

Feeding the Family

By ZOLA VINCENT
Food Editor

Refrigerated Biscuits

Come in Mighty Handy Refrigerated buttermilk or sweetmilk biscuits make quick work of lunch or supper for Santa's busy helpers in ways like these:

Bake, split and top biscuits with creamed dried beef, chicken, turkey or tuna.

Quick Sloppy Joes are made by topping split baked refrigerated biscuits with favorite savory hamburger and catsup mixture.

Cheese rabbit gets lift when it's served on refrigerated biscuits that have been baked, then split and topped under the broiler. Good way to use up leftover biscuits.

Quick shortcake is achieved by arranging biscuits on greased baking sheet; then spread with butter and top each with a second biscuit. Flatten each double biscuit to a 3-inch round; brush with butter, sprinkle with sugar and bake at 425 degrees for 10 to 12 minutes. When baked, split and fill with any thawed fruit or berries and top with whipped cream.

Santa and everybody else will appreciate this long-time favorite snack.

Place four cups puffed rice, four cups puffed wheat in a shallow pan. Combine three-fourths cup butter, one tablespoon Worcestershire sauce, one-half teaspoon celery salt, one-fourth teaspoon garlic salt, one-half teaspoon onion salt, one-half teaspoon salt and 10 drops of any favored hot spicy meat sauce in a sauce pan; cook over low heat until butter melts. Pour sauce over cereals mixing until each kernel is coated. Heat in moderate oven, 350 degrees, 15 to 20 minutes. Serve hot or cold. Makes seven cups.

Appetizer or Salad

Both handsome and satisfying as appetizer or as main dish salad is the combination of plentiful avocados and plentiful pink grapefruit. Fill avocado halves with pink fruit segments. Pass a French dressing.

Sweet Potato Souffle

Sweet? Yes. But this sweet potato or yam souffle will prove praise-worthy. Eight servings.

Scald one cup milk and add one-half cup sugar, one-half teaspoon salt, three tablespoons butter, one teaspoon nutmeg. Pour over two cups mashed and hot sweet potatoes; beat until fluffy. Beat two egg yolks and add to the potatoes. Add one-half cup raisins and one half cup chopped nuts. Beat two egg whites stiff; fold into potatoes. Pour into greased baking dish. Bake in moderate oven, 350 degrees, 50 to 60 minutes or until firm. Top with miniature or cut-up marshmallows; brown lightly.

Let's Talk Turkey

The bigger the turkey, the better the buy. If you're feeding a flock (of persons, that is) then the big turkey is your meat. You bet a bigger yield per pound because of the bone structure, so it's more economical even though the price be the same.

If freezing facilities are ade-

quate, there's a lot of satisfaction throughout the holiday season in having roast sliced turkey, bits and pieces of turkey available for curries and casseroles of many kinds.

Canape Caper

Deviled ham canapes are a big favorite with men; so easy to do. Make up a batch and have it handy. Spread these yourself or let others do it. . . on crackers, potato chips or corn chips.

Blend a 4-ounce can deviled ham, three ounce package cream cheese and one packet onion dip mix. Flavor improves if allowed to stand a while. Makes one cup.

Brown Rice Nice

Cook brown rice in con-somme; then toss lightly with buttered, diced, roasted almonds, some finely chopped parsley and pimiento.

Gift Meat Storage
Lucky you, if someone thoughtfully send along some meat as a gesture of good will. Of course these same rules apply if you buy it yourself.

Canned ham? Mind what the label says. They're perishable; should be stored at refrigerator temperature in the unopened can until ready to use.

Cured meats such as hams and bacon and ready-to-serve meats (all those good delicatessen and luncheon meats) should be placed in the cold-draw part of the refrigerator (not freezing compartment). Frozen meats should go straight (back) into home frozen food storage.

Fresh meat goes, of course, into the refrigerator after removing market papers and covering loosely to allow some circulation of air. Pre-packaged self-service meats may be placed in the refrigerator in the original wrapper if the meat is to be used within one or two days.

Tinted Coconut

Desirable tones of red and green coconut are easily achieved like this: Dilute three drops green or red vegetable coloring with one-half teaspoon water. Sprinkle diluted coloring and two to three drops peppermint or other desired extract over coconut. Tint by tossing or rubbing coconut, or by shaking in a glass jar, until coloring and flavorings are evenly distributed.

Add Almonds

For festive dress-up of creamed onions, mashed sweet potatoes or buttered green beans, add toasted slivered almonds fixed quickly by using canned slivered blanched almonds cooked lightly in hot butter in a skillet until golden brown.

Take It Easy

Store extra ice cubes in a large plastic bag in your freezer. They'll stay "loose." Frost glass rims by dipping edges into lemon juice, then into granulated sugar and into refrigerator for a few minutes.

No punch bowl? Decorate big mixing bowl; use soup ladle.

Christ is Born Anew in Hearts Of Present Men

By THE RT. REV. ARTHUR
LICHTENBERGER
Presiding Bishop, Episcopal
Church

(Distributed by UPI)

The people who first heard the words, "To you is born this day in the City of David a Saviour who is Christ the Lord," knew those words were spoken to them. Christ had come to deliver them.

Now, centuries later, the word of Christmas is spoken to us in our time. We do not have to strain to hear the message; we do not look back over 19 centuries to the figure of a great man who once lived. Christ was born in Palestine centuries ago, but He is not a prisoner of that particular time and place. He is born anew this day in the hearts of those who receive Him.

This is the great Christmas wish: "Cast out our sin and enter in, be born in us today." This is an ever encouraging hope even in most discouraging times.

Passing Sentiment

Without this expectation our Christmas observance is only a passing sentiment, a temporary softening of the heart at the appeal of what is called "The Christmas Spirit." Gaiety surely belongs to Christmas time. But Christmas is also a time of awful solemnity: God has entered the life of this world. He is here now, at hand! We are not left to our own resources; we are not called to create peace and good will, but to make the good will and peace of God our own.

So will the light of Christ shine forth in our lives and in the world's darkness.

South Koreans Pick Up Christmas Fashion From GIs

Seoul - (UPI) - Whenever American servicemen go to a foreign land, they start a new fashion among the native population. That Korea is no exception is especially obvious at Christmas.

For Christmas is one of the new fashions which the predominantly Buddhist South Koreans picked up from the GIs after the end of World War II.

Before the American troops arrived immediately following Korea's liberation from Japan, only a handful of Christians celebrated Christmas here. Now it has become a popular event in this country, although it has not yet reached far into the rural areas.

Public Holiday
The Republic of Korea government, under the leadership of a devout Christian, President Syngman Rhee, has made Christmas a public holiday. He made it a rule to lift the mid-night curfew that day as on other important national holidays.

Regardless of their religious faiths, more and more South Koreans participate in Yuletide celebrations each year. Young people especially enjoy it.

South Koreans send Christmas cards to friends, exchange gifts and attend parties as people in other countries do. Shops and public buildings are decorated with Christmas trees and special religious programs are conducted.

Unlike Americans, however, South Koreans do not eat turkey or any other special Yuletide feast.

Except for the country's approximately 1.5 million Christians, who attend church programs, most people enjoy dancing and drinking at private parties or at public establishments on Christmas day.

They try to enjoy it to the fullest since Christmas is one of a few days when they can stay out all night without worrying about the curfew.

Door-to-Door Visits

Churchgoers are busy making door-to-door visits to the homes of fellow Christians, singing hymns until early in the morning.

American servicemen, however, play what is perhaps the most important role during the Christmas season.

Besides throwing parties among themselves, they play Santa Claus for hundreds of underprivileged Korean children.

These actions are the natural results of a long association between various species.

Countless generations of the bird's ancestors have performed the same service until it has become an established pattern. Present day birds of many varieties inherit this behavior characteristic; it becomes a part of them.

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89^c

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Small Worlds Around Us

By Lynn M. Watkins

Creatures, Too, Hear Opportunity Knocking

Taking advantage of an opportunity, or opening the door quickly when the knock occurs, is not solely a human attribute. Many creatures, some of which we seldom credit with having any sense at all, seem to have the ability of recognizing a good thing and taking advantage of it. We can see evidences of this every day, and anywhere we care to look, even on a busy street or a city parking lot.

Automobiles equipped with "bug screens" over the radiators are a rich and easy source of food for alert birds of various species. After a car has recently traveled over highways where flying insects were plentiful, the birds quickly "hop to it."

These birds have the foresight to adopt modern inventions to better their own way of life. They show considerable ingenuity, and by either imitation or necessity, find ways of increasing or easing their constant hunt for food. In the wide field of Nature, and in association with one another, there are a great many instances in which one species performs a worthwhile service to another, even when the species are very dissimilar.

Tick-Catchers

The so-called "tick-birds" of Africa keep insect pests from becoming too plentiful on the bodies of the rhinoceros as well as other large

animals. These birds not only rid the animal of bothersome ticks but also act as watchmen, giving an alarm when danger threatens. One species even continues to "live dangerously" by eating the insects as well as bits of flesh from between the teeth of the crocodile. The reptile opens his big mouth, holds it wide, and the small birds hop around on the jaw and peck out the food particles from between the teeth.

No observer reports ever seeing a crocodile eat one of these birds, in spite of the fact the big reptile has no sense at all; but evidently the dumb bunny knows enough to recognize a friend when one is in its mouth.

The same working arrangement occurs in the daily life of other birds in other lands. The so-called "cattle egret," an African bird who has somehow migrated to North and South America within the last few years, perches on the backs of grazing cattle, eating the insects that may be hiding in the animal's pelt.

Walk Under

At other times the bird walks along on the ground, directly under the slowly moving cow, frequently reaching up and pecking a bug off the underside of the animal. These birds have recently been found in various parts of the United States. Here, too, they are performing their natural function.

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