



Elliott Becken To Be Speaker

Ruch—The December meeting of Ruch Parent-Teacher association will be held Friday, December 4, at 8 p.m. in the school cafeteria.

Elliott Becken, assistant superintendent of the Medford schools, will speak on the subject of "The Elementary School." There will be an opportunity for questions and discussion which may arise by reason of this being the first year Ruch has been in the Medford school system.

A fund-raising project will be held during the meeting. Refreshments will be served by mothers of the children in the sixth grade.

Family Reunion. Holiday Event

A family reunion was held in the home of Mr. and Mrs. J. E. Crawford, 103 South Holly street, during the Thanksgiving holidays.

Here for the event were the Crawford's son and daughter-in-law, Mr. and Mrs. Hal Hartzell and their family, Hal Hartzell III, Hollis Ann and Stephen, Citrus Heights, Calif.; another son and daughter-in-law, Mr. and Mrs. Jack E. Crawford, Medford; a daughter and son-in-law, Mr. and Mrs. Donald Gordon Smith and their children, Linda Ann and Lynn, Citrus Heights, and another son-in-law and daughter, Mr. and Mrs. J. R. Acheson, the couple's son and daughter, Kenneth and Susan, another son-in-law and daughter, Mr. and Mrs. S. R. Doty and sons, David and Thomas, Wilson and Joyce Gilinsky and Robert Glover.

Fifty Plus Club Plans Luncheon

A potluck luncheon is planned by Medford Fifty Plus club for Friday, December 4, at St. Mark's Guild hall, Fifth street and Oakdale avenue. It will be served at 12 o'clock.

Those attending are asked to take a potluck dish, or be prepared to pay 50 cents.

A survey by the U. S. Public Health Service found that fillings are done in about 43 per cent of all dental visits, extractions in some 17 per cent and cleanings in 10 per cent.

State Parties on Tour Would "Stagger a Queen"

By PATRICIA WIGGINS
United Press International
Washington—UPI—Soft-spoken Mrs. John Eisenhower, the President's attractive daughter-in-law, will be included in enough state affairs to stagger a queen on the busy 11-nation trip that gets underway tonight.

The White House has emphasized that officially Barbara is not a "substitute" for Mrs. Eisenhower on the 22-370-mile journey which was felt to be too rigorous for the first lady.

But according to the bulky 34-page itinerary of the President's trip, most of the foreign governments involved are treating her as such.

Postal History Topic for Club

"Postal history" will be the theme of the program for the next meeting of Southern Oregon Stamp club to be held in the Girls Community Club, 229 North Bartlett street, Medford, Friday, December 4, at 8 p.m. Clyde Smith will present a paper on "Postal Rates and Routes in the Revolutionary Times."

Since this will be the Christmas meeting, there will be an exchange of philatelic gifts and a philatelic quiz conducted by Mrs. Mamie Bloomfield. In addition to a small gift, members are asked to take some sort of "goodies" as refreshments will be on a potluck basis.

New officers for the coming year will be elected. Prizes will be given. All interested persons are invited to attend.

Teacher Spends Holidays Here

Mrs. Leona Gilinsky spent the Thanksgiving holidays in Medford with her daughter, Miss Joyce Gilinsky, and her son, Wilson. Mrs. Gilinsky teaches school at Whittier, Calif.

Mrs. Gilinsky also attended a family Thanksgiving dinner at the home of her parents, Mr. and Mrs. F. A. Daugherty, Kings highway.

Other guests at the Daugherty home were their daughter and son-in-law, Mr. and Mrs. J. R. Acheson, the couple's son and daughter, Kenneth and Susan, another son-in-law and daughter, Mr. and Mrs. S. R. Doty and sons, David and Thomas, Wilson and Joyce Gilinsky and Robert Glover.

At Wedding

Gold Hill—Miss Reba Taylor was among those from this area who attended the wedding of Miss Doris Golden, daughter of Mr. and Mrs. William Golden, former Gold Hill residents. The ceremony was held at Crescent City, Calif., Friday, November 27.

Miss Golden became the bride of David Gates, Brookings, and the couple plan to live in Brookings.

The itinerary shows that the 33-year-old mother of four children will have most of what little free time the schedule allows in Afghanistan, Tunis and Morocco. The President's stays are brief there and, besides that, women in those countries only recently began to come out from behind their veils in public.

Throughout most of the rest of the 19-day trip she is listed as accompanying the President and her husband to eight black tie dinners, formal luncheons in palaces and embassies, some giant receptions such as the one for 500,000 in India as well as on such tourist flights over the Acropolis and a trip to the Taj Mahal.

The President's daughter-in-law also will be included in his visit to Pope John XXIII. In addition, she is on the guest list for the Shah of Iran's luncheon for the President.

Mrs. Eisenhower, whose short brunette hair is cropped in almost a "Mamie bang," has a friendly disposition and a lack of "airs" which have charmed her neighbors in Gettysburg, Pa.

To prepare for the trip, Barbara this week skipped her Red Cross sessions, part of her Junior League training, and left her four youngsters with a trusted babysitter to be at the White House, packing and boning up on countries to be visited.

Meanwhile, she is reportedly as "excited as can be" about the trip and determined to put her best foot forward as a non-official substitute for the first lady.

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Women's News • Social Events

Food Prices Continue Reasonable

Washington—UPI—Thrifty food shoppers won't have much trouble finding an abundance of their favorite items at markets this week end, and prices continue fairly reasonable.

Meats continue to dominate the "best buy" list, with many choices in pork, beef, lamb, and broiler-fryers available. Eggs and dairy products also are plentiful and budget-priced.

Vegetable bins offer, an excellent variety of items, too. These include such old standbys as potatoes, sweet potatoes, onions and carrots. Also cauliflower, lettuce, celery, sweet corn, rutabaga turnips, squash, and green peppers. Many markets are also featuring radishes, bunched greens, and avocados.

In the fruit section you'll find plenty of apples, oranges, grapefruit and tangerines favorably tagged, along with "cleared" cranberries and winter pears.

Fish plentiful right now include shrimp, fish sticks, and canned tuna.

Those are the nation's best values for this week end. Now, here's a closer look at plentiful foods in the West.

Arizona, California, Idaho, Montana, Nevada, Oregon, Utah, Washington, Wyoming: Consumers will find a good selection of plentiful red meats in most Pacific Coast markets this week end. Lamb prices are generally 1 to 2 cents a pound lower than a week ago, some pork cuts are slightly lower in price, and beef, calf and veal are selling mostly unchanged.

Egg supplies are generally ample and mostly unchanged in price in California markets. In the Northwest, eggs are in moderate supply and generally one cent a dozen higher than a week ago. Butter also is up one cent a pound this week in all markets except Los Angeles.

Poultry supplies are moderate to ample, and generally about steady in price, except for an increase of 2 to 4 cents a pound in California markets on ready-to-cook turkeys.

Plentiful fresh fruits, vegetables include apples, avocados, oranges, grapefruit, bunched vegetables, cabbage, cauliflower, lettuce, dry onions and sweet potatoes. In good supply are lemons, celery, bell peppers, potatoes, squash and tomatoes.

Best fish buys are rockfish, salmon, halibut and oysters.

News From Nothing Is Accomplishment For Hotel Director

Chicago—UPI—Bouncy Lucia Perrigo meets everyone from the King of Belgium to beatnik poets—and gets paid for it.

As public relations director for a hotel chain (the Ambassador Hotels), Miss Perrigo interviews celebrities, plans luncheons (she helped with one for Queen Elizabeth II), takes feature pictures, dreams up promotions, runs press conferences, writes releases and has her finger on all important events in the hotels.

Her big talent is making news out of nothing.

"The best way to learn what makes news is to put in time on a newspaper, especially at the city desk," continued Miss Perrigo, who spent seven years in the city room of the old Chicago Examiner.

She feels that public relations is an excellent field for women—particularly in promoting department stores, restaurants, hotels, entertainment, radio and TV, and fashion.

Such opportunities for women are growing, she said. Generally, Miss Perrigo said, a top female press agent can earn up to \$15,000 a year.

Good English is a must for a "p.r." job, she said, and so is taste.

"It's as important to know what to keep out of the papers as what to put in," she explained.

What kind of a woman does Miss Perrigo think is a born press agent?

She laughed and said, "One who has the strength of a horse, the hide of an elephant and the imagination of P. T. Barnum."

Is tonight your husband's turn to have the card party? Sprinkle a little dry baking soda in the bottom of the ash trays before his guests come. The half-lit cigarettes are quickly squelched, the ashtrays are easier to clean and you almost eliminate the stale smoke odor.



Because of all this soul-searching brought on by the congressional investigations of the television industry, the subject of TV advertising has almost replaced the weather as the main topic of conversation.

Potpourri has discovered that many other women share our aversion for the brassy-voiced, over-confident females on some of the national programs who talk as if the women listening weren't quite bright, and can only prove their intelligence by buying whatever it is she is selling. We also detest the slick-sounding young men who are proving their product is best by conducting an "experiment" before our very eyes.

However, all is not lost. We love the silly little man who almost always forgets what it is he is supposed to say, and the haughty gentleman who pretends that his product is so super that only the wealthy could possibly be interested.

The Madison avenue gang and the television experts admit that not all of the deception is being aired in Washington, either. Some of it is harmless, but nevertheless, deception, even though we understand the trade refers to it as "showmanship."

A list of TV technology contains these interesting side-lights: A cake manufacturer frosts cakes to be displayed with shaving cream—frosting would melt under the lights; a coffee producer substitutes hot wine for coffee in television commercials because the wine looks more appetizing than the coffee itself does; a brewer, staging a beer advertisement, puts salt tablets in his product in order to give it a bigger head of foam; a cleansing agent maker uses bleach, not his product, on the sponge that miraculously wipes away spots.

It seems that the Madison avenue men think that the first two instances are all right but the last two are pretty bad. In between there must be a lot of borderline cases which could be argued.

Last Friday night we called Pappy on the phone and told him we'd be an hour or so late for dinner—that after promising for five years to go to an auction with our friend, Mickey Cass, we were going to actually do it. We went to the auction all right, but not for just an hour. It seems no one goes to an auction for an hour—they just think they will. We left the office at 7 and didn't get home until 10 p.m.

There are those who attend auctions regularly, just like their friends go to the movies or out to play bridge. They find auctions fascinating, and now we know why. It's something like betting on the horses or playing the slot machines. True, some do pick up bargains in furniture or antiques or odd objects not often found—like cut glass decanter stoppers. Last Friday night two such stoppers went for rather fancy prices, and the buyers, of course, knew exactly what they were doing. Stoppers for decanters get broken often more than the bottles do, so antique collectors and dealers are always on the hunt for odd stoppers.

Since the articles auctioned last Friday were part of an estate, and had come from one of Medford's larger and more prosperous households, they were of more than usual interest. The wife of a Medford attorney bid unsuccessfully on an interesting set of Shakespeare, and the set was finally sold to a couple who teach school. There were some pretty dishes, china and glassware, and considerable interesting brassware, particularly an old lamp which looked like it might have come originally from a car.

We discovered one fact, people who can't make up their minds quickly shouldn't try to buy anything at an auction. We did come home with rather a nice watercolor in quite a handsome wide old-gold frame, and five little brass ash trays. We learned another fact, too—don't let the auctioneer know in advance that you're interested in a particular object.

Mrs. Cass and Potpourri set next to Mrs. Kenneth Murray, who was also attending an auction for the first time. The Ralph Matlack were among the buyers, and Tresa was successful bidder on a box of old music. She was hoping to find at least one or two pieces which are hard to come by except in this fashion.

A woman on Potpourri's left bid from time to time in an experienced fashion and once, after bidding on a little pitcher muttered under her breath "Now why did I do that? I don't need another pitcher!"

Well, we don't really need five little brass ash trays, either. But we bought them.

Men and women who belong to Toastmistress and Toastmasters club really want to improve their speaking, or else they wouldn't take the criticism they do. Members of these clubs take a topic, work up a talk, deliver it and then have to sit still and say nothing while some other member tells them how it was all wrong. Some were praised, but not much of the speakers, particularly those who had special topics hurled at them and then had to hop up and attempt to talk in an interesting and informative fashion on something which might be farthest from their minds a minute before. Such subjects as vitamins, cranberries, should we trade with Red China and what is truth were handed out in an efficient fashion by O. H. Kannasto. We know this off-the-cuff speaking is good training, but we still think the evaluators should take into consideration extenuating circumstances such as maybe the speaker has a headache, or the dinner menu wasn't what the doctor lets him eat, or the topic puts him on the spot politically before his friends and neighbors or his feet are cold (the hotel's furnace was out of order Monday night) or maybe even smoke rings are proving distracting.

During the four main talks we learned a lot about the proposed Oregon Seashore Dunes park, and during the table topics we heard a Medford doctor say that extra vitamins maybe aren't as necessary as they're made out to be—that the whole thing is being drummed up by the advertising men.

There we go again, blaming it on the advertising. We know the AMA says the same thing—AMA says that if a person has an adequate diet, in all probability he doesn't need vitamin supplements. So Potpourri started out last spring to do a little survey—for a time everywhere we went we asked at least one person "do you take vitamins?" and if he, or she, said yes, we then asked "Why did you start taking vitamins?" And you know what—almost everyone had the same answer—"Why, my doctor advised me to take them."—O.S.

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Facts and Fads Are Compared By Nutritionist

Champaign, Ill.—UPI—University of Illinois nutritionist Harriet Barto says food fads rob Americans of millions of dollars each year.

To help straighten out some of these tangled notions, Miss Barto disproves the following facts with facts.

Fad: potatoes and milk are fattening. **Fact:** no one food settles in the fatty tissue. All foods supply calories and if you consume more calories than your body uses, fat is formed from the surplus carbohydrates, food fat and proteins.

Fad: margarine is more difficult to digest and is less nutritious than butter. **Fact:** fortified margarine has the same nutrients as butter and is as easily digested.

Fad: pasteurization reduces the food value of milk. **Fact:** the only nutrient that is affected in pasteurization is vitamin C, and milk isn't a rich source of this vitamin.

Fad: flour ground at home is superior to commercially ground flour. **Fact:** the two flours have exactly the same nutritive value.

Hot Turkey Salad Uses Left-Over Meat

If there is still left-over turkey in the ice box, make a hot turkey salad with it.

Use 2 cups diced, cooked turkey, 2 tablespoons chopped green onions, ¼ cup finely chopped celery, 2 tablespoons chopped pimiento, ¼ cup chopped ripe olives, ¼ cup cooked salad dressing, ½ teaspoon salt, 2 cups corn flakes or ½ cup packaged corn flake crumbs, 2 teaspoons melted butter or margarine.

Combine all ingredients except corn flakes and melted butter. Divide turkey into 4 ungreased individual casseroles. Crush corn flakes slightly; mix with melted butter and sprinkle over turkey salad. Bake in a very hot oven (450 degrees F.) about 10 minutes or until thoroughly heated.

SENSATIONAL COSMETIC DISCOVERY HELPS YOU REGAIN YOUNGER SKIN BEAUTY —almost overnight



Just out. An exciting, new skin care discovery—"TIME OUT" which coaxes the return of "teen age" texture to aging complexions. Contains wonderful new moisture control lotion which performs miracles on exposed skin areas. "TIME OUT" acts in the skin, not on it. POTENT! One little dab of "TIME OUT" containing Natural Moisture Factor 100% N.M.F. 100* applied at night seeps in—sets up a moisture factor, which helps you regain a more youthful-like complexion, while you sleep. Use "TIME OUT" as a foundation for your make-up—it disappears immediately—moisturizes. Never greasy—never messy, its delicate fragrance surrounds you with a spring-like halo while it creates a satinsmooth "feel" under your make-up.

Wrinkles, Crows' Feet—Dim and Fade—Signs of Age Quickly Disappear. Skin on Face, Neck, Hands and Arms Becomes Youthful-Looking—Glamorous.

Now "TIME OUT" with N.M.F. 100* invites skin to drink in and retain its rich moisturizing properties, supplying the sub-surface layers with liquids so necessary to skin firmness. After a few applications, tense worry and frown lines (wrinkles and crows' feet) soften and disappear. Botherome age spots react noticeably because a healthy, youthful skin retards formation of age-revealing pigment clots under the surface. "TIME OUT" may truthfully be called the modern way to young skin beauty.

"N.M.F. 100"—is a Natural Water Control Factor which helps skin restore lost essential moisture by means of absorption. It enables liquids to wet the skin and be absorbed into sub-surface cells. N.M.F. 100 automatically controls the water metabolism of the complexion of the skin. Use it morning and night to regain the wonderful benefits of this scientific moisture factor treatment.

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