

Feeding the Family

By ZOLA VINCENT
Food Editor

Pineapple Chutney

A superlative relish for serving with poultry, pork, veal. Make 1 1/2 pints at a time; perhaps in three half-pint jars and store in refrigerator.

- 1 No. 2 can crushed pineapple, well drained
 - 1 teaspoon salt
 - 1/2 pound raisins
 - 1/2 clove garlic, minced
 - 1/2 teaspoon powdered ginger
 - 2 cups vinegar
 - 3/4 cup sugar
- Drain pineapple; sprinkle with salt and set aside for 1 1/2 hours. Chop raisins; combine with garlic, raisins and pineapple. Boil vinegar with sugar and add pineapple mixture; cover and simmer two hours. Cool and pour into jars.

Crown Roast of Frankfurters

Handsome . . . and economical! This "crown roast" combines two old favorites, frank and sauerkraut. Saltine crackers and caraway seeds add the extra flavor touch.

- 2 stack packs saltine crackers, crushed (about 4 cups crumbs)
 - 1/2 cup melted butter or margarine
 - 1 can sauerkraut, drained
 - 1 1/2 cups diced apple
 - 2 teaspoons caraway seeds
 - 1 1/2 pounds frankfurters
- Combine saltine cracker crumbs, butter, sauerkraut, apple and caraway seed. Shape into mound on baking pan. Stand frankfurters around stuffing, joining with cocktail picks near top or wrap with string (to be removed before serving). Bake in moderate oven, 375 degrees, 40 minutes. Six generous servings.

Sour Cream Waffles

Use dairy sour cream on fresh fruits, berries, hot vegetables, meats, salads, hot and cold soups. For a fancy dessert roll sour cream up in tissue-thin pancakes, top with jam.

Spiced Orange Glazed Pork Chops

Pork is not only a rich and delicious meat but is also the meat richest in B vitamins. Pork chops often are braised to insure their being thoroughly done rather than overdone outside and underdone inside, a result that high heat sometimes produces. Here we bake them to perfection in zesty sauce. For each 4 servings:

- 4 end-cut pork chops
 - Salt and pepper
 - 1/4 cup water
 - 3 tablespoons sugar
 - 1 teaspoon cornstarch
 - 1/4 teaspoon cinnamon
 - 1/4 teaspoon nutmeg
 - 6 whole cloves
 - 1/2 cup orange juice
 - 4 half slices of orange
- Sprinkle pork chops with salt, pepper and paprika. Brown chops thoroughly over medium heat. Add water; cover closely and simmer until tender, about 50 minutes. Turn several times during cooking and add additional water if necessary.

When chops are tender, remove from skillet and spoon off fat in pan. Mix sugar, cornstarch, salt and spices, blend in orange juice; add to brown sauce in skillet and stir constantly over moderate heat until sauce is slightly thickened. Return chops to sauce; place orange slice on top of each chop; cover and simmer five minutes.

Ollalie Berries

These bright black, medium size, firm berries you're seeing in the market are Ollalies, a cross between Black Logan and Young berries (named for Mr. Logan and Mr. Young). Of Oregon origin, bred cooperatively by USDA and Oregon Agricultural Experiment Station, they thrive best in California where acreage is increasing right along.

They're superb eaten fresh with sweet or sour cream; good in pies, puddings, tarts, ice cream, muffins. They're good stewed alone or in combination with other berries. Enjoy Ollalies as a sauce over desserts.

Dairy Products, Berries in Spotlight

Dairy products offer lots of food value for the money; lend themselves to easy and economical meals; rate more attention as we continue to celebrate June Dairy Month, month of maximum production. A pitcher of milk on the table and offered between meals will step up the children's milk drinking which is desirable because statistics prove that many children are short on milk's many nutrients.

Many cheese being special- ed, encourage main dish making. Cottage cheese is versatile, often enjoyed "as is" as well as in combination with fruits and vegetables. Ice cream is an ideal way to get more milk into the family diet; more calcium in their bones and teeth.

Poultry Bargain Priced

Poultry of all kinds in all shapes (pieces) and sizes continue plentiful, bargain-priced for good eating. Consider fryers, broilers, roasters and stewers. Turkeys come in all sizes; can make several days good eating.

Eggs continue in abundance with lowest prices in 18 years. Give father and the boys two eggs at breakfast, make custards and puddings, hard-cook them for egg salads and egg salad sandwiches. Deviled eggs and casserole them with rich cheese sauce.

Beef, lamb and pork prices remain about the same with specials to be noted in ads and in meat case displays. Hamburgers and franks make good economical eating.

Fruits, Berries

Every visit to the market now reveals new, more and better quality berries and soft fruits. There are the old friends, the avocados, strawberries, Winesap apples, bananas, lemons, Valencia oranges, pineapples. Recent arrivals and increasing right along are Ollalie berries, Boysenberries. There are apricots, cherries, first of the new-season grapes, peaches, plums and figs. The prices aren't low, but they'll never taste better or get talked about more than when they make their first appearance on your table. Cantaloupes and watermelons are ripening fast, prices lower.

Vegetable Bins

Corn is fresh and sweet. Cook it quickly, not more than 5 minutes if it is fresh as it should be. There are small artichokes, asparagus, green beans, green and dry onions, cabbage, carrots, cucumbers, lots of lettuce, beets, squash varieties, peppers, potatoes of all kinds and sizes. Tomatoes coming down in cost.

Party Honors Hoover School Faculty Staff

Members of the Hoover elementary school faculty and staff were honored Friday, June 5, at a luncheon given by the Hoover Parent-Teacher association executive board at the home of Mrs. G. T. Haupt, 222 Valley View drive. Approximately 30 persons attended.

Assisting hostesses, who were responsible for setting tables, prepared center pieces in various floral arrangements with matchin dishes and cloths, giving an attractive accent throughout the patio room.

Roy Gilbertson, Hoover principal, expressed his appreciation for the work done by the PTA during the first year at the new school. Much of the work concerned organization.

Mrs. Emerson Anderson, outgoing president, spoke of the cooperation given by Mr. Gilbertson, the faculty and staff.

A gift was presented to Mrs. Anderson in appreciation of her work.

Mrs. Richard Knoll is president of the PTA for the coming year; Mrs. A. J. Johanson, vice-president; Jerry Martin, secretary; and Mrs. Ray Mencke, treasurer.

Meeting Announced For Priscilla Circle

Talent-Priscilla circle of Talent Methodist church will meet Monday, June 15, at 7:30 p.m. in the church annex. Mrs. Alvin Wheeler will take charge of the program, and a film on Methodism in Hawaii will be shown.

Mrs. Frank Thompson and Mrs. Mildred Schmelzer will be hostesses.

Eggs Still Bargain In Food

(The following guide to the nation's best food buys for this week end was prepared for United Press International by the U.S. Department of Agriculture.)

Washington-UPI—Food shoppers will find such popular picnic items as eggs, hams, and broiler-fryers leading the hot weather parade this week-end.

Eggs continue just about the best food value on the market right now, and supplies remain abundant. In pork, excellent values will be found in hams, roasts, bacon, and chops. Broiler-fryers also favor the family budget, and markets are featuring these as an outstanding buy. Dairy products of all kinds are also a leading value as the nation celebrates June Dairy Month.

In fruits, there's a wide range to choose from. Among the leaders are peaches, strawberries, watermelons, and cantaloupes. Blueberries and plums are plentiful, and oranges, lemons, and limes are also abundant.

Vegetable bins will feature excellent values in such items as cauliflower, asparagus, cabbage, onions, squash, radishes, snap beans, cucumbers, corn, and field peas. Potatoes continue in good supply at most markets.

Fish counters across the country will feature shrimp, fish sticks, and canned tuna.

These are the week end's best food buys from a national standpoint. Now here is more detailed information for the west:

Plentiful supplies of fresh fruits and vegetables are declining in price.

Fryer chickens are in ample supply, with prices slightly lower this week in California markets.

Among the red meats, pork is in the best supply and prices are mostly unchanged from a week ago. Light to moderate supplies of beef, veal, calf and lamb are about unchanged in price.

Butter supplies are ample. In plentiful supply and slightly lower in price are apples, berries, cantaloupes, peaches, watermelons, corn, lettuce, soft squash, and onions. Also plentiful are long white potatoes and tomatoes. In good supply are grapefruit, lemons, valencia oranges, avocados, artichokes, asparagus, beans, celery, cucumbers, and sweet potatoes. Best buys in fish are Dungeness crabs, halibut, salmon, rockfish, cod, and flounder.

Bridge Players In California For Tournament

Several members of Medford and Grants Pass Bridge clubs plan to attend the Feather River club's sectional tournament at Paradise, Calif., this week end.

North-south winners for the weekly play of Medford Duplicate Bridge club Tuesday night were Mrs. Dolph Phipps and Gen. J. P. Vachon, first, 171 1/2; Mrs. Frank R. Baker and Howard Boyd, second, 170 1/2; the George Rodes, third, 166; Mrs. Richard Milestone and Mrs. Roy Keim, fourth, 164.

East-west winners were Mrs. W. W. Deakins and John Russell, first, 171 1/2; Mr. and Mrs. Richard House, second, 146; Mr. and Mrs. Roger Smoot, third, 142 1/2; Mrs. Josephine Clark and Mrs. William Hendryx, fourth, 140 1/2.

New York-UPI—Remove the protective coating of lacquer from new copperware by immersing in water, adding three tablespoons of baking soda, and boiling for a few minutes.

PENNEY'S

ALWAYS FIRST QUALITY!

SPORT

CHOOSE FROM OVER
5000 SHIRTS

FATHER'S DAY IS JUNE 21st!

WHEN YOU THINK OF SHIRTS, THINK OF PENNEY'S!

Famous "Dan River" woven through

Wash 'n' Wear **SPORT SHIRTS**
LONG SLEEVE! SHORT SLEEVE!

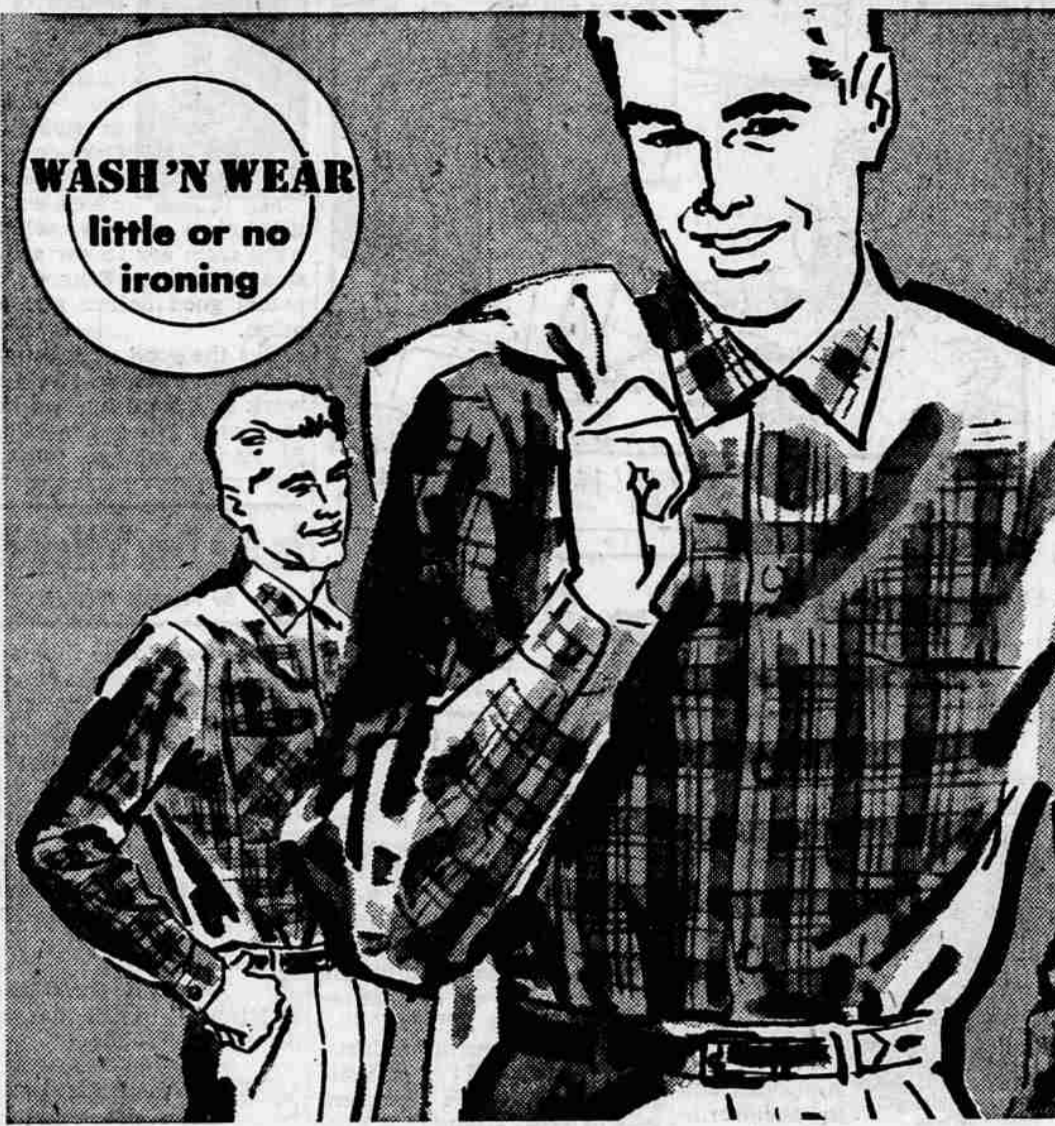
298

249

AIRY DAN RIVER PLAIDS KEEP YOU ON THE COOL SIDE OF SUMMER!

. . . The smart side, too! Penney's has the newest fashion patterns in rich blues, reds, browns, lots more! They're all breeze-light combed cottons that machine wash, drip dry fast, rarely see the iron! 2 matched pockets and neat perma-stay collars hi-light Penney's exclusive Towncraft tailoring. Men's sizes small, medium, large, extra-large.

PENNEY'S STREET FLOOR



SHIRT FIESTA

OUTSTANDING WASH 'N WEAR SHIRT VALUES!



NEW FINE COTTON! IT'S OUT OF THIS WORLD!

Cool new Penney Towncrafts made entirely of famous Dan River cotton patterned in subtle self color stripes that catch many an eye! Yes, wash 'n wear, too!

1.98

men's sizes small, medium, large,



COMBED COTTON SPORT SHIRTS WITH DACRON®

Go cool, go comfortable in Penney's soft, solid color cottons reinforced with super-strong Dacron! Easy-on-care . . . toss in the machine, drip dry, wear again!

1.98

men's sizes small, medium, large, extra large



EMBOSSSED COTTON PRINT NEVER NEEDS IRONING!

Penney's makes these sport shirts extra easy on care. Machine wash-'em! Drip dry-'em! Wear-'em! You don't iron! Assorted prints with 2 pockets and cuff sleeves.

1.49

men's sizes small, medium, large

WASH 'N WEAR little or no ironing

automatic WASH 'N WEAR little or no ironing

WASH 'N WEAR no ironing



EMBROIDERED COTTON-CUPIONI® RAYON SHIRTS

So smart . . . so comfortable . . . these Penney sport shirts are a solid favorite in white, tan, blue, grey or maize. Neat emblem on collar and pocket. Machine wash!

2.98

men's sizes small, medium, large, extra large



NEW V-PLACKET STYLES IN OUR COTTON KNITS

Penney's cotton mesh sport shirts have v-plackets with or without buttons, convertible collars, embroidered emblems, extra long tails. White, red, black, light blue.

2.98

small, medium, large, extra-large



MEN'S CASUAL VALUE! HAND-SCREEN IMPORTS!

Bold prints on silky-look rayon, executed as only the Japanese know how; tailored with stayed collar, single needle sleeves, extra full fit . . . as only Penney's knows how!

1.98

She's still the girl he married!

Sweet slim trim lines and so vital, too!

Rosemarie Rowe is still as lovely as the day she married handsome Robert Stack.

Today, many smart wives watch their figures the Hollywood way with **Hollywood Special Formula Bread**. Only 46 calories in a slim slice of Hollywood—yet high in protein, vitamins and minerals. So good for the whole family, too.

About 46 calories in an 18 gram slice

Up to 45% Extra Protein

FREE! Hollywood Cereals Counter and Home Processor

Write: Executive Dept., 100 W. Madison St., Chicago 2, Ill. Dept. B-4

Baked by **FLUHRER'S BAKERY.**

Under License by National Bakers Services, Inc., Chicago, Chicago, 100 W. Madison St., Chicago, Ill.

SHOP PENNEY'S... YOU'LL LIVE BETTER, YOU'LL SAVE!