



QUICK EXIT—Actor Dennis Morgan points to his bare foot which shows how he was forced to flee when flames from the wind-swept brush fire spilled over into an inhabited area around La Canada, Calif. Some three hundred residents were threatened by the fire which has now consumed some 1400 acres.

The Arctic tern is the champion long distance bird, covering an annual 20,000 miles from its breeding grounds in the north to its wintering quarters in the southern seas.

The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen and a newspaper editor. Each article is a summary of an actual report. The Family Council does not give advice; it merely reports on problems that have been dealt with by responsible agencies and counselors.

Mrs. E. F. — He is harming himself with his carrying-on. **Anthony F.** — We aren't doing anything wrong.

Mrs. E. F. — My husband and I are terribly upset about our 16-year-old son Tony who has fallen into the clutches of a girl who just won't let him alone.

Tony has been seeing Paula nearly every night for the past year. Even when we forbid him to go out he manages to sneak out for a little while. They sit in the park and neck. Many of my friends have seen them together when I thought he was in his room studying. I can't have eyes in back of my head. I have three young children to look after.

I have tried to talk to this girl's parents but they say they can't do anything with her. They blame everything on Tony. The two of them are making themselves sick with all this carrying-on.

Anthony F. — Paula and I aren't doing anything wrong — next to the way a lot of the other kids around here act. We are really in love. We realize we can't get married for a long time, but we are ready to wait three or four years.

Paula and I spend a lot of time just talking. We used to do our homework together, but neither of our parents will allow it any more so we meet for a break. Of course my mother's spies always manage to catch us in the middle of a smooch.

Paula's parents hate me and mine hate her. They keep blaming everything on the other one. But there is nothing to blame. Paula's a wonderful girl and I respect her. Is there any harm in our going steady?

The Council: It is right and natural for parents to be concerned when two 16-year-olds see one another every night of the week, but they put themselves at a decided disadvantage when they attack the relationship directly or attempt to tear down the object of their child's affection. This tends to make the adolescent feel misunderstood and more rebellious. Or he craves the companionship and sympathy of the partner. Aside from this, the parents' objections become a noisy, meaningless din after a while.

Since these two youngsters have already gone beyond the reach of simple commands issued by their parents, more

subtle tactics must be applied. Tony needs more attention and companionship from his father now that he is growing up. It is time he started thinking seriously about his future, about the work he plans to do, about some of his highest ambitions. His father should help him crystallize these and encourage realistic thinking.

When Tony has a goal and is realistic about his future he may find that there is much he should be accomplishing at this time of his life. He may find he needs to earn and save some money for future schooling. He may find that he must pull up his marks or develop certain skills if he is to accomplish some of his ambitions. When he gets involved in such activities he may find that "smooching" every night gets in his way.

If Tony sees that his father is interested in him as a total human being and is ready to deal with him on a man-to-man level, he may be more open to suggestion where women are concerned. As long as Mom feels she must have "eyes in the back of her head" as she did when he was a little boy, he will act like a naughty, mischievous, sneaky little boy. It is time for him to develop his own values and his own conscience.

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Morse Discusses Germany at Meeting

"It looks to me like West Germany is going to be a factor in our economy," A. K. (Woody) Morse, Medford Volkswagen dealer, said yesterday in telling members of Medford Kiwanis club of his recent trip to Germany.

Morse, addressing the service club's luncheon at Rogue Valley Country club, said that people in West Germany are happy and busy. He reported that they have "a healthy respect for business and efficiency." The auto dealer said that workers in that country seem to have a driving and distinct ambition to progress and are happy with free enterprise and the opportunity to progress and be on their own.

Reports of the progress made in West Germany certainly are not propaganda, Morse reported. He said that the speed with which people go impressed him. Morse mentioned the many bicycles on the streets and said he observed very few large American cars.

The Medford auto dealer went to Germany as a guest of the Volkswagen firm.

A brief memorial rite for Lavern Watrud, Kiwanian who died Tuesday in a hunting accident, was led by the Rev. Harvey Coover.

Josephine Agent Receives Award

New Orleans — (UPI) — Miss Rizzay A. Douglass, extension agent for Josephine county in Oregon, has received the distinguished service award of the National Home Demonstration Agents association. Others from Oregon who attended the conference here were Mrs. Edna Mae Wimssett, Malheur county agent, and Mrs. Sylvia Lee, Curry county agent.

BIGGEST THIEF — London — (UPI) — Inmates in the Dramatic club at Wormwood Scrubs prison today announced their next production would be entitled "The Biggest Thief in Town."



PROFILE—The profile for the 1960 Lincoln is the result of a redesigned roof which gives the car a more formal look. The rear window has 177 additional square inches of glass area for improved visibility. A smoother ride and greater handling ease are the result of a new Hotchkiss rear suspension with leaf springs. In addition to the Lincoln four-door landau, shown above, there is a two-door hardtop and a four-door sedan in the Lincoln and Premiere series. The Lincoln is now on display at Medford Motors, 225 South Riverside ave., Medford.

Gullible Warned On Trick Reducing Methods Offered

Editor's note: Following is the last in a series of five articles on the subject of overweight.

Washington — (Science Service) — "Drink your fat away with a reducing cocktail" or "lose ugly fat without dieting or hunger — no calorie counting" are some of the promises of trick reducing merchants which play on the emotions rather than appeal to the intelligence.

This is one of the warnings given to the gullible by Dr. Helen S. Mitchell of the University of Massachusetts in the chapter on food fads in the Yearbook of Agriculture "Food" of 1959.

Scientific journals and reliable magazines try continually to combat peoples' enthusiasm for fad diets, but the miracle foods and "weight control" pills are still flourishing on the market.

The trouble, says Dr. Mitchell, is that persons of both sexes fool themselves into thinking that reducing pills and trick diets will do what a weak will keeps them from doing — cut down on the food they eat.

Requirement Decreases — Actually, the food requirement decreases with age so that a person of the same activity needs 21 per cent fewer calories at age 65 than he did at 25.

Often the appetite does not decrease with the body's smaller need, and overweight results. Yet, actual physical harm may result from trick reducing.

Some restricted diets are so poorly balanced that chronic fatigue or actual illness can result.

Other diets are just futile because the foods prescribed lack variety and no one can stick to them for any length of time.

Instructions Included — The pills and powders usually include instructions to follow a low-calorie diet, which must be followed for the plan to be effective, as guaranteed. Chances are that the diet would be just as effective without the expensive supplement. No food supplement can possibly reduce the caloric value of other foods eaten.

Any type of drugs or pills advertised for weight control should be taken under medical supervision only. Not enough is known about the action of the appetite depressants to risk their general use, although some physicians have experimented with them.

The old-fashioned remedy for reducing — cathartic drugs or salts, which act as laxatives, merely dehydrate the body. They cause quick but temporary

MORE AIR TRAVEL

Washington — (UPI) — The Army has been authorized to send more troops and their families overseas by air and fewer by ship, the Defense Department announced Wednesday. The department said Defense Secretary Neil H. McElroy authorized the increased air passenger movement to start next Jan. 1.

Can Be Harmful

Thyroid extracts or drugs that tend to increase metabolism are sometimes prescribed by doctors when there is a need for them. Such endocrine products can be harmful if used indiscriminately. They cannot be sold without a prescription, and yet the quack medicine men include such products in their reducing medicines.

For protection against the quick reducing diets, trick and fad diets, the experts advise reading reviews in reliable journals such as the Journal of the American Dietetic Association, Journal of the American Public Health Association, and Science News Letter which publishes Science Service articles written primarily for this and other newspapers.

Specific inquiries regarding questioned products can be sent to the Bureau of Investigation of the American Medical Association, 535 North Dearborn St., Chicago 10, Ill., or to the better business bureaus or chambers of commerce in your vicinity.

The Northwest Territories cover 1,304,000 square miles, or one-third of the total area of Canada.

Rockefeller Plans Trip in November

Albany, N. Y. — (UPI) — New York Gov. Nelson Rockefeller, 51, has announced a cross-country tour in November that will take him into the homeland of Vice President Richard M. Nixon, his chief rival for the GOP presidential nomination in 1960.

The move was widely interpreted as an indication that Rockefeller plans a program of testing his strength among

Republican delegates. Rockefeller said, however, that he was "not going as a candidate." He announced a three-day trip Nov. 12 to 14 to California and Oregon, states considered politically significant because of their primary elections.

Nixon is from California. The governor said he would discuss national and international issues at speeches in Los Angeles and at Willamette University at Salem, Ore.

Antarctica To Be Free of Bases

Washington — (UPI) — The United States and Russia pledged themselves Thursday to keep Antarctica free of military bases to permit peaceful scientific development of the icebound continent.

The pledges were made by Secretary of State Christian A. Herter and Vasily V. Kuznetsov, Soviet delegate to a 12-nation conference that opened today to write a treaty for the Antarctica.

The Soviet delegate said the conference "should lay the foundation for an international regime of Antarctica." He said it was important that the agreement provide for the use of Antarctica "for peaceful purposes only."

SIMPLE EXPLANATION

Dudley, England — (UPI) — Ted Hedley, 19, had a simple explanation when he pleaded guilty Wednesday to stealing a parrot from the Dudley zoo. He said he can't stand being without birds.

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Other TV Shows May Face Inquiry

New York — (UPI) — The counsel for the congressional subcommittee investigating the rigging of TV quiz shows indicated Thursday the inquiry would spread to other network question and answer programs.

Subcommittee counsel Robert W. Lishman said in Washington the group would look into another big money quiz show — "The \$64,000 Question" — and possibly others.

Hal March, quiz master of the former CBS program, said in Houston, Texas, "I don't see how the show could have been fixed" but insisted that if it was he knew nothing about it.

Other shows expected to fall under the scrutiny of the House subcommittee on legislative oversight include "The \$64,000 Challenge," "Name That Tune" and "For Love Or Money."

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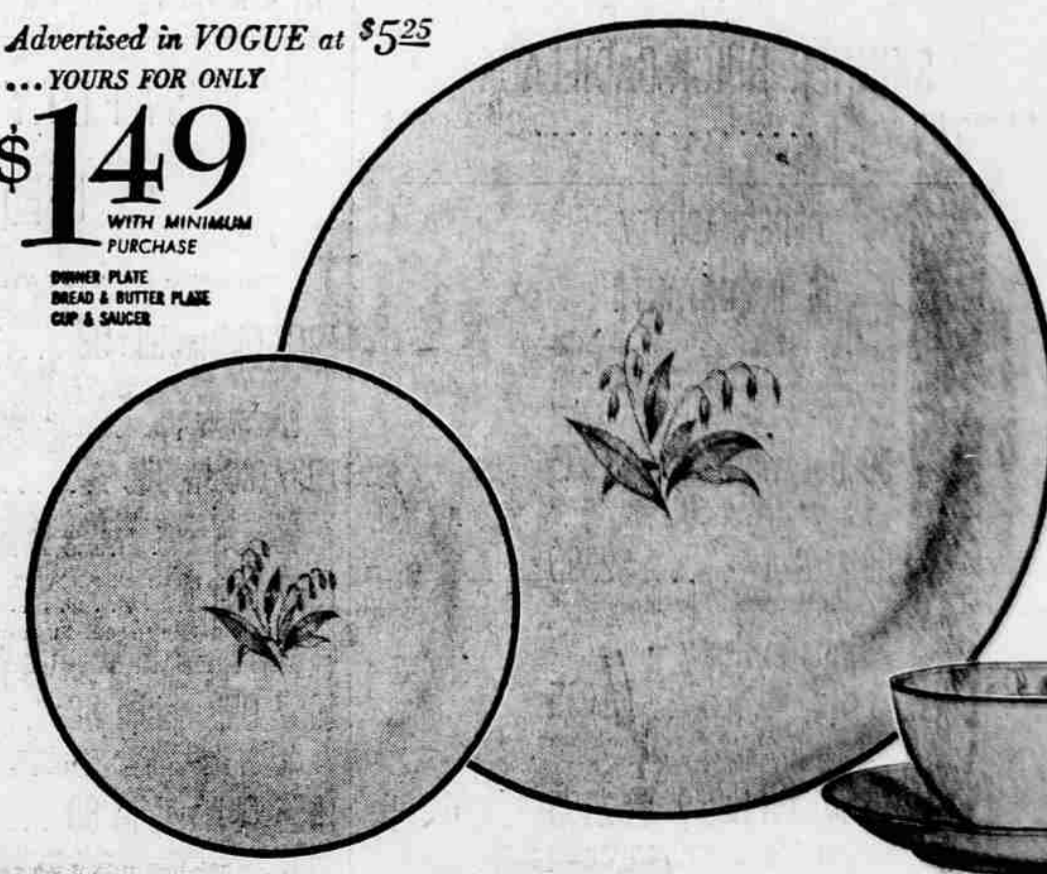
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