

Allergy Suspected As Contributing Dizziness Factor

BY DELOS SMITH
UPI Science Editor

NEW YORK (UPI)—In view of the general opinion that there are a lot of dizzy people in the world, the results of a special study of the dizzy and dizziness is bound to have a personal interest.

Dr. Joseph C. Elia made his study in Reno. Of 84 subjects in whom no physical cause for dizziness could be found, 62 per cent were female. Elia, however, made a point of that. He made a note of the fact that 51 per cent of the 84 were allergy subjects.

This made him "highly suspicious of allergy as a factor in the cause of dizziness," he said. Most cases of dizziness occurred during the summer months when the allergic sufferer the most because of active vegetation, and this fortified his suspicion.

Yet 57 per cent were heavy users of tobacco. On the other hand, dizziness was comparatively rare in the young and old. Most of the dizzy were between 36 and 60 years old.

Dizzy One Way
Elia found that the dizzy were dizzy in one or the other of two ways. In one way, the dizzy person was stationary and the objects of the room or the out-of-doors revolved around him. In the other way, the objects were stationary, and the dizzy one himself revolved.

Of physical causes of dizziness, he found the following to be most common: 1. Wax or something else in the ex-

ternal canals of the ears; 2. People twirling themselves around too rapidly; 3. Hot or cold water or air in the ear canals; 4. Excessive straining of the eye muscles; 5. Ear infections; 6. Low or high blood pressure; 7. Anemia; 8. Systemic allergic reactions.

But disorders in the muscles or bones of the head and neck can cause dizziness. Also any disease or injury to the central nervous system. Chronic infection of the mastoid can be a cause. A common cause is a blockage of the ear tubes, on one side or the other.

Locate Cause
The thing to do about dizziness is to locate the cause, Elia said in advising physicians in the technical journal, "Current Medical Digest." But whether or not the cause can be located, the dizzy one can be relieved by infusing a small amount of seven per cent solution of sodium bicarbonate into a vein.

In 80 per cent of all his cases, this relieved the dizziness, and there were "no untoward reactions." He emphasized that this treatment was an adjunct to treating the cause, but where the cause could not be found there was no reason why it couldn't be used once or twice a month.

In his troublesome cases in which diligent search failed to produce a cause, he also prescribed an anti-histamine against allergy even when tests gave no indication of allergy. He did this to combat any latent allergic activity, and to promote "a mild dehydrating effect."

This was accompanied by advice not to increase the intake of alcohol or other fluids. This intake he sought to keep "at a practical minimum," he said.

The Family Council

Editor's Note: The Family Council consists of a Judge, a psychiatrist, three clergymen, a newspaper editor, a women's editor and two writers. Each article is a summary of an actual case history. The Council reports on problems that have been dealt with by responsible agencies and counselors.

Bruce M.—I don't want my son to make my mistake.
Jane M.—He's going to give the kid a complex.

Bruce M.—I am a worried father with a whole family against him.
My 18-year-old son George has started going out with a girl and he sees or phones her every night. As far as I'm concerned this is just plain crazy. George wants to be an engineer. He has years of study

ahead of him. An involvement like this can spoil his whole future.

The reason I'm so upset is that I ruined my own career because of a premature involvement. I left college and went to work because I was in such a hurry to get married. Then the girl walked out on me and by that time I was so disgusted with myself and everything else that I never went back to school.

It's something I've regretted all my life.
Jane M.—I feel that Bruce is taking this thing much too seriously. He goes crazy every time he sees George talking to this girl. I'm afraid he'll give the kid a complex.
As far as I'm concerned I'm rather happy that George has found a lovely girl to date. He has always been terribly shy, yet I know he wanted to go out with girls. I couldn't have asked for a finer, sweeter girl for him than Ann. He has really come out of his shell since he has known her.
Ann is an ambitious girl as well. She's planning a nursing career and works hard at

her studies. So far neither of them has fallen behind in schoolwork.

The Council: This is quite a problem and we find our sympathies split. Certainly, there is room for concern when teenagers become so wrapped up in one another that they must be in contact every evening. Yet Jane undoubtedly has reason to be pleased with her son's sudden social and emotional growth.

The best approach to this problem is the positive rather than the negative one. Bruce should not cast the shadow of his own unfortunate experience upon his son's friendship. He should try to eval-

uate his friendship as objectively as possible. When he cautions George against becoming too involved, he should remind him of his ambitions, the many years of study ahead and the unfairness to both the girl and himself of creating a situation that can only lead to frustration of either emotions or ambitions.

If George sees that his family is entirely sympathetic and that both his parents appreciate the fact that he has found a fine friendship, he may be more willing to accept guidance and control from them. The fact that he has chosen a

highly acceptable girl merits a vote of confidence from his parents.

We think the young girl's parents are probably also interested in keeping her from getting too involved before the time is ripe for marriage, so sympathy and gentle pressure from both sides may be enough to get this relationship on a sounder basis. George should definitely be encouraged to expand his social horizons—go out with other girls and get involved in group activities. This will help dissolve the concentration on one person.
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Unclaimed Money in Oregon Banks Goes To State Land Board

Salem—If you put some money in an Oregon bank seven years ago and haven't touched it since, it's not there any more. The state's got it.

In fact, right now the state has \$900,835 in unclaimed private funds taken from banks.

SOC Women's Dean Attends Conference

Ashland—Mrs. Mabel W. Winston, dean of women at Southern Oregon college, left this week for the 1960 convention of the National Association of Women Deans and Counselors in Philadelphia. The convention will run through Sunday, April 10, with the theme "Directions: Intellectual, Professional, Personal."

Among the guest speakers scheduled for the meeting are Bruce Catton, editor of the "American Heritage," Frank Bowles, president of the College Entrance Examination Board, and Douglas M. Knight, president of Lawrence college.

White House Group Mapping Ike's Trip

Washington—White House Press Secretary James C. Hagerty has left with a group of other U.S. officials on a 26,000-mile jet flight to make arrangements for President Eisenhower's visits to Russia and Japan in June.

Hagerty announced earlier the party, which will include White House appointments Secretary Thomas E. Stephens and State Department officials, would stop first at Copenhagen, Denmark.

They will arrive in Russia Wednesday and spend six days. The advance group will fly from Moscow over a polar route to Tokyo and touch down at Iceland and Alaska en route home.

The President is scheduled to be in the Soviet Union from June 10 to June 19 and arrive in Tokyo on June 19.

property act, adopted in 1947 and reenacted in 1957, orders every bank in Oregon to hand over to the State Land Board the personal property of any depositor who hasn't been near his deposit in seven years time. After that, as far as the state is concerned, the money or whatever it is has been abandoned.

Deposit Boxes Opened
This also means that safe deposit boxes are opened and the contents emptied after an effort has been made to find the owner. Anything over \$50 is advertised in a newspaper in the county where the depositor last lived. A notification by mail also goes to the last address.

All unclaimed articles are taken by the board and the money actually is held in trust in case the owner shows up. Some of them do.

Meanwhile, the state puts the money to good use.
E. T. Pierce, board clerk, says the funds are invested in mortgages and bonds and the interest returns help support the state's schools. Earnings on the money so invested are not refundable to the owner.

Forget About It
Pierce cites one case where a fellow put \$5,000 in a Portland bank and moved away. It's hard to believe, but he forgot all about it. The fellow was in Los Angeles but no one knew it. The money was transferred to the state after the prescribed time. "Finally, he remembered about the \$5,000, put in a claim here and we paid him. Of course, we had the earnings off the money all those years before he did come around."

Pierce says that each week a few claims—mostly small ones—come dribbling in. The total fund doesn't deplete because the state keeps taking in more money from unclaimed accounts.

Act Covers Checks
The act also covers certified checks, traveler's checks, insurance proceeds, utility deposits and corporation dividends.

Under the act, the state has confiscated watches and other valuables which were unclaimed in deposit boxes. Of this, that which can be sold at auction is disposed of and the rest is collecting dust in the board vault.

A penny turned over to the state went to a rare coin collector for \$31.

Pierce said banks at the outset were perturbed about the law, since it deprives them of investing the money themselves. "But they have grown accustomed to it by now," he said.