

Californian Named To LDS Council

Salt Lake City — (UPI) — Sustaining of a Californian as a member of the Council of Twelve Apostles and a vigorous attack on Communism highlighted Saturday's sessions of the 129th semi-annual conference of the Latter-Day Saints church.

Harold W. Hunter, 51, a Los Angeles corporation attorney who lived in Arcadia, was named to the council, the Mormon faith's ranking administrative body. He fills the vacancy left by the death last May of Stephen L. Richards.

The attack on Communism and particularly the leaders of Soviet Russia was made by J. Reuben Clark Jr., first counselor in the LDS first presidency. Clark warned that Christianity should unite if it is to overcome what he called the united paganism directed by the Soviet leaders. He said that if the true principles of Marxism are carried out it would inevitably lead to extermination of Christianity.

MYRA WEAKENS

Oxford, England — (UPI) — Twelve nurses in this University City today revealed a slight setback in their new no-dates club. The newly-elected club president, nurse Myra Davies, who had promised to lead the girls to culture instead of boys, resigned after she had been out with an undergraduate two nights in a row.

EAGLE POINT Family Reunion Held

By DOTTIE HARBISON
Eagle Point — Twenty-five descendants of Stephen P. Taylor gathered at the home of Mr. and Mrs. F. J. Clifford near Gregory and Pinehurst roads, recently for their 106th consecutive annual reunion.

Those attending were Katherine Huxler of Portland; Mr. and Mrs. Ray Harnish, Ethel Coy, Mr. and Mrs. Elmer Harnish and children, Lynda and Roger, Mr. and Mrs. Rick Wolgamott and children Riki and Carla, Mr. and Mrs. B. M. Yoren, all of Eagle Point; Mr. and Mrs. Edwin Taylor of Tule Rock rd. and Mrs. Alvin Wheeler and grandchildren, Nancy, Douglas and Marjorie Day of Talent; Jesse Taylor, Central Point; and Elvin Wolgamott, Medford.

Entertainment was varied with the host and hostess, Mr. and Mrs. Clifford, donning their squawmau rigs complete with papoose lo-lo cradle.

On Oct. 3, Mrs. Bursae Carey, Mrs. Ben Boren, Mrs. Mel Coy, and Mrs. Ray Harnish went to Arago, Ore., to visit Miss Nettie Halter, Miss Hatter returned to Eagle Point with them to spend a few days with Mr. and Mrs. Ray Harnish.

The Eagle Point Grade School Hornets lost to St. Mary's of Medford last Thursday 6 to 0. The boys played a fine game, the coaches said.

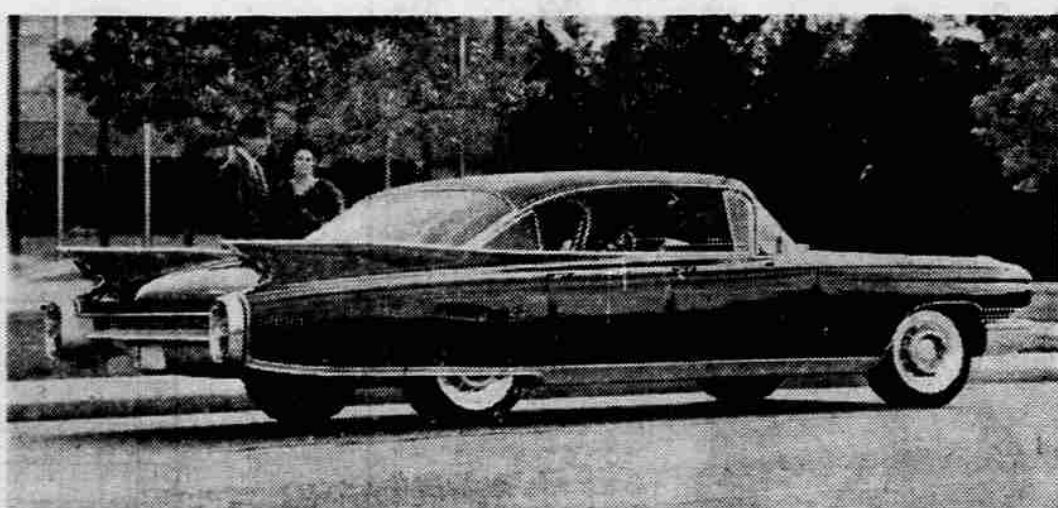
Following is a list of games for October: Thursday, Oct. 8, Eagle Point at Talent, 4:30 p.m.; Oct. 15, Phoenix at E. P., p.m.; Oct. 22, St. Mary's at E. P., 4:30 p.m.; Oct. 29, Talent at E. P., 4:30 p.m. Rick Wolgamott is coach, Wes Cowden captain and quarterback, Frank Charley is co-captain and fullback.

The Eagle Point Jayceettes are compiling a business and organizational directory of all businesses in the Eagle Point school district boundaries. All of the organizations within the same area to acquire new people with the organization has not been contacted, they may Mrs. Harold Holloway at Crest 6-3932 to obtain further information.

The drivers' license exam of Medford has sent word to city recorder in Eagle Point that due to the closeness of the state exam has issued notice that no examinations will be held in Eagle Point. Any one wishing to take the examination for automobile licenses have to go to Medford in future.

There will be a Cub Pack meeting Tuesday, Oct. 13, at 8 p.m. at the home of committee chairman, Mynatt, on the Nick rd.

Training sessions for the leaders of both Boy and Cub Scouts will be Wednesday, Oct. 14, in the gymnasium at Hedrick Junior school. Anyone wishing to join or needing trans-



NOW ON DISPLAY — The 1960 Cadillac, which is now on display at Skinner's Buick-Cadillac Dealer, 143 South Riverside ave., Medford, emphasizes the handsome body shape and careful attention to detail in the Fleetwood Sixty Special sedan, shown above. The side view is highlighted by nine small vertical louvers in body color and edged in chrome below the tail fin. The Sixty Special features a fabric covered top that matches body color.

Overweight, Obesity Declared To Be Symptoms of Overeating

Editor's note: Following is the first in a series of five articles on overweight.

Washington — (Science Service) — In plain language, overweight and obesity are symptoms of overeating.

This is just one of many conclusions reported by Dr. Katherine H. Fisher and Dr. Raymond W. Swift, of Pennsylvania State University, in "Food," the U.S. Department of Agriculture's yearbook for 1959 which deals with every phase of nutrition.

A person's desirable weight at 25 should be maintained all through life. However, one

out of five Americans are overweight.

Law of Conservation
The control of body weight is based on the law of conservation of energy: energy can neither be created nor destroyed, but it can change from one form to another.

The body neither loses nor gains when the intake of food equals the body's need for energy. Overweight means an excess of 10 per cent to 20 per cent in body weight. When the excess weight is more than 20 per cent, the condition is referred to as obesity. A person weighing 20 per cent or more below the desirable weight is considered underweight.

Overweight occurs when a person takes in more food (or energy) than his body needs. The pounds of excess body weight are directly related to the amount of extra food eaten. For example, you may gain 11 pounds of body fat in a year if you drink just one bottle of a soft drink (about 105 calories) each day beyond the amount of calories your body needs. This is not only true for overweight people but for all, including children.

Energy Value Measured
Calories are used to measure the energy value of food. As used in these articles, the word calorie is the large calorie, often written in technical publications with a capital C. This is the amount of energy as heat that raises one kilogram of water one degree centigrade. There is also the small calorie which is 1/1000 as large raising one gram of water one degree centigrade. But the calorie that people talk about in reducing is the large calorie.

Dr. Ercel S. Eppright of Iowa State College studied about 1,200 Iowa school children and found 11 per cent of the boys and 17 per cent of the girls very heavy or obese.

Among 325 college freshmen examined at the Cooper Union for the Advancement of Science and Art, Dr. Charlotte M. Young of Cornell university found that about 23 per cent of the men and almost 36 per cent of the women were overweight.

Exercise Each Day
It is unrealistic to suggest

4-H CLUB NEWS
MYH club

The first meeting of the MYH 4-H club was held October 10 at the home of their leader, Phyllis Mitchell.

Election of officers for the sewing and cooking sections were held. Results of the sewing part were president, Susan Hall; vice president, Ilene Mitchell; secretary, Doris Young; news reporter, Georgia Mitchell; song leader, Evelyn Young; and game leader, Ilene Mitchell.

The program for the year was partially planned. Sewing and cooking meetings will be held separately, with separate officers.

The next meeting will be held at Youngs on October 24 at 2 p.m.

Georgia Mitchell, Reporter.

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Salem Man Beaten, Robbed of \$35

Salem, Ore. (UPI) — John Herbert Baney, 38, Salem, was beaten and robbed of \$35 here late Friday night. Police said they believed his assailant was the same man involved in two other similar night-time assaults recently.

Baney was treated for face lacerations, but his condition was described as not serious.

TABLE ROCK Pear Picking Completed

By R. E. NEALON

Table Rock — Pear picking was finished Monday at the Modoc orchard, and the pickers, mostly transients coming from as far north as the state of Washington and south to Arizona, went their many ways, some for home, and some for other jobs.

What Is The Law?

This column is prepared as a public service by the College of Law, Willamette University, Salem, to explain basic legal principles, not to provide legal advice. The reader is cautioned not to apply these cases to his own problems without an attorney's advice, for differing facts may change the outcome.

Courts Can Compel Persons To Specifically Perform Contracts

In New Jersey, over fifty years ago, a farmer entered a contract with a cannery in which he promised to sell to the cannery all of the tomatoes grown that year on a certain defined acreage.

As the time approached for the tomatoes to be delivered, the farmer indicated that he was going to breach his contract and sell the tomatoes to someone else. Unable to persuade the farmer to perform his contract, the cannery brought suit to compel him to perform. It was pointed out that preparations had been made for this season's pack. The cannery had obtained all the necessary supplies, equipment and personnel to do the work.

Responsibility Admitted
The farmer argued that tomatoes could be purchased on the open market and that the cannery would not be completely without tomatoes. He admitted he would be responsible to the cannery in money damages if his breach caused it to incur damages. This being true, the farmer contended, the cannery was not entitled to compel him specifically to perform his contract.

The court decided in favor of the cannery, pointing out that it could not be sure of being able to purchase tomatoes of the same quality and in necessary quantities to meet the requirements of the plant during the six weeks of the season. The court felt that the very existence of the contract to purchase tomatoes indicated the necessity of making definite arrangements for a supply of tomatoes prior to the actual time of need.

The court agreed that the defendant, the farmer, would be liable in damages to the plaintiff, the cannery, if the cannery chose to seek damages. However, if the cannery sought specific performance, as it did, the court felt it should be entitled to this relief because the remedy at law for damages was in adequate.

'Equitable Remedy'
This case illustrates a type of remedy known as an "Equitable Remedy." Historically such remedies were granted only by a court of Equity. Today, for the most part, the same court administers "legal" and "equitable" remedies. Before a person is entitled to this specific relief, rather than the usual legal relief of damages, he must show that his legal remedy is not as efficient to the ends of justice as the equitable remedy. Legal remedy is therefore inadequate.

There are many cases of the type used here as an illustration. They are generally in agreement with this New Jersey decision. No doubt this would be the result in Oregon.

BUSY FIVE YEARS

Nottingham, England — (UPI) — Peter Tapsell said he was so grateful for his election to Parliament that he would visit every home in his constituency during his five year term. The constituency contains 22,000 homes, which averages out to 85 homes a week.

KEEP THE CHANGE

San Francisco — (UPI) — Two gunmen escaped in a getaway car after a fast-paced hotel holdup during the week end. They took the entire contents of the cash box — 11 cents.

With the completion of pear picking, and digging of potatoes on the J. L. Nealon farm, the harvesting of crops in this district is nearing completion, excepting some apples and an acreage of field corn on the Table Top ranch.

The past season has been a hectic one for the growing of crops with the dry hot days, and winds, irrigation pumps were kept almost in continuous operation to keep crops and pastures from drying out. On account of this, costs of growing crops, locally, would estimate, increased almost 50 per cent. However, this was offset to some extent by ideal weather for harvesting with little if any, crop spoilage on account of wet weather.

The Dale Shultz family, who have been staying at the Ray Doran home for some time, have moved to Sams Valley, and are living in a house at the north end of the big irrigation reservoir, formerly the Virgil Gribble home.

Mr. and Mrs. J. S. Richardson returned recently from Portland, where they spent several days visiting with son Donald and family, and Mrs. Richardson underwent an annual checkup at a clinic.

Mrs. Ella Matteson left Saturday for her home in Redlands, Calif., after spending the past month at the home of her son, Norman, and family here.

A number of trees in local pear orchards are being taken out because of being affected with pear decline, a new disease in this area, a disease that affects fruits and trees and at present it seems the cause is unknown. Some think irrigation might be a factor, while others believe it may be the result of using too much highly potent fertilizer, but it seems that neither of these can be proved to a certainty.

Mr. and Mrs. D. D. Randall of Medford were Sunday visitors at the local Sunday school, as also were Mrs. McCallister and children of the Meadows.

Mr. and Mrs. George Haines of Lancaster, Calif., were Sunday visitors here. Mrs. Haines, formerly Blanche Runnels, lived here some 30 years ago.

According to what information we have at this writing very few of our local nimrods have brought home any venison.

At the last meeting of the Sams Valley Grange, a message was received from Charley Hoover telling S.V. Grangers to be on the alert and attend the county zoning committee meetings, or they might wake up some day and find they would have to get a permit to build, to put up a building as small as a chick sales on their own property. Commissioner Ralph James was present and stated it wasn't that bad, but there were some objectionable features in it that would have to be ironed out before he would favor it.

Word has been received here by friends of Mrs. A. L. Seabrooke telling of her death in September at Torrance, Calif. "The Seabrooke family was well known here, having owned and lived for several years on what is now the Orville Hamilton farm.

An open end silo, 100 feet long, 21 feet wide and 11 feet high, with a capacity of more than 400 tons of ensilage, was recently erected on the Darling dairy farm. The lumber used was taken from the hay barn built some 50 years ago on what is now the John Cupp farm at Central Point, now being subdivided.

The silo has been filled by Frank Hammond, from corn grown on his farm west of

Central Point, but in the future the Darlings expect to grow their own corn, and in this way get out of buying so much high priced hay for their 100 head of dairy stock.

Donald Ryan left Friday to attend the annual convention of FFA at Kansas City, Mo. He goes as a delegate from the Crater High FFA chapter, and will be accompanied by John Caster, also a delegate.

Table Rockers, who are teaching school this year are Miss Grace Bigham, third grade at Shady Cove; Mrs. Barbara Toner, at Gold Hill, and her husband at Medford.

Since the appearance of Jack Frost here, mother nature has been busy with her paint brush and a variety of colors and created some beautiful scenery along the valley's mountain roads. On a recent trip to Gold Hill, it was like turning the pages of a picture book, with no two pages alike, but each a gorgeous picture.

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"Electric heat keeps children safe"
... Mr. and Mrs. Carl Coulson of Merrill, Oregon, changed to electric heat mainly because of their children.

"We used to have another type of heat, and I had a special grate made for the furnace to protect the children," said Mrs. Coulson. "I literally spent all my time watching that grate for fear they'd cross it. Then we switched to electric heat. Since then my mind has been so free that I have time for lots of things I couldn't do before."



Mrs. Coulson also finds that thermostatically-controlled electric heat allows her to keep children's rooms at

an even temperature at all times, while allowing her to vary temperature in other rooms according to needs.

Electric heat also saves money, the Coulsons have found. It has "cut our bill almost in half,"



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