

# LAXATIVE SLAVERY CAN BE DANGEROUS

*Start breaking bad habits tomorrow with a safe, appetizing cereal food*

**Corrects constipation caused by lack of bulk**

Millions of people become addicted to laxative drugs without quite realizing it.

They begin by taking a pill or a dose of medicine whenever they miss a day. And soon, because they find themselves off schedule more and more often, they are taking harsher and harsher laxatives in larger and larger amounts.

They forget the warning of doctors that this slavery to laxatives can do serious damage to the digestive system.

It is welcome news to these "addicts" that there is a safe, natural way to break the

chain laxative habit. Yes, it can usually be corrected the Kellogg's All-Bran way.

You see, one of the common causes of irregularity is lack of bulk in the diet. And Kellogg's All-Bran is whole bran—nature's best bulk-forming food. Just a half-cup of Kellogg's All-Bran with milk gives you all the good bulk food needed each day for natural regularity.

**Insist on the Original**

If you'd like to free yourself from laxative slavery, try eating Kellogg's All-Bran for just 10 days. Just be sure you get the original All-Bran—Kellogg's All-Bran. It's America's favorite whole bran cereal by 3 to 1!

## HEMORRHOIDS

SWOLLEN TISSUE REDUCED . . .



. . . with NEW DECONGESTIVE FORMULA . . .

**Stops pain in minutes!**

Now—reduction and retraction of congested, swollen pile tissue, internal or external, can be expected with this new formula based on positive decongesting of the tissues themselves.

From all over the world comes word that the DeWitt ManZan formula does bring this blessed release from hemorrhoid suffering—and with more than mere astringent shrinking!

Pain and itching are relieved in minutes—almost on contact! But the truly amazing relief arises from reduction and retraction of tortured, congested tissues themselves. Decongestive formula includes allantoin to speed healing of injured parts. Your druggist will confirm

**You can with ManZan**

## How To Hold FALSE TEETH More Firmly in Place

Do your false teeth annoy and embarrass by slipping, dropping or wobbling when you eat, laugh or talk? Just sprinkle a little FASTEETH on your plates. This alkaline (non-acid) powder holds false teeth more firmly and more comfortably. No gummy, gooey, pasty taste or feeling. Does not sour. Checks "plate odor" (denture breath). Get FASTEETH today at drug counters everywhere.

## Eye Miseries?

● Bathe eyes with relaxing LAVOPTIK Eye Lotion. Prompt relief for sore, tired, itching, burning eyes. Get LAV-OP-TIK Eye Lotion today. Handy free eye-cup included. Depend on 46 years success. LAVOPTIK in the pale blue package. Act now for eye relief. All druggists.

## BACKACHE & NERVE TENSION

SECONDARY TO KIDNEY IRRITATION  
NEW YORK—Special: Thanks to new, scientific laboratory formulation, thousands of men and women now escape feeling old, tired, irritable and depressed from losing sleep and worrying about "Bladder Weakness"—Getting Up Nights or Bed Wetting, due to common Kidney or Bladder Irritations, which often result in secondary Backache, Headache and Nervousness. In such cases New Improved Cystex usually gives quick, calming relief by combating irritating germs in acid urine; and by relaxing, analgesic pain relief. Safe for young and old. Get Cystex at druggist. Feel better fast.

## KILLS MICE LIKE LIGHTNING!

ALSO KILLS RATS, ROACHES, GOPHERS



AT DEALERS 49¢

## STEARNS' ELECTRIC BRAND PASTE

STEARNS' ELECTRIC PASTE CO., Chicago 2, Ill., Dept. F W

## KEEP AMERICA GREEN PREVENT FOREST FIRES

## Woman Nearly Itches To Death

"I nearly itched to death for 7½ years. Then I found a new wondercreme. Now I'm happy," writes Mrs. D. Ward. Here's blessed relief from tortures of itch in women, chafing, rectal itch, rash and eczema with an amazing new scientific formula called LANACANE. This fast-acting, stainless medicated creme kills harmful bacteria germs while it soothes raw, irritated and inflamed skin tissue. Stops scratching—so speeds healing. Don't suffer another minute. Get LANACANE today at all drug stores.



When Mrs. Roosevelt toured Russia, she posed in chair her husband used at Yalta parley.

As Mrs. Eleanor Roosevelt celebrates her 75th birthday today, her physician reveals the demanding pace that keeps her young



Mrs. Roosevelt had a chance to further her lifelong interest in children and nurseries while in Leningrad.