

Health Status Of Presidential Hopefuls Noted

Chicago — (UPI) — The current health status of Vice President Nixon and Democratic Senators John Kennedy, Lyndon Johnson and Stuart Symington has been reviewed by an American Medical Association publication.

The publication, "Today's Health," discussed the four men's physical condition in an article written by Ernest Barcella, Washington bureau manager for United Press International.

Barcella said Congress was "a vast pressure cooker, where members . . . are exposed to great stresses and strains, to a pace that would erode the stamina of a rugged athlete."

Even Greater Strain

He said those who sought the U.S. presidency subjected themselves to an even greater strain, and it was in this vein that Nixon, Kennedy, Johnson and Symington were discussed.

About the four, Barcella wrote:

—Nixon "considers himself in 'very good health' except for an occasional attack of hay fever, and has held his weight at 170 pounds by carefully watching his diet."

—Kennedy's "principal form of exercise is being on the move. Summers he golfs in the low 80's, swims, sails at Cape Cod. He keeps a golf club in his office. When he feels the need to 'unwind,' he swings it casually. He's a milk drinker, relaxes occasionally with a cigar but has never smoked cigarettes."

Learned Health Lesson

—Johnson is the "go-go man of the Senate" who learned his lesson about the need for good health, in 1955, when he had surgery for removal of a kidney stone and then a moderately severe heart attack. He now gets seven to eight hours sleep nightly, eats regular but light meals and has regular physical checkups.

—Symington has been in general good health except for surgery to help correct high blood pressure in 1947. "He undergoes a complete physical twice a year. A star lacrosse and tennis player in his Yale days, he still maintains a keen and active interest in sports."

SANITARY BUS LINE

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For lighter cakes and fried foods.
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Folger's
Coffee
Small
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Smooth and creamy . . . regular 57c

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A tasty blend of pork and ham
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Meat Pies
Chicken, Turkey or beef pies . . . just heat and serve for a delicious meal. Regular 29c each.

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Serve apple sauce for breakfast

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6 No. 303 tins **79c**

Dundee
Tomato Juice
Made from field-ripened tomatoes

4½-oz. tin 25c
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PICKLES
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LARGE JUMBO
45 Size

Fresh Bright Zucchini or Summer

SQUASH 2 lbs. **19c**

Crisp, Fresh, Local

Radishes or Green Onions **3** **14c**

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Velveeta Cheese
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Toasts & Melts
Perfectly

2 Pound Loaf **79c**

6-oz. Ralston's Rice Chex or 12-oz.
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Ralston's
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Marshmallows 2 10-oz. pkgs. **39c**

Doumak's Menu—Et Miniature
Marshmallows 2 10½-oz. pkgs. **45c**

Lindsay Medium Size
Ripe Olives No. 1 tall tin **29c**

Jorgensen's
Ice Cream
Chocolate, vanilla or strawberry
Half gallon **79c**

Lipton
Black Tea Bags 48-bag package **59c**

Nabisco
Ritz Crackers 1-lb. package **37c**

Chocolate Fudge variety
Nabisco Cookies 1-lb. package **49c**

Sta-Flo
Liquid Starch Half gallon **45c**

Powdered Cleanser
Bon Ami 2 tins **29c**

Gentle Soap Granules
Borene Giant package **75c**

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Regular or country style
Pork Spareribs . . . lb. **59c**

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Fresh Crabs
Serve Crab Louis or cocktails.
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