

Experts Urge Filtered Air in Smog Regions

Chicago (Science Service)—Two days of smog-free filtered air can bring about "significant improvement" in breathing for persons suffering from asthma, emphysema or other respiratory diseases.

As a result of a three and one-half year long study, a team of California researchers recommends that patients use activated carbon filters both at home and in the office in smog-ridden areas such as Los Angeles.

Volunteers Studied
Some 46 volunteers afflicted with emphysema, a disease in which the lung's air passages and air sacs are enlarged and the walls of the air sacs are wasted away, were among those studied. The severity of the disease is aggravated by the car-exhaust smog found in Los Angeles, report Drs. Hurley L. Motley, Reginald H. Smart and Charles I. Leftwich of the University of Southern California. Normal persons showed no significant lung volume changes from breathing filtered air as compared with smoggy air, they point out in the current Journal of the American Medical Association.

This study indicates that breathing smog has direct effects on the respiratory tract in addition to direct effects on the eyes and indirect statistical effects on total mortality, the scientists say. They also report a delayed response of two or more days before the maximum adverse effect of breathing in smoggy air were felt by most persons.

Beneficial Decrease
Emphysema patients experienced a beneficial decrease in the volume of residual air when breathing filtered air as well as in increase in their "vital capacity."

Although the Los Angeles area does maintain a smog alert system, the scientists conclude that "the major health problem at present relates to the effects of the pollutants in the atmosphere at lower concentrations than the alert level (0.5 parts per million of ozone in the air) and for prolonged periods of time."

FB Members Hear Of New Program.

Further information on the bulk petroleum service contract with Tidewater Oil company was given during a meeting and luncheon held at the Oregon Inn, Grants Pass, Tuesday, it was reported.

The contract became effective Nov. 1. Howard Pugh, company representative, gave a short history of the Tidewater Oil company to those attending the Farm Bureau's regional meeting in Grants Pass.

Blaine Johnson, regional director of the Oregon Farm Bureau, presided at the meeting and led short talks given by Walter Jacobson and H. Ray Hall, Tidewater men from Medford.

Scott Lamb, information director for the Oregon Farm Bureau and editor of the "Oregon Agriculture," published in Salem, outlined more information and recapped the important points of the meeting.

Among Farm Bureau officials present were Jim Malone, Josephine County bureau chairman and E. H. Taylor, Jackson county chairman. Ten persons represented Jackson county at the meeting.

After the Grants Pass meeting, the Farm Bureau men attended a hearing on the farm labor camp health code in the Jackson county courthouse auditorium.

Cat's Friend Draws No Protest by Man

Nicholasville, Ky. — Cliff Hargrove doesn't exactly approve of his cat's friend, but he's afraid to protest.

The feline is a good friend of a skunk that makes a daily visit to the neighborhood.

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Pork Sausage Safeway pure pork. **49¢** lb. **Oysters** Delivered fresh daily. Medium size. **69¢** pint



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Tender, meaty blade cuts of the finest, scientifically "aged" beef. For extra flavor and tenderness. Properly trimmed of all excess bone, fat and waste before weighing.
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Appetizers, Relishes

Fruit Cocktail	Town House Fancy	5 303 cans	\$1
Ripe Olives	Town House Std. size	4 No. 1 cans	\$1
Pitted Olives	Mt. Whitney Extra Lge. ripe	No. 1 can	29c
Sweet Pickles	Zippy - Fancy mixed	12-oz. jar	33c
Dill Pickles	Zippy - Fresh Reg. or Kosher	24-oz. jar	37c

Dairy Foods, Frozen Foods

Sweet Cream Butter	Montrose Grade "AA" print	1-lb. 75c
36% Whipping Cream	Lucerne Pint	65c 1/2 pt. 35c
Cream Cheese	Kraft's Philadelphia	2 3-oz. pkgs. 33c
Frozen Peas	Bel-air Prem. Quality	5 10-oz. pkgs. \$1
Candied Yams	Bel-air Frozen	3 14-oz. pkgs. \$1
Mince Pie	24 ounce	8-inch pie 49c
Pumpkin Pie	Bel-air, frozen 24-ounce	8-inch pie 49c
Ice Cream	Lucerne Party Pride 7 delicious flavors	1/2 gal. 79c

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Turkey Cookies	Doz.	60c
Gaelic French Bread	Loaf	29c

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Ring Cake	Mrs. Wright's A grand value	1-lb. 89c
Sliced Loaf	Mrs. Wright's	5-oz. 15c
Loaf Cake	Mrs. Wright's unsliced	14-oz. loaf 59c
Ring Cake	Mrs. Wright's boxed	3-lb. cake 1.69
Gift Ring	In handsome decorated tin	3-lb. tin 1.98

Festive Table Wines

Sauterne	Italian Swiss	5th 69c
Sauterne	Christian Bros.	5th 1.55
Burgundy	Italian Swiss	5th 69c
Burgundy	Christian Bros.	5th 1.55
Gregache Rose	Almaden, delicate flavor	5th 1.49
Blackberry	Honeywood dessert wine	5th 1.10
Loganberry	Honeywood dessert wine	5th 1.10
Hard Cider	Martinelli brand	5th 89c

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Pint	25¢	Qt.	49¢	1/2 gal. Plastic Dish	98¢
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