



SILVER DOLLAR STAMPS WITH ALL PURCHASES!

"Mabel, You Should Check Those Big 'Y' Centennial Buys!"

3 BIG Y SUPER MARKETS
 NORTH HIGHWAY 99 608 EAST MAIN STREET 11th AND OAKDALE
SATISFACTION GUARANTEED

MEZZANINE CENTENNIAL BUY
 GOOD ONLY AT THE BIG Y
BOYS' PLAIN COLOR DENIM JACKETS

SIZES 2 TO 16



Ideal Summer-Fall Jacket

3.29 Value

\$1.66

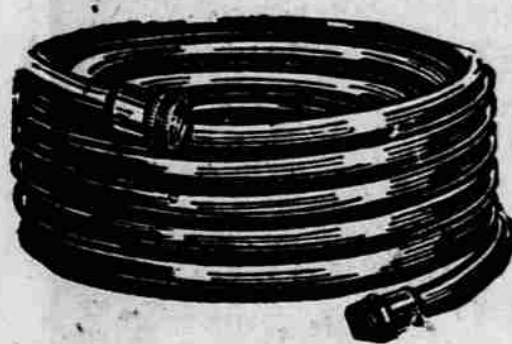
★ ★ ★ **3 STAR SPECIALS** ★ ★ ★
 GOOD AT ALL 3 BIG Y MARKETS

BADMINTON SETS	2 Player Model Complete with Net Shuttlecock	99¢
SHOWER CAPS	A Regular 19c Value	9¢
MEXICAN SUN HATS	What a Buy On Calipso Hats! Frill Ends	10¢

SPORTING GOODS — SHOE DEPT. — BUYS OF THE CENTURY

Regular 7.88 4 Play Badminton SETS With Steel Poles \$4⁸⁸	1.99 EXTRA SPECIAL! CENTENNIAL VALUES! 1.99 Women's—Children's SHOES CANVAS LEATHERS 1.99 MANY STYLES & COLORS 1.99	Regular 4.88 LEATHER BASEBALL GLOVES Rawhide Laced \$3⁹⁵
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BIG Y THRIFT DEPARTMENT CENTENNIAL PRICE BUSTERS!

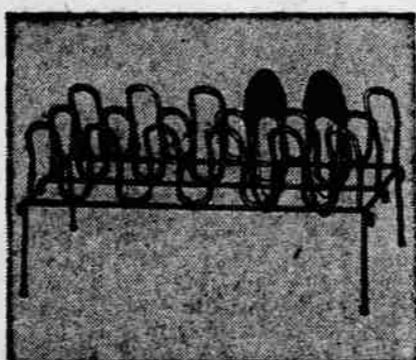


Plastic Garden HOSE

Green opaque hose with brass couplings. Exceptionally good quality. Popular 1/2" diameter. 50-ft. length.

5-YEAR GUARANTEE
 Reg. 4.00—This Sale Only

\$2.66



GRANDSTAND SHOE RACK

Keeps 9 pairs of shoes in orderly neatness, off the floor. Protective feet on sturdy legs.

88¢



ALL PURPOSE BROOM

Large Push Broom, ideal for patios, garages, sidewalks. Buy several at this value price. Strong handle—heavy first grade Tampico fiber.

Reg. 1.98 Value Price **99¢**

Brass Wall Plaques	1.98 Value	88¢
Metal Lawn Carts	3 cu. ft. 9.95 Value	\$6.33
Utility Light	Metal Reflector Complete with Cord and Clamp. 3.98 Value	\$1.99

Napkin Holders	All Metal	59¢
Wading Pools	83" x 11" 12.95 Value	\$7.77
Shower Curtains	6' x 6' Reg. 1.49 Value	77¢

OP BIG Y's... 3 LOCATIONS TO SERVE YOU BETTER!

BIG Y PHARMACY

- Prompt
- Courteous
- Efficient

Reg. 59c
Rubbing Alcohol
 1 PINT
19¢

Men's-CHAMBRAY or GREY SHORT SLEEVE WORK SHIRTS

Work in Comfort—Hot Weather Ahead. This is a Regular **\$1.66**
 2.19 Value!

Undernourished Claimed To Have Healthiest Teeth

Washington (Science Service) — Undernourished people usually have better teeth than well-fed happy Americans.

A relationship has been found between a low intake of calories, or undernourishment, and few, if any, cavities in teeth. This does not mean that starving will improve your teeth, Dr. A. L. Russell, chief, laboratory of epidemiology and biometry at the National Institute of Dental Research, Bethesda, Md., told Science Service.

However, the undernourishment and healthy teeth relationship has been found among many groups of peoples. It exists among primitive groups in Alaska and has been found recently among the people of Ethiopia. A group of U.S. researchers from the Interdepartmental Committee on Nutrition for National Defense found the relationship there while they visited that African country to study the nutritional status of its citizens.

Subject To Gum Disease
 Ethiopians lack adequate supplies of protein, vitamins C and A. While their teeth are healthy, they are subject to gum disease, the most prevalent is gingivitis, inflammation of the gum and tongue, due to vitamin deficiency, Dr. Russell said at the conclusion of a color film that was made during the team's tour of the country.

There is an abundance of fluorine in the water supply of Ethiopia, but this would not account for the healthy teeth, he emphasized. It was suggested that perhaps the extremely low intake of sugar in the average diet of the Ethiopian might account for the lack of cavities. There has been no definite proof that there is any specific cause.

Goiter Common Problem
 The film depicted Ethiopians obtaining salt from sea water. Health experts in that country are now considering methods by which this salt can be iodized, as goiter is a common African problem.

The investigating team found very little anemia, lack of iron in the blood. In addition, Ethiopians have low cholesterol levels, now linked with a heart disease, and few exhibited high blood pressure. The team emphasized that the average adult Ethiopian was somewhat underweight. They also pointed out that the average male is a hard-manual-labor worker.

Pinafore of Huck



7126

by Alice Brooks

Quick to sew for summer days ahead — a pretty pinafore made of huck, in white or color. Easy huck weaving adds color.

Pattern 7126: Children's Sizes 2, 4, 6, 8 included. Pattern, directions for huck pinafore; easy-to-follow chart for huck weaving.

Send Thirty-five cents (coins) for this pattern — add 5 cents for each pattern for 1st-class mailing. Send to Medford Mall Tribune, Household Arts Dept., P. O. Box 168, Old Chelsea Station, New York 11, N. Y. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Our 1959 ALICE BROOKS Needlecraft Catalogue has many lovely designs to order: crocheting, knitting, embroidery, quilts, dolls, weaving. A special gift, in the catalog — a cutout doll and clothes to color. Send 25 cents for your copy of the book.