



This Week's Home of Distinction

By HIWATHA ESTES
This home has been planned for the builder who prefers a design in which corners have not been cut to achieve false economy in construction. This is a home in which one is assured of obtaining the most comfort for his money.
Storage space galore has been provided. The private dressing room off the master bedroom has walls completely lined with wardrobes and both of the other bedrooms have more than ample size wardrobes. The two main baths have pullman lavatories with storage below. There are two linen closets. An oversized guest closet, an additional clothes closet, a telephone table and water heater and furnace closets are all located in the entry and off the short hall. Storage for special items and china is adjacent to the dining ell and an extra large pantry PLUS general storage closet in the kitchen. In addition to a broom closet in the service area, there is wall space available for additional storage, freezer or sewing table.
The dining ell off the living room not only makes this room much larger, but allows more space in the family room or informal living as there would be no necessity in using part of the family room for dining. An eating bar next to the kitchen is for the more informal family meals.
Although the garage has been attached to the side of the living room, for smaller width lots, it could be removed and attached to the front wall of the bedroom wing.
A combination of both vertical and horizontal siding together with stone veneer and planter have been used on the front elevation of this Hawaiian Modern design.
Complete working drawing of the above plan can be obtained at a cost of \$7.50 for the first set and \$5 for each additional set, when ordered at the same time. This plan will be available for a period of four months from this date. Please allow two weeks for delivery. If the above home does not entirely meet with your satisfaction, a new home plan book, Homes for Living, may be purchased for \$1. Send all orders for either plans or books to Hiwatha Estes, P. O. Box 404-T, Northridge, Calif.

The Medical Roundup

by *Walter C. Alvarez*
Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Clinic

World Traveler's Medical Guide

One of the most useful books I have seen is the World Traveler's Medical Guide (Simon and Schuster, New York), written by Dr. Richard T. Atkins. He lists the medical requirements for vaccination against smallpox and typhoid fever and perhaps typhus fever or yellow fever that travelers have to comply with before they can enter certain countries. Particularly valuable to many travelers can be the lists of good hospitals in the several countries. One of the most distressing things that can happen to a traveler is to get an acute illness when he is in a foreign city where he knows no one who can advise him wisely and honestly about a physician.
The Marriage of Epileptics
I am distressed over the letters I receive from mothers of epileptic sons who say that the young man is planning to marry a girl without telling her of his disease. He says he went to the library and looked it up, and the books say that epilepsy is rarely inherited. Yes, I have read these books, and they sadden me. They were written by man who, evidently, hated to hurt people's feelings and who thought it would be a kindness to soothe their fears. The authors were like the physician who feels it is his duty to tell a person with an inoperable cancer that all his pains are due to a little rheumatism. I have never liked such medical lying, and as I have pointed out, if often does much harm. Certainly, it can do terrible harm to the epileptic who, when he marries, unwittingly chooses a girl who carries in her body genes of epilepsy or some mental disease which can reinforce the genes coming from him.
My experience over many years is that the chances of a couple's having nervously handicapped children when

fits. He could have added the many cases in which the inheritance showed up in other types of brain and mental disease.

A Premature Menopause
Women whose menstruation stopped, perhaps in their thirties, want to know why it did this, and why they should have had a menopause so early. Some of them say that their mother similarly had an early menopause. In that case, they are probably right in suspecting that the tendency is hereditary. I would suspect that a woman who, from girlhood, has menstruated scantily, and perhaps had had but little sexual interest might have defective ovaries and an early menopause. Perhaps, because her ovaries were never very strong to begin with, their function diminished in middle life. I doubt if much need be done about an early menopause; perhaps if large doses of some estrogen or ovarian extract were to be given every 28 days, the woman could be kept menstruating for a while; I have seen this done, but I couldn't see why the woman should be bothering to go to the expense and trouble. What did she gain? When a woman with an early menopause is having much trouble with flushes, a pill containing perhaps 0.5 mg. of stilbestrol, taken once each day, may give much relief. I see no danger in taking it.
Dr. Alvarez, booklet on menopause may be obtained by sending 25 cents and a large, stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Des Moines 4, Iowa, Box 957. (Released by The Register and Tribune Syndicate, 1959)

USW GETS 'SUPPORT'
Brussels—(UP)—The International Confederation of Free Trade Unions today expressed "full moral support" for striking American Steelworkers.

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