

Feeding the Family

By ZOLA VINCENT
Food Editor

Summer's for Fun—Let Children Make, Bake

School's out and the first full flush of freedom is likely to be turning to slight boredom. Now is the time to launch daughter(s) of the house on cookie baking sprees. Praise from father on the very first batch and you'll have a cookie career girl on your hands and that will add to the summer fun for everyone.

Cookies are the most democratic of foods. They're mighty nice to have around the house and they're good travelers. They're enjoyed by everyone . . . any hour of the day or evening. They're great with fresh fruits, berries, ice cream and many other desserts at meal time. They're perfect snacking food for all the family; unsurpassed for offering friends and family who drop in.

A variety of ready-to-eat cookies in the cookie jar and a few in the freezer are good ideas. Transparent plastic wrap assures good protection anywhere; let's you see exactly what's in the package you're reaching for.

Hawaiian Specials

Walnuts add much to the taste and texture appeal of cookies. And we've the biggest walnut crop in history. Now that shelled walnuts can be purchased in packages marked 1/2, 3/4, 1 1/4 and 2 1/2 cup amounts, you can buy exactly the amount needed for any recipe. These are mostly packaged in the same transparent plastic wrap that comes in consumer-size boxes for cookie and other home wrapping for storing and seeing.

Canned crushed pineapple gives these cookies moisture and more taste appeal. You'll get five dozen cookies from this recipe. Who could ask for anything more?

- 1 cup soft shortening
 - 1 1/2 cups sugar
 - 1 egg
 - 9 ounce can crushed pineapple and juice (1 cup)
 - 3 1/2 cups sifted flour
 - 1 teaspoon soda
 - 1/2 teaspoon salt
 - 1/4 teaspoon nutmeg
 - 3/2 cup chopped walnuts
- Cream shortening and sugar together. Add egg and blend well. Add crushed pineapple and juice alternately with sifted dry ingredients. Add walnuts. Chill dough for about one hour. Drop by teaspoonfuls onto lightly greased cookie sheet. Bake in moderately hot oven, 400 degrees, 8 to 10 minutes. Hang on to this recipe.

Quick Cookies With Basic Mix

A batch of home-made cookies are just minutes away when you use a basic cookie mix readily found on any grocer's shelf along with other flour mixes. The same mix makes famous chocolate crunch cookies studded with morsels of semi-sweet chocolate, rolled cutout cookies and brownies.

You can make sugar cookies with basic cookie mix by adding only water. Beat the batter until smooth and it is ready to spoon onto baking sheets for delicious drop cookies. Directions for many kinds of cookies are given on the package.

Simple addition of chopped walnuts, peanut butter, coconut, cereal flakes, spice, gives instant variety for making, baking . . . eating now and for storing for later sharing.

Sauerkraut Ideas
Sauerkraut and spare ribs make a good picnic meal. Wrap your baking dish in aluminum foil to hold the heat and to seal the moisture as well as the flavor inside.

Potatoes are always good with kraut. For speed, use the canned small whole white potatoes and brown them in a little shortening. Look good, taste good!

Fiesta Shrimp to Celebrate Record Catch

The shrimp boats are loaded with the biggest catch in recent years; tons of tender, white meated shrimp in all sizes; jumbo, large, medium and small. Prices on this versatile shellfish are extremely favorable. Ways of preparing them are many, ranging all the way from shrimp cocktail to Shrimp Newburg.

We give you recipe for Fiesta Shrimp with Pineapple by way of celebration of the new shrimp season. For each four servings:

- 1 pound shrimp, fresh or frozen
 - 1 flat can sliced pineapple
 - 1/2 cup vinegar
 - 2 tablespoons soy sauce
 - 1 1/2 cups water
 - 3 tablespoons cornstarch
 - 1/2 green pepper, cut in strips
 - 1/4 cup blanched slivered almonds
- Clean and cook shrimp. Drain syrup from pineapple into a sauce pan. Cut pineapple slices in half and reserve. Add brown sugar, vinegar, soy sauce and one cup water to pineapple syrup; bring to a boil.

Combine cornstarch and remaining one-fourth cup water; add to syrup. Cook and stir until mixture boils and thickens. Add green pepper, pineapple and almonds; cook two minutes. Add shrimp and cook to heat shrimp through. Serve immediately. Rice remains the perfect accompaniment for shrimp.

Honeydew Melon Time

The luscious, flavor-rich honeydew melon originated in Persia; came to the states in 1900, attains highest perfection right here. Refrigerate as you do a cantaloupe. Wash, dry well and wrap in foil, transparent film wrap or plastic film or in heavy brown paper bag before placing in refrigerator.

Serve well chilled with wedge of lime or lemon. Low in calories, too.

Fluffy Berry Sauce For Dessert Pancakes

Use any of the fresh berries for this super sauce for pancakes or waffles. For dessert pancakes, make 12 thin pancakes in the usual manner, about four to six inches in diameter. Spread with butter or margarine, sprinkle with lemon juice and sugar; roll each pancake as for jelly roll. Serve with fluffy berry sauce.

Fluffy Berry Sauce. Pick over two cups fresh berries. Hull if they're strawberries. Crush with fork or potato masher. Add one-half cup sugar, one tablespoon fresh lemon juice and one teaspoon

They'll Do It Every Time



Conformity in Men's Clothing To Become Universal Fashion

By ELMER C. WALZER
UPI Financial Editor

New York—UPI—Back in the old days in Wall Street, every man was dressed differently, wore a different type of hat, vest and coat, and cut his beard in his own, personal style.

Today all dress alike. If narrow lapels are in style, they wear 'em narrow. The same goes for all other details—narrow neckties, wide neckties, peg top pants, padded shoulders, narrow waistlines, and so on and so on.

And now, it seems, this conformity is going to be world wide. A Wall Streeter will look like a citizen of Chicago, San Francisco, or Johannesburg, South Africa.

Ruby Back, president of I. L. Back & Co. of Capetown, and largest menswear manufacturer in South Africa, says there can and should be universal men's fashions. He holds, however, that within a particular fashion there can

be deviations to meet climatic needs of particular countries.

Universal Sport Shirt

The men's fashion group is going to start its universal fashion with a sport shirt. It will be shown at the congress of the International Fashion Council in New York on May 5, 1960.

This fashion show will exchange information from leading manufacturers (North America, Europe, Africa and Australia).

The show will include latest men's fashions from all the nations, the latest fabrics, methods of marketing, sales,

advertising, color, style, promotions, and packaging.

The Phillips-Van Heusen Corp., U.S. member of the group, will be its host at the 1960 meeting.

"The interchange of fashion concepts, as well as marketing and manufacturing techniques, is bound to help men's wear manufacturers throughout the world," according to Stanley C. Gillette, vice-president-sales, of Phillips-Van Heusen.

Gillette holds that every company like his can always use additional ideas. He notes the wash and wear shirt was first developed in England and many other innovations first appeared abroad.

Back and Gillette feel that the stiff formality of European dress is breaking down with people wearing the same types of clothing in leisure hours. Conformity and Comfort



Flowers Blooming In Arctic Ice Cap

Cut Throat Island, Labrador—UPI—Flowers are blooming smack in the middle of the Arctic ice cap, thanks to a letter, a telegram, two enterprising florists and two pilots.

U.S. Air Force members stationed here built flower boxes as an hobby, but then discovered they had no plants to plant.

The mails carried an SOS to an Air Force wife in Michigan, who talked to her local florist about the problem of getting flowers to the ice cap. The florist checked the membership list of the Florists' Telegraph Delivery Association and came up with a dealer in St. John's, Newfoundland.

Released? A British Newspaper Said Atom Spy Klaus Fuchs Was to Be Released and Shipped Behind Iron Curtain, but Government Spokesman Declined to Verify Any Part of Report.

Fresh fruit meringue tarts make a light and delicious dessert for a summer party of six. This is good in shortcake shells, too.

Combine two cups chilled lightly crushed blueberries with one-half pint whipping cream, whipped and with six tablespoons confectioners' sugar and two tablespoons grated lemon rind added. Pile in ready-to-serve meringue or shortcake shells.

Berry Dessert
Here's a low calorie dessert that takes high honors in easy-to-make class. Arrange a mound of snowy cottage cheese in center of each dish. Cover cheese with any of the seasonal berries or arrange attractively around cheese mound. Sprinkle lightly with sugar and lemon juice; garnish with grated lemon rind. Sour cream on the side, if you're a sour cream fancier.

Eat More Eggs
There's a super abundance of eggs at the lowest prices in the memory of many. Give father and the boys all the eggs they want for breakfast; a new way every day!

Footprints Point To Camels in Southland

Los Angeles—(Science Service)—Rare footprints of mammals that lived many millions of years ago have been found high on the wall of a small canyon.

The footprints—large and small camels, an antelope and several carnivores or meat-eaters—indicate the possibility of a water hole before the sands came. One of the prints shows a well-developed heel and could have been made by a bear-dog, Raymond M. Alf of the Webb School of California, Claremont, reported here.

It is very rare, he pointed out, to find mammal footprints from the geologic time scientists call the Tertiary period. This period, which saw the Age of Mammals, began about 60,000,000 years ago and lasted until about 2,000,000 years ago.

These footprints, found along the Avawatz mountains near Baker, are the first to be reported from the Mojave Desert. The search for more prints will continue to gain more knowledge of the animals, climate and life in the Mojave Desert millions of years ago.

A survey by the California Public Utilities Commission of the nation's 25 largest cities indicated that San Francisco has the lowest average gas, electric and telephone bills.

Jet fuel must be filtered so thoroughly that no foreign matter larger than five microns in diameter—0.00195 of an inch—can get into the engine.

The poem "Casey at the Bat" was inspired by Dan Casey of Philadelphia when he struck out in the ninth inning of a game with the New York Giants on Aug. 21, 1887.

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PERFECT SNACKING—The younger generation will love making these Hawaiian cookies with crushed pineapple and walnuts for super flavor, crunchiness. Perfect summer snacking with milk, fresh fruit and berries.

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