

STAR GAZER
By CLAY R. POLLAN
Your Daily Activity Guide
According to the Stars

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

1 Good	31 Likely	61 And
2 Try	32 Cause	62 Your
3 Perfect	33 Your	63 The
4 Surprising	34 It's	64 Humor
5 Time	35 Forget	65 Energy
6 Sincere	36 New	66 Of
7 Gift	37 Your	67 Will
8 Message	38 Methods	68 For
9 For	39 Matters	69 Cultural
10 Luck	40 Sense	70 Activities
11 Year	41 Day	71 Likely
12 In't	42 Of	72 Loss
13 Heart	43 Or	73 Rockets
14 Love	44 In	74 Help
15 Rejuvenate	45 Of	75 Colors
16 Sing	46 Proceed	76 Into
17 Out	47 Books	77 Some
18 Speech	48 Security	78 Info
19 Direct	49 To	79 Your
20 Patience	50 With	80 Refresh
21 Forgive	51 Grievances	81 Constructive
22 And	52 Program	82 Career
23 Movies	53 Love	83 Matters
24 Some	54 Token	84 You
25 And	55 And	85 Side
26 Unusual	56 Grudges	86 Of
27 World	57 Be	87 Practical
28 Luck	58 Never	88 Innovations
29 And	59 Flying	89 Channels
30 Sport	60 With	90 Respect

Good 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90.

Neutral 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90.

4-H Club News
Happy Stitches Sewing Club
The Happy Stitches 4-H Sewing club held an all-day meeting at the home of their leader, Mrs. Arthur Becker, recently.

The meeting was called to order by our president, Suzie Elliott. We started and some of the girls finished our head scarfs. We are also learning to darn stockings.

We all stopped at noon for lunch, then returned to our work.

At 4 p.m. our meeting was adjourned, then we had refreshments and our assistant leader, Mrs. Van Calhoun took us home.

On May 9, we had an afternoon meeting when we finished our head scarfs, and started our aprons. Terry Calhoun and Judy Murphy will give demonstrations at our next meeting. We had a visitor, Mary Ann Snider, at the meeting.

The meeting was adjourned and refreshments were served. Cheryl Becker, Reporter.

The Medical Roundup
by *Walter Alvarez*
Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Clinic

How to Find a Specialist?
Hundreds of people write asking me where they can find a specialist or consultant able enough to settle a problem that has come up. Perhaps three doctors have advised one thing and two doctors have advised something else. What is the answer? Sometimes when I know a good specialist in the particular city, I can help the people. Often, when they write from a small town I can't help because I don't know the name of their nearest big city, or I don't happen to know an able specialist in that city.

Usually, if the patient has a good kindly general practitioner or family doctor, this man will find him a good consultant. If the patient has, let us say, recently moved to California or Arizona, and hence has no family doctor, he can write to the American Academy of General Practice (Volker bldg., at Brookside, Kansas City 12, Mo.) They will send a list of the ablest general practitioners in the particular community.

Many of my patients love the chapter on how to find a doctor or specialist which I wrote with great care and inserted in my book, "Danger Signals," (Heines Pub. Co., 123 North 3rd st., Minneapolis, Minn.) In this book I not only tell puzzled people what are the bad symptoms, like bleeding from the bowel, which should always send a doctor running quickly to a doctor, but also what are the usually inconsequential symptoms, perhaps of nervousness, which need not cause alarm.

Trichomoniasis
Scores of women keep asking how on earth they can get rid of the trichomonas parasite which has invaded their vagina and which causes perhaps a discharge with itching and burning and hypersensitiveness. Fortunately, in many cases, the parasite does not cause much discomfort, and it may die out of itself.

would happen to them. Actually, there was no justification for all this lying. I have in my library two tracts written about 100 years ago, one for boys and one for girls. They were written with the idea of so scaring children that, after reading them, they would never be the same again. These tracts, filled with lies, were bad enough for sane children; imagine what they did to children who were poorly balanced. What was particularly bad was that most children could not stop the habit, so they went on with a terrible feeling of shame and guilt and fear of insanity, damnation and hell fire.

After the Menopause
Many women want to know when, a round menopause time, they can quit worrying about getting pregnant. According to the U.S. Census, there are only three chances in 1,000 of a woman's having a baby after she is 45, and only five chances in 10,000 of having one after the age of 50. Obstetricians tell me that only a few times in their life they have seen a woman of 50 or so who had a baby after she seemed to have quit menstruating.

Now I read in the Journal of the American Medical Association, an expert answer to this question. The authority said that in 65,000 deliveries at Johns Hopkins there was only one in the case of a woman over 47. At the Boston Lying-in Hospital, the oldest patient ever delivered was 49. In the Chicago Lying-in, among over 50,000 deliveries there were two women of 46, and two of women of 48. Drs. DeLee and Greenhill each delivered one woman at 52. The authority concluded that any woman who has quit menstruating by age

49 or even 47, has almost no chance of getting pregnant.

Dr. Alvarez's new booklet on menopause may be obtained by sending 25 cents and a large, stamped, self-addressed envelope with your request to Dr. Walter C. Alvarez, Dept. MMT, The Register and Tribune Syndicate, Box 957, Des Moines 4, Iowa.

BUTTE FALLS
Baccalaureate Slated
By MARY JO HARRIS

Butte Falls-Baccalaureate services for the Butte Falls graduation class of 1959 will be held Sunday, May 17, at the Community Bible church at 8 p.m.

The Rev. Leslie Martin of the Assembly of God church will give the invocation, Scripture reading and benediction. The Rev. Howard Simmonds of the Community Bible church will give the prayer and sermon. The high school choir will offer two numbers, "Beautiful Savior" and "The Lost Chord," under the direction of Dean Boggan. Piano accompanist will be Mrs. Walter Doherty.

Students of the 1959 class are the Misses Deloris Brown, and Priscilla Poole, Mrs. Lloyd Holm, Mrs. Gene Marley, Laurence Cavin, Tommy Dillard, Gerald Ferguson and Hugh Kadin.

Members of the high school choir are Sopranos Joyce Arnold, Deloris Brown, June Buttram, Patsy Facey, Dixie McConochie, Kathy Olson and Linda Webster; Altos Jeanette Capello, Martha Dalton, Darlene Edmondson, Shirley Lytle, Virginia McAlister, Nola Smith, Marie Spence and Earlene Vasseur; Tenors Danny Remson and Doug Fisher; Bass Edwin Ellis, David Baker and Raymond Abbott.

Graduation exercises will be held Friday, May 22, at the high school gym at 8 p.m.

The high school held a Centennial party in April with approximately 40 students and guests participating. Prizes were awarded for the best Centennial style costume. Winners were Mrs. Gene Marley for best dressed girl, Roger Ellefson for best dressed man, Virginia McAlister and Larry Calvin for best dressed couple, Daryl Hawkins and Ira Rambo for funniest couple. There was dancing and refreshments were served.

A spring formal dance was held at the high school auditorium recently. Eighteen couples danced to the music of a four-piece band. Refreshments were served in the cafeteria.

4-H Can Cannners
The monthly meeting of the Can Cannners 4-H club was held May 12, at the home of the leader, Mrs. W. R. Bagley. Mrs. Carter, former 4-H canning leader, gave us some of the fundamentals of canning and freezing and certain ways to prepare them for sale.

Judy Bagley, Reporter.

Officers will be elected.

Mrs. Keith Scott and Mrs. Ted Fredenburg attended the Home Extension State council at Corvallis recently. More than 400 delegates attended.

Miss Aileen Smith, daughter of Mr. and Mrs. Don C. Smith, was honored at a bridal shower Tuesday at the home of Mrs. Clyde Moore. Hostesses were Mrs. Moore and Mrs. Les Casey. Mrs. Bob Wells was in charge of games.

Guests were Mrs. George Berg, Miss Edna Berg, Mrs. Ted Fredenburg, Mrs. Keith Scott, Mrs. Orb Abbott, Mrs. Alva Webster, Mrs. Earl Remson, Mrs. Rayetta Ownsby, Mrs. Ray Sheppard, Mrs. Don Smith, Mrs. William Harris, Miss Smith, Mrs. Bob Wells and Mrs. Moore, and Mrs. Casey, hostesses. Many gifts were sent by those unable to attend.

Miss Smith will become the bride of Floyd Berg, son of Mr. and Mrs. George Berg, soon. Following the wedding and short wedding trip, the newlyweds will make their home in the Trail area.

Mothers day week end guests at the home of Mr. and Mrs. Roger Harris were Mr. and Mrs. Clint Dale and son, Stevie, from Eureka, Calif. Mrs. Dale is a daughter of the Harris'.

School election was held May 4 at the high school. Results were Charles Ferguson, board member, and two rural directors for two years terms, and all tax levies passed. School election board members were Mrs. Bob Edmondson, chairman, Mrs. Duane Burton and Mrs. Henry Tygart, clerks.

County Drivers Get Licenses Suspended
Salem - The department of motor vehicles has released names of 427 drivers whose licenses were ordered suspended during the period beginning May 4, and ending May 8.

Length of suspension varies, depending on charges involved, recommendation of court, discretionary action by the department or requirements of Oregon law. The department said some of the licenses involving financial responsibility and court recommendations may have been reinstated after suspension was ordered.

The department warned drivers that the penalty for driving while suspended is a jail sentence of no less than two days and up to six months, and there may be imposed a fine up to \$500. Under licensing procedures, this will also result in an additional year of suspension.

Those suspended in Jackson county included:

Driving While Suspended—Includes any conviction for violation of traffic laws, involving operation of motor vehicle, while driving privileges were under suspension.

Bowman, Tracy Leroy, 22, of 790 Glendale ave., Ashland, stop sign, 1 year.

Couch, Gerald Deemon, 20, of 808 Beekman ave., Medford, driving while suspended, 1 year.

Logan, Richard Roy, 28, of 214 Alder st., Central Point, violation of basic rule, 1 year.

Intoxicating Liquor—(Mandatory suspension)

Budzinski, John Thomas, 45, of 130 West Main st., Medford, 90 days.

Covarrubias, Jose Salgado, 50, of 3761 South Pacific Highway, Medford, 1 year.

Maple, Alvin Clifford, 46, of 1416 Ross line, Medford, 90 days.

McCormick, Charles Everett, 39, of 411 North Grape st., Medford, 90 days.

Court Recommendation—(Following traffic violation convictions)

Doverak, John, 47, of 809 North Central ave., Medford, following too close, 90 days.

Discretionary Action of Department

Shepherd, Jean, 85, of 842 Garden way, Ashland, failure to pass examination, 1 year.

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3. There is no easier way to save. You can put money aside for Bonds automatically through the Payroll Savings Plan; or buy them where you bank; or where you go to school, through the School Savings Plan for U. S. Savings Stamps.
4. U. S. Savings Bonds are indestructible. Every one is recorded. If your Bond is lost, stolen, mutilated or destroyed, the government replaces it free. Can you imagine a safer way to save?
5. Bonds are easy to cash when you really need money. It's as simple as drawing money from the bank—except that you can cash a Bond at any bank. On the other hand—the average saver hangs onto his Bonds. So chances are, you won't find yourself frittering away Bond money. The tendency is to hold them for when you really need the cash.
6. Your Bonds help strengthen America's Peace Power. Peace costs money. Money for military and industrial strength to keep the peace. Money for science and education to help make peace lasting. And money saved by individuals—by you—to help keep our economy strong. Every U. S. Savings Bond you buy helps strengthen America's Peace Power. And that's one of the big reasons over 40 million Americans hold Bonds today. How about you? Are you buying as many as you might?

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