

# First Lady of World Not Old at Seventy-Five

By CLAIRES COX  
 United Press International  
 New York - (UPI) - Mrs. Eleanor Roosevelt ruefully admits that she no longer is able to stand on her head.  
 But that is about her only concession to old age.  
 The widow of President Franklin D. Roosevelt, regarded by her admirers as "the first lady of the world," reaches 75 on October 11, still going full steam ahead at such a clip that she leaves persons less than half her age gasping for breath.  
 Mrs. Roosevelt has flatly refused to have anything to do with observances of her birthday, not even a televised national tribute to her.  
**Wants No Fuss**  
 She requested that no "fuss" be made just because she was turning 75. She even refused to call it her birthday. As far as she was concerned, it marked the start of her diamond jubilee year and that was all she would say about it.  
 Up to the time she left the White House in 1945, Mrs. Roosevelt engaged in daily ex-

ercises that included standing on her head. She still exercises but not upside down any more.  
 She swims and walks. She puts in a marathon day that usually begins at 7:30 a.m. and often ends after 1 a.m. the next morning. She travels so many miles each year that she has lost count. She knows that she makes about 150 speeches each year and answers upwards of 100 letters a day.  
 Over breakfast, Mrs. Roosevelt reads the newspapers. She takes vitamin pills and three chocolate coated garlic pills, recommended by her doctor to stimulate her memory, which she says never has been anything to "brag" about.  
**Does Own Shopping**  
 Instead of leaving menu planning to her servants, she does that herself, and often goes shopping for groceries because she likes to see what is available and how much it costs.  
 The rest of her morning is devoted to "My Day," her perennial newspaper column, or

to her McCall's Magazine column, "If You Ask Me," and to a visit to her office at the American Association for the United Nations. She usually goes home for lunch and then devotes afternoons to engagements, errands, visiting friends or relatives, attending meetings of various organizations in which she is interested and answering mail.  
 At dinner time, she either is invited out or entertains in her home. She says her one big extravagance is entertaining, and her New York and Hyde Park homes are always open to visitors, who sometimes arrive by the bus-load.  
**Enjoys Travel**  
 Mrs. Roosevelt estimates that she spends one or two weeks of every month traveling. For several years, she made so many trips to Europe she began to feel like a commuter. Her travels in 1954 have taken her across Russia by jet, to India and the Far East and at least twice around the world.  
 Travel tires some people, but not Mrs. Roosevelt. It relaxes her. She catches up on her pleasure reading during long airplane rides, and even has been known to snooze to the lulling sound of the engines.  
 Her main goals in life are to be useful, to avoid burdening her children and to keep from becoming an old lady.

**Doesn't Feel Old**  
 "At present I look like Methuselah," she says, "but I feel no older than my youngest friends. I am sure that I am no more exhausted at the end of a busy day than many who are half my age."  
 Although far from a wealthy woman, Mrs. Roosevelt has

given away more than a million dollars in 25 years. Much of it has been in small sums to persons who needed it in a pinch. One of her favorite charities is the Willwysk School for Underprivileged and Retarded Children near her Hyde Park home.  
 Mrs. Roosevelt receives an inherited \$8,000 annual income, plus the income from a trust fund left by her husband. She is paid \$1,000 for each lecture, and has given 25,000 or 30,000 of them. Only recently, she appeared on a television commercial, the proceeds of which she gave away.  
**Spurns Pension**  
 Widows of Presidents are entitled to \$10,000 a year for life. This Mrs. Roosevelt has spurned, but she does take advantage of the free mailing privilege to which the widows are also entitled.  
 Throughout her life, Mrs. Roosevelt has paid little attention to clothes. Even today she says she spends less than \$1,000 a year on her wardrobe. She has been known to pay as little as \$10 for a dress.  
 When she was in the White House, she had a personal maid, and says she needed one, but this is a service she

has not missed since she left Washington.  
 Mrs. Roosevelt maintains two residences, a house on 74th street, in Manhattan, which she recently purchased with her physician, Dr. A. David Gurwitsch, and her "cottage" at Hyde Park, two miles from the Roosevelt family's ancestral mansion, now a national shrine.  
 The cottage, named "Val-Kill," includes a small apartment for the couple who work for Mrs. Roosevelt, two living rooms, a dining room, seven bedrooms, a dormitory, two large downstairs porches and an upstairs sleeping porch.  
 It was there Mrs. Roosevelt entertained Ethiopia's Emperor Haile Selassie and Queen Juliana of the Netherlands. Soviet Premier Nikita S. Khrushchev also paid a visit recently.  
 But at a time when Mrs. Roosevelt could be sitting in a rocking chair on one of her porches there, she is keeping up with the jet age as globe-trotter, magazine writer and author of books. She also maintains a constant interest in the activities of her four sons and daughter, 19 grandchildren and nine great grandchildren.

How does she do it? She gives her sturdy ancestors most of the credit for her good health and stamina. She also has her grandmother to thank for teaching her self-discipline at an early age.  
 By keeping busy, she feels that she has maintained a youthful outlook. She believes that her friends and family might be shocked at first if she suddenly retired to do only what she pleased, but adds:  
 "Quite soon, I suspect, my friends would adjust to this attitude, and I would find myself unneeded and forgotten."  
 "I think there would be little left that I really enjoyed doing, for I believe that it is giving pleasure to other people that keeps our interest in life alive and makes us look forward to the next day."  
 New York - (UPI) - Mrs. Eleanor Roosevelt celebrates her 75th birthday today with a 21-candle birthday cake and two new careers to grow on.  
 About 28 friends and relatives will gather at her Hyde Park cottage for the party and a preview of one of the new careers - a series of interview and discussion programs

for a Boston educational television station.  
 The other new career is a teaching job on the faculty of Brandeis university, where Mrs. Roosevelt delivered her first lecture to a seminar on international law and organizations this week.  
 A tireless, cross-country lecturer, Mrs. Roosevelt refused to stand still for a public birthday celebration, or to make public the list of guests invited to the private celebration.  
 They will include her son John and his family and possibly the Franklin D. Roosevelt Jr. family her secretary said, and the Henry Morgenthau family, long-time friends and neighbors. Henry Morgenthau III is associated with production of the TV program.

MAIL TRIBUNE, Medford, Or.  
 Sunday, Oct. 11, 1959 9



Mrs. Eleanor Roosevelt

## Dinner Announced For PTA

A dinner for families of Lone Pine school, to promote membership in Lone Pine Parent-Teacher association, will be held Tuesday, October 13, from 5:30 to 7 p.m.  
 The \$1.50 price for dinner for each family also pays for PTA membership of the parents, it is stated.  
 Parents are invited to meet teachers in their rooms after 6 o'clock and a short business meeting will be held at 7:30 a'clock.  
 Teachers, who will be introduced by Principal Lee Merriam, will be Mrs. Opal Guetzlaff, first grade; Mrs. Aileen Johnson, and Mrs. Edith Thornton, second; Mrs. Rachel Scheel, third; Mrs. Mildred Schwendener, fourth; Richard Michaelis, fifth; Mrs. La Vera Wryn and Ralph Monroe, sixth; and Mrs. Kay Ballman, special room.  
 Officers and committee members for this year are Mrs. W. T. Clark, president; Mrs. E. F. Edwards, vice-president and program chairman; Mrs. W. A. Strawn, treasurer; Mrs. Chester Keene, secretary; Mrs. M. D. McSwan, ways and means; Mrs. Loyd Arnold, room representative; Mrs. W. L. Garner, hospitality; Mrs. Ted Guetzlaff, historian; Mrs. Berle Thornton, parliamentarian; Mrs. Floyd Baker, magazine; Mr. Ralph Monroe, health and safety; Mrs. H. W. Heidenreich, mental health and juvenile; Mrs. Douglas Fosbury, publicity; Mrs. Hugh Judd Jr., scholarship; and Richard Michaelis, radio and television.  
 There will be television and child care during the evening.

## Pythian Sisters Name Delegates

Mrs. P. M. Aldredge and Mrs. Harry Bryant, Medford, will represent Medford Pythian Sisters at the Grand Temple meeting in Roseburg October 11-13. Mrs. Aldredge will serve on the state of the order committee and Mrs. Bryant, past grand chief, will serve on the mileage and expense committee.  
 The group met Tuesday, October 6, with Miss Patricia Hawks and Mrs. LeRoy Cline serving refreshments. The next meeting is set for October 20 when initiation will be held. The degree staff will practice with officers Friday, October 16, at 7:30 p.m. at the Pythian building.  
 Members of the Pythian club will meet at the home of Mrs. Rae Jack, 1129 Niantic street, at 8 p.m. Tuesday, October 13.  
 Also scheduled this week is a meeting of Idella R o g u e Santha, Nomads of Avrudaka, which will be held at the Pythian building, Fifth and Grape streets, Saturday, October 17, at 8 p.m.  
 Those attending are to wear costumes for the Halloween program. Mrs. Don Anderson is in charge. Initiation also is planned for that evening.

## Group to Hear Talk on Make-Up

A demonstration of what is new in make-up will be given by Mrs. Violet Halgren of Burelson's store at the October meeting of the Women's auxiliary of Jackson County Medical society. The meeting will be held Wednesday, October 14, at 7 p.m. at the home of Mrs. N. J. Wilson, 33 Valley View drive. Mrs. Russell Barnes and Mrs. John L. Welch are co-hostesses.

## Basic Training Course Slated

The first basic training session for Brownie and Intermediate Girl Scout leaders will be held Wednesday, October 14 from 9:30 a.m. to 12 o'clock at Mary's Casa, 537 Mary st.  
 This session is designed to help new leaders interpret the Girl Scout program to their troops. All beginning leaders or leaders wishing a refresher course are invited to attend.



Jacqueline Cochran's  
 New Additions  
 to the  
**FLOWING VELVET**  
 Look!



Now Jacqueline Cochran is proud to announce three additions to her FLOWING VELVET family! Three beautifiers both of FLOWING VELVET, each different in purpose, all dedicated to dewy, young complexion charm after twenty:

- ★ Flowing Velvet Make-Up  
 In 5 velvet-gleam shades.
- ★ Flowing Velvet Radiant Masque  
 With moisture-giving hydrolin for a swift stimulating "pick-up".
- ★ Flowing Velvet Eye Cream  
 Formulated for the thin delicate skin area around the eyes.

Countless thousands of women know the striking effectiveness of Flowing Velvet. So can you!  
 Open Today - 10 A.M. to 9:30 P.M.  
 Week Days: 8:30 A.M. to 10:30 P.M.

**Medford Pharmacy**  
 Corner 6th & Central • Phone SP 2-6253

the gift  
 your favorite person  
 deserves

Your Portrait  
 No other gift says so well, "from me—to you."  
 No gift can duplicate it. No gift can please so much or mean so much! Let us make that special gift portrait for you now—and show you interesting ways to make it a memorable gift—in color or in a beautifully designed frame. Come in or phone for your appointment tomorrow.

Phone SP 2-5238  
**Brainerd's**  
 CAMERAS  
 PHOTOGRAPHS  
 120 East Main St.

**HURRY! SHOP NOW - BIG SAVINGS IN EVERY DEPARTMENT!**

**SEARS DAYS SALE**  
 A SALE AS GREAT AS ITS NAME!

**TWO IN ONE**

**NEW KENMORE WASHER-DRYER COMBINATION FOR THE SELLING PRICE OF MANY WASHERS ALONE!**

**No Monthly Payments 'Til Feb. 1960**  
 REDUCED TO

**SHOP... COMPARE SEARS LOW PRICE!**

**\$299**

**\$10 DOWN DELIVERS SEARS DAYS SPECIAL!**

**FREE!** • HOME DELIVERY • NORMAL INSTALLATION • 1 YEAR SERVICE (PARTS, LABOR)

- Saves about half the space of separate washer and dryer.
- Saves you up to 6,000 gallons of total water each year.
- Automatically filters wash and rinse water lint-free.
- New washing action spray-cleans clothes as they rotate.

**Kenmore Washer and Dryer Prices Start at....\$99**

**HUNTER'S SPECIAL LARGE 15 CU. FT. COLDSPOT FREEZER**

FREEZES AND STORES OVER 1/4 TON OF FOOD

**REDUCED \$199 TO...**

**ONLY \$5 DOWN DELIVERS**

FREEZER PRICES START AT .....\$149.88

**NO MONTHLY PAYMENT UNTIL FEBRUARY 1960**

**FREE 5-YEAR GUARANTEE**  
 on the Sealed Refrigeration System

- Counter-balanced safety lid stays
- Separate fast-freeze section
- Pre-set cold control assures safe temperature always
- Super-wall construction...no sweating or dripping
- Cabinet is vacuum sealed and leakproof
- Tight-seal rubber lid gasket, collar

**FREE 5-YEAR GUARANTEE**  
 on the Sealed Refrigeration System

**"Satisfaction guaranteed or your money back" SEARS**

PHONE SP 3-6661 ROEBUCK AND CO.

Jackson at Biddle Rd. Medford, Oregon  
 Store Hours: 9:30 a.m. to 5:30 p.m. Monday and Friday Evenings 'till 9 p.m.

**FREE PARKING!**