

RADIO PROGRAMS—MONDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied.

KYJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—Traffic Jam	News—Hear Show	Paul Walker
4:15—Traffic Jam	News—Hear Show	Paul Walker
4:30—Traffic Jam	News—Hear Show	Paul Walker
4:45—Traffic Jam	News—Hear Show	Paul Walker
5:00—Thomas-Sports**	News—Swingshift	Paul Walker
5:15—Sound 1230	News—Swingshift	Paul Walker
5:30—Tom Harmon**	News—Swingshift	Paul Walker
5:45—Frank Goss**	News—Swingshift	Paul Walker
6:00—News**	News—Swingshift	Paul Walker
6:15—Sound 1230	News—Swingshift	Paul Walker
6:30—Story Hour	News—Swingshift	Paul Walker
6:45—Sound 1230	News—Swingshift	Paul Walker
7:00—News—Amos-Andy**	News—Swingshift	Paul Walker
7:15—Amos n' Andy**	News—Swingshift	Paul Walker
7:30—News-Griffith-B&A**	News—Swingshift	Paul Walker
7:45—Bob & Ray**	News—Swingshift	Paul Walker
8:00—World Tonight**	News—Swingshift	Paul Walker
8:15—Sound 1230	News—Swingshift	Paul Walker
8:30—Sound 1230	News—Swingshift	Paul Walker
8:45—Sound 1230	News—Swingshift	Paul Walker
9:00—News**	News—Swingshift	Paul Walker
9:15—Sound 1230	News—Swingshift	Paul Walker
9:30—Sound 1230	News—Swingshift	Paul Walker
9:45—Sound 1230	News—Swingshift	Paul Walker
10:00—Richfield Reporter**	News—Swingshift	Paul Walker
10:15—Sound 1230	News—Swingshift	Paul Walker
10:30—Sound 1230	News—Swingshift	Paul Walker
10:45—Sound 1230-News	News—Swingshift	Paul Walker
11:00—Sign Off	News—Swingshift	Paul Walker
11:15—Sign Off	News—Swingshift	Paul Walker

RADIO PROGRAMS—TUESDAY

KYJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
6:00—News**	Wake Up to Music	Jim Ochs
6:15—Sound 1230	Wake Up to Music	Jim Ochs
6:30—Sound 1230	Wake Up to Music	Jim Ochs
6:45—Sound 1230	Wake Up to Music	Jim Ochs
7:00—News Roundup**	Wake Up to Music	Jim Ochs
7:15—Sound 1230	Wake Up to Music	Jim Ochs
7:30—Sports Show	Wake Up to Music	Jim Ochs
7:45—Sound 1230	Wake Up to Music	Jim Ochs
8:00—News-Weather	Wake Up to Music	Jim Ochs
8:15—Frank Goss**	Wake Up to Music	Jim Ochs
8:30—Sound 1230	Wake Up to Music	Jim Ochs
8:45—Sound 1230	Wake Up to Music	Jim Ochs
9:00—News-Los Pets-Baby**	Wake Up to Music	Jim Ochs
9:15—Breakfast Club**	Wake Up to Music	Jim Ochs
9:30—Breakfast Club**	Wake Up to Music	Jim Ochs
9:45—Breakfast Club**	Wake Up to Music	Jim Ochs
10:00—News-Trad Post	Wake Up to Music	Jim Ochs
10:15—Harry Babbitt**	Wake Up to Music	Jim Ochs
10:30—Young Dr. Malone**	Wake Up to Music	Jim Ochs
10:45—Ma Perkins**	Wake Up to Music	Jim Ochs
11:00—News-Whisp. Streets**	Wake Up to Music	Jim Ochs
11:15—Couple Next Door**	Wake Up to Music	Jim Ochs
11:30—Helen Trent**	Wake Up to Music	Jim Ochs
11:45—Pat Buttram**	Wake Up to Music	Jim Ochs
12:00—Paul Harvey**	Wake Up to Music	Jim Ochs
12:15—News-Weather	Wake Up to Music	Jim Ochs
12:30—Garry Moore**	Wake Up to Music	Jim Ochs
12:45—Fanny Hill**	Wake Up to Music	Jim Ochs
1:00—News-Godfrey**	Wake Up to Music	Jim Ochs
1:15—Arthur Godfrey**	Wake Up to Music	Jim Ochs
1:30—Arthur Godfrey**	Wake Up to Music	Jim Ochs
1:45—Arthur Godfrey**	Wake Up to Music	Jim Ochs
2:00—News-Houseparty**	Wake Up to Music	Jim Ochs
2:15—Houseparty**	Wake Up to Music	Jim Ochs
2:30—Del Courtney**	Wake Up to Music	Jim Ochs
2:45—Del Courtney**	Wake Up to Music	Jim Ochs
3:00—Del Courtney**	Wake Up to Music	Jim Ochs
3:15—Del Courtney**	Wake Up to Music	Jim Ochs
3:30—Traffic Jam	Wake Up to Music	Jim Ochs
3:45—Traffic Jam	Wake Up to Music	Jim Ochs
4:00—Traffic Jam	Wake Up to Music	Jim Ochs
4:15—Traffic Jam	Wake Up to Music	Jim Ochs
4:30—Traffic Jam	Wake Up to Music	Jim Ochs
4:45—Traffic Jam	Wake Up to Music	Jim Ochs
5:00—Thomas-Sports**	Wake Up to Music	Jim Ochs
5:15—Sound 1230	Wake Up to Music	Jim Ochs
5:30—Tom Harmon**	Wake Up to Music	Jim Ochs
5:45—Frank Goss**	Wake Up to Music	Jim Ochs
6:00—News**	Wake Up to Music	Jim Ochs
6:15—Sound 1230	Wake Up to Music	Jim Ochs
6:30—Story Hour	Wake Up to Music	Jim Ochs
6:45—Sound 1230	Wake Up to Music	Jim Ochs
7:00—News-Amos-Andy**	Wake Up to Music	Jim Ochs
7:15—Amos n' Andy**	Wake Up to Music	Jim Ochs
7:30—News-Griffith-B&A**	Wake Up to Music	Jim Ochs
7:45—Bob & Ray**	Wake Up to Music	Jim Ochs
8:00—Medford vs. Crater	Wake Up to Music	Jim Ochs
8:15—Medford vs. Crater	Wake Up to Music	Jim Ochs
8:30—Medford vs. Crater	Wake Up to Music	Jim Ochs
8:45—Medford vs. Crater	Wake Up to Music	Jim Ochs
9:00—Medford vs. Crater	Wake Up to Music	Jim Ochs
9:15—Medford vs. Crater	Wake Up to Music	Jim Ochs
9:30—Medford vs. Crater	Wake Up to Music	Jim Ochs
9:45—Medford vs. Crater	Wake Up to Music	Jim Ochs
10:00—Richfield Reporter**	Wake Up to Music	Jim Ochs
10:15—Sound 1230	Wake Up to Music	Jim Ochs
10:30—Sound 1230	Wake Up to Music	Jim Ochs
10:45—Sound 1230-News	Wake Up to Music	Jim Ochs
11:00—Sign Off	Wake Up to Music	Jim Ochs
11:15—Sign Off	Wake Up to Music	Jim Ochs

*ABC **CBS ***NBC ****MBS *****ABC

KBOY AM 730 kc

Monday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Tuesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Wednesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Thursday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Friday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time

KBOY FM 95.3 mc

Monday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Tuesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Wednesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Thursday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Friday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time

KDOV 1300 KC

Monday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Tuesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Wednesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Thursday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Friday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBS-TV (Channel 5)

Monday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Tuesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Wednesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Thursday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Friday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time

KOTI-TV (Channel 2)

Monday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Tuesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Wednesday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Thursday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time
Friday	Request Time
4:35—Evening Vespers	Request Time
5:00—Sign Off	Request Time

STAR GAZER

ARIES	Taurus	Scorpio	Libra
APR. 22	APR. 22	APR. 22	APR. 22
2:15-22:30	2:15-22:30	2:15-22:30	2:15-22:30
44-41-33	44-41-33	44-41-33	44-41-33
APR. 21	APR. 21	APR. 21	APR. 21
18-32-48-68	18-32-48-68	18-32-48-68	18-32-48-68
69-75-79-81	69-75-79-81	69-75-79-81	69-75-79-81
MAY 21	MAY 21	MAY 21	MAY 21
30-34-45-53	30-34-45-53	30-34-45-53	30-34-45-53
58-61-85-87	58-61-85-87	58-61-85-87	58-61-85-87
JUNE 21	JUNE 21	JUNE 21	JUNE 21
1-8-9-10	1-8-9-10	1-8-9-10	1-8-9-10
11-46-62	11-46-62	11-46-62	11-46-62
JULY 21	JULY 21	JULY 21	JULY 21
41-50-66-71	41-50-66-71	41-50-66-71	41-50-66-71
72-78-82-84	72-78-82-84	72-78-82-84	72-78-82-84
AUG. 21	AUG. 21	AUG. 21	AUG. 21
25-38-52-57	25-38-52-57	25-38-52-57	25-38-52-57
59-65-72	59-65-72	59-65-72	59-65-72

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine.
Emeritus Professor of Medicine.
Mayo Clinic

Problems of the Mentally Disturbed

I recently read an article by Dr. William B. Terhune, medical director of the Silver Hill foundation for the treatment of the psychoneuroses, in New Canaan, Conn. He is also an associate professor of psychiatry at Yale.

As he says, most psychotherapy must be carried out by ordinary physicians because there are not enough psychiatrists available to handle the work. Whether we like it or not, most of us physicians should be practicing some psychiatry every day in our offices.

Dr. Terhune is a man after my own heart. He says he does not like the usual psychiatric jargon. He prefers straight-forward guidance with common sense. He says all of us doctors should make more of an effort to put a frightened woman at ease when she comes into the office. As many a nervous woman has said to me, "You don't know what a frightening experience it is to go into the office of a new physician, wondering if he will be human and pleasant and warm and sincere; or cold, snappy, critical or heartless."

Many a time I have had a highly nervous patient at the end of a half-hour interview, "I am all right now; I know what I must do, and I'll go do it." Sometimes I have asked, "But why do you feel cured?" And she has said, "As you have listened to me, you have helped me to see what I must do about my unhappy marriage; obviously you think I am a nice person; you don't think I am going crazy, and that's what I wanted most to know. Now, I'll go home and get some rest and sleep and soon I'll be all right."

Must Give More Time
As Dr. Terhune says, we doctors must give many of our patients more time, so that they can talk things out. Often it is useless to try to help a woman's asthma or sick headaches or indigestion until one knows that her illness is due to the fact that a very difficult mother-in-law is living in her home, or that her husband is drinking.

Just listen to this: Dr. Terhune says that for us ordinary physicians, the best psychiatry is "plain common sense psychotherapy, without the use of any unproven psychiatric theories." He does not believe that sexual factors are the commonest cause of emotional illness, or that child-

hood influences are always to blame. He says so wisely that most conflicts are not in the unconscious, as many psychiatrists say, but "are as obvious as the nose on your face." "Generally, they are due to fear, ignorance and inefficiency."

Would Be Told Off
He advised us doctors not to go exploring into the "complex dynamic factors" in the life of the patient. If I, and not a distinguished professor at Yale, had said these things, a number of people would have written to call me an ignoramus, and to tell me to stick to things I know about!

Dr. Terhune is not in favor of trying to treat every nervous person with a tranquilizer. "Before we give these drugs, let us first find out what is causing the patient's illness, and try to remedy his condition permanently."

In other words, we doctors ought to give many a patient several interviews, and let him or her talk until we know what a real emotional strain is in his or her life. How honest Dr. Terhune is when he says that often we can't hope to make a neurotic person over; we can only hope to tide him or her over a nervous flare-up. Unfortunately, as Dr. Terhune says, although many persons would like to have better health, they haven't the strength of will to reform and behave themselves.

If you would like to have Dr. Alvarez booklet on mental illness, send 25 cents and a large, stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa. (Released by The Register and Tribune Syndicate, 1960)

Report 8 Persons Arrested in Cuba

Havana (UPI)—Police have rounded up eight more persons on charges of counter-revolutionary activity, reports from Pinar del Rio said Saturday night.

The suspects included two women who were reported to have been found making flags of the counter-revolutionary "White Rose" organization, a group believed to be operating out of Miami.

A handle carrying steel uses a permanent magnet and will lift 300 pounds.

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JUNIOR BOOT SHOP

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12 MAIL TRIBUNE, Medford, Or.

Monday, Jan. 4, 1960

DELAY CONSTRUCTION
Cardigan, England—(UPI)—The Cardigan City Council said construction of public housing was held up today because starlings have eaten the fresh putty on the window frames.

SECRETARY'S WIFE DIES
Philadelphia—(UPI)—Mrs. Elizabeth Rentz Shapiro, 72, wife of Harry Shapiro, Pennsylvania secretary of welfare under Gov. George Leader, died Sunday.

Jiffy Crochet

Thrifty beauty! Use odds 'n' ends of wool-all colors—for this flower-garden afghan. Have fun, watch TV, chat with friends while you whip up this jiffy-crochet afghan. Pattern 7001: directions for 6-inch medallion in knitting worsted.

Send THIRTY-FIVE cents (coins) for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

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FRIENDLY CREDIT
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Strange As It Seems

By ELSIE HIX

THE FIRST MOTHER TO WHOM CHLOROFORM WAS ADMINISTERED IN CHILDBIRTH JAMES THE CHILD "ANESTHESIA"

THE WINDING STAIRCASE, WASHOE CLUB, VIRGINIA CITY, NEV., IS BUILT ENTIRELY WITHOUT SUPPORTS

A NEW SELF-CONTAINED ELECTRONIC LARYNX PROVIDES VOICELESS PEOPLE WITH SUBSTITUTE VOCAL CORDS! WITH ITS PITCH CONTROL A MUSICALLY-INCLINED PERSON CAN EVEN SING SIMPLE TUNES! —Bell Laboratories—

PEANUTS

I FEEL SORRY FOR LITTLE BABIES.

WHEN A LITTLE BABY IS BORN INTO THIS COLD WORLD, HE'S CONFUSED! HE'S FRIGHTENED!

HE NEEDS SOMETHING TO CHEER HIM UP...

THE WAY I SEE IT, AS SOON AS A BABY IS BORN, HE SHOULD BE ISSUED A BANJO!

STEVE, THE BORISHT HIT THE FAN ALL AT ONCE! WE FIND A RED TV LENS IN OUR PLANS AND MAPS ROOM...

JUST AS MINDEE LUDERSCH AND THE OLD COUPLE VANISH FROM THE AREA!

WHEN WE TRACE THE CLOSED-CIRCUIT TV CAMERA WE WILL DO IT! WE FIND THE A SHORT-WAVE RADIO OLD COUPLE TRANSMITTER WAS SET UP!

STEVE, SEE WHAT CAN BE DONE TO FIND THE PLACE WHERE CATCH THE A SHORT-WAVE RADIO OLD COUPLE TRANSMITTER WAS SET UP!

TOUGH FOR HEAD TO COME BACK FROM THE 8X-71 JUST AND FIND THAT HIS GIRL IS A SPY!

HOW DID THE THREE PEOPLE SET AWAY?

THE OLD COUPLE HAD A PASS TO PASS TO TRAP NORTH OF HERE

THEY WENT OUT WITH A LOADED SLED, WHICH DREW A WILD SHOOTER... LATER WE PASSED TO ASK LUDERSCH WHEN WE FOUND SHE WAS MISSING WE CONCLUDED THAT SHE WAS THE SLED-LOAD!

MR. BLOODWITCH AND HIS GUIDE!! THEY'VE BEEN KILLED!!

WELL, MR. BLOODWITCH WASN'T QUITE KILLED—

KOPE! KOPE! RATTLE!—THIS IS THE END!! DID I FORGET ANYTHING?—YES!!—I FORGOT TO CHANGE MY WILL!!

HAVE YOU SOME PAPER SON?—?? DEAD, EH??—THEN YOU WON'T MIND MY WRITING ON YOUR BACK—BEFORE I GO—TOO—

SENTELEN, THAT RUSSIAN SUB CAPTAIN THINKS HE'S GIVEN