

Crabmeat-Mushroom Good in Casserole

New York - (UPI) - King crabmeat mushroom pudding crams a lot of flavor and nutrition into a one-dish meal.

Remove membrane from 2 (6 1/2-ounce) cans crabmeat and mix well with 1 (4-ounce) can sliced mushrooms, 1 cup soft bread crumbs, 1 package dehydrated onion soup, 1/2 cup grated raw carrots, 2 eggs, well beaten, 1/4 cup milk and 1/4 teaspoon thyme. Spoon into buttered 1 quart casserole and bake 45 minutes in 350-degree oven. Remove and let stand at room temperature 10 minutes before unmolding.

Serve garnished with spicy horseradish sauce made by blending 1 tablespoon prepared horseradish with 2 tablespoons milk and 4 ounces cottage cheese. Serves 6.

For 'Jam' Sessions

New York - (UPI) - Entertaining a high-school crowd? Serve jelly-glazed frankfurters and sauerkraut. Melt 1/2 cup currant jelly. Add 1 pound frankfurters and cook on all sides until lightly browned. Add 1 (1-pound, 11-ounce) can sauerkraut, drained, 1 1/2 cups diced cooked potatoes and salt and pepper to taste. Heat to serving temperature, stirring occasionally.

Sauce In A Second

New York - (UPI) - Three-minute cheese sauce takes just 3 ingredients. Simmer 1 2/3 cups (1 large can) undiluted evaporated milk and 1/2 teaspoon salt in saucepan over low heat to just below boiling (about 2 minutes). Add 2 cups (about 8 ounces) grated process American cheese, stir until cheese melts (about 1 minute). Makes about 2 1/2 cups.

Easter Bonnets of Future May Be Fashioned of Paper

By GAY PAULEY
UPI Women's Editor

New York - (UPI) - Around Manhattan: Our Easter bonnets of the future may be made of paper. For several seasons now, the researchers have been forecasting paper dresses, which, once soiled, can be tossed aside like a used tissue.

I've not seen any of those dresses, but this week I got an eyeful of paper hats.

They're the brain children of a young, Boston-born milliner named "William J." and American Cyanamid, which sells chemicals to the paper manufacturers.

"These hats are not necessarily what you will see on the first passenger rocket to the moon," said the designer, who "hats" some of Manhattan's more glamorous females. But they're guaranteed to start conversation on earth. His "turbo turban" takes off into the air like the mushroom-shaped cloud from an H-bomb explosion.

One "space" bonnet is made of accordion-pleated paper and if the designer doesn't object to one woman's opinion, it looks more like a lampshade than chapeau. Still others resemble inverted salad bowls.

William J. produced the hats as a promotion gimmick for Cyanamid, which said they

are not destined for hat departments. At least not yet. The firm just wanted to show what can be done with finish, dye and printing to make paper look like silks, straws or even laces.

A fabric expert said this week that the combination of chemistry with cotton is having a revolutionary effect in American homes. So much so, that the ironing board may be on its last legs.

The textile industry is turning out wash-and-wear - or chemically processed - cotton fabrics at the rate of two billion yards a year. The total is greater than the combined production of fabrics made from all the newer man-made fibers, Nelson Getchell, technical director of the National Cotton Council, told a New York board of trade textile seminar.

Getchell said the "wash-and-wear" trend is fast developing to the point where a majority of washables in many families may soon be of the easy care type.

Just what all women need . . . a shower head that produces fragrant water.

The gadget from Elizabeth Arden has a small trap door in its plastic and chrome body, through which special perfumed pellets are inserted. Turn on the top, and the pellet "whirls" into action, releasing a cleansing spray of softened water, lightly scented," said the maker.

For the man around the house, the manufacturer says relax - the fragrance vanishes with a clear rinse water.

Shoe heels, which get skinnier with each new season, now take a new direction. Looked at in profile, the heels arch outward like the bow in a bow and arrow, instead of curving in. The silhouette, dubbed the "shock," is from Roger Vivier of Paris.

Mrs. Glen Curtis

To Entertain Club

Rogue Valley Navy Mothers club will meet Tuesday, March 17, at 10 a.m. for an all day session at the home of Mrs. Glen Curtis, 839 Wash avenue.

Sewing will be done during the morning and a covered dish luncheon will be served at noon.

All mothers of Navy, Marine Corps and Coast Guard personnel are invited to attend.



Mr. and Mrs. Lloyd Nikodym, Phoenix, pose in front of a stove in the Phoenix volunteer fire department station. "Nick" is a volunteer fireman and his wife belongs to the fire department auxiliary. Most of the women made their Oregon Centennial dresses and fancy vests for their husbands. Members of the fire department and auxiliary appeared in Centennial dress for the annual Phoenix firemen's ball Saturday night in the Phoenix Community club.



Mrs. Norman Caster, Phoenix, tries on a fireman's hat as her husband, a Phoenix volunteer fireman, assists her. The couple posed in the entrance of the Phoenix fire-station by a fire-department truck before the annual Phoenix Firemen's Ball held Saturday night in the Phoenix community club hall. Proceeds from the dance will be used to purchase a rescue truck for the fire department.

Safety Experts Describe How To Escape From Fire

By PATRICIA McCORMACK
United Press International
New York - It's the middle of the night.

For a reason you don't comprehend, you're tossing and nearly awake.

You draw in a deep breath and get the reason. Smoke. Instinctively, you shake your husband and tell him: "The house is on fire."

If next, you bolt out of the bedroom, you might be signing a death sentence for the family.

According to the National Board of Fire Underwriters, you or your husband should place a palm against the door. If the door is hot, the hall is filled with deadly heated fumes waiting to choke the life out of you. If the door is not hot, arouse other members of the family by shouting. If there's a phone in your bedroom, call the fire department.

Hang out the window and try to arouse the neighbors or a passer-by.

If the palm-test tells you the door isn't hot, place one foot at the bottom bracing it. Open the door enough to stretch one arm into the hall to feel the heat. If it isn't abnormally hot, then you can feel relatively safe about leaving the bedroom and hurrying other members of the family out of the house.

When you wiggle your arm through the door for the heat test, keep your face inside and turned away from the door. If there are deadly fumes, you will get less of them.

Every family, according to the Board, should have a fire escape plan - well rehearsed and understood by all members of the family.

If the bedrooms are on the second floor, think out two emergency exits. It is unlikely

Setting For Salad

New York - (UPI) - A cottage cheese-gelatin ring makes a tasty setting for turkey salad. A quart-size ring is made by soaking 1 tablespoon unflavored gelatin in 2 tablespoons cold water. Dissolve in 2 tablespoons hot water. Mash 2 cups small curd cottage cheese with 1/2 teaspoon salt. Add to gelatin and mix thoroughly. Add 1 cup diced celery, 1/2 cup each of chopped California walnuts and well-drained canned crushed pineapple. Pour into ring-mold that has been rinsed with cold water. Chill until set.

Mix, Whip and Serve

New York - (UPI) - Leftover chopped spinach and mashed potatoes make a good combination, with crumbled bleu cheese added for extra tang. Combine spinach and potatoes, add cheese, and heat in double boiler. Whip until fluffy, add a dash each of onion and garlic salt, and serve.

ly that both will be blocked.

Night fires may start when oily rags, packed in an airless cupboard, smoulder and break into flames. This is spontaneous combustion. The same thing can happen to stacks of papers heaved against the furnace or near the hot-water heater.

If someone's clothing catches on fire, smother the flame with a rug, coat or blanket. Do this headfirst. Otherwise you force the flames up toward the face.

In the kitchen, grease-laden stoves and ovens are a hazard. If a grease fire breaks out, don't throw water on it. That will only make it burn more.

MAIL TRIBUNE, Medford, Oregon, Sunday, March 15, 1959 9A

Fast But Fancy

New York - (UPI) - Ham and asparagus "rollatines" are fancy but easy to prepare. Cook 1 package frozen jumbo asparagus according to package directions. Drain, divide into 4 portions, wrap each in a 1/4 inch thick slice boiled ham, and secure with food pick. Place in buttered baking dish and top with warm sauce made from 1 cup sour cream, 2 teaspoons lemon juice and 1 teaspoon capers, drained, and salt and pepper to taste. Place in 425 degree oven 3-4 minutes. Serves 4.

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