

Mother-To-Be Stores Fluoride In Large Amounts

New York, (Science Service)—Whether or not she believes that fluoridation of water is beneficial, a pregnant woman is certain to store up an amazing amount of fluoride during nine months.

Recent data suggest that pregnant women store more fluoride during pregnancy and shortly thereafter than non-pregnant adult females and males, a review article in Nutrition Reviews points out.

Scientists do not know, however, just where this abundant supply goes, nor how it is distributed. It is suggested that it might nourish the maternal skeleton, the placenta and embryonic membranes and fetus.

The data on fluoride retention among pregnant women were obtained by studying a total of 196 healthy pregnant women in Jerusalem. They excreted lesser amounts of fluoride in their urine until they reached a plateau in the eighth month. This was followed by a slow increase during the ninth month. The fluoride concentration did not return to the pre-pregnancy level until two or three months after delivery. The concentration is not poisonous, the findings show.

The studies indicate there is a greater retention of fluoride at pregnancy and shortly thereafter than there is in the non-pregnant adult woman or the adult male.

One of five Australian residents is either in Sydney or Melbourne.

Girl Finds Lessons in Ditching Over Ocean Not Simple Matter

By JESSYCA R. GAVER (Written for UPI)

Tachikawa Air Force Base, Japan — (UPI) — For those who worry about what may happen to them on a flight over the very long and very wet Pacific Ocean, there is a special "wet-ditching" survival course given here three times weekly that could well be adapted for civilians.

To find out whether a person who had never been exposed to survival methods could learn anything from this course, I accepted an invitation to try it out from Capt. John F. Barmon, Chief of Training for the Military Air Transport's 1503rd Air Transport Wing (H).

Four-Hour Experience

It was a four-hour experience I shall never forget. It's also one I hope never to have to duplicate in actual ditching circumstances.

Taking the course along with me in the NCO pool were all types of military brass and enlisted men. This is one place in the service where all ranks mix freely, since the perils of ditching are truly democratic.

I can swim, but among those 30 men taking the course with me at least half a dozen couldn't. There was one in absolute terror of anything connected with swimming or sinking. Nevertheless, he had to take the course and conducted himself as becomes a military man. I wish I could say the same for myself.

Fortunately, 25-year-old S/Sgt. Thomas Conway of South Hadley, Mass., the instructor, has an enthusiasm and understanding that are infectious. He makes everything seem so simple that somehow I even found myself on a 30-

foot high platform looking down on the water below before I remembered to be paralyzed by fright.

Swam Easily

I climbed down to a diving board which was at a more reasonable altitude, jumped into the water in my survival suit and swam ashore easily. Conway even forgave me for giving up on the 30-foot board.

The next lesson involved wearing an old-style Mae West plus a parachute canopy rig to simulate the conditions of an actual bail-out.

With our feet touching the water we had to unhitch the "parachute," fall into the water, come up to an overturned one-man raft, turn it rightside up, get into it, turn our backs and lie down, then paddle with our hands to "shore." I did it, too!

Next we were taught how to make life-preservers out of our pants, shirts, etc. Since I was wearing a bathing suit, this was impossible, although Conway said that females can make temporary water wings

out of brassieres if and when necessary.

Then there was a lecture on ditching and the use of both daytime and nighttime flares and a demonstration of the new type of signal mirror for summoning help from a plane overhead.

Flunked Badly

To watch Conway handling a six-man life raft as though it was the simplest thing in the world, I couldn't believe that I would flunk this part of the lesson as badly as I did. Lucky it was such a hot day, or I might not have appreciated all the dunkings I got.

It was the one part of the course that a lot of the men flunked, too, so I didn't feel quite so bad.

The last part was the most fun, although it wouldn't be fun if you had to do it in real life. Pretending he was an aircraft commander getting his crew to ditch, Major Ivan Glasscock got 19 of us to board a 20-man raft with him. These have something new, too: a boarding ramp. The old style rafts had non-inflated edges, so that an injured man would have to be bent over the edge to board it.

Had To Plug Leak

During this test, we had to find and plug a leak in the raft; we had to set up a canopy to pretend we were protecting ourselves from a hot sun or a rainstorm, we had to set off a flare, use the signal mirror and bail out the water that always gets into a raft, especially when there are a lot of people sprawling around.

It took nearly four hours for these lessons, although the course usually takes three. All I can say is that more courses like this one should be given to civilians.



ALL DECKED OUT—Donning an old-style Mae West, plus a parachute canopy rig, Jessyca Gaver prepares to take in the "wet ditching" survival course at Tachikawa Air Force base in Japan. The outfit is designed to simulate conditions of an actual bailout over water. —(UPI Telephoto)

High-Priced Pup Quickly Traded

Marshfield, Mass. — (UPI)—Win Brooks spotted a sign posted by a neighborhood boy that read, "PUP FOR SALE—\$1."

Brooks told the boy he thought the dog would sell better with a higher price tag. So the boy changed the sign to read, "PUP FOR SALE—\$10,000."

Next day Brooks was amazed to discover that the boy had put up a sign that read, "SOLD."

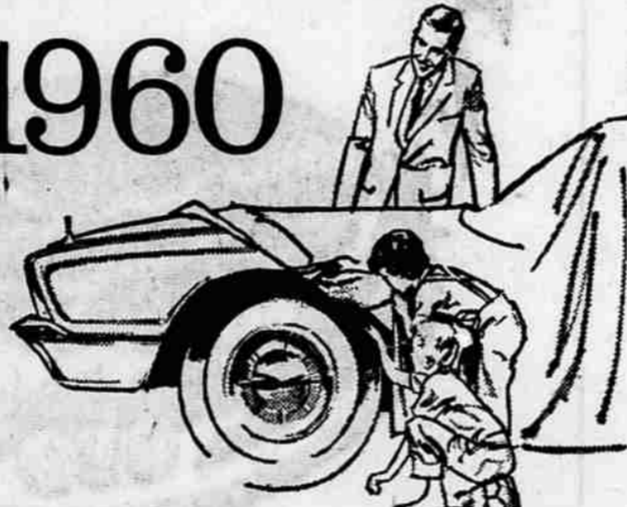
"Hey, there," Brooks told the boy. "You're flimflaming the public."

"Oh, no, I'm not," protested the boy. "I swapped him for two \$5,000 cats."

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needs on the American road. It's the one economy car without the economy-car look.

The 1960 Falcon is a truly experienced car. As a climber to 3 years and 3 million miles of research, a fleet of Ford Falcons has just completed EXPERIENCE RUN, U.S.A., over every mile of numbered U.S. highway.

Averages up to 30 miles per gallon. Experience Run, U.S.A., proved it! Oil savings? Ford's standard Full-Flow Oil Filter stretched oil changes 4,000 miles apart.

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1960 Falcon seats six with ease. Six fit comfortably into the New-size Ford, the Falcon—and it swallows luggage for six in the big rear trunk that holds over 23 cu. ft.

Easiest car in the world to own. The New Ford Falcon is so easy on the wallet... so easy to drive... and so easy to look at. Now, it's easier than ever to be a 2-Ford family!

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Here are 15 new Fords like no Fords you have ever seen before! Economy-minded Fairlanes. Big-value Fairlane 500's. Elegant Galaxies. Five beautifully husky new station wagons that go as smart as they look. A sleek new Sunliner convertible and a brand-new hardtop model, the flashing Starliner.

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A wonderful new world of ride. With Ford's

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