

Women's News • Social Events

Chapter Holds Rushing Event; Ritual Planned

Beta Upsilon of Beta Sigma Phi sorority recently held a preferential tea at the home of Mrs. Raymond Reter, 17 Glen Oak court. Assisting Mrs. Reter, who is sponsor for the chapter, was Mrs. Marsh Ramsby and Mrs. Fred Wilson.

The pledge ceremony and ritual of jewels will be at Mrs. Reter's home November 17. Mrs. Joe Sayre, rush captain, is in charge of arrangements. Receiving their pins will be Mrs. Lloyd Carr, Mrs. Clifford Curl, Mrs. John Freese, Mrs. Leonard Howe, Mrs. Richard Lamont, Mrs. Calvin McKibben, and Mrs. Larry Rose.

Square Dancers Plan Meeting

The proposal that an organization of square dancers in the Rogue valley area be affiliated with the Oregon Federation of Square Dance clubs will be discussed at a meeting tonight. It will be held at the home of Mr. and Mrs. Raymond Dallaire, 1060 Crater Lake avenue.

The Rogue valley is one of two areas in the state not affiliated with the state group. Two couples from each local club have been invited to attend the meeting, and in addition it is said that any interested square dancers may attend.

Sorority Holds Party at Studio

Halloween articles were combined with autumn leaves to provide decorations for a party held at Thurston's dance studio last Friday evening by Epsilon Sigma Alpha sorority. About 35 members and guests were present.

Games and dancing were the evening's diversions. Miss DeMaris Glutsch won a prize for having the most outstanding costume.

Refreshments were served at the close of the evening. Mrs. Wylie McPherson was chairman of arrangements. Her committee included Mrs. W. H. Fischer, Mrs. Richard Harrison, Mrs. Chester Peterson, Mrs. Howard Phillips, Mrs. Robert Shangle and Mrs. Doris Young.

Guests were Mr. and Mrs. Roy Browning and Mr. and Mrs. Kenneth Vannice, Eagle Point.

To locate a leak in a gas pipe, brush it with thick suds. If a hole is present, escaping gas will cause bubbles to form at the leaky spot.

Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day of publication and for week day news is 8 p.m. the day before publication.

Saturday
8 p.m.—Harvest ball, Rogue Valley Country club.

Colorado Housewife Writes Book About Mental Hospital

By GAY PAULEY
UPI Women's Editor

New York — (UPI) — Darrel Telfer, Pueblo, Colo., housewife, once fattened the family income by working in a state mental hospital.

When her legs gave out, she gave up her \$200 a month attendant's job.

It's been three years since Mrs. Telfer, partially due to her hospital work, Mrs. Telfer is about to come into "enough money to pay all the family bills" — with plenty left over.

The road to riches commenced when Mrs. Telfer began a short story about hospital life. The short story grew to novel length.

Mrs. Telfer, unknown author, sent her pounds of pages to a literary agent in New York. In three months she heard the word that flutters a writer's heart and pads the bank book: Sold.

Lack of Heart

The book, "The Caretakers," is fiction. Mrs. Telfer said in an interview. "It is about the lack of heart in mental hospitals."

Mrs. Telfer, forty-ish, still can't believe that Simon and Schuster will publish her book November 2. She gasps when she mentions that paperback rights have been sold for \$90,000. She gasps some more when she tells about movie companies "dickering" over the book; that means more money.

Mrs. Telfer is a music teacher by profession. "There's not much opportunity for music teachers in Pueblo," she said.

That's why she went to work in a mental hospital, she explained. And when that job didn't go smoothly any more,

Conditioning Course Slated For Swimmers

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To be eligible for the life saving class, applicants must be in sound physical condition, 16 years of age or over, or students in or above the eleventh grade in school.

The applicants must be able to make a standing front dive, swim 440 yards continuously, using the crawl, or any of the trudgen strokes, side stroke and back stroke. They should be able to use the inverted scissors or inverted breast stroke well.

They must also be able to surface dive to a depth of six feet and swim two body lengths under water; tread water one minute and float motionless or rest in a floating position for one minute.

Anyone interested in obtaining a water safety instructor's rating next summer must have a current senior life saving card, it is announced from the YMCA. Further information may be obtained by telephoning the YMCA, SPring 2-6295.

Manufacturer's Association Gives Tips on Wash-Wears

Shopping for wash and wear clothing? Here's advice from the American Home Laundry Manufacturers' association on how to select good wash-wear garments that can go into washer and dryer at home and come out needing almost no ironing touch up.

Look for garments that contain high percentages of wash and wear fibers or have been treated with a quality wash-wear finish. Some of the fibers that resist wrinkles well are Acrilan, Nylon, Kodel, Dacron and Orlon. In a blend, look for these minimum fiber percentages: 65 per cent or more Dacron with cotton, 55 per cent or more Dacron with rayon, 50 per cent or more Dacron with Orlon, 55 per cent or more Orlon with wool, 50 per cent or more Orlon with cotton, 80 per cent Acrilan with cotton, 70 per cent with rayon or wool. Less than this will not give automatic wash and wear results.

In resin-finished cottons, found in many different qualities, it is best to avoid inexpensive garments. Buy from reputable stores that guarantee their merchandise.

A fabric that merely launders without wrinkles is still not necessarily an indication of good wash-wear. Garment construction is equally important in affecting how it will

Books on North Are Reviewed

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This was her first book on people and she writes realistically of the natives whom she describes as friendly and intelligent and of "quiet mind." She never saw a parent strike a child, yet the children are well behaved and there is very little juvenile delinquency. Divorces are a rarity and the author knew of only one during her entire stay.

The natives are generous and share what goods and foods they have with one another, the author reported.

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Household Noise May Be Quieted

Corvallis — Pushbutton appliances which promise easier housekeeping may be the villains robbing your home of peace and quiet. Control noise-makers with "silencers," suggests Miss Bernice Strawn, Oregon State college home management specialist.

Place a small foam rubber mat under the electric mixer or blender to reduce vibration, she advises. Silence dish clatter with a plastic dishpan and a rubber or plastic drainboard. Plastic bowls and plastic silverware trays also curb kitchen noise. Shelf liners made of rubber are now available by the yard in local markets.

Draperies go a long way in curbing noise. Miss Strawn recommends that families hang lined draperies in kitchen and other windows in the house. New man-made materials, now available for drapery linings, help "hush" household din. One of the newest resembles thin foam rubber and acts as an insulator against sound and weather.

Families who are remodeling or planning a new home can now choose resilient materials for kitchen counters. Some steel cabinets are now on the market with sound deadeners in the doors.

Hilltoppers Hold Business Session

Hilltoppers Square Dance club held the monthly business meeting at the home of Mr. and Mrs. Dale Flowers Monday evening. Activities planned for the month of November include a chili feed and square dance to be held on Saturday, November 14, at the Old Wagner Creek school, two miles west of Talent.

A regularly scheduled square dance Saturday, November 28, will complete the November calendar.

That growing boys should be encouraged to eat two or more at the morning meal. Cereals, both hot and ready-to-eat offer extraordinary value for the money. Biscuits, muffins, pancakes are ready in minutes with mixes. Sweet breads and coffee cake, homemade or bakery-bought, invite hearty eating.

Fruit and vegetable juices come in economy size cans. Fresh, canned and dried fruits are available in amazing variety at reasonable cost. Canned applesauce and prunes for sewing are big bargains in nutrition. Put a pitcher of milk on the table.

Other Good Buys

Pork, stewing and braising cuts of beef and lamb, eggs, cheese, rice, potatoes, sweet potatoes, apples, cranberries, grapes, head a long list of good buys. Note this newspaper's grocery ads and the special displays throughout our stores.

Feeding the Family

By ZOLA VINCENT
Food Editor

Broil or Bake Stuffed Tomatoes

Among fresh vegetables, only potatoes, lettuce, cabbage and onions surpass tomatoes in eating popularity. Among canned foods, only corn and peas surpass tomatoes in consumer demand, and when we include tomato juice and other processed tomato products, tomatoes are 'way out in front.

Tomatoes stuffed with corned beef hash or canned chili con carne or with a seafood mixture and baked, provide a fine main course.

Cut out core from stem end of firm tomatoes. Cut in halves. Make criss-cross cuts on top surface of each. Dot with butter and sprinkle with salt, pepper and onion salt.

Broil under moderate heat for 10 minutes or until tomatoes are tender and topping is lightly browned. Or bake in oven at 425 degrees until ditto.

For variety add one of the following toppings:

- Bread crumbs, onion salt, sage and thyme.
- Thinly sliced onion and dash of paprika.
- Grated cheese and soft bread crumbs.
- Grated Parmesan or other cheese.
- Chopped green onions or chives.
- Chopped fresh herbs such as thyme, dill, rosemary, marjoram, basil or sage.

Green Gold Salad

The gold of locally grown carrots and the green of avocados blend with a lemon-juiced dressing for an attractive and delicious salad. For each four servings:

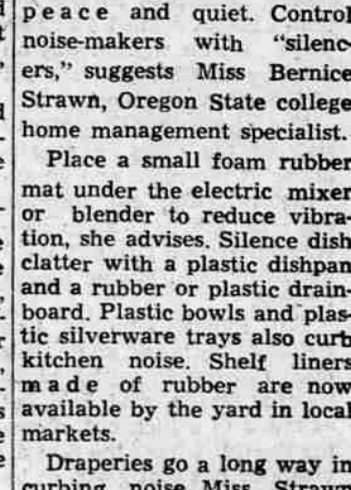
- Toss two cups grated carrots with two tablespoons lemon juice and let stand 10 minutes. Add one half cup shredded coconut and enough mayonnaise to moisten. For each serving, place an avocado half on lettuce and top with about one half cup of the carrot mixture. Serve with additional mayonnaise if you like.

Broil Chickens With Orange Sections

Plentiful broiler-fryers at low cost become something very special when segments of golden oranges are added along with a bit of cinnamon and cloves. For each chicken planned for four servings:

- 1 broiler-fryer, 3 to 3½ pounds, fresh or frozen
- ¼ cup enriched flour
- 1 teaspoon salt
- ½ teaspoon pepper
- ½ teaspoon each ground cinnamon and cloves
- 2 tablespoons shortening
- 2 tablespoons butter
- 4 oranges
- 1 tablespoon soy sauce
- 1 tablespoon brown sugar

Washington—Julia Nixon (center) younger daughter of Vice President and Mrs. Richard M. Nixon, takes a look at the portrait Mary Nauhauser is doing of 13-year-old Patricia Nixon (left). Miss Nauhauser is having a practice session in the administration building at the school the three girls attend in preparation for a day of portrait drawing coming up at a school bazaar.



Feeding the Family

While chicken fries, peel the oranges and cut them into sections. Save all juice. Measure the juice and add enough water to make one half cup. Add soy sauce and brown sugar. Pour over chicken; cover tightly and cook over low heat 20 to 30 minutes. Add the orange segments and continue cooking about 10 minutes longer or until bird is fork-tender.

Snack Fare

Snack fare for the family mid-afternoon or mid-evening or for company any time is both tasty and tempting when prepared with fresh vegetables.

Top unpeeled slices of cucumber with a fluting of any soft spreadable cheese. Serve atop crackers if you like.

Children will eat surprising quantities of green pepper sticks or rings, celery and carrot sticks when offered either plain or for dipping in creamy cheese dips.

Fill celery stalks with chunk-style peanut butter.

Skimming, Skipping Breakfast Get Weight Watchers Nothing

Our market report today will emphasize attractive foods for breakfast. But first we want to remind weight watchers (who often set a bad example for their children) that skipping and skipping meals will get them nowhere. Spread your calories through three meals a day for better weight control and a feeling of well-being, say the nutritionists.

Thorough study demonstrates that people of all ages will feel better, work better, study better, live better if fortified with an adequate morning meal.

Children eat better breakfasts if the meal has been prepared for them, especially if they help an adult prepare it; eat better when the parents join in morning meal.

Breakfast Patterns

Three suggested patterns for good breakfasts — light, medium and hearty:

1. Fruit, cereal or bread, milk to drink, other beverages if desired.
2. Fruit, cereal or bread or both, an egg, beverage.
3. Fruit, cereal or bread or both, eggs with such meats as bacon, sausage, hash, sizzled luncheon meat or liverwurst and a beverage.

Breakfast Buys

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THIS WEEK ONLY!
Stretch your gift dollars with big savings. All featured items brand new, except where noted.
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OR
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FASHION* DISC ZIGZAG PORTABLE — sews hundreds of zigzag and decorative stitches
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Save \$50
Same machine in beautiful console.

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Electric Consoles from **\$29.50**
Electrified SINGER* Portables from **\$39.50**

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SAVE \$50
Streamlined **YOUNG BUDGET DESK MODEL** blonde or walnut finish.

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SINGER SEWING CENTER
318 East Main SP 2-7153

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\$299.95
Model DF 180 holds 609 pounds of food 17.4 cubic feet

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17.4 Cu. Ft. Deep Freeze
In History!

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MOST FAMOUS NAME
IN FREEZERS

- * Lowest price per cu. ft. ever!
- * Holds up to 18% more food!
- * Amazing double warranty — on both the freezer and the food stored in it!

Now, you can save money on a genuine Deepfreeze home freezer. The one freezer that has all the features.

It's bigger inside — no bigger outside. Holds up to 18% more food. Yet there's no skimping on insulation. And you enjoy peace of mind with the famous Amana Double Warranty. 5-year warranty of the complete refrigeration system — 3-year warranty against food spoilage due to mechanical failure of the refrigeration system.

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- FULLY ADJUSTABLE BASKETS and dividers
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- SUPER STRONG CABINET
- DOUBLE WARRANTY in writing
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Medford Mail Tribune

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