



HANNIBAL FLOODED - This photo of Mississippi river waters creeping into Hannibal, Mo., was taken from an airplane. Thousands of acres of rich midwestern farm lands have been flooded by rampaging streams. (UPI Telephoto)

Doctors Cannot Detect Cancer Unless Patient Comes To Him

Editor's note: This is the final of three articles on cancer prevention, detection and treatment, written by Dr. Warren H. Cole, president of the American Cancer Society.

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Written for
United Press International

It's really up to you. Your physician cannot detect an early cancer or an even earlier precancerous condition without a patient.

It is therefore your responsibility to see the doctor at the first danger signal of cancer, and for a regular check up.

Let's talk about the check up and what it should include. There are cancers common to both sexes; others vary in men and women. So a word of advice to each, the ladies first.

Breast cancer is the first cause of cancer deaths among women. It takes 24,000 lives yearly, more than half of all cases. But many could be saved if cancer could be diagnosed before it colonizes in other parts of the body. In your check-up the doctor will look for a possible lump.

Regular Examination
But between check ups you must examine your breasts regularly once a month. The technique is simple. Your doctor will show it to you, or the American Cancer Society will tell you where you can see the film "Breast Self-Examination." It has been seen by millions of women and has saved many lives.

Even more lives can be saved from uterine cancer. It will take a toll of 14,000 this year. Yet it is a dramatic truth that no woman need die of this disease.

Cancer of the uterus can be detected when the very first malignant cells appear, often years before tumor growth. We call it cancer in situ. The cells are cast off and can be picked up, put on a slide and seen through a microscope. This uterine cancer cell examination, also called the Papanicolaou who developed it, should be part of your regular check up.

If every woman in the country had an annual smear test, deaths from uterine cancer would drop to nearly nil.

And now a few important words to men. If you think of cancer as a "woman's disease" you are years behind the facts. Out of every 100 cancer deaths, only 48 are women and 52 are men.

Lung cancer is the outstanding menace to men; nearly 31,000 will die of it this year.

Factors of this disease were discussed in an earlier article. I need only add this about your check up: We urge a yearly chest X-ray for all adults. It is a must for cigarette smokers. Don't forget you can stop smoking now and improve your chances against lung cancer. And if a cough persists for more than two weeks, see your doctor.

Another common cancer site in men is the prostate, with 15,300 deaths estimated for 1960. Again many of these lives could be saved.

Strikes Silently
Do the words come a refrain? They should, for cancer strikes silently. With cancer of the prostate, silent growth can continue for years before you know anything is wrong. But your doctor can detect an early prostate condition by a simple and painless examination of the gland. It is a wise yearly precaution for men over 40.

We come now to common cancers found in both sexes—in the colon and the stomach. Pre-cancerous conditions in these sites were discussed earlier. But how are they examined in a check up?

A routine office examination cannot detect a stomach tumor. But the doctor can look for conditions suggestive of cancer when he checks acidity and looks for abnormalities in the blood count and urinalysis. He can also take stock of old digestive troubles. Any new ones, any change in bowel habits, call for a visit to the doctor without waiting for a check up. And waste no time, for stomach cancer is a grim enemy.

Cancer of the colon is much more hopeful. And much more tragic. There is no contradiction, for the potential of cure in this site is high, much higher than the stomach. Yet cancer of the colon and rectum is the first cause of cancer deaths. Nearly 39,000 will die in 1960.

Women Leading Male Drivers In Mobilgas Run

Wichita, Kan.—(UPI)—Women drivers displayed an impressive superiority today over their men counterparts in the Mobilgas Economy Run.

As the 86 American-made stock cars took off Tuesday on the fourth of the five-day 2,064-mile run from Los Angeles to Minneapolis, women drivers led in two of the six classes and held a second place in the third.

Although there were only 20 women drivers among the 112 pilots of autos, women dominated the low-price six-cylinder and low price V-8 classes when the cars pulled out today headed for Des Moines, Iowa, 406 miles away.

Mary Hauser, Hollywood, held a slender lead in a Plymouth with a 25.75 miles per gallon average for the first 1,396 miles in the low price six-cylinder class. Her lead represented an orange-glass less of gasoline than burned by an identical Plymouth driven by Peirce Venable, Redondo Beach, Calif., a former champion.

In the low price V-8, Mary Davis, Pomona, Calif., piloted a Plymouth at an average 23.75 m.p.g. to pace Jim Fosdick, Los Angeles, in a similar car averaging 23.39.

Rambler Paces Class
Ginny Sims, North Hollywood, Calif., moved from third into second place in the compact car division by averaging 28.01 m.p.g. Vince Piggins, Livonia, Mich., led the class in an American Rambler with 29.51.

The American Rambler fuel consumption was the lowest of all cars and led all six classes.

Leaders in the other three classes were the Studebaker Hawk driven by Jim Peterson, Los Angeles, in the low-medium price class; a Chrysler New Yorker piloted by Mel Alsbury Jr., Hollywood, in the upper-medium price range with 21.66 and an Imperial in the big cars with 21.25.

Longshoremen To Seek Wage Boost
San Francisco—(UPI)—West Coast longshoremen will seek wage increases of up to 16 cents an hour in negotiations this spring, their caucus decided Monday.

The International Longshoremen's and Warehousemen's Union's contract with the Pacific Maritime Association will expire June 15.

The 98 delegates at the caucus elected William Lawrence, Wilmington, Calif., as permanent chairman and Robert Rohatch, San Francisco, as secretary.

tion of the rectum, supplemented by the proctoscope, or its variant the proctosigmoidoscope. These instruments can "see" far enough into the colon to detect the majority of lesions found there. Your doctor can suggest advance preparation to help him make the examination with a minimum of discomfort, perhaps none at all.

If the examination is negative, you will be rewarded with the comfort of knowing there is nothing alien at work in the colon and rectum. Or if there is, think how you have bettered your chances.

Think how you better your chances against cancer gener-

ally - by the small effort of a yearly checkup. Most of you will leave the doctor's office walking on Cloud Nine. Some few will not. But bad news now rather than later can

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Motherwell Gets Life in Prison
Dowdville, Calif.—(UPI)—Larry Lord Motherwell has been sentenced to life in prison for the murder of Mrs. Pearl Putney, 72-year-old Washington, D.C., widow.

Under California law, the 42-year-old defendant would be eligible for parole in seven years—but Judge Warren Steel said he would recommend "substantially more than the minimum time" for Motherwell.

Steel also denied a request for a new trial, based on defense claims that Motherwell was convicted solely on circumstantial evidence.

A jury found the defendant guilty of first degree murder—a crime punishable either by execution or life in prison. The jury returned the prison verdict, although both judge and jury indicated they felt one penalty was too severe and the other too lenient.

Motor Freight Rate Increase Suspended
San Francisco—(UPI)—The Interstate Commerce Commission has suspended a 5 per cent increase in motor freight rates between San Francisco and Pacific Northwest markets.

The ICC said the suspension, which will stay in effect until Nov. 1, would give the commission time to consider if the rate boost was lawful.

The San Francisco Chamber of Commerce said yesterday that the ICC action followed filing of a protest by the chamber.

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