

I COULDN'T STOP TORTURING HIM!

My poor husband. Living with me had become torture for him, I'd become such a nag. And the worst part of it was I just couldn't help myself! I felt so tired and worn-out — even an afternoon nap didn't help. When Phil came home from work, I was so nervous and irritable I jumped on every word he said.

I loved my husband dearly, but instead of being an understanding wife, I started arguments over nothing at all. I could see the strain telling on Phil. After all, no man likes a woman ruining his life!

"What's wrong?" he asked. "You're not acting like the girl I married. You're so tired and jumpy lately — it's just not normal. Maybe you ought to see the doctor!"

Sure enough, our doctor had the answer.

After examining me, he explained that my condition was merely the result of a prolonged nutritional deficiency. He explained that a lack of vitamins and minerals was actually making me tired and cranky. All he recommended was a good nutritional formula to supplement my daily diet.

I started taking Vitasafe High-Potency Capsules, and it wasn't long before Phil and I noticed the wonderful difference. My tiredness disappeared, I wasn't nervous anymore — and thank goodness I stopped nagging. Phil and I are as happy as when we were first married.

If you are suffering from vitamin-mineral deficiency, why not see if Vitasafe Capsules can help you? You don't risk a penny. Simply mail the coupon below for a trial 30-day supply!



A dramatization posed by professional model.

25¢ just to help cover shipping expenses of this

FREE 30 days supply High-Potency Capsules

LIPOTROPIC FACTORS, VITAMINS and MINERALS

Safe, Nutritional Formula Containing 29 Proven Ingredients: Glutamic Acid, Choline, Inositol, Methionine, Citrus Bioflavonoid, Liver, 12 Vitamins (Including Blood-Building B12 and Folic Acid) Plus 11 Minerals

To prove to you the remarkable advantages of the Vitasafe Plan... we will send you, without charge, a 30-day free supply of high-potency VITASAFE C.F. CAPSULES so you can discover for yourself how much stronger, happier and peppier you may feel after a few days' trial! Just one of these capsules each day supplies your body with over *twice* the minimum adult daily requirements of Vitamins A, C, and D... *five times* the minimum adult daily requirement of Vitamin B-1 and the *full concentration* recommended by the Food and Nutrition Board of the National Research Council for the other four important vitamins! Each capsule contains the amazing Vitamin B-12 — one of the most remarkable nutrients science has yet discovered—a vitamin that actually helps strengthen your blood and nourish your body.

Glutamic Acid, an important protein derived from natural wheat gluten, is also included in Vitasafe Capsules. And to top off this exclusive formula, each capsule now brings you an important dosage of Citrus Bioflavonoid. This formula is so complete it is available nowhere else at this price!

WHY YOU MAY NEED THESE SAFE HIGH-POTENCY CAPSULES

As your own doctor will tell you, scientists have discovered that not only is a daily minimum of vitamins and minerals, in one form or another, absolutely indi-

spensable for proper health... but some people actually need *more* than the average daily requirements established by the Food and Nutrition Board of the National Research Council. If you tire easily... if you work under pressure, subject to the stress of travel, worry and other strains, with resulting improper eating habits... then you may be one of the people who needs this extra supply of vitamins. In that case, VITASAFE C.F. CAPSULES may be "just what the doctor ordered"—because they contain the *most frequently recommended food supplement formula for people in this category!*

POTENCY AND PURITY GUARANTEED

There is no mystery to vitamin potency. As you probably know, the U.S. Government strictly controls each vitamin manufacturer and requires the exact quantity of each vitamin and mineral to be clearly stated on the label. This means that the purity of each ingredient, and the sanitary conditions of manufacture are carefully controlled for your protection! When you use VITASAFE C.F. CAPSULES you can be sure you're getting exactly what the label states... *pure ingredients* whose beneficial effects have been proven time and again!

WHY WE WANT YOU TO TRY A 30-DAY SUPPLY—FREE!

We offer you this 30-day free trial of valuable VITASAFE C.F. CAPSULES for just one reason. So many

persons have already tried them with such astounding results... so many people have written in telling us how much better they felt after only a short trial... that we are absolutely convinced that you, too, may experience the same feeling of improved well-being after a similar trial. In fact, we're so convinced that we're willing to back up our convictions with our own money. You don't spend a penny for the vitamins! A month's supply of similar vitamin capsules, if it were available at retail, would ordinarily cost \$5.00.

AMAZING PLAN SLASHES VITAMIN PRICES ALMOST IN HALF

With your free 30-day supply of Vitasafe High-Potency Capsules you will also receive complete details regarding the benefits of an amazing new Plan that provides you regularly with all the factory-fresh vitamins and minerals you will need. *You are under no obligation to buy anything!* If after taking your free

SPECIAL PLAN FOR MEN

Men may also suffer from lack of pep, energy and vitality due to nutritional deficiency. If there is such a man in your house, you will do him a favor by bringing this announcement to his attention. Just have him check the "Men's Plan" box in the coupon.

capsules for two weeks you are not entirely satisfied, simply return the handy card that comes with your free supply and that will end the matter. Otherwise it's up to us — you don't have to do a thing — and we will see that you get your monthly supplies of capsules automatically and on time for as long as you wish, at the low, money-saving price of only \$2.78 per month (plus a few cents shipping) — a saving of 45%. Mail coupon now!

VITASAFE CORP.

43 West 61st Street, New York 23, N. Y.

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Yes, I accept your generous no-risk offer under the Vitasafe Plan as advertised in Family Weekly.

Send me my FREE 30-day supply of high-potency Vitasafe Capsules as checked below:

☐ Men's Plan ☐ Women's Plan

I ENCLOSE 25¢ PER PACKAGE for packing and postage.

Name.....

Address.....

City..... Zone..... State.....

This offer is limited to those who have never taken advantage of this generous trial. Only one trial supply under each plan per family.
IN CANADA: 394 Symington Ave., Toronto 9, Ont.
(Canadian Formula adjusted to local conditions.)



YOUR FREE Retail Value \$5.00

EACH DAILY VITASAFE CAPSULE FOR WOMEN CONTAINS

Choline Bitartrate	30 mg.	Vitamin D	1,000 USP Units	Folic Acid	0.3 mg.
Inositol	10 mg.	Vitamin C	100 mg.	Calcium	50 mg.
dl-Methionine	10 mg.	Vitamin B ₁	5 mg.	Phosphorus	39 mg.
Glutamic Acid	50 mg.	Vitamin B ₂	2 mg.	Iron	30 mg.
Lemon Bioflavonoid	5 mg.	Vitamin B ₆	0.5 mg.	Cobalt	0.04 mg.
Complex	5 mg.	Vitamin B ₁₂	3 mcg.	Copper	0.45 mg.
Liver	5 mg.	Niacin	25 mg.	Manganese	0.5 mg.
Vitamin K	0.05 mg.	Amide	25 mg.	Molybdenum	0.1 mg.
Vitamin A	13,500 USP Units	Calcium	25 mg.	Iodine	0.1 mg.
		Pantothenate	4 mg.	Potassium	2 mg.
		Vitamin E	3 I.U.	Zinc	0.5 mg.
				Magnesium	3 mg.

Compare the richness of this formula with any other vitamin and mineral preparation.

SPECIAL PLAN FOR MEN ALSO AVAILABLE CHECK COUPON IF DESIRED

©"VITASAFE" REG. T.M.

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Mail Coupon To **VITASAFE CORPORATION, 43 West 61st Street, New York 23, N.Y.**
or when in New York visit the **VITASAFE PHARMACY, 1860 Broadway at Columbus Circle**
IN CANADA: 394 Symington Avenue, Toronto 9, Ontario