

# Feeding the Family

By ZOLA VINCENT  
Food Editor

## Eggnog Means Hospitality For the Entire Family

Time was, in merrie olde England, when eggnog was served before breakfast and again before dinner on Christmas day. Now, it is served at any hour throughout the holiday season. Many maintain "open house" all day long on both Christmas and New Year's Day with relays of ladders presiding at the eggnog bowl.

A cut glass or silver punch bowl is very handsome but eggnog tastes just as good from your very biggest mixing bowl, appropriately decorated. Or perhaps you have a prized soup tureen? Now is a good time to show it off. Otherwise, a pitcher for pouring is perfect.

When it comes to glasses, punch glasses are readily available both at Tiffany's and at the Ten Cent Store. And if the children are many, gay holiday-patterned paper cups have obvious virtues. The thing is to have fun.

### Dairy Eggnog

Smooth, rich and creamy eggnog is now available in quart containers from milkman or dairy section of grocery stores; a skilled blending of quality ingredients ready for serving "as is" or for adding spirits.

### Simple Accompaniments

Eggnog is rich and flavored. The usual canapés are definitely out, so resist temptation. Positively no dips, dunks or fancy tidbits.

Thin slices of fruit cake and salted almonds are traditional and adequate. Fancy cookies may be flavored for and by the younger generation. Spoons in the nut dishes, please. Coffee and tea are customarily available on a nearby table.

Flavored spirits are Jamaica rum and brandy, proportions usually one rum to four brandy, though there are those in this part of the country who add bourbon. Among wines, sherry is the flavored mixer.

### Eggnog Toppings

A sprinkling of freshly ground or freshly ground nutmeg is traditional topper though some like a fleck of cinnamon or mace. This may be hostess-sprinkled or she may have shaker or grater handy for guests to top to taste. Glamour topping is achieved by sieving pulp of fresh pomegranate to extract the juice. Float a spoonful of juice on each drink and spend evening explaining.

### Pork Chops Are Spiced with Prunes

Reading about and making all those holiday sweetstuffs is fine, but right now we're

hungry for some tender, juicy, well browned pork chops and we're going to spice them with prunes and other savories for good solid eating.

Pork chop cuts are rib, center cut, blade bone and round bone; should be at least one-third inch thick. One-inch chops require longer cooking but make a finer service.

For each four servings, rub thick pork chops well on both sides with a blend of two tablespoons Worcestershire sauce, half teaspoon prepared mustard and half teaspoon salt. Brown slowly in one tablespoon fat in skillet, about 15 minutes. Combine 1 cup soft prunes, one-quarter cinnamon, four whole cloves, two teaspoons vinegar or lemon juice, one-half cup water and two tablespoons sugar; simmer 10 minutes. Pour over pork chops; cover and simmer 40 minutes or until chops are fork-tender.

Now here is good solid eating for hungry people. Stir up a corn bread mix and make everybody happy.

For each four servings, place three pounds pork spare ribs in large, flat pan. Top with one tablespoon lemon juice, salt and slices of one medium onion. Bake uncovered at 450 degrees for 30 minutes. Cover ribs with one can (1 lb. 11 oz.) sauerkraut. Combine one-quarter cup water and two tablespoons sugar and add; cover, bake at 350 degrees, 1 1/2 hours.

### Everybody Likes Pizza

A generous pizza makes good eating; can be put together fast; will please everyone.

Prepare one recipe of pie crust or hot roll mix as directed on package; roll out thin. Line cookie sheet or other square or oblong pan with pastry; brush with salad oil. Spread No. 2 can tomatoes over dough; top with anchovy fillets, salt, thin slices Mozzarella cheese using three-quarters pound cheese. Sprinkle with pepper and one-half teaspoon oregano. Bake in hot oven, 400 degrees about 20 minutes. Six generous servings.

### Markets Piled High With Good Things

Groceries make good gifts, cater to gourmet appetites, flatter the recipient because of your awareness of their special liking for cheese, fine fruits, fancy fish or shellfish or other food specialty. Fruit cakes, home-made or store-bought are very popular as family gifts. Canned and glassed fancy puddings, pickles, relishes, fancy dried fruit packs. Then there are exciting new spices and herbs. Consider almonds, walnuts and filberts in shell or out of shell. Party assortments!

Holiday shoppers with jamb-packed days welcome the truly delicious frozen food combination dinners, TV dinners, meat, turkey, chicken, fruit and cream pies which fill our frozen food sections. Their cost is surprisingly small; their preparation a matter of minutes. If you've a home freezer, watch for really amazing specials, stock up.

### Fruit Buys

Glorious date, the candy that grows on trees; winter pears, the heavenly Anjou and the Comice. Apples both red and yellow; grapefruit both pink and white. There are oranges, tangerines, grapes, pomegranates, bananas, cranberries.

### Foiled Fruit

Stunning decorative arrangements may be made entirely or partially of aluminum foil-wrapped fruits. Get the new 7-inch two-tone silver with red, gold and/or blue. Put in extra foil for gift wrappings, other house and tree decorations; for cooking and baking convenience.

### Dairy Products

You'll be reaching for extra butter, cream, milk eggs, fancy cheeses. Keep dairy eggnog in mind for planned parties and for having at hand for dropper-in. Ideal holiday refreshment for the smaller children and teen-agers throughout the day and evening as well as for late afternoon and evening grown-up parties.

### Cook Books

There are cookbooks for every special interest; for brides, for those who make a specialty of baking, for gourmets, for those who like foreign food influences. There's a cookbook especially for boys; books about wines, outdoor cookery, etcetera.

## Poison Oak?

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## Week's Sewing Buy

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10-16



by Marian Martin

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Printed Pattern 9453: Misses' Sizes 10, 12, 14, 16, 18. Size 16 jumper takes 2 3/4 yards 54-inch; blouse 1 1/4 yards.

Printed directions on each pattern part. Easier, accurate. Send thirty-five cents (coins) for this pattern—add 10 cents for each pattern for first-class mailing. Send to Marian Martin, Medford Mail Tribune Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly name, address with size and style number.

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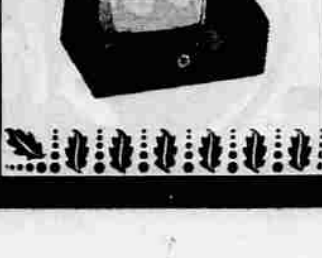
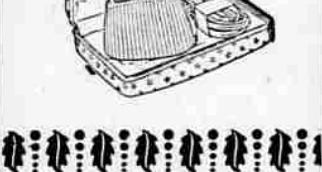
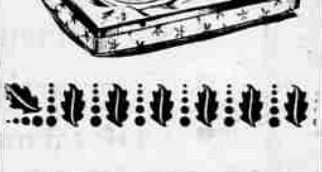
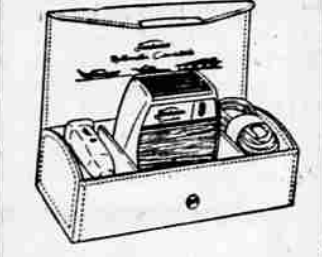
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