

Feeding the Family

By ZOLA VINCENT
Food Editor

Sundaes Glamour For Every Day

We're eating more ice cream, more frozen deserts. There are more than 200 ice cream flavors but the majority of eaters still say "make mine vanilla". Beyond question, vanilla ice cream is the perfect underpinning for sundaes, milk shakes, sodas. One usually figures that a pint of ice cream will make 4 servings when combined with a sauce.

Sundaes are at home in china dishes, dessert glasses, cantaloupe halves, peach, pear or banana halves... and a great many of them are going into plastic-coated dishes and small plates that are designed for every possible occasion and "every day" too.

Chocolate topping continues far and away the favorite, used alone or in combination with fruits, nuts, coconut.

Molasses or Honey
Many agree that the finest of all ice cream toppings is a tablespoon of unsaturated molasses or honey spooned over.

Raisin-Fruit Sauce
Add plentiful raisins to any leftover syrup from canned fruits such as pineapple, peaches, apricots, berries, plums or cherries. Combine and let stand in refrigerator at least 12 hours for blending.

Chocolate Balls
These are tremendously popular. Roll balls of ice cream in chopped nuts and top with chocolate sauce. Or roll in coconut and top with chocolate sauce. Or top with chocolate sauce and sprinkle liberally with chopped nuts or snowy coconut.

Spiced Lemonade
Party stuff for enjoyment all summer long. Boil three-fourths cup sugar and three-fourths cup water for about five minutes. Combine one cup of this syrup with 12 whole cloves and a three-inch stick cinnamon; simmer five minutes. Strain and add juice of five lemons and one quart water. Chill. Pour over ice cubes made of lemonade.

Cheese Custard Ring Will Please Family
A fine way to use up your share of June's bounty of cheddar cheese. A recent hostess baked this custard in a regular pie crust and served it in pie wedges very attractively. If you try it that way, thoroughly butter pie crust pan to prevent soggy. Omit water pan if you bake custard in crust.

2 tablespoons butter
3 tablespoons flour
1 cup milk
1/2 teaspoon salt
1/4 teaspoon paprika
1/2 teaspoon mustard
1 cup grated American cheese
1 cup grated Swiss cheese
4 eggs
Melt butter; add flour, stirring to a smooth paste. Add milk gradually, stirring constantly until mixture thickens and is smooth. Add salt, paprika, mustard and cheese and stir until cheese is melted. Remove from heat and beat in eggs, one at a time.

Four into buttered nine-inch ring mold. Place in pan of hot water (omit if you're baking in pie shell) and bake in moderate oven, 350 degrees, 40 minutes. Serve with any creamed green vegetable and broiled tomato or peach halves.

Sour Cream Dressing
A wonderful tart-sweet

dressing for slaw using plentiful cabbage, sliced cucumbers or tossed salad greens and plentiful, popular dairy sour cream.

Combine these ingredients in a jar and shake thoroughly or beat in a bowl until smooth and creamy: one-half cup sour cream, one tablespoon sugar, one-half teaspoon salt, one-half teaspoon paprika, freshly ground black pepper, one-half teaspoon mustard, two tablespoons vinegar, one-half teaspoon salad herbs.

Dairy Products lead June Parade of Better Values
June is Dairy Month for the simple reason that this is the month when our milk cow population works hardest and consistently establishes new production records.

The dairy industry is a major one in our state which not only supplies most of our dairy needs but exports some items to other states and to other countries.

Considering the food value in a quart of milk, it is one of the best buys for the money, day in and day out. Calcium, phosphorus and iron, all found in milk, are the three most important minerals needed by the human body for health and growth.

Other fine plentiful dairy items readily available at reasonable cost include sour cream, cottage cheese, American (chedar) cheese, a wide variety of fancy cheeses, buttermilk, ice cream and other frozen dairy products. And of course nonfat dry milk which is an exceptional bargain.

Meat and Poultry
Those who believe that "meat makes the meal" find many excellent values in pork, some specials in braising, long cooking beef and lamb cuts. Poultry continues in the best buy bracket. Cold cuts are many; make good eating at reasonable cost in sandwiches and in hot dishes. Good idea to have handy a few cans of specialty meats for both planned and emergency meals.

Fish and Shellfish Good buys, wonderful eating in plentiful, reasonably priced cod, fish sticks, flounder, halibut, rockfish, salmon and shrimp.

Vegetables
Bins continue to overflow with fresh produce of high quality; potatoes in all sizes, tender cabbage, cauliflower, lettuce, romaine, spinach, rhubarb, bunches of vegetables. Available at modest cost are celery bunches and hearts, corn-on-the-cob, cucumbers, variety of summer squashes, tomatoes.

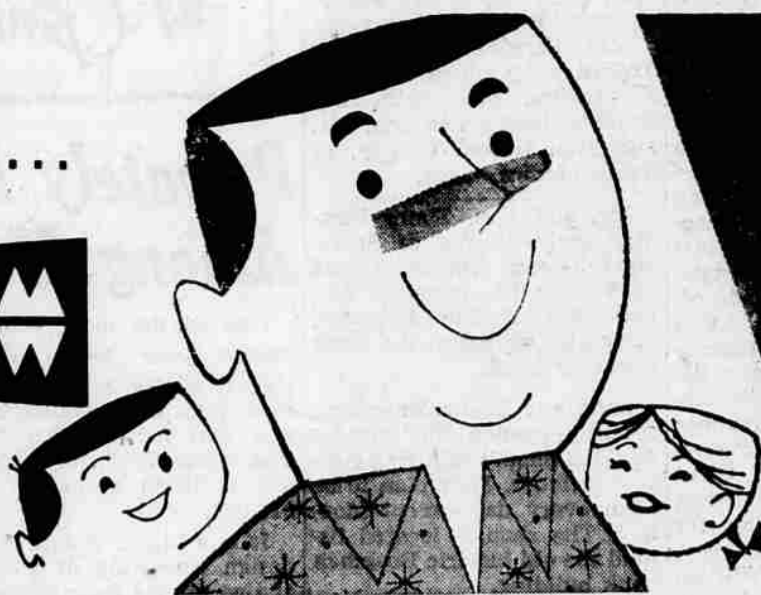
Berries Beckon
Strawberries are making way in displays for the bush berries of the Youngberry, Loganberry, Boysenberry and Olallie types. Early grapes are ahead of their season. Apricots, peaches and figs are nudging plentiful. Valencia and grapefruit. Apples, surprisingly, have excellent quality despite long storage. Melons are increasing seasonally with slight price reductions noted.

King George V of Great Britain died Jan. 20, 1935 and was succeeded by his eldest son, the Prince of Wales, who took title as King Edward VIII. He abdicated Dec. 11, 1936 and was succeeded by his brother, the Duke of York, who became King George VI.

Get that present now for your own...



Father's Day



V.I.P.

(VERY IMPORTANT POP)

Sunday, June 21

OPEN A CREDIT ACCOUNT WITH ONLY 10% DOWN ON MEN'S, WOMEN'S, CHILDREN'S APPAREL



39.95 quality!
red bowl brazier
SALE 29.88

24" size. Stainless steel hood, 3-position UL-approved motor, 2-level grill. \$3 down.



Men's Brent argyle socks

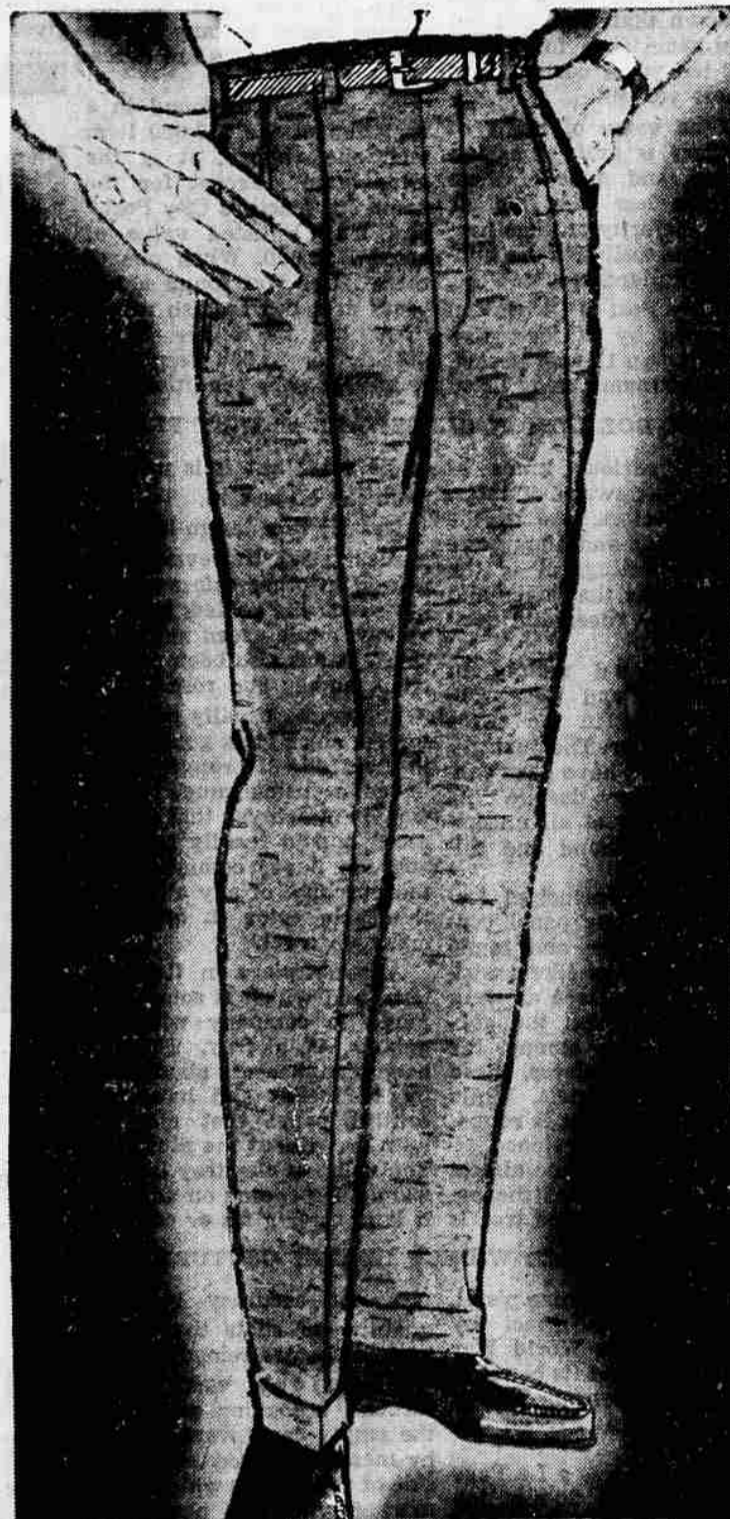
69c PAIR

Soft combed cotton in heather tones, whites, dark, light washfast assortments. Sizes: 10-13.



Men's Light leather slipper
3.99

He-man comfort at a budget-minded price. Cushioned crepe soles, rayon lining. Brown. 6-12.



SALE! No-iron men's slacks

6.98

100% summerweight Dacron®, interesting weave. Wash anyway; dry anyway... and wear. Figure flattering pleated model, quick-drying trim. Your favorite shades.



Lightweight, folding furniture

SALE PRICED!

1. Table, 2 chairs in Coppertone finish. 3 pc. Set. Reg. 12.95 **9.99**
2. Big 3, Fold Aluminum Chaise. 4 Positions for sitting and sunning. Reg. 12.95 **9.99**
3. Reg. 7.49 Saran Web Folding Aluminum Chair. (matches chaise) **5.88**



Cool cotton duck SKIPS soled in springy crepe

SAME QUALITY SELLS NATIONALLY AT 4.99 **3.99**

Dad's favorite casual oxford. (Wards sells thousands of pairs to men all over the country!) Comfort-cushioned from heel to toe; bouncy crepe rubber soles. Brown, blue, gray. Sizes from 6 to 12.



Men's novelty short sleeve sports shirts

2.98 & 3.98

Newest and smartest patterns. Washable easy-iron broadcloths with silk-and-cotton trimming. Sheer nylons with chest inserts for extra coolness and finely detailed, printed cottons. S-M-L, XL.

SUNDAY SPECIALS

10 A.M. — 2 P.M.

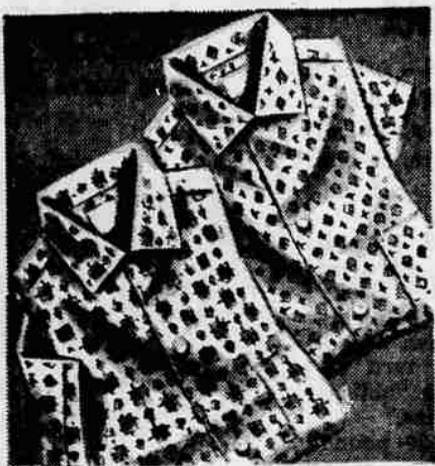
Aluminum Lawn Chairs	Reg. \$8.95	Sat. \$4.95		
Garden Carts	\$9.50	\$7.95		
Wheelbarrows	\$9.30	\$7.95		
General Outside White	\$7.31	\$4.98		

ORTHO INSECTICIDES FERTILIZER
(Use Our Spreader)

PEAT MOSS GRASS SEED

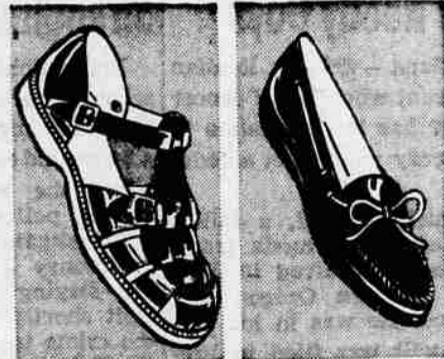
BRUCE BAUER LUMBER CO.'S BUILDITORIUM

765 SOUTH RIVERSIDE — SP 2-6211



SALE! Men's wash-and-wear fancy cotton print shirts

Everglaze minicare cotton. Full cut for comfortable fit. **2.99** Reg. 3.98



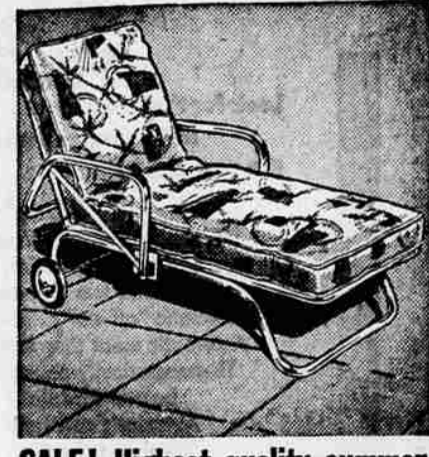
Breeze-cool leather sandals **2.99**
Supple leather camp mocs **2.99**

Barefoot comfort in husky cowhide; set on rugged molded rubber soles. Brown or black. 6-12.
Slipper-like comfort plus long-wearing construction. One-piece rubber soles. Black, wine. 6 to 12.



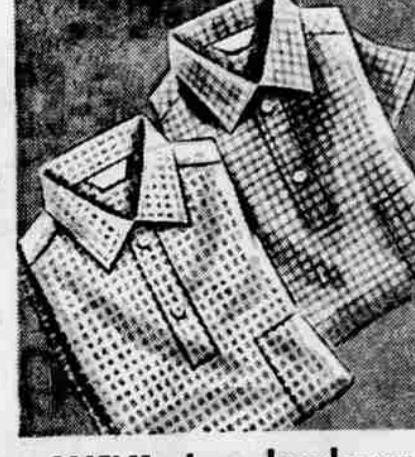
SALE! Deluxe dacron filled pillow back lounge chair

A \$120 value! King-size. Covered in new 'Plyhide', looks, feels like real leather. Zippered cushion. Matching ott. . . 29.88 **99.88** \$5 DOWN



SALE! Highest quality summer luxury at a low budget price!

Back adjusts to 4 positions. Has feather-light aluminum frame. Softly filled pad. Bright pattern vinyl plastic cover. Button tufted. **17.88**



SALE! Men's wash and wear lightweight knitted shirts

80% Orlon, 20% Wool Quick drying knit. Choice of 4 Washfast solid colors. S,M,L. Reg. 3.98 **2.99**

117' S. Central

SP 3-7301

OPEN MONDAY'S TIL 9

FREE PARKING

