

ARE YOU VICTIMIZED BY HARSH LAXATIVES?

A wholesome cereal food succeeds where harsh laxative drugs fail

Corrects irregularity due to lack of bulk

It's easy to fall into the chain laxative habit. And once trapped, it's hard to escape. You continue with larger and larger doses, getting only brief relief.

Isn't it nice to know that if your constipation is caused by lack of bulk in your diet, you can start to free yourself from laxative slavery tomorrow at breakfast!

Just eat a half-cup serving of Kellogg's All-Bran with milk. And continue eating this wholesome cereal food morning after morning. You'll find Kellogg's All-Bran gives you all the good bulk food you

need for safe, dependable regularity.

It's a grand and glorious feeling. While laxative drugs do their "job" harshly and drastically, good-tasting Kellogg's All-Bran is gentle and natural.

Stop being a victim of the chain laxative habit. Try eating Kellogg's All-Bran for 10 days and see if it doesn't work for you. But be sure you get Kellogg's All-Bran—Kellogg's is the original whole bran cereal. It's America's favorite by 3 to 1.



STOP OILY SKIN TO CHECK PIMPLES!

Don't pick, scratch, squeeze or merely "cover them up"

Doctors know that acne or pimples are caused by the germ called the *acne bacillus*. These germs invade overactive oil glands in the skin, cause blackheads and pus pockets; then your skin "breaks out."

What's needed is (1) to dry up the excessive oil that collects on skin; (2) to destroy acne germs on the skin, and (3) to stop itching and irritation so pimples can heal.

A doctor's formula, liquid Zemo has this effective 3-way action; also keeps skin looking cleaner!

Get liquid Zemo, Ointment, too. In regular and extra strength. To save—buy the large sizes of Zemo.

"My Back Was Killing Me"



Now, More Positive Pain Relief with Direct-Action Kidney Drug

Backache—stabbing pain—are often associated with faulty kidney function. DeWitt's Pills now have a combination of drugs with direct diuretic action to help keep kidneys clean of acid wastes that so often cause back pains, mild bladder irritation, getting up nights, loss of energy—even muscular pains. These drugs, combined in a new formula, give more positive relief than ever before! So effective, you even see they're at work—when "the blue comes through." With kidney function improved, DeWitt's helps you have more pain-free days, more restful nights.

DeWITT'S PILLS

PHOTO CREDITS

Pages 14, 15: UPI

Pages 20, 21, 22: United Nations.

SPLIT SHUTTER?



NOW YOU SEE IT! NOW YOU DON'T!

Handy, weather-resistant Plastic Wood won't crack or crumble. Easy to sand, paint or varnish.

For surest results always use GENUINE

PLASTIC WOOD
Handles like putty—hardens into wood!

Dinah Shore

(Continued)

"The lure of the silver screen almost ended my career," she says now. Improbable as it seems, honey-blond Dinah, who looks so luscious in color television today, baffled the best efforts of movie make-up men to glamorize her. In films like "Belle of the Yukon" and "Aaron Slick from Punkin Crick," Dinah was miserable. "Maybe it was psychological," she philosophizes. "If you feel beautiful, with a deep-down glow, you are beautiful. I only felt strange."

Besides, Dinah had no wish to compete professionally with her husband. She continued in radio and later went into television, where the cameras had no trouble at all with her mobile, animated face with its big brown eyes and expressive mouth. Best of all, her sunny personality blossomed in television, and she was perfecting her delivery and gaining experience in the art of the ad-lib. The first 144 of her Chevy-sponsored broadcasts, 15 minutes in length, were played without a script, and today Dinah's easygoing poise reflects the experience gained in being herself before the TV cameras.

As Mrs. Montgomery, Dinah leaves all the family bookkeeping to her husband. Each week George writes his wife a \$25 check for spending money. Despite her enormous earnings, Dinah is casual about money and never remembers to carry any in her purse. Once, at the studio, when John D. and Missy needed coins for food-dispensing machines, Dinah borrowed \$2 from a passing staff member. "I'll pay you back next week—honest!" she promised him.

She has been known to forget to cash her \$25 allowance checks for as long as four years. On one visit to Houston, Texas, where Dinah was to appear in a Shriner's benefit, she found herself riding in a car with the High Potentate. Remembering a shopping errand, she fished around in her bag, came up with an old check, and asked where she might cash it. Her host smiled and said, "I'd be honored, Ma'am—in fact, I'll give you \$35 for that check. I'd like very much to frame it and hang it on my office wall."

Dinah was delighted, and after she had pocketed the money a thought struck her. "Look," she said, "how would you like to cover your wall? I've got a whole flock of these."

That's Dinah—on or off camera. And she gets that way, friends will tell you, by having a rare Hollywood home—one where she gives and gets the love a woman needs to be warm and charming.



Despite her busy TV schedule, Dinah finds time to play with her children.

George, John D., Dinah and Missy play catch on lush lawn of California home. Palm and banana trees grow in rear.



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Women! Tired Eyes?

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