Former Olympic Athlete Still Outdoor Type

YOUNG ATHLETE—Sam got decked out in his track uniform for this photo, taken at Brighton-on-th-Beach in England about two weeks before the 1908 Olpmpic Games started in London.

BROAD JUMP–Sam competes in the broad jump during a minor track meet while a student at Stanford university. In 1910, he jumped 23 feet, 4½ inches against the University of Colorado at Boulder to set a state record which stood for many years.

CLEARS THE BAR–As captain of the Stanford university track team, Sam clears the bar at 12 feet in a 1912 meet against the University of California. His top mark in the pole vaule was 12 feet, 9⅜ inches, but during this meet he was hampered by a torn thigh muscle (note bandage).

SAM AND SANDRA–Sam Bellah, two-time Olympic athlete, poses with his 6-month-old colt Sandra on his 35-acre ranch about a mile south of Rogue River on Highway 99. He plans to sell the ranch but will keep his river-front acreage.

Rogue River Man Recalls Years as American Entry

By BOB WALTERS
Mail Tribune Staff Writer

It was a balmy July day in Stockholm, and several young Americans were chattering happily as they strolled down one of the city's main streets.

Suddenly a huge Swede stepped from a doorway and grabbed one of the foreigners by the shoulders and hoisted him into the air.

"You Americans," he roared. "I like you, I like you, I like you!"

The year was 1912 and the American (who admits he was worried about what the Swedish giant intended to do with him) was Sam H. Bellah, two-time Olympic athlete and a Jackson county resident for the past 17 years.

Olympic Games

The coming Olympic Games, the winter segment of which begins this Thursday at Squaw Valley, are of interest to most Americans, even those not usually sports-conscious. Naturally enough, they are of special interest to Sam Bellah.

Bellah competed as a pole vaulter and broad jumper in the 1908 Olympics in London and the 1912 games in Stockholm. He finished fifth in the pole vault both years and was a finalist in the broad jump in the London games.

In 1912, he also was a member of the U. S. javelin team, a group which saw no action during the games.

The javelin at that time was relatively new to U. S. athletes, Bellah says, and most of them were able to toss it only about 155 feet. The top American javelin man hit a mark of 160 feet.

Watch Decathlon

Members of the U. S. squad were watching the decathlon, which includes the javelin throw as one of its 10 events, Bellah explains, and the Swedish athletes were almost effortlessly hitting marks of from 165 to 185 feet.

"And those guys weren't even Sweden's specialists in the event," laughs Bellah. "We decided not to enter."

In Bellah's athletic heydey, U. S. competitors won Olympic berths if they made good showings in trials held on the Atlantic and Pacific coasts and in the midwest. Bellah took first place in the Pacific coast pole vault trials in both Olympic years, won the broad jump trials in 1908 and the javelin trials in 1912.

Bellah was at his vaulting best in the 1912 trials, crossing the bar at 12 feet, 9⅜ inches. The world record at that time was five-eighths of an inch higher.

Personal Mark

Bellah set his personal mark in the broad jump while competing for Stanford university against the University of Colorado at Boulder in 1910. He jumped 23 feet, 4½ inches, a distance which stood as a state record for many years.

Born in Metz, Calif., in 1887, Bellah spent his childhood on a Monterey county ranch on the coast. He entered Stanford in 1906, where he studied engineering and was captain of the track team.

He moved to Portland during the summer of 1911 and has been an Oregonian ever since. He served as an engineering consultant to numerous timber companies, his primary work being the planning and installation of railroads.

He married the former Livette Lothrop, a native of Louisiana then living in Portland, in 1919 and, two years later, set up a private engineering firm in Portland. In 1943, he and his wife moved to the 35-acre ranch about a mile south of Rogue River where they now live. He plans to sell most of the land, he says, but will keep his house and his river-front acreage.

Keeps in Shape

Bellah, 5 feet, 8½ inches tall, weighed about 162 pounds in his prime and today, nearly 73 years old, he scales a trim 150 pounds. He has the firm handshake of an athlete and still keeps in shape by hunting, fishing, horseback riding and "a lot of hiking."

Sam says his good physical condition probably saved his life eight years ago when a tractor he was driving slipped in some gravel at the edge of the road and flipped over in a ditch. He was pinned under the tractor for 45 minutes, with the vehicle's steering wheel jammed against his chest.

He suffered numerous fractured ribs, he says, and his body from the waist to the shoulders was generally crushed. He was hospitalized for a month, and it was another month before he was able to walk.

"I was hobbling around for about a year," Sam says, "but, all things considered, I feel fine now."

Opinions on Games

As a former Olympic athlete, Bellah naturally has some opinions about recent games as well as those to come. For one thing, he feels too many events have been added to the agenda since the Greeks started the whole thing a few thousand years ago.

"I'd prefer to have it narrowed down some," he says, adding that he doesn't think there is nearly as much interest in the Winter Olympics as in the summer games. Most Americans, he feels, are not as familiar with skiing, ice skating and bobsledding as they are with track and field events and therefore are not as interested.

Sam says he believes the U. S. will "make a cerditable showing against Russia" in this year's Olympiad and that, as usual, U. S. athletes will win the majority of the track and field and swimming events.

"In an Olympic year," he says, "you'll find a lot of fellows you've never heard of coming to the front."

Training Methods

But Sam also has a few gripes about modern training methods, and some of the physical education instructors who handle that training.

"I think there are too many of them who don't know how to train a man," he says. "A lot of athletes get burned out while they're still in high school."

"I would run them and run them and run them," he explains. "There's nothing that takes the place of speed and agility. They have to think fast and move fast – with no wasted motion."

Sam says some of today's top athletes – he mentioned baseball stars Ted Williams and Stan Musial – are still active "because they've taken care of themselves. A lot of that stems from what you call 'desire'."

Needs Brainpower

"In the old days," he adds, "people thought of an athlete as just a dumbbell. Today he has to have brainpower. Part of that brainpower is knowing how to keep himself in condition.

"The young athlete has got to learn to discipline himself; to take care of the body that he has, to build it and develop it."

Sam feels proper training is why he's alive and "feeling fine" today.

Nearly half a century since his last appearance in the Olympics, he also feels he's entitled to a little relaxation, including an occasional puff on a long, thick cigar.

Ideas for Memorial Sought by Veterans

Ideas for a veterans memorial structure to be erected in Medford are sought by the Veterans Allied Council of Jackson County, according to Pat Graham, secretary.

Those with ideas are asked to mail "an intelligible sketch" to Pat Graham, 175 Jeanette st., Medford, or telephone SPring 2-4192. Graham is chairman of the VAC committee on Veterans memorial planning. Author of the plan accepted by the committee will receive a Series E Savings Bond.

At the last VAC meeting in Ashland, it was decided to accept the proposal of the Medford Parks and Recreation committee to erect a suitable speakers' stand in the city park at West Main and Holly sts.

The stand will be constructed so it can be dedicated as a useful memorial to veterans of any and all wars and conflicts, Graham said. The VAC has agreed to have the speakers' dias erected about July 1.

RETURN FROM GERMANY

Shady Cove–Mr. and Mrs. Franklin Peterson and children of Trail recently returned from a month-long trip to West Germany where they visited Mrs. Peterson's relatives.

Remedial Process Topic of Meeting

Remedial procedures in reading and learning will be the topic of a joint meeting of the Medford special education staff and members of the council for exceptional children at 8 p.m. Feb. 16 in room 224 of Hedrick Junior High school.

Speakers will be Henry DeVoss, remedial instructor in Medford secondary schools; Donald McLarrin, instructor in charge of the Howard and Jacksonville elementary reading clinics; and Oliver Erickson, instructor in charge of the Lincoln elementary reading clinic and vice president of CEC, Southern Oregon chapter.

The discussion will include a presentation of recent successful remedial methods and interesting new techniques in the areas of reading and learning.

Anyone interested is invited to attend.

Elks Convention To Draw 2,500

The Oregon state Elks convention will be held in Medford May 26-28, according to Ed Gordon, convention general chairman and member of the host group, Medford Elks lodge.

The state convention is expected to draw from 2,500 to 3,000 delegates, Gordon said. Cochairmen assisting Gordon will be Wayne Chase and Ray Offord.

The local lodge has appointed 21 committees to handle convention arrangements, Gordon announced.

Committee assignments are coordinator, Bill Ruck; bowling, Frank Knox and Ken Phipps; decorating, Bill Prentice and Bob Duff; advance promotions, Reese Alexander and Dave Brown; distinguished guests, Frank Van Pelt; golf, Jimmy Dunlevy and Ron Caperna; grand ball, Murray Gardiner and Jack Lynch; greeters, Joe Zarosinski and Clem Niehaus; housing, Dick Woodcock; smorgasbord, Homer Sullivan; parade, Joe Hosick and Budd Gail; police, Don Hansen; registration, Sully Knox and Marv Trautman; special events, Ray Pence; banquets, Monte Morris and Murrey Dumas; special entertainment, Jack Walker; transportation, Russ Heysell and Paul Lea; trapshooting, Aubrey Sanders, Bert Peck, Ed Pease; finance, Frank Hussong and Bob Rix.

Ladies' committees are general chairman, Melvina Little; and bowling, Vivian Knox.

Acme Hardware to Compete in Contest

Tony Manno, owner of Acme Hardware company, Medford, was notified Saturday his firm has been invited to compete in the finals of the Brand Name Retailer of the Year contest sponsored by the Brand Names Foundation, Inc., New York, N. Y.

Acme was the only Oregon store in the hardware-housewares field and one of 20 in this category in the United States asked to compete as a finalist in the contest, a spokesman for the foundation explained. Three other Oregon firms in other fields received similar invitations.

The judges will select a first place winner and will award "Certificates of Distinction" to the runners-up, it was explained. Brand Name Retailer of the Year awards will be presented on Brand Names day, May 6, in the grand ballroom of the Waldorf Astoria hotel in New York City.

A total of 571 firms in 25 different categories of business from the 50 states, the District of Columbia, Canada and Puerto Rico have been invited to compete.

Art Association to Join State Alliance

The recently formed Rogue Valley Art association soon will join the Oregon Art Alliance, officers reported last week.

The OAA is an association of several art groups, which joined to make available shows of good Oregon art to cities in the state.

The Alliance, in cooperation with the general extension division of the state system of higher education, has collected available for loan many shows featuring artists such as Demetrios G. Jameson, Gordon Gilkey, Paul J. Gunn, Robert E. Huck, Shepard Levine, Immanuel Piladakis, John H. Rock and Richard Trojan, all of Oregon State college; Portland painters Wesley Baxter, Louis Bunce, Percy Manser, Albert Pateckey, and Charles Voorhies and others.

Selected shows of oils, water colors, collages, prints, drawings and other media are available through the alliance.

To Schedule Show

The local association, as a member of the OAA, will schedule and show publicly without charge the collected exhibits as soon as gallery space is found and other arrangements completed.

The exhibition committee also has planned selected films, lectures and invitational one-man shows, in addition to local area exhibits.

Eventually, the committee plans to start operation of a rental-sales gallery, featuring the works of local artists.

A showing of recent trends in architecture and landscape architecture and design is also being arranged, pending the obtaining of showing facilities.

The plans were announced by Eugene Bennett, local artist who is temporary chairman of the organization.

Membership is growing rapidly, he reported, and anyone interested in joining can do so by contacting Mrs. Fred C. Lorish or James A. Ragland, chairman of the membership committee.

The next meeting of the Rogue Valley Art association will be held at 7:30 p.m. Monday, Feb. 15, at Bennett's studio, 329 South Grape st., Medford. The agenda will include reading a revised copy of the by-laws, he said.

Film Will Show Training of Deaf

A documentary film showing the training of deaf children from the beginning of elementary school through high school graduation will be shown at 11:30 o'clock this morning over KBES-TV, Medford.

The film is entitled, "In Our Care," a story of an Oregon state institution and released by the Oregon state board of control, Salem.

The film shows old and new institutional facilities including classrooms, dormitories, and recreation centers. The institution's superintendent, M. B. Clatterbuck, and two students will be interviewed. This film is one of a series produced for the Oregon state board of control by the department of educational television.

Conscience Speaks Seven Years Later

Wadena, Minn. – It took seven years for the man who took $40 out of Charles Paul's wallet to repent.

Paul lost his wallet in November 1952 on a visit to New York City. It was found the next day but $40 was missing.

Cole received a letter from Brooklyn recently containing $40 cash, his identification card and a note that read:

"This is your money. Keep it. Many thanks."

Play-Dead Act Works With Bear

Colorado Springs, Colo.– For many years hunters have handed down a theory about surviving surprise encounters with bears. Play dead and they'll go away.

Jacob Bunker, a telephone lineman, encountered a bear in a desolate spot near here. The beast took one big swing and Bunker was down. The bear pushed him around a little, sniffed a few times and walked away.

Angry Prisoner Goes Through Roof

Maxton, N.C.–Archie Compton, 25, was so mad about being arrested for drunken driving that he went through the roof – literally.

Compton, tossed into jail near midnight, was missing the next morning. The shingle roof above his cell had a fresh hole in it.

D-DAYS
Dodge Truck
Immediate Delivery!

- 6 Cylinder Economy Engine
- H.D. 3-Speed Transmission
- Heater and Defroster
- Modern Sweptline Styling
- Turn Signals
- Electric Windshield Wipers
- Gasoline Tank Outside of Cab
- Serviced – Ready To Go

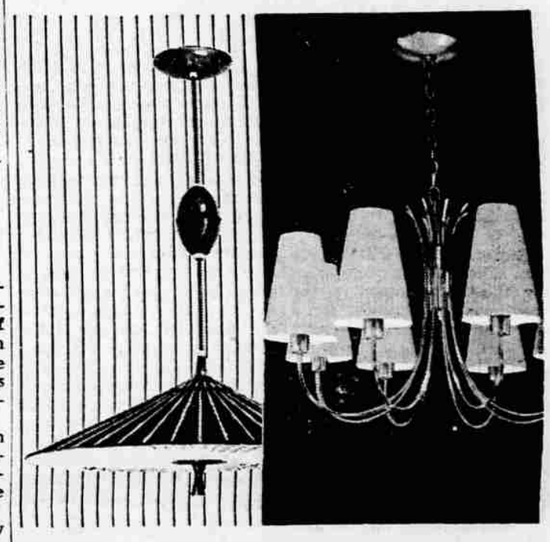
$2,385.00
$53.75 PER MONTH
Parsons Motors
Dodge - Plymouth Headquarters
315 E. 5th – Next to Greyhound – SP 3-3687

STA-OFF
CORN REMOVER
Gives instant relief from pain and positively removes hard corns, soft corns between the toes, callouses, warts, papillomas, club nails. It contains several different oils that soften, loosen and does not cause the irritation as do strong acid mixtures. When all others have failed try this one. Try our Bunion Relief, which relieves pain, soreness, swelling first or second application. Both remedies sold on money back guarantee.
Exclusively at
WESTERN THRIFT

ATTENTION!
FOREST GREEN DETECTIVE & PATROL AGENCIES
Has Opened a NEW Office for Your Convenience — NOW at
• 220 S. CENTRAL •
Call on us for Investigation — Merchants Patrol
Bonded & Insured • 20 Years Experience
PHONE SP 3-7436 or TA 6-2701
★ O. A. KOCH ★ R. R. KOCH

Everest & Jennings
WHEEL CHAIRS
Folds to 10 Inches
RENTALS • SALES
TERMS
HOLLYWOOD FOLDING
WHEEL CHAIRS
with 8" Casters
Phone SP 3-5345
HUDSON'S PHARMACY
613 EAST MAIN
1 Block East of Hawthorne Park
Open Sundays and Holidays
10 A.M. to 9 P.M.
Weekdays: 8:30 a.m. - 10 p.m.

Lighting for All Your Needs!
No matter what your tastes and needs, you'll find the perfect answer—and good, glareless lighting too, in our new Lightolier collection. The lift and lower fixture (below left) is made of natural birch strips appliqued to Fiberglass. Handsome pleated plastic diffuser ends glare. The Lightolier chandelier (below right) adds a rich note to any decor with its simple, elegant lines. Textured shades are washable plastic. See the complete Lightolier collection—and secure expert home lighting advisory service—in our showroom this week!



SEE LIGHTOLIER'S WONDERFUL WORLD OF LIGHT AT
TROWBRIDGE & FLYNN
214 West Main St. • Phone SP 3-6241

2100 CHAPEL IN THE TREES
SISKIYOU BLVD.
Open House Today
for Our New Mortuary

JOE HOSICK
Funeral Director

Regardless of the cemetery you choose, our Mortuary Services are available to you.

Investigate and Save
SISKIYOU FUNERAL SERVICE
PHONE SP 2-5488
ONE CALL
ALL WITHIN
Siskiyou Memorial Park
ONLY
MEMBER OREGON INTERMENT ASSOCIATION IN MEDFORD
605 HIGHLAND