



NAMED MISS GERMANY - Newly elected Miss Germany, 18-year-old music student Ingrid Moeckel of Dusseldorf, is shown with crown and scepter after her selection. The young blonde entered the competition as Miss Rheinland and is now an entrant in the Miss Universe contest in July. (UPI Telephoto)

Sweetland Stresses Need for Superior Education System

Gladstone - The community which offers superior educational training in its public schools raises its community standard of living, attracts business and industry, and benefits itself economically and socially more than by any other investment it makes.

This was one of the key points stressed by State Senator Monroe Sweetland as he delivered the graduation address at Gladstone School Wednesday night in Gladstone. Sweetland is chairman of the senate education committee and is Oregon's 1960 Education Citizen of the Year, an honor bestowed upon him by the Oregon Education Association.

Dissolving Time of Aspirin Found To Have Variation

Boston (Science Service) - All unbuffered aspirin tablets do not behave in the same way, even though they are made of the same chemical substance, two pharmacists have found.

Dr. Gerhard Levy and Barbara A. Hayes of the University of Buffalo School of Pharmacy discovered that six different brands of aspirin show a rather wide variation in the time required to dissolve in stomach acid. The times vary from a little more than eight minutes to nearly 14 minutes.

The dissolving time of aspirin is believed to be an important factor in the upset stomach feeling produced by small amounts of the drug, chemically known as acetylsalicylic acid. Upset stomach is probably due to irritation of the stomach wall, produced by bits of aspirin that stubbornly refuse to dissolve.

The pharmacists, reporting here in the New England Journal of Medicine, also studied the dissolving time for buffered aspirin and found it to be less than five minutes. But the disintegration time, during which the pill falls apart into little pieces, but does not dissolve, is longer for buffered aspirin than for plain aspirin.

Apart from the gastric effects of these small aspirin doses, large doses prescribed for rheumatic fever and arthritis patients often result in nausea and vomiting that is mostly due to drug action on parts of the brain, rather than on the stomach wall.

'Quick Brown Fox' Thing of the Past

Des Moines, Iowa - If you tire of testing your typewriter keyboard with "the quick brown fox jumped over the lazy sleeping dog," try this one:

"Pack my box with five dozen liquor jugs."

It contains all the letters of the alphabet.

Feeding the Family

By ZOLA VINCENT
Food Editor

Jung Party Rejuvenates

Graduation parties, announcement parties, going-away parties. The usual crop of June birthdays and anniversaries! All call for festive planning. Party favors and goers like a motif, a color scheme and other atmospheric conditions appropriate to the occasion. Practically unanimously, they like the informality of offerings of dips, dunks and dippers, a refreshing beverage and the fanciest of butter-rich cookies.

Three seems an ideal number of dips. Dippers that put the party in fine fettle may be any of the vast assortment of "cocktail" crackers, plain or fancy potato chips or corn chips, crisp sticks of celery, carrot, cucumber, beet or green peppers, snowy cauliflower or cherry tomatoes with blossom end left on.

For the younger generation, a good punch, offered from punch bowl or pitcher, plenty of canned or bottled soft drinks. Fancy butter cookies may be home-made, packaged or from the local bakery; an assortment, of course.

Informal party props of Summer 1960, following a trend, are likely to be appropriately patterned or pastel tinted paper plates along with matching cups, plenty of paper napkins and other paper paraphernalia available at any super market at modest cost.

Planners of fancier frolics will find handsome but inexpensive party props at the Five and Ten; such good lookers as the milk glass swirl punch bowl and cups chosen for our picture.

Decorated metal trays picked up at small cost will serve many good purposes throughout a happy summer; for carrying the food and equipment to and fro, for lap serving and for displaying foods both indoors and outdoors.

Collection of Dips
Whether you call them dips or dunks, here are mixtures for making ahead of time, for cold storage in dishes ready for serving time. Variety enough to please anyone. Serve them with crisp crackers, corn and/or potato chips, vegetable sticks. Boys will like.

Snappy Shrimp Dip: Combine one 8-ounce can shrimp cut in pieces, one-half cup dairy sour cream, one-half teaspoon Tabasco, one teaspoon lemon juice, one-fourth teaspoon prepared horseradish and one-half teaspoon salt. One cup.

Quick Cottage Cheese. Blend one-half pint (one cup) cottage cheese with one-fourth teaspoon Tabasco. Stir in one teaspoon minced onion, one-fourth teaspoon celery salt and two tablespoons milk. Makes 1 1/4 cups.

Tuna Herb Dip. Combine one tall can (1 2/3 cups) evaporated milk and one-third cup vinegar in a one-quart jar or bowl. Add 2 cans (6 1/2 or 7 ounce size) tuna, one teaspoon Worcestershire sauce, one tablespoon lemon juice, one-half teaspoon tarragon, one tablespoon minced onion, one-fourth teaspoon Tabasco; stir until blended. Chill. Sprinkle with chopped parsley.

Here are suggestions for party punches; ideal for good-size parties since recipes may be 22 punch-cup servings; can be made easily and quickly by any one, if you're doing a party in school (or other) colors, consider tinting punch with a little vegetable coloring in desired shade; decorating cookies or petit fours appropriately.

Combine 5/4 cups canned tropical fruit punch and one 18-ounce can orange juice and pour over ice in punch bowl. Stir in two 12-ounce cans black cherry soda or cream soda.

Combine one 46-ounce can orange juice, one 46-ounce can pineapple juice and four 12-ounce cans lemon and lime soda. Pour over ice in bowl or pitcher.

Combine one 46-ounce can grapefruit juice and four 12-ounce cans grape soda. Pour over ice.

Combine one 18-ounce can orange juice and four 12-ounce cans cola beverage. Pour over ice.

Bolivians Like Beef Roasted Like This
The high plains of Bolivia are very cold. The low plains are hot. In between are uninhabitable swamp lands which cover three-fifths of the entire country.

Lowlanders eat many fruits, especially for dessert. Bolivia lowlands grow fine crops of oranges, lemons, limes, guavas, figs, dates, grapes, bananas, avocados, papaws and chirimoya, the custard apple. They also grow cashews, cocoa, sugar cane, corn and rice. Vanilla beans, sarsaparilla and many strangely flavored plants influence Bolivian cookery.

Soups usually are flavored with cumin seed, marjoram and red hot pepper. Beefsteak and rich meat pies usually are cooked with vegetables. A plain lettuce salad; then fruits. This is usually accompanied by beer or wine and then coffee, black or with milk.

Carne Asada or roast beef is prepared like this for many generous servings. They say

10 servings. We'd say 14 to 16 servings.
7 to 8 pound roasting beef
4 teaspoons margarine
1 1/4 teaspoons black pepper
2 1/2 tablespoons salt
1 1/2 clove garlic, minced
3/4 cup vinegar
2 tablespoons olive oil
4 medium-size (2 cups) onions, chopped
5 large tomatoes, chopped
3 green peppers, seeded and chopped
1/4 cup water or more

Wash meat and dry. Combine mace, pepper, salt and garlic. Rub thoroughly into the meat on all sides for at least five minutes. Sprinkle the vinegar over the meat. Put in a cool place (we'd refrigerate) and allow to stand in marinade for six hours or more.

For roasting, allow approximately 13 to 18 minutes per pound. (We'd say at 325 degrees). It becomes well done, says our Bolivian reporter, after 15 minutes per pound. Rub meat with olive oil, place in roaster, pour vinegar mixture over meat and sear for 10 minutes until it becomes brown. Cover with chopped vegetables and roast as indicated above. Baste frequently with vegetables and gravy that accumulates. If roast seems dry, add water. Strain gravy and mash vegetables through sieve for serving.



IKE BIDS FAREWELL - President Eisenhower bids farewell to New Zealand Prime Minister Walter Nash who called at the White House Wednesday. Nash was in Washington to attend the Ministerial Council meeting of the Southeast Asia Treaty Organization. (UPI Telephoto)

FOOD COSTS INCREASE
New York - UPI - The per capita food expenditure averaged \$18.60 a year in the 1935-1939 period, against \$39.20 in 1959, government figures show.

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HEINZ PICKLES SWEET Large 26-oz. Jars **2 95¢**

All-Stars WONDROUS NEW Sugar-Coated Cereal from Kellogg's PKGS. **2 49¢**

Borden's MAYONNAISE 2 Qt. Jars **95¢**

COOK-OUT BRAND CHARCOAL 16-lb. bag **69¢** 20-lb. bag **\$1.29**

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