

## 500,000 Hot Lunches May Be Served in Medford District

J. Russell Acheson, assistant superintendent of Medford schools, expects more than 500,000 hot lunches will be served during the school year starting Monday, Sept. 14.

He said he expected an additional several hundred thousand half pints of milk to be sold, although they are included in the hot lunch menu. The additional pints of milk will be sold to pupils who bring lunches.

School lunch supervisor in the Medford district is Mrs. Virginia Wait. Mrs. Irene Drew is cook-manager at Medford High school, Mrs. Genive Gray at McLoughlin Junior High, and Mrs. Hazel Withrow at Hedrick Junior High.

### Cook-Managers Listed

Cook-managers in elementary schools are Mrs. Elise Stowell, Griffin Creek; Mrs. Lois Breazeale, Hoover; Miss Zella Adams, Howard; Mrs. Norma Pawlowski, Jacksonville; Mrs. Edith Hamilton, Jackson; Mrs. Elaine Taplett, Jefferson; Mrs. Ruth Hurt, Lincoln; Mrs. Margaret Versteegen, Lone Pine; Mrs. Guilla Knapp, Oak Grove; Mrs. Velma Taylor, Roosevelt; Mrs. Elizabeth Vessell, Ruch; Mrs. Wilma White, Washington; Mrs. Pauline Konopasek, West Side; and Mrs. Virginia Wickler, Wilson.

Acheson noted that the school lunch program has become an integral part of the school curriculum. The purpose of the program is twofold:

1. To maintain and improve the health of the school child by providing an adequate noon meal.
2. To provide satisfactory learning experiences in the

### Marine Recruiter Being Transferred

First Sgt. Elzy Kees, who has been in charge of the Marine Corps recruiting station here for the past three years, has been transferred to the recruit depot, Parris Island, S.C., for six weeks advanced administrative procedures schooling.

After completion of the school he will join the First Marine division at Camp Pendleton, Calif.

Sergeant Kees is a veteran of more than 17 years service, and has been awarded the silver star medal. He participated in several campaigns in the South Pacific and in the Korean conflict.

Taking over as non-commissioned officer in charge is S/Sgt. Stan Elbie, who has been a member of the local staff since last November.

lunch program which will contribute to the overall development of the child.

The Type A lunch is a complete meal, Acheson noted, and is planned to provide one-third to one-half the child's daily food needs.

### Nutritional Requirements

The nutritional requirements for a Type A lunch are one-half pint of whole unflavored milk; two ounces of protein-rich food supplied from fresh cooked or processed meat, poultry or fish, cheese, or one egg, or one-half cup dried beans, peas or soy beans or four tablespoons of peanut butter; three-fourths cup of raw, cooked or canned vegetables and/or fruit; one or more portions of bread, muffins or other hot breads made of whole-grain or enriched flour or cereal; and

### 100 Ranchers Are Expected to View Demonstration

More than 100 ranchers from Oregon and northern California are expected to attend a demonstration of root-plowing and reseeding worthless brush land to grass on the Applegate Thursday.

The demonstration is scheduled for 10 a.m. on Bill Pittock's ranch along Humbug creek. The demonstration is sponsored jointly by the Rogue Soil conservation district and the Jackson County Stockmen's association.

The new method of eliminating brush by slicing through the roots with a specially designed plow and reseeding in the same operation may be demonstrated in other parts of Jackson county, Clem Ault, conservationist for the Rogue Soil conservation district, said.

Armin Richter, president of the Jackson County Stockmen's association, and others favoring the experiment, hope to see it demonstrated in other areas of southern Oregon. It has proved successful in Texas, Colorado, Arizona and New Mexico.

Ault said the district has received a ton of combined varieties of grasses from the plant materials section of the U. S. soil conservation service. The varieties include Pubescent wheat grass, intermediate wheat grass, Harding grass, oat grass, Lana Vetch and sub clover. For the experiment, combinations may include Lana Vetch and tall oat, wheat grasses and sub-clover compared with Harding grass and sub clover and Alta Fescue and sub-clover, Ault said.

two teaspoons of butter or fortified margarine.

The price of a Type A lunch, Acheson said, is 25 cents for elementary school pupils and 30 cents for junior and senior high students. Weekly luncheon tickets (5 for \$1.25) and monthly luncheon tickets (20 lunches for \$5) can be purchased, he said.

### Less Than Cost

The lunches are served at less than cost to the pupil, he noted with the difference made up by federal and state subsidy of a few cents per meal, by surplus commodities furnished by the federal government, and by the district's contribution to overhead costs.

Extra milk, other than that included in the Type A plate lunch, is sold at 3 cents per half-pint. This reduced price is made possible through the special school milk program, which is designed to assist in expanding dairy outlets by encouraging increased milk consumption of the school child.

Through the special school milk program, the district is reimbursed up to 4 cents for one-half pint of milk sold to students. The price charged the student is the dealer's price per one-half pint less the amount of reimbursement, plus the school handling charge.

Acheson invited parents of pupils to visit and observe the cafeteria program in operation.

### Four County Youths Win Fair Ribbons

Four Jackson county 4-H members won ribbons in events at the state fair in Salem Friday.

Glenna Brown of Central Point and Pat Strickland of Medford received blue ribbons in the storage C class of the home living division.

Janice Main, Medford, received a red ribbon in the outdoor cooks class of 4-H cooks, chefs and overnights division. Penny Sampert, Medford, received a red ribbon in the overnights B call of the same division.

### BEHIND BARS AGAIN

Franklin, Va. - (UPI) - Jesse Hunter, 37, recently released from jail, was behind bars again Saturday because a judge refused to believe him. The hunter claimed he was merely taking to the laundry three prison sheets and a pillowcase found in his possession.

Principal imports of Ethiopia are manufactured cotton goods and gasoline.

## Social Security Policy Reviewed for Retirement

One of the goals of the Social Security administration is to pay benefits as promptly as possible to those persons entitled to them.

To assist in maintaining a regular income into the household after retirement, the public should be aware of a policy being stressed by the Social Security administration, Edward B. Jacobson, district manager of the Medford office, said Saturday.

To receive benefits promptly after retirement, a worker should file a claim for his benefits 30 to 60 days before retirement if he knows he will

be retiring on a certain date. This advance filing will give the Social Security administration and the person claiming benefits ample time to get information and evidence necessary to establish settlement before the first check is due. It will also afford a widow and children who might be eligible the opportunity to file for dependent's benefits.

### Evidence Required

Generally evidence will be required to prove the age of the retired person and his wife. This may be a birth certificate or baptismal rec-

ord. If there is no such record available, any record that is old and reliable may be sufficient. If there is a child under 18 or a child of any age who was disabled before 18, it will be necessary to have a birth certificate for the child, he said.

Evidence of the worker's earnings in the taxable year ending before the date of retirement is also necessary. This proof may be a copy of the income tax withholding statement (Form W-2) or a copy of the income tax return for the self-employed person. By submitting this evidence

on the first visit to the social security office future contacts may be unnecessary, Jacobson said.

This plan has been highly endorsed by large employers who have retirement plans supplementing social security benefits, by labor unions and by other organizations.

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Jacobson stressed that for prompt payment of the first social security check, "inquire before you retire." The Medford social security office is located at 1005 East Main st.

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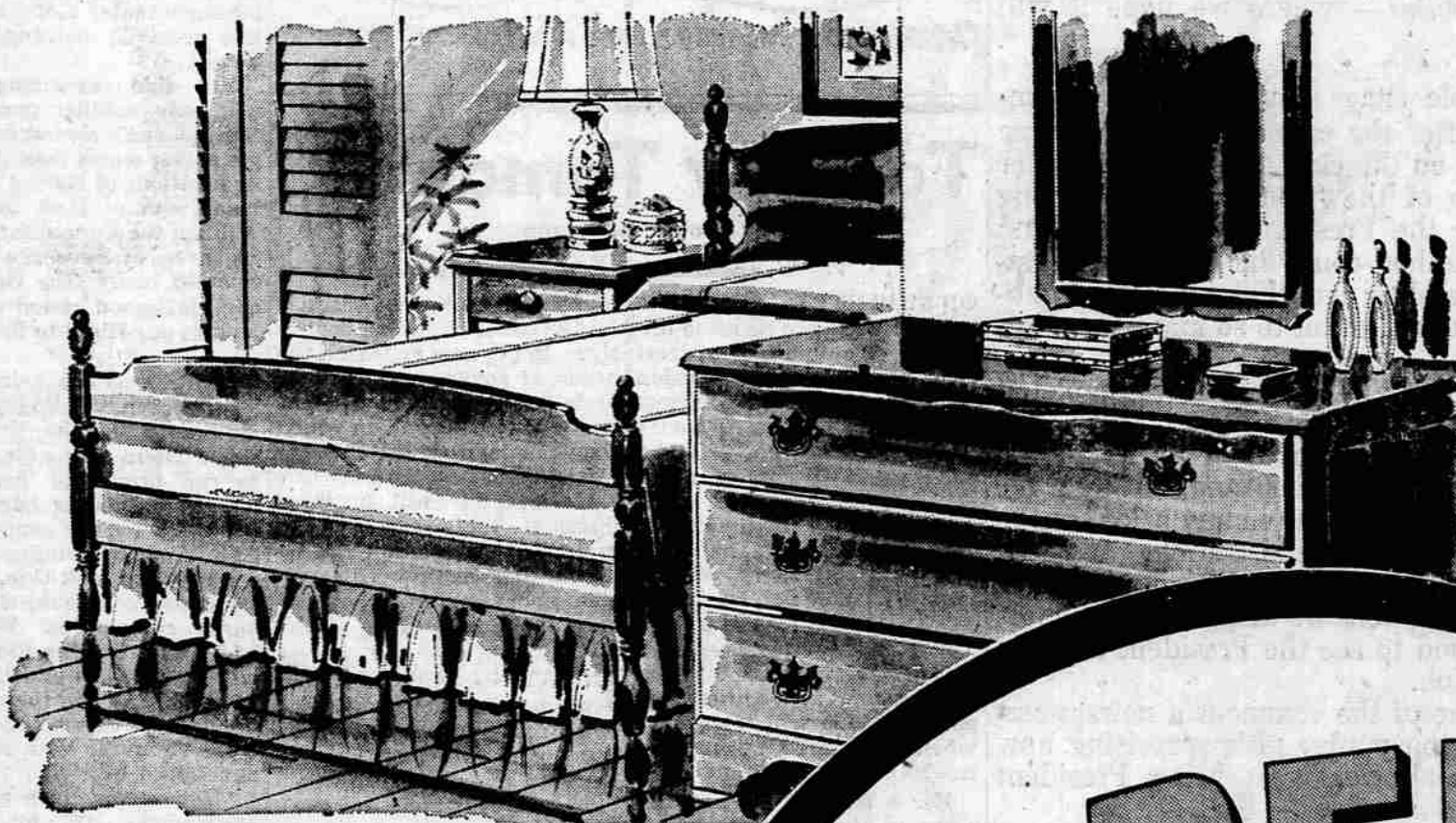
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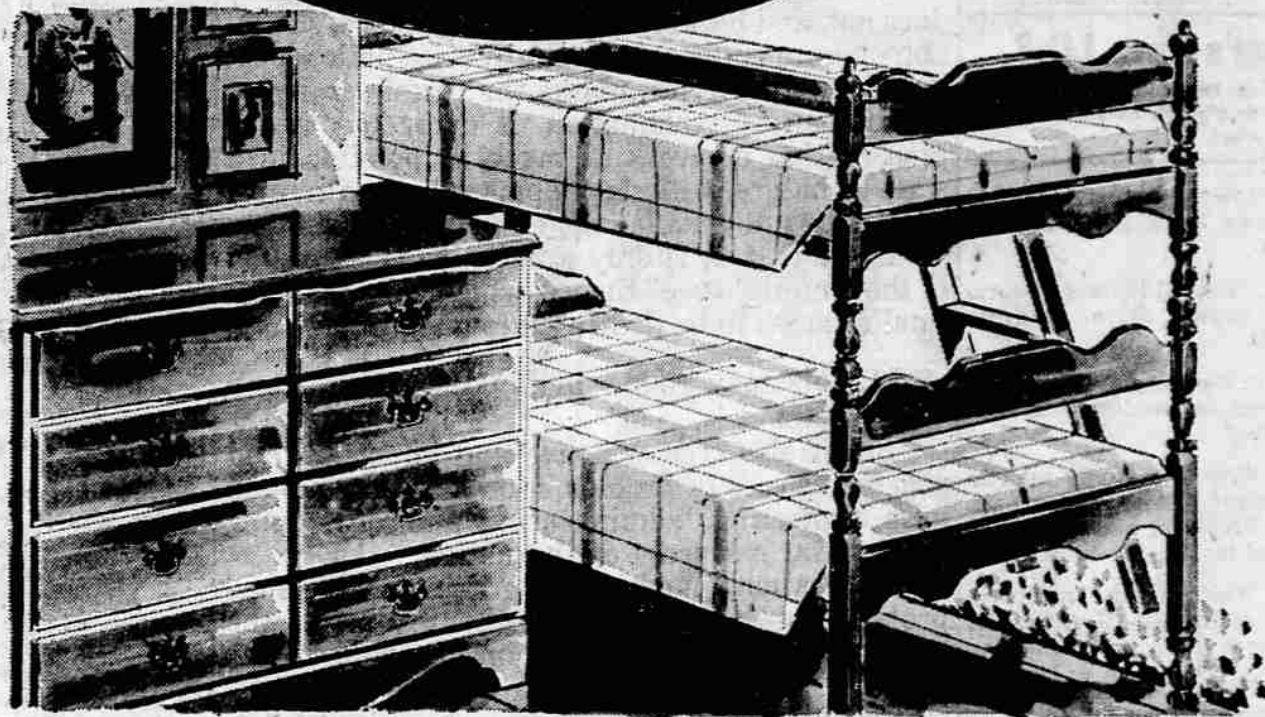
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