

Musicians Attend Camp; Medford Student Honored

Medford musicians played an important part in the 1959 annual Pacific Music camp held on the campus of College of the Pacific, Stockton, Calif., this summer. Six Medford High school students were enrolled in the Senior Division, a Medford student played the leading role in the annual opera and was declared the most outstanding male camper of the year.

The five-week camp started June 22 and closed July 26, and Lynn Sjolund, Medford High school vocal music director, was a staff member.

Ted Lawson, son of Dr. and Mrs. Earl L. Lawson, Windsor avenue, sang the leading role in the annual opera. The camp produced "La Pericolosa" by Offenbach, this being its first presentation on the west coast. This comic opera has been recorded by the Metropolitan Opera company, which performed the work during the 1957-58 season starring Patrice Munsel. Guest director for the production was Leo Kopp, conductor of the Chicago Grants Park concert, the Minneapolis-St. Paul summer concert series and one of the directors of the Chicago Opera company.

Young Lawson's role was that of the viceroy of Peru. Coleen Barr sang one of the three sisters, Karen Lytle danced in the corps de ballet and Jim Henson and Bill Rupp were courtiers.

Also attending the camp Roy Taylor, who was active in the instrumental sections. By a vote of the Pacific Music camp staff, Ted Lawson was chosen as the outstanding male camper of 1959. In addition to singing a major part in the opera, the young man was in charge of stage arrangements for all recitals, performed on a recital, and worked with the Cathedral and All-Camp choruses. Young Lawson, who also plays trumpet, was selected for this honor from the 90 young men musicians attending camp. In connection with this award, Phi Mu Alpha Sinfonia, music fraternity awards a scholarship to be used for further education.

This was the fourth summer that young Lawson had been enrolled in the camp.

Company Works Out New Way of Making Cold Potato Soup

Vichyssoise, the French origin soup which is the darling of the "cold soup set", is a favorite for summer. A creamy soup made from potatoes, vichyssoise has heretofore required quite a lot of preparation time. Potatoes had to be peeled, cooked and sieved, and the remainder of the preparation and chilling took considerable time.

Preparation time can now be reduced by about one-half by the use of instant potatoes.

The Borden company has worked out this recipe for quick vichyssoise. Use 3 cups water; 1 medium-sized onion, chopped; 1/4 cup chopped parsley, 4 chicken bouillon cubes, 2 tablespoons butter, 1 teaspoon salt, 1/2 teaspoon pepper; 3 cups light cream or half-in-half, 1 envelope instant whipped potatoes.

Place water, onion, parsley, bouillon cubes, butter and seasonings in large saucepan; bring to boil. Stir; cover. Simmer over low heat until onions are tender, about 12 minutes. Add light cream or half-and-half; bring to boiling point. Remove from heat; stir in potato flakes. Let stand 3 minutes. Chill well. Garnish with chopped chives.

Guest to Leave For California

Mrs. Rose Frost, who has been a guest the past several weeks of her sister, Mrs. K. J. Knutson and her father, W. R. Bullock, 615 North Columbus avenue, plans to leave this week end for Santa Barbara, Calif.

There Mrs. Frost, a former Medford resident, will join her son Dr. Robert C. Frost, Mrs. Frost and their children, Dr. Frost, a biologist, will be on the faculty of Westmont college in Santa Barbara beginning this fall, and both Mrs. Frost and her son plan to establish homes in that area.

The past year Mrs. Frost spent in Washington, D.C., in Ohio and Missouri. Previously she had traveled in Palestine, Jordan and other countries of that area and during her stay in Medford she has spoken and showed colored slides for Medford groups.

En route to Santa Barbara Mrs. Frost will stop in San Leandro to visit her brother, the Rev. Ralph D. Bullock.

Officers Installed For Newly Organized Chapter

Officers and members of the recently organized Phi Xi chapter, Nu Phi Mu degree, were installed Monday evening at Girls Community club by Mrs. Vada Carlson, Beta Sigma Phi field executive. Taking part in the installation ritual were Mrs. Richard Knoll, Beta Sigma Phi city council president; Mrs. William Prentiss, Mrs. Nick DeWitt, Mrs. C. A. Stoddard, Medford; Mrs. R. L. Madden and Mrs. Gordon Mekvold, Central Point.

Mrs. Cecil Davis was installed as member advisor to the members of the new chapter. The first meeting will be held at her home at 1405 West Eighth street, Tuesday evening, August 4.

The first social gathering which the chapters members will attend in a group is a summer picnic and swim party this evening at the home of Mrs. Ernest I. Flakus, 612 J street, which is being sponsored by the Beta Sigma Phi city council.

Besides the officers those installed in Phi Xi were the Misses Linda Askwith, Donna Barker, Judith Blackburn, Barbara Cox, Sue Davis, Peggy Fisch, Donna Hogue, Gai Lockwood, Maureen McCurdy, Pat Pefley, Betty Lou Rupp, Barbara Taplett, Carolyn Van Der Steen, Jeri Willson, Judy Singleton, Eva Jane Sides and Lana Salyers.

CALENDAR
Wednesday:
7 p.m. - Beta Sigma Phi, home of Mrs. Ernest Flakus, 612 J st.
Thursday:
12 noon - Troxell circle, First Christian church, 2995 Madrona lane.
1 p.m. - Circles of First Christian church; Shoemaker, fellowship hall of church; Peterson, 1255 Sweet rd.; Johnson, 1041 West 11th st. and Drummond, 47 North Peach st.

The program will open with Handel's "An Occasional Suite" and the second number will be a solo "Trumpet in the Night" composed by Harry Simeone and played by Gai Heide of Medford.

Other numbers are "Witch's Dance" by Humperdinck; "Pavane" by Cavacas; "Balladair" by Frank Erickson; a selection from Lowe's "Brigadoon" and the closing number will be George M. Cohan's "Patriotic Fantasy."

Glenn Matthews, coordinator of the Siskiyou Band camp, points out that this is the third season of the camp's operation and that a 100 per cent increase in enrollment was achieved. About 70 musicians will take part in tonight's concert, representing students and instructors from three western states.

Coat ribbon ends with colorful nail polish to prevent fraying.

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Lodge Announces Dinner, Party; Ceremony Held

Pocahontas lodge will hold a potluck dinner Friday, July 31, at the Redman hall on Apple street at 6:30 p.m. A business meeting will follow at 8 p.m. and a card party will close the evening's program.

Members are privileged to take a guest for the dinner and the card party.

Members of Pocahontas and Redman lodges will hold the annual picnic Sunday, August 2, at the Abbott ranch in the Lake Creek area.

Weather council celebrated its golden anniversary last Saturday night with members of 10 councils from California attending. The Shadows entertained with songs, and Mr. and Mrs. Bruce Bateman gave a skit. Mrs. Charles Doms gave the history of the Weatona council and Mrs. Mary Fredericks welcomed the guests.

There were four 50-year membership certificates given out by the Deputy Great Pocahontas, Mrs. Charles Doms. Those receiving were Frank Martin, Mrs. Martin, Mrs. Ethel Haertle and Mrs. Carrie Milnes.

Mrs. Carrie Milnes poured coffee, Mrs. Ethel Haertle served punch and Mrs. Frank Martin cut the anniversary cake.

Old-Fashioned Recipes Found On the Vague Side

By JEANNE LESEM United Press International New York (UPI)—New brides who anticipate pitfalls in modern gadget-filled kitchens wouldn't have found old-fashioned cookery any easier.

A century ago, cooking was more an endurance contest than a creative experience—and not just for lack of labor-saving appliances.

For instance, take the vague directions in a typical "recipe." This one, for strawberry shortcake, appeared in "The Young Housekeeper's Friend" in 1859:

"Make cream of tartar biscuit dough a little shorter than usual, Bake rather quick."

An author who can't be more specific is friend of inexperienced cooks.

And these directions for cold veal ragout: "Cut handsome slices from any part of cold veal, flour them well. Have the spider hot, with a spoonful of butter melted in it, and fry the veal a handsome brown."

What constitutes a "handsome" slice? And "handsome" brown?

(For the benefit of electric-skillet cooks, the "spider" referred to is an iron frying pan, not an insect.)

If you're planning a roast beef dinner, here's a suggestion from another century-old cookbook:

"The sirloin is the nicest piece for roasting... The gravy should not be thick or greasy, and is improved by adding a little ketchup."

Lumpy Gravy How much lumpy gravy is put on American tables, we shudder to think. The author of this baffling recipe wasn't dumb, though. She kept her identity secret, signing her book, "By a Practical Housekeeper." We can appreciate her desire for anonymity, but question her choice of the word "practical."

Dieters were around, even 100 years ago. For them, "Practical Housekeeper" offered "diet-bread cake":

"To half a pound of sifted sugar put four eggs, beat them together for an hour, then add a quarter of a pound of flour, dried and sifted, with the juice of half a lemon and the grated rind of a whole one."

Oven temperature and baking time? You're on your own. Presumably after beating the batter an hour, you don't need to diet.

How many talented cooks do you know who willingly share "family secret" recipes, but neglect to include an essential ingredient or direction?

This technique was perpetuated by early cookbook authors, as in this recipe for tapioca pudding:

"Soak a cup of tapioca in a pint of cold water over night; then boil it in pint of milk with a little salt. Add any essence you choose. It is very good without. Serve it warm, and use sugar and cream."

As cooks grew older and more experienced, they doubtless found such recipes adequate. Even without exact measurement, they could make a tasty dish of these beef balls:

"Mince very fine a piece of tender beef, fat and lean; mince an onion with some boiled parsley; add grated bread-crumbs and season with pepper, salt, grated nutmeg and lemon peel; mix all together and moisten with a well-beaten egg; roll into balls, flour them and fry. Serve them with a brown gravy."

One final question a century-old cookbook didn't answer: Is "dyspepsy bread" made with "three-fourths unbleached flour and the remaining fourth common flour" supposed to give you indigestion or cure it?

Annual Event Set By Two Families

The annual Houston-Rodgers picnic will be held Sunday, August 2, at TouVelle park. Each summer members of these two families meet to honor the older members of the clan.

The picnic luncheon will be served at noon, and all relatives and friends are invited to attend.

More information concerning the event may be obtained by calling Mrs. E. Middlebush, Spring 3-2232.

Heelless Heels New For Shoes

United Press International Newest entry in the what-they-won't-think-of-next department: a heelless high-heeled shoe. The arch is the same as in a regular three-inch heeled shoe, but support is achieved with an extension of the sole.

Women who have tried on the shoe say it is perfectly balanced and makes walking and dancing "like floating."

The first model is an evening shoe in red satin, trimmed with rhinestones. The import, from Italy, costs \$60, but adaptations will be priced at \$30. The shoe (by Delmanette) was displayed at the St. Louis Shoe Fair. Copies will be available in department stores across the country.

"The bathtub is practical," said Conant, "because you can wash the child and the spilled colors at the same time."

"But we've never had any trouble with our children and walls, because they have a place of their own to paint. They work right alongside me in the basement studio."

Conant lives with his wife, a non-painter, a boy of four and a girl of 12, at New Rochelle, N.Y.

"The important thing we're trying to get across is this: Let the children create," said Conant. The foundation, privately financed, works with both parents and teachers.

Because he believes the experiment is trimmed with one white flower.

Models at Paris couturier Jacques Heim's house wear ear clips in the hair instead of on the ear lobes. They clip into the hair just above the temples.

A little sweet sherry and a pinch each of nutmeg and cinnamon added to the cooking water for prunes, make them extra tasty.

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Give Child Place to Paint Says Foundation Director

By GAY PAULEY UPI Women's Editor New York (UPI)—Junior's strokes across the wallpaper are the strokes of creative talent. So encourage the child's creativity—don't "cripple" it—even as you mop up signs of small artist at work.

"The best art materials are the messiest," said Dr. Howard Conant, re-affirming what every mother knows.

Conant, a native of Wisconsin and graduate of the University of Wisconsin, is an abstractionist who works in oils, has two children following in father's footsteps, is chairman of art education at New York University, and director of the newly-organized Children's Creative Art Foundation.

Let he be misunderstood, Conant does not advocate the use of walls as easels. Rather, he believes the walls and floors will escape if a child is given a place of his own for painting, with the materials always at hand—in his room, the den, the basement playroom. Even turn him loose in a warmed bathtub.

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"Recently I've been re-reading American history... I believe what our forefathers were saying was that the individual personality is important... This was the Yankee spirit."

Conant says that the child whose "birthright" is not encouraged just "gives up" by the time he is eight, nine or 10. But often, the creative urge is revived in later life—that is why, he said, "the museums are crowded... why adult education courses in art are full; an estimated 10 million are enrolled in art study."

"That is why also we have the painting hobbyists—President Eisenhower, Winston Churchill and Grandma Moses... she's a well-adjusted amateur."

"Man must have some creative outlet," said Conant, "without it the soul withers."

Good Play Often Messy "Good play often is messy play," said Conant. "But it is a case of what the parent and

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