

Men Urged To Get Checkup for Cancer as Living Protection

Editor's note: This is the third of five dispatches by a leading American cancer expert telling Americans what they can and should do to guard themselves and their families against the killing disease.

By DR. EUGENE P. PENDERGRASS
President of the American Cancer Society
(Written for UPI)

Let's talk man to man about cancer.

About you and your family, and about life insurance. I don't mean the policy you are wisely carrying to protect your family against your dying. I mean the precautions you can take to give your family your living protection

for as long as possible. There are in the United States today more than 160,000 children under 18 who have lost their fathers to cancer. Death insurance may take care of their physical needs; it cannot give them the emotional sustenance of having a father in the home.

Hazards Great
So you need life insurance against the hazards of cancer. And mark this: They are greater for you than for the women in your family; out of every 100 deaths 53 are men. Cancer in men is commonly found in the lungs, the prostate, the skin, and the stom-

ach, colon and rectum. Today, let me tell you how to insure yourself against lung cancer, first cause of cancer death in men; and cancer of the prostate, third on the list.

At the turn of the century lung cancer was almost unknown; as recently as 20 years ago it was rare. Yet this year 35,000 Americans will die of the disease, and 30,000 will be men.

And if current rates continue only five per cent will be saved. Is there anything to be done to better that shockingly low rate of cure? There is. But only you can do it.

Cure Rate Higher
Lung cancer has been potentially curable for a quarter of a century, since medical history was made by the first pneumonectomy—the successful removal of a whole lung in a single operation. When diagnosed early enough and properly treated, the cure rate for cancer of the lung can rise to 34 per cent.

The tragic discrepancy between potential and actual cures is due to the fact that most lung cancers are not diagnosed early enough.

A cough is an early symptom of the disease. How often do we dismiss it as the aftermath of a cold, chronic bronchitis, a nasal drip or a cigarette cough? We find many reasons why not to see the doctor "for an ordinary cough"—which may be a signal of extraordinary and deadly lung cancer.

And we use antibiotics too readily. They may rid you of that cough—for a time. But they may also disguise symptoms crucial to early diagnosis.

May Grow Silently
Unfortunately "early" symptoms do not always appear early in growth. The tumor may be deep in the lung and grow silently for a long time. And that is another factor that confounds early detection.

If a new cough persists for two or three weeks, see the doctor. And a chronic cough calls for occasional checking. Other warning signals include: a faint wheeze, phlegm or "sputum", chest pain, fever and night sweats, loss of weight and debility. And if you see a streak of blood in the sputum don't "wait for it to happen again." You will be losing life-saving time.

Time is never on your side in cancer, least of all in lung cancer. Every day of delay is a day of growth. That's why the American Cancer Society urges all adults, men especially, to have a chest x-ray once a year. A lung tumor will show on film before "early" symptoms.

Varied techniques of early detection are available to your

Servicemen

SIGNAL SCHOOL
Army Pvt. James D. Sanford, husband of Mrs. Sanford, 1796 Thomas rd., Medford, recently completed the eight-week communications center operation course at the Southeastern Signal school, Fort Gordon, Ga.

A graduate of Everett High school and Everett Junior college, he is a son of Mr. and Mrs. George F. Sanford, 3017 Victor place, Everett, Wash.

PRIMARY FLIGHT
Army Second Lt. Rudolph E. Abbott, son of Mr. and Mrs. G. F. Johnston, 427 Hospital dr., Ashland, recently completed the 17-week primary flight training course at Camp Gary, Texas.

Lieutenant Abbott is a graduate of Baker High school and Oregon State college where he was a member of Tau Beta Pi, Pi Tau Sigma, Sigma Tau and Theta Xi fraternities.

COMPLETES COURSE
Delbert E. McKenzie, son of Mr. and Mrs. Harold H. McKenzie, route 1, Rogue River, recently completed the eight-week utility and cargo tandem-rotor helicopter maintenance course at the Transportation school, Fort Eustis, Va.

He was trained to repair helicopter rotor blades and airplane propellers. McKenzie, a private in the Army, is a graduate of Rogue River High school and attended Willamette university. He was employed by Bate Lumber company, Merlin, before entering the Army.

BASIC TRAINING
Donald F. Hawk, son of Mrs. Goldie May Hawk, 685 South Stage rd., is currently undergoing basic training at Fort Ord, Calif. He is a member of the Reserves, company E, 413 Infantry in Medford.

A graduate of Oregon Technical Institute, Hawk was employed by Kaiser Steel corporation, Napa, Calif., prior to entering the Army.

Drug Has Helpful Effect on Heart, Artery Diseases

Atlantic City, N. J.—A new drug which its discoverers say may have 150 times as much effect on heart and arterial diseases as the Salk vaccine had on polio has been reported to the Federation of American Societies for Experimental Biology.

Dr. Thomas R. Blohm of the William S. Merrell Co., Cincinnati, told the federation's 43rd annual meeting that the compound "MER-29", which still is in the experimental stage, is used to control cholesterol, the principal ingredient of a substance which lines the human arteries as persons grow older.

Cholesterol impedes blood circulation and is believed to be a contributing factor to heart attacks, blood clots and burst blood vessels.

Limits Production
Blohm said the compound has been under study for about three years. He said it differs from earlier cholesterol-controlling drugs in that it limits production of cholesterol only to the body requirements. Earlier drugs, he said,

were made to stop or slow down production of the substance.

Blohm said the new drug may prove highly beneficial since an estimated 345,000 people die yearly from heart and artery diseases due to excess accumulations of cholesterol.

From what is known, he said, the use of the drug produces "no interferences with other phases of metabolism. Atom tracer studies confirm this."

Fast Starter

Auburn, Me.—Only a day after receiving his driver's license, Kevin Bixby, 15, was accused of going 60 miles an hour in a 35-mph zone and of running a stop sign.

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Cancer Regression Mysterious Process, Writers Informed

Excelsior Springs, Mo., (Science Service)—One of the still unanswered and baffling puzzles of the cancer picture is the mysterious process known as spontaneous regression, reporters were told here.

No one yet knows just how or what mechanism causes a well established cancer growth to diminish in size and finally disappear. Doctors studying this process now suspect that the body has some type of host resistance, an immunity, as it were, toward tumors.

Dr. Warren H. Cole of the University of Illinois told science writers at a seminar here sponsored by the American Cancer Society. **Plasma Cells Gather**

Studies on spontaneous regression by Dr. George Moore of Roswell Park Memorial Institute, Buffalo, have revealed that lymphocytes and plasma cells, the builders of antibodies, gather around tumors. These might be the cells that cause spontaneous remission, Dr. Moore speculated.

It is well known that patients can have live tumor cells in their bodies for years. These circulating cells will

not necessarily latch onto a portion of the body and become malignant. Since these cells are being spilled out from a tumor and disappear shortly after leaving the tumor, something in the body must be destroying or at least removing the killer cells.

However, while this process can continue for years without causing another malignant growth, one can flare up at any time. It is at this point of flare-up that doctors now suspect a breakdown in the body's defense mechanisms.

Triggers Growth
This breakdown, or inability of the defense mechanism to stay the potential of the tumor cells, triggers a malignant growth.

This may be the explanation for metastasized tumors. These are cancerous growths that have spread from the main tumor via the circulatory system, the lymphatic system or free-floating cells in the body cavity. Tumor cells that have "spilled" out or been rubbed from surgical equipment during surgical removal of a tumor, are another method for spreading cancerous growth, Dr. Moore suggested.



Small Worlds Around Us

By Lynn M. Watkins

'Cures' for Warts Are As Ridiculous as the Warts
Every generation has its pet "cures" for warts. Some of the cures are as ridiculous as the little, unsightly objects themselves.

For many years warts were supposed to be caused by handling "wart toads"; many people still believe this. The fact that a toad's body is covered with warts probably gave credence to the belief.

Because warts are so little understood there is an air of

Truman Due Thanks For Cavalcade Role

Salem—UPI—Rep. Evelyn Nye (R-Medford) said Tuesday that 15 Republican legislators have signed and will introduce a resolution thanking former President Harry Truman for his planned participation in the "On to Oregon Cavalcade" ceremonies Saturday at Independence, Mo.

Women of 21 years or older have had the vote in Britain since 1928; previously from 1918, the minimum age was 30.



GUESS WHO?—In sharp contrast to the kind of costume she's famous for, French actress Brigitte Bardot sports paratrooper togs at R. A. F. base near Abingdon, England, where she is making a film called "Babette Goes to War."

mystery about them. Many people of the "old school" treated them with mysterious concoctions and a lot of mumbo-jumbo. One of the oldest and probably strongest remedies was "stumpwater." This water with the strange properties was found in the woods after a heavy rain. Any hollow stump where water was trapped was a ready source of supply.

Five Applications

After locating the stump, it was only necessary to wait until a dark night. You dipped out the water and carried it home. Five applications was supposed to do the trick. Other folks insisted it should be seven applications. If the wart remained after being doused with the water the five or seven times, the believer blandly insisted the reason for failure was that the "water wasn't gathered at midnight."

Some sections of rural America thought that "milkweed juice," painted on the wart with a soft brush, was a sure cure. Others insisted that milkweed juice caused warts in the first place. One common procedure for wart removal consisted of wrapping the wart carefully with a spider web. The silk was heaped up in a neat little pile on top of the wart, and ignited with a match.

The web smoldered and burned; sometimes, after the smoke cleared away, the wart gave up and disappeared. More often the heat became unbearable and the victim decided on a less painful method.

Strangulation
Some morbid "wart owners" devised a strangulation method. These ingenious individuals tied a thread around the wart, down close to the skin, and daily pulled the thread tighter. With luck and a little time, and a great deal of manipulation of strings, some warts decided to give up and leave. Most such experiments, however, failed miserably.

Warts still retain their status of utter uselessness. They are clods on the human epidermis—totally unpredictable and disgustingly apt to grow just where their unsightly selves will be visible to everyone we meet.

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TABLE ROCK Orchardists Foil Frost

Table Rock — Jack Frost bore down Wednesday morning, for the third day, on the beautiful, unsuspecting pear blossoms in local orchards. Well-trained, alerted crews, consisting of some of the regular orchard hands, but mostly of special recruits of high school students, have so far held the line preventing damage to fruit.

Tuesday morning, April 7, proved to be the most difficult to keep the temperature high enough for safety, lighting of heaters beginning at 2 a.m. and were kept burning until 8 a.m.

Mr. and Mrs. H. C. Clifford of the Forest Acres vicinity, were brief visitors here Sunday. Mr. Clifford was looking for swallows so plentiful here a few years ago, but found none. He claims they have been destroyed by sprays that have been used to kill insects.

Herman Kamping and Walter Chapman have leased the 11-acre tract of farmland on the south end of the Ray Baker farm on the Table Rock rd. Crops to be planted on the tract, which has irrigation, will be sweet corn, onions and other truck crops. Chapman runs a fruit and vegetable stand near the Medford Meat co. and both men live in the Medford area.

Mr. and Mrs. Bud Voss are new arrivals here, living in the house recently vacated by the Abe Halffhills. Voss is employed by the Oregon Veneer plant at White City. They have two children, one in school.

Mr. and Mrs. Leroy Wehde of Trail were business visitors here Wednesday.

Miss Maxine Gordon, missionary to Belgian Congo under the Berean mission in St. Louis, who works in South Africa, showed slides, pictures of places and people taken in areas where she does teaching and evangelistic work.

She also had on display many crude, handmade tools and gadgets used by the Negroes in their way of living, as well as small imitations of idols, worshiped by them before being converted. Miss Gordon was a guest at the R. E. Nealon home while here, and we learned many interesting things from her about the Africans in their natural home land.

One natural trait it seems is that they are never in a hurry, and seem to be what we would call downright lazy. For meat, the natives eat wild boar and monkey, as do the whites and missionaries.

Mr. and Mrs. John Anderson of Dilly, Ore., were brief visitors here with relatives and friends Thursday. They are taking a two-weeks vacation and will visit relatives in southern Oregon and California, going as far as Los Angeles before returning.

According to a recent press release, Mr. and Mrs. Joseph



Hausler and five children will soon be moving to Salt Lake City, Utah, where Hausler will attend the University of Utah, having won a 12-months scholarship grant from the national Science Foundation.

Mr. Hausler is well known here, where he made his home for sometime and taught the local school as well as other schools in the valley. At present he holds a responsible position in the Lone, Ore., schools and while at Salt Lake expects to complete work on a master's degree.

Mr. and Mrs. John Dodge of Medford visited here Sunday.

The Dale Schultz, it was reported, ran into bad weather with much snow on the recent trip to Ft. Riley, Kan.

Several visitors were present at the Easter Sunday session of the local Sunday school, among them being Mr. and Mrs. Jim Glenn, Mrs. Dean Inglis, and sons, Mike and Craig, of Mountain View, Calif., who were here visiting relatives.

Mr. and Mrs. Homer Edgecomb, and son, Jerry, of Susanville, Calif., and Mrs. Emma Houston, of Trail, visited with relatives here Saturday.

He explained to us that the bright pink color of the surface on our pond, was caused by a moss called duck weed. Which he says indicated a fertile place for fish. He says the coarse, heavy grass, commonly known here as squaw grass, is really sedge, and can be controlled by sprays.

Mrs. Clara Gardner, and brother, Chris, of Medford, were dinner guests with relatives at the J. S. Richardson home Sunday.

There was a good attendance at the last meeting of Sams Valley Grange. Among visitors were Mr. and Mrs. C. C. Hoover of the Eagle Point Grange, who brought along some 300 young trees which were distributed to Sams Valley Grangers to set out as shade trees to beautify their premises.

Hoover spoke on the feeding of livestock. He said not to produce an animal with too much fat, which is not so popular now, as in the past.

The following was taken from the Harper's Weekly of April 4, 1863. "A gentleman who had lost his wife whose maiden name was 'Little' addressed the following to Miss More, a lady of diminutive stature. 'I've lost the little once I had, My heart is sad and sore, so now I should be very glad to have a little more.' To which the lady sent the following: 'I pity much the loss you've had, the grief you must endure, a heart by Little made so sad, a little More won't cure.'"

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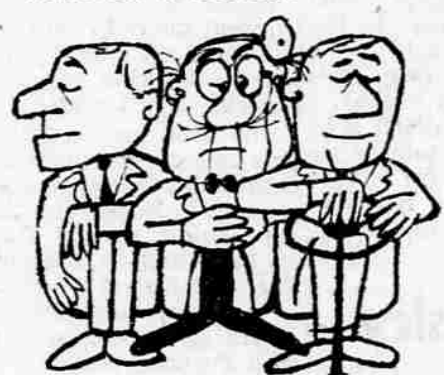
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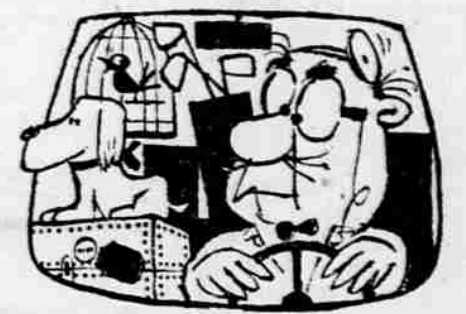
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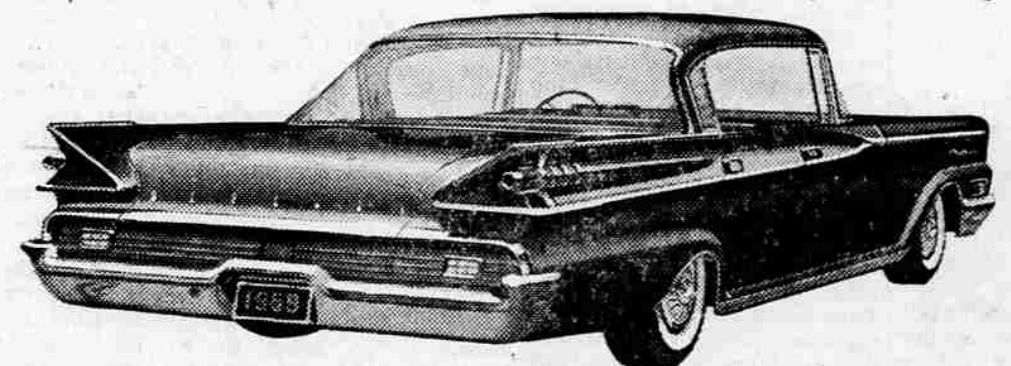


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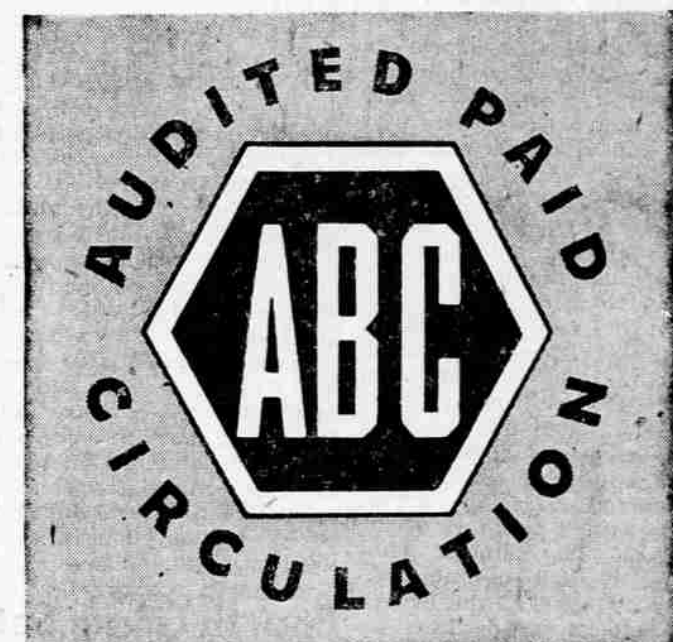


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