



Feeding problems you can prevent

Screw-on caps—Heinz newest convenience
Who should hold baby's bottle?

“Won't eat” problems can start pretty sneakily, like this: baby doesn't want all his dinner one day. Mother worries, urges “one more bite.” Baby isn't having any, turns his head away.

● Next meal or so, the same thing happens except mother worries and urges more. Baby balks, faster and more firmly!

● If this happens too often, normal baby behavior (not hungry—won't eat!) can turn into a real feeding problem.

● You can help prevent eating problems by remembering: little people's appetites vary from day to day, meal to meal. Let baby decide how much is enough. Expect him to eat less at certain times—such as when he's starting solid food, switching to Junior foods, or learning to sit up or walk.

● Let baby pick his favorite varieties, too. For instance, he's bound to like some meats more than others. Heinz has 8 tasty 100% Strained Meats and 6 equally delicious Junior flavors to choose from. All are extra rich in complete protein—that important bone and muscle builder.



● Holding his own is fun—with both hands or all fours, on occasion. Baby's do-it-yourself ideas deserve encouragement—but in this case, you'd better stand by to be sure he doesn't gulp too fast and get the splutters. Whoever holds the bottle or tumbler, Heinz Strained Orange Juice and 5 new apple-base Fruit Juices will taste delicious to baby!

● You're telling us how much you like Heinz new convenient screw-on caps—available now on many Heinz Baby Foods! Thousands of letters from mothers all over the country praise these wonderfully convenient screw-on caps. They open with a turn, reseal just as easily. You'll find this important Heinz first on more favorite Heinz Baby Foods soon.



● Soft light often soothes a crying little baby—but too bright a light upsets him. If your one-month-old is fussy, let him look at the nursery lamp. Later, by 8 or 10 weeks, he likes to gaze at bright colors—orange and red are special favorites.

● In our new Heinz Research Center nutrition researchers simulate baby's digestion with the most modern techniques and equipment available. This lets them follow the digestive process of proteins so they can make sure that Heinz Baby Foods give your little one what's best for growth and health.

First with screw-on caps



HEINZ
Baby Foods

Over 100 strained and junior varieties
... including meats, cereals, juices

Family Weekly Cookbook (Continued)

A \$10 PRIZE-WINNING RECIPE
from a FAMILY WEEKLY reader
Mrs. Medary Nordland, Los Angeles, Calif.

CHICKEN LIVERS DE LUXE

TO PREPARE: 15 MIN.

- 1 lb. chicken livers
- 2 tablespoons flour
- ¼ cup butter
- ½ cup finely chopped onion
- 1 tablespoon Worcestershire sauce
- 1 tablespoon chili sauce
- ½ teaspoon salt
- ¼ teaspoon black pepper
- ¼ teaspoon rosemary
- ¼ teaspoon thyme
- ½ cup fresh mushrooms, cleaned, sliced, and delicately browned in butter
- 1 cup thick sour cream



1. Rinse chicken livers with cold water and drain on absorbent paper. (Properly cleaned livers should have no trace of green gall, the substance which might cause a bitter taste.) Coat chicken livers lightly with flour. Set aside.
2. Heat butter in a large skillet. Add onion and cook until onion is transparent, occasionally moving and turning with a spoon. Add chicken livers and cook 3 to 5 min., or until lightly browned; occasionally move and turn with a spoon.
3. Add Worcestershire sauce, chili sauce, salt, pepper, rosemary, and thyme. Stir in the mushrooms and cook 5 min.
4. Remove skillet from heat and stir in the sour cream, 1 tablespoon at a time. Heat thoroughly; do not boil. Arrange on a warm serving platter. Garnish with rings of sieved hard-cooked egg white, sieved hard-cooked egg yolk, and finely minced parsley. Serve immediately with fluffy cooked rice or buttered noodles.

About 4 servings



Leopold

(Continued)

I've seen. Aside from a few herring gulls sailing overhead during the Winter and the English sparrow, I saw no birds (in prison). One day was exactly like the next.”

He seldom leaves the immediate area of the hospital, but seems content with his routine work and the marvels of nature. The terms of his parole forbid him to travel even in the line of duty without the permission of Ralph Townsend, director of the hospital, who keeps a copy of the demanding parole agreement in his desk drawer.

He is not even allowed to express himself publicly. He is specifically forbidden to talk to newspapermen or to permit his photograph to be taken. “Please don't take my picture,” he begged a member of a co-worker's family who tried to snap him with a box camera. In turning down interviews with newspapermen, he repeats: “Please, I don't mean to offend.” These painful relations with strangers are evidence that he still feels he has no right to hold his head high with his fellow man.

Leopold's role as a “celebrity” has forced him to avoid what little social life he might have looked forward to. Soon after his arrival at Castañer, he was invited to attend Jewish Passover observances at the plush Caribe Hilton Hotel in San Juan. The nearness of the gambling casino