Arthritis Victims Fall Prey to Medical Quacks

New York –(UPI)–The patient in the arthritis clinic wore a copper bracelet around his sore wrist.

"I know it's ridiculous, but I'm so desperate, I'll try anything," he said.

But the bracelet, offered as a surefire way to relieve arthritic pain, wasn't helping him. It was just one more piece of quackery peddled by ruthless gyps trying to cash in on the suffering of the nation's 11 million arthritics.

The Arthritis and Rheumatism Foundation estimates that nearly half of these people are victimized by these con-men. The bill for quackery in arthritis is estimated at $250 million a year.

The money is wasted – and so are hopes, the ARF charges in a report on the "infinite variety" of drugs, treatments and devices used to bilk arthritics.

Quackery Cited

Quackery cited by the report includes:

–Diets and dietary supplements said to cure arthritis. Diet can neither cause nor cure arthritis, but arthritics spend $10 million a year for just such alleged cures.

–Nostrums, including liniments and lotions, claimed to give long-lasting relief. Pure fraud for the most part.

–Vibrators are used by 14 out of every 100 arthritics out of a belief that they will furnish relief. A vibrating pillow costs $15. For a chair or couch, the price ranges up to $600 or more.

–"Uranitoria" or abandoned uranium mines are claimed by the bilkers to give off radiation allegedly helpful to arthritics. Thousands of persons have spent up to $10 apiece for the right to sit in the mines.

–Devices such as the copper band worn by the patient in the arthritis clinic. Other devices include metal plates to set up electronic waves which allegedly dissolve calcium deposits in joints, and a mitt lined with uranium ore.

The Arthritis and Rheumatism Foundation says wild claims usually are a tip-off. If you don't know – or if you doubt – the truth of any "arthritis cure," get in touch with your local ARF chapter or the Better Business Bureau.

"Don't waste your money," says the ARF – "and your hope."

Portland Paper Handlers Strike

Portland–(UPI)–Two other unions Saturday joined in the strike against Portland's two daily newspapers.

The Portland Paper Handlers local 40 Saturday afternoon voted 22-0 to go on strike against the Oregon Journal and the Portland Oregonian.

Earlier Saturday the Portland Web Pressmen's union local 17 voted 108-1 to strike against the papers. The union's contract expired Dec. 31.

President Donald B. Goodfellow of the Paper Handlers union said his union would join picket lines against the two dailies which have been struck by the Stereotypers union since Nov. 10.

Harold Bamberg, vice president of the pressmen's local, said only one negotiating session had been held between management and union representatives and stressed that his union's action was independent and not a "sympathizing" action for the Sterotypers.

Educator, Fired as Teacher, Now Runs Own Private School

San Rafael, Calif. – (UPI) – Did Grandpa – with his stern indoctrination in the three r's – get a better education than do today's public school youth?

If you ask James Kirchanski, the answer is an unqualified, "Yes."

Kirchanski is a 39-year-old disciplinarian who got fired from his public school teaching job for being too tough with his students. That was five years ago.

Today Kirchanski runs his own private school near here. It runs through the 12th grade and it's aptly named the 3-R School. There are no frills. It's dedicated to the proposition that "school is work and the work is important."

3 R's Hammered In

Fourth graders take French and six years of Latin are part of the curriculum. But the students mainly have "readin', ritin' and 'rithmatic" hammered into them.

Grandpa would find himself quite at home in the 3-R School. Grades one through eight use the famed and ancient "McGuffey Readers."

"I would give my eye-teeth to take one of the sixth-grade readers and give it to a 10th grade public school student," Kirchanski said. "They're plenty tough."

"I'm not against public schools," he added. "They've got many wonderful people. But I object to this togetherness routine that has taken hold. I think they are forgetting the cardinal responsibility of education . . . that is to train the student."

Wants Tough Subjects

Kirchanski believes that school ought to be filled with tough academic subjects.

"We don't teach art or music," said Kirchanski, himself a musician. "They are extracurricular activities and should be learned at home . . . on the student's own time."

Kirchanski is also a strong supporter of individuality.

"Americans are getting so group happy the individual is lost," he complained.

Kirchanski's back-to-fundamentals philosophy is meeting with success.

"We started this as a private tutoring service in our home during the summer five years ago," he explained. "The parents liked the idea so much that last year we went on a full-time basis."

New Campus

This year, the 3-R School moved onto a spanking new 10-classroom campus. It has a regular full-time enrollment of 120 students.

Annual tuition is $900. The school is a profit-making corporation which receives no grants.

Kirchanski and his 3-R School have had their problems. One is teaching high school students who have spent most of their school lives in public schools.

"It gets pretty disgusting to see 10th and 11th graders who can't even read," he said.

The success of Kirchanski's educational philosophy is further indicated by his opening of a second elementary school in Berkeley this fall.

'Tiger by the Tail'

"They laughed at us when we started on the 3-R program," he said. "But now they've stopped and we've got a tiger by the tail."

Classrooms at the 3-R School are filled with students who may not wear jeans or Hollywood haircuts and who must do two to three hours of homework each night.

Teachers on the 3-R School faculty include Dr. Thomas Groody, a former University of California professor who conducts a popular weekly science program on a Bay Area TV station, and Edward Dolan Jr., recently of Monticello college in St. Louis and the author of "Pasteur and The Invisible Giant."

Principal of the school is Joseph Heath, a veteran of eight years of public school teaching. Heath sacrificed a steady job to go to work for Kirchanski and he's mighty glad he did.

Chance Deserved

"Every child deserves the chance to reach his highest proficiency level through education," Heath said. "Sometimes you have to force them to work to reach that level. We make it tough but most of them like it.

"When we get a student who has trouble with English or some other subject we give him extra work. We face up to the problem. We don't push the student into shops or other classes which I feel are a big waste of time.

"One of our new student's parents told me the other day that their 13-year-old daughter – who was in a public school last year – was taking a course on 'How To Leek Your Best.' Can you imagine that."

TAKES STAR'S ROLE

New York – (UPI) – Television star Arlene Francis will step into the starring role left vacant by the death last week of Margaret Sullavan. Miss Francis, wife of the play's co-producer, Martin Gabel, agreed Sunday to open in New York in "Sweet Love Remembered" Feb. 15.

ISSUE NEW POSTMARK

Moscow – (UPI) – The Soviet Union has issued a special commemorative postmark showing a globe and a rocket in orbit in honor of the launching of its first cosmic rocket one year ago, Tass news agency reported.

CANCELS SINGING TOUR

Paris – (UPI) – Torch singer Edith Piaf, under treatment for exhaustion, also is suffering from jaundice, her friends disclosed today. They said her illness would force Miss Piaf to postpone the resumption of a singing tour in the provinces scheduled to begin at Marseilles Jan. 15.

Springfield, Ill. – (UPI) – Funeral director Lynn Berry says he is the stork's right hand man. Berry, who also drives an ambulance, delivered a nine-pound girl – "my seventh delivery in the ambulance" – to Mrs. Lyn Brewer on the way to the hospital.

Six Injured in County Highway Accidents

Six persons were injured during a series of auto accidents in Jackson county highways Saturday night and early Sunday, state police reported.

A driver, his wife and two teen-age daughters were injured when the car in which they were riding went over a 55-foot bank next to Highway 99, two miles south of Savage Rapids dam.

Treated at the Rogue Valley hospital and released were Alex I. Tostnikoff, 45, of Seattle, Wash., his wife, Jeanette, 36, and his two daughters, Maria, 19, and Virginia, 16.

State police said the northbound car skidded on the icy highway as it pulled over to pass a car and plunged over the embankment.

Two persons received minor injuries in a three-car accident on Highway 99 just north of the Rock Point bridge early Sunday morning.

Injured were Patrick Edward Ruff, Seattle, Wash., and his passenger, Frank Fugitani, 21, of Tacoma, Wash.

The Ruff car skidded on the icy highway and spun around in front of a car driven by John Sacchiof, 2780 Syringa dr., Medford. Heavy damage resulted to both cars.

Third Car

A third car, driven by James Donald Merriam, 23, Corvallis, was unable to stop for the accident and hit the Sacchiof car. State police informed Merriam that a complaint would be filed against him in Gold Hill justice of the peace court charging violation of basic rule.

Another accident occurred on the South Pacific highway near the Siskiyou summit when cars driven by Martha Luna Fleshman, 39, of Modesto, Calif., and James Howard Court, 40, of Santa Barbara, Calif., hit head-on.

The Fleshman car was travelling north on the icy highway when it skidded into the southbound Court car. State police advised Martha Fleshman that a complaint will be filed against her in the Ashland justice of the peace court for violation of basic rule.

News Costs

New York—An average American family spends about $11 each year for subscriptions to its favorite newspapers.

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Porter Egg Noodles	Frillets, Bowties, Kurlie Q pkg.	35¢	3 for	1.00	SAVE 5c
Tomato Juice	Hunt's No. 300 can	2 for 23¢	10 for	1.00	SAVE 15c
Lima Beans	Del Monte Green 303 Can	29¢	4 for	1.00	SAVE 16c
Whole Beans	Diamond A Vertical Pack 303 can	27¢	4 for	1.00	SAVE 8c
Mushrooms	Dawn Fresh Pieces and Stems 2-oz. Can	19¢	6 for	1.00	SAVE 14c
Cut Green Beans	Diamond A Fancy 303 Can	19¢	6 for	1.00	SAVE 14c
Paper Towels	Scott Roll of 150	23¢	5 for	1.00	SAVE 15c
Whole Kernel Corn	Three Sisters 303 Can	2 for 33¢	7 for	1.00	SAVE 16c
Diced Beets	Diamond A 303 Can	2 for 27¢	8 for	1.00	SAVE 8c
Sliced Beans	Diamond A Fancy 303 Can	21¢	5 for	1.00	SAVE 5c
Dog Food	Skippy No. 1 Can	3 for 29¢	12 for	1.00	SAVE 16c
Clam Chowder	Snow's 15-oz. Can	29¢	4 for	1.00	SAVE 16c

Doeskin Facial Tissue	Deal Pack of 600 sheets—reg. 45c	39¢	3 for	1.00	SAVE 35c
Pears	Del Rogue Fancy Halves 303 Can	27¢	4 for	1.00	SAVE 8c
Corn	Del Monte Cream Style 303 Can	20¢	6 for	1.00	SAVE 20c
Peas	Del Monte Early Garden 303 Can	2 for 39¢	6 for	1.00	SAVE 17c
Catsup	Del Monte 14-oz. Bottle	21¢	6 for	1.00	SAVE 26c
Jello		4 for 39¢	12 for	1.00	SAVE 17c
Spaghetti	Franco American 15-oz. Can	2 for 29¢	8 for	1.00	SAVE 16c
Bagley Pears	2½ Can Reg. 31c	27¢	4 for	1.00	SAVE 24c
Modoc Pears	2½ Can Reg. 39c	35¢	3 for	1.00	SAVE 17c
Bagley Peaches	Freestone 2½ Can Reg. 29c	23¢	4 for	89¢	SAVE 27c
Modoc Peaches	Freestone 2½ Can	33¢	3 for	89¢	SAVE 10c
Grapefruit Sections	Del Monte 303 Can	27¢	4 for	1.00	SAVE 8c
Concord Chunk Tuna	No. ½ Can	29¢	4 for	1.00	SAVE 16c

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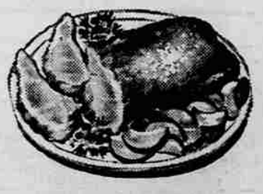

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