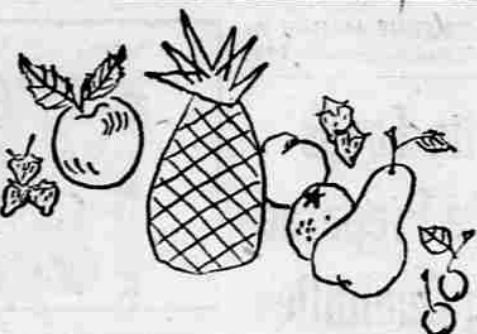




FREEZING FRUITS



FRUIT	METHOD OF PREPARATION	HOW TO PACK
APPLES	Wash, peel, slice in 12ths, blanch in steam for 1-1/2 minutes.	Dry (no sugar or syrup).
APRICOTS	Scald for 1 minute. Chill in ice water, peel, halve, and pit.	In cold, medium ascorbic acid syrup.
BERRIES	Sort berries and wash carefully in ice water. Remove hulls and drain thoroughly.	Whole - with cold, medium syrup. For crushed or sliced berries, add 1 cup sugar to 5 cups berries - stir gently and pack.
CHERRIES	Wash in ice water, stem, and pit.	Sour cherries - 1 pound sugar to 4 pounds fruit. Sweet cherries - add thin or medium syrup.
CITRUS FRUITS	Peel, remove all white membrane and seeds, separate sections, save juice.	Sweeten juice to taste and pour over fruit sections.
CITRUS JUICES	Ream fruit at low speed to minimize amount of air in juice. Strain and chill immediately.	Add dry sugar to taste. Package and freeze immediately.
CRANBERRIES	Stem, wash, discard poor berries.	Dry (no sugar or syrup).
FRUIT CUP	Use any combination of fruits except bananas.	Cold, medium syrup - or add sugar to taste.
FRUIT JUICES NON-CITRUS	Simmer soft fruits until juice is separated from pulp. Strain through cloth bag.	Add sugar to taste (Approx. 1 cup per gallon). Pour into container and freeze. If frozen in ice cube trays, remove after freezing, package in bags to store.
GRAPES	Stem and wash.	Whole and dry. Or pack crushed with sugar or medium syrup.
MELONS	Cut in half, remove seeds, scoop out balls or cut in cubes.	Cover with cold, medium syrup or with orange juice.
PEACHES	Wash, peel, pit, slice.	With sugar or medium syrup.
PEARS	Wash, peel, core, quarter.	With medium syrup.
PINEAPPLE	Cut off outer rind and eyes. Core and cut into slices, wedges, or cubes.	Pack dry or cover with medium syrup. Slices should be separated by double layers of cellophane.
PLUMS AND PRUNES	Wash, pit, quarter.	With sugar or medium syrup.
RHUBARB	Wash, remove leaves and cut stalks into 1-inch pieces.	Dry or with medium syrup. Rhubarb sauce should be cooled before packaging.
STRAWBERRIES	Whole - Wash in ice water, cap. Sliced - Wash in ice water, cap, cut in halves or slices.	With dry sugar or medium syrup. Pack with sugar.

GENERAL RULES TO FOLLOW

These general rules apply to any fruits to be prepared for freezing. The chart at the left gives special recommendations for individual fruits. Fruits are best frozen in jars or in moisture-proof, vapor-proof freezer cartons. They may be packaged in sugar syrup, dry sugar, or without sugar. Sugar draws out the juice which forms a coating to prevent discoloration and loss of flavor and vitamins. Follow these measurements for sugar syrups:

Light...2 cups sugar, 4 cups water
Medium...3 cups sugar, 4 cups water
Heavy...4 cups sugar, 4 cups water

Stir sugar into cold water until dissolved. Syrup does not require cooking. Store in refrigerator for use as needed. 1/4 teaspoon of ascorbic acid powder should be added to each 2 cups of syrup for packaging with apples, apricots, peaches, and pears to prevent discoloration. Most fruits have the best color and flavor if served just before they are completely defrosted. Thaw fruit in unopened container in refrigerator or at room temperature. Thaw only as much as you plan to use; most thawed fruits will darken and lose flavor if left standing for any length of time. Frozen fruits to be cooked should be thawed and used in the same way as fresh fruit. If they are to be used for pies, thaw only until they can be separated and spread apart. Freeze fruits for box lunches in individual containers; allow 4-5 hours thawing time in lunch box. Fruits, as all other foods, should be frozen only if they are of good quality. You get from your freezer only what you put into it, and poor quality foods do not freeze well. Always be sure freezing container is sealed tightly and labelled with contents and date of freezing.

Youngster Can Enjoy Home Food Freezer

To a youngster, a home food freezer is the next best thing to Santa Claus... and just as full of wonderful surprises.

In a few hours of preparation time, a freezer owner has enough sandwiches, cake, ice cream, popsicles and other treats on hand to serve a whole army of children at a moment's notice. She can also whip up some extra-special treats for parties and desserts to delight young eyes as well as stomachs.

Try these special freezer treats:

Candleholders

For each serving, use large ball strawberry ice cream. Insert a tiny red candle in top, round red candy in side for handle. Or use other ice cream flavors, with matching

candle and candy. Candleholder can be stored in freezer for a day, or prepare and wrap the balls several days in advance, add candle and candy just before serving.

Snow Men

Roll small ball of vanilla ice cream in shredded coconut. Roll another larger ball on top. Use semisweet chocolate pieces for eyes and nose, small gumdrops for buttons, lollipop for broom.

Special Ice Cream Desserts

1. Remove center of sponge or angel food cake to leave wall one inch thick inside and outside. Fill with peach ice cream. Serve with fresh or frozen peach slices and garnish with whipped cream.
2. Hollow out cup cakes. Line with jam, jelly, or mar-

SHOE ON OTHER FOOT

Chicago - (UPI) - The Illinois State Employment Service is hunting jobs for 315 office workers. They are claims examiners and clerks for the Unemployment Compensation Division, scheduled for release because of a drop in claims.

The Suez canal is about 100 miles long, connecting the Mediterranean Sea and the Red Sea.

malade. Fill with ice cream. 3. Toast slices of pound cake. Top with ice cream and frozen fruit or sauce.

4. Slice cantaloupe crosswise. Trim rind from slices, place on plate, put large scoop of ice cream in center. Top with mellow ball.

Once you start experimenting, there's no end to the scrumptious treats you and your freezer can create to delight your children and their friends.

MAIL TRIBUNE, Medford, Or. 7

Tuesday, June 9, 1959

Building Own Cars Fad for Youngsters

La Junta, Colo. (UPI) - Youngsters in La Junta have a new fad - building their own cars - which caused some consternation among officials of the Colorado State Patrol.

The law required that the home-made autos be classified as motor vehicles. This, the patrol decided, made them subject to all the titling, licensing and inspection requirements. It also meant that the drivers had to be 16 and carry insurance.

As a compromise, the young motorists are being allowed to operate their cars on private property - and not on city streets or highways.

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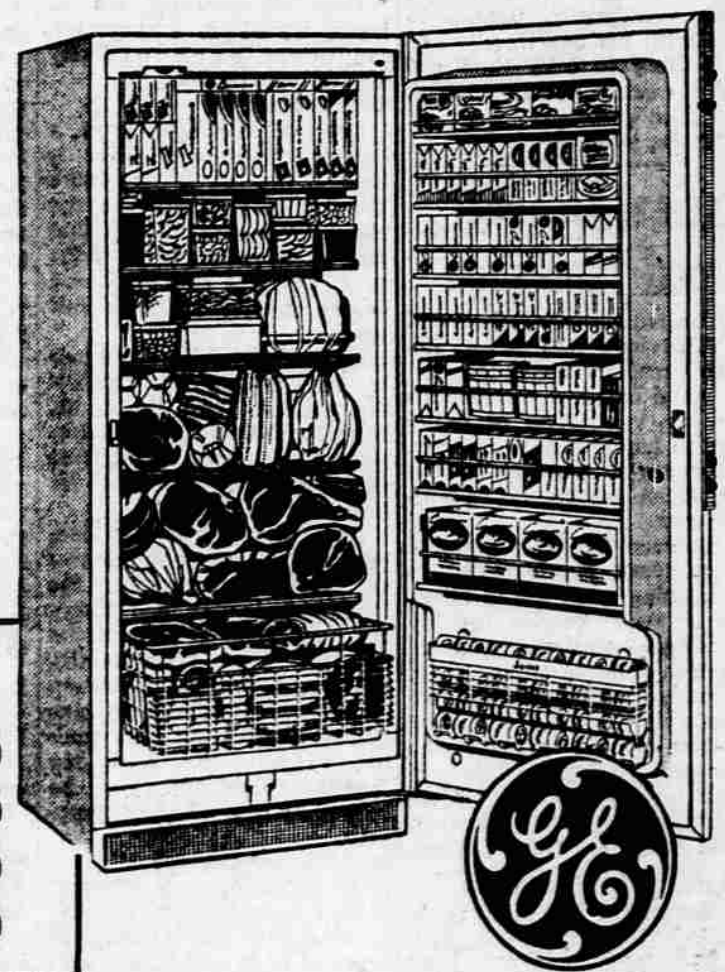
Yes... Spectacular Savings are yours with a freezer. Specials on groceries, direct from the farm purchases, home grown produce can save you the price of the freezer, the operating expense and more than 10% additional. But be your own buyer; the savings are greater.

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13 cu. ft. size	\$329.95
11 cu. ft. size	\$259.95
10 cu. ft. size	\$199.95



Soldier Turns Up Ancient Treasure

Herzlia, Israel - (UPI) - Millions of soldiers have set out to dig foxholes and trenches, but very few find buried treasure along the way.

Recently, an Israel army unit on an exercise near this Mediterranean seaside resort was ordered to dig in. A soldier's spade unearthed a granite statue of a mother and

Back Stairs: Geneva Site Favored

By MERRIMAN SMITH
UPI White House Reporter

Washington - (UPI) - Back stairs at the White House: When the smoke clears and the dust settles after the Big Four Foreign Ministers meeting in Geneva, the local insiders believe that any summit meeting to follow will end up in the same place, Geneva.

There is some basis for recent reports from Europe that Vienna also is being considered as a site. But there are complications involving Vienna. President Eisenhower would be quite happy to meet in Austria, but some of the government's European experts say this would have to depend on the date of a summit meeting, if one materializes.

Late summer Communist youth rallies near or in Vienna, for example, would be regarded rather negatively as a backdrop for a Big Four conference. If a summit conference did not take place until mid-September, then Vienna might become a stronger possibility.

Because of the iffy situation on timing, however, the best speculation on site continues to be Geneva.

Might Serve West
One school of thought in official Washington holds that it might serve the West rather well to have a summit meeting set in Russia, possibly in the Crimea where the late President Roosevelt attended the Yalta Conference in 1945.

These officials don't for a moment seriously suggest that such a location has much chance of becoming a reality. But they like to speculate on what Russia might do if a couple of thousand reporters, broadcasters and photographers clamored at the gates of the Soviet Union for access to the conference.

Just as President Eisenhower isn't too enthusiastic

Veterinary Student Given Wide Choice

Chicago - (UPI) - Today's veterinary student has his choice of research, industry or government service, and a virtual guarantee of job security.

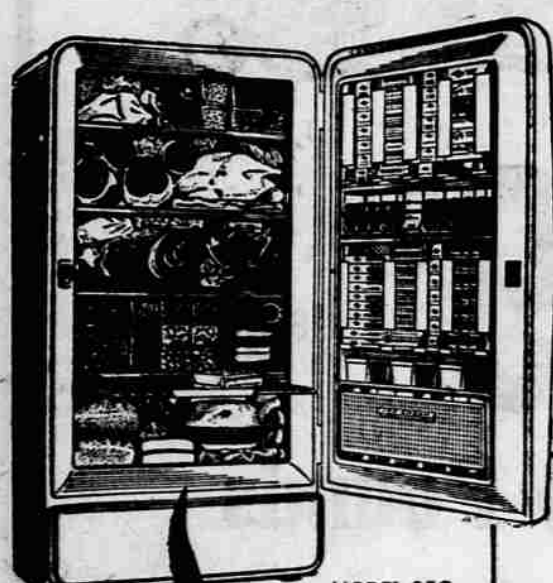
Veterinarians, more important now than ever before, protect the nation's public health and its ever-growing livestock industry.

Jobs in the profession, estimated at twice the number of graduates available to fill them, include those private practice, research and in industrial supervision.

Veterinary medicine is a six-year course. After two years at any accredited college, candidates enter a veterinary college for four years of specialized training.

Graduate veterinarians must be able to diagnose, treat and control both animal and poultry diseases and be familiar with animal diseases that attack human beings.

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