either for Teachers' Medal consideration or in the Foundation's general program which honors people in all walks of life for things they have written, said or done to improve knowledge and appreciation of the American Way of Life.

Dr. Johnson Gets Mayo Fellowship

Dr. Raymond M. Johnson Jr. has received a four-year fellowship appointment in general surgery to the Mayo Foundation, Rochester, Minn.

The Mayo Foundation is a joint venture of The Mayo Clinic and the University of Minnesota graduate school for advanced work at Mayo Clinic by selected, licensed medical doctors.

Dr. Johnson received his doctor's degree from the University of Oregon medical school in 1957, did his internship at the University of Oregon medical school clinics and hospitals in 1958 and attended the Army Medical Service school, Ft. Sam Houston, Tex.

Dr. Johnson is completing two years of service with the U.S. Army medical corp June 15. One year was spent on a special assignment in Turkey. He is presently chief of medical service, U.S. Army hospital, Ft. McArthur, San Pedro, Calif.

He is the son of Mr. and Mrs. R. M. Johnson, 21 North Berkeley way, Medford. Dr. Johnson will visit in Medford this week with relatives and friends on his way from Ft. McArthur to his new assignment at the Mayo Clinic.

Your blood is precious..

—whether you need it in the form of a transfusion... or whether you are a donor

Your RED CROSS

distributes blood to everyone... AT NO CHARGE

Won't you help us to keep ample supplies of blood on hand?

The Bloodmobile

will be at the—
RED CROSS BUILDING
60 Hawthorne St.

TUESDAY
June 14 - 1:00 Till 6:00 P.M.

Phone SP 3-3813 Make it a "date" now!

Medford Mail Tribune