

National Antique Show Described as Bruising

By PATRICIA MCCORMACK United Press International New York — The national antique show is to America what the flea market is to Paris and what the Roman market place is to Italy. But to mild-mannered Nat Mager, who's been directing the show for 15 years, "bruising" is the word for what happens when 125,000 antique lovers descend on Madison Square Garden for the annual foray. "Pound for pound," he said, "antique addicts are more dangerous than lady wrestlers."

Club Announces Date for Show

Rogue River—Plans for the annual spring flower show were made at a special meeting of Rogue River Garden club held at the home of Mrs. F. M. Shont, February 5. The show, to be known as "Century of Flowers" in keeping with Oregon's Centennial, will be held April 25 at Live Oak Grange hall in Rogue River.

Chairman for the show will be the president, Mrs. Roy Larson. Staging chairman will be Mrs. Guy Hanley, and Mrs. Harold Dunham will be schedule chairman.

In place of the usual tea, the club this year will have a "chuck wagon." Mrs. Esther Shock is chairman of this part of the show.

The public is invited to grow, groom and enter flowers of all types in the show. The club hopes the "Century of Flowers" show will be an outstanding event for Rogue River and visitors.

Honor Received By Law Student

Alexander M. Hamilton Jr., son of Mr. and Mrs. Moore Hamilton, 42 Rose avenue, Medford, was recently initiated into Phi Delta Phi national honorary fraternity for law students, according to an announcement from the University of South Dakota at Vermillion.

Young Hamilton finished his first year of law in January, having entered law school at the University of South Dakota after one half year's study in Washington, D.C., where he received his degree in history at George Washington university in January, 1958. The Hamiltons moved to Vermillion last fall soon after the birth of their son, Alexander III. Mrs. Hamilton's father, Pierce McDowell of Sioux Falls, S.D., is a graduate of the same law school.

The student attended George Washington university while working in the U.S. Senate post office as an appointee of Senator Wayne Morse.

Later eight club members went to the home of Mrs. Howard Bush in Medford to watch the birds which feed in her yard and to study identification.

women to know what I mean. They bore into crowded booths with elbows akimbo and can deliver a body check with the ferocity of a wounded hockey player.

"Year after year, their footwork among tables laden with fine sandwich glass and priceless china is reminiscent of the early days of Willie Pep."

Balance Essential Ground rules hold that anything smashed must be paid for on the spot, so grace and battle for bric-a-brac, Mager noted.

When the eight-day show opens March 1, all sorts of "priceless" objects from the U.S. and abroad will be displayed. Mager said they are insured for 20 million dollars.

Prices range from less than a dollar for knickknacks to "whatever the traffic will bear" in the case of one-of-a-kind objects. Most of the items are in the \$20 to \$200 range.

Antique buttons and empty medicine bottles bear the smallest price tags.

Fastest movers, year after year, according to Mager, are modestly-priced doo-dads carried out tenderly by women who think they've struck a real bargain. He said:

Many Resold "Invariably, many are resold during the year to antique dealers and wind up on display at the next year's show — to be sold all over again to another bargain hunter."

The 15th annual show is keyed to the 350th anniversary of Henry Hudson's voyage of discovery.

Mager said members of New York's most historical families have given permission to show their tradition-stepped curios.

Among them are maps, prints, furniture, weapons, charts, contracts, clothes, jewelry, pottery, and — a medicine chest stolen from the White House in the British raid of 1812.

Mrs. Ormy Goddard Hostess for Club; Flower Show Planned

Talent—Mrs. Ormy Goddard was hostess for the last meeting of Talent Garden club, Miss Bertha Hayman served as co-hostess. A business meeting followed dessert.

First plans were made for a flower show to be held later in the spring, and reports on the recent workshop were given. Two members were appointed to decorate Camp White chapel on behalf of the Yreka Garden club, the latter club having sent funds for that purpose.

Later eight club members went to the home of Mrs. Howard Bush in Medford to watch the birds which feed in her yard and to study identification.

Lodge Ceremony Held in Gold Hill; Member Honored

Gold Hill — Amethyst Rebekah lodge degree team, under the supervision of the captain, Mrs. Walter McLean, held initiation last Wednesday evening. Mrs. William Gossman became a member of the lodge. Mrs. Fred (Jerry) Herrington, noble grand, presided.

Mr. and Mrs. George Rogers, Grants Pass, were visitors. They are members of the Hermosa Valley Rebekah lodge in Alhambra, Calif.

Mrs. McLean was honored when Mrs. Paul Thompson, past noble grand presented her a potted plant on behalf of the lodge in recognition for her "outstanding work" as degree captain. Mrs. McLean is a past noble grand of the order and has been an active member for many years. Mrs. C. Norman Gail sang a solo as a tribute to the degree captain.

The members accepted an invitation to join the local Odd Fellows for a social evening once a month.

A cash donation for the March of Dimes was approved.

Plans were made to honor charter members of the lodge at the next meeting Wednesday, February 18, which will observe the sixty-first anniversary of the Amethyst Rebekah lodge which was instituted February 14, 1898. Those to be honored are Mrs. Carrie Puhl, Gold Hill and William Carter, Portland. Mrs. Paul Molloy, good of the order chairman, will be in charge of the program for the evening. And Mrs. C. Norman Gail, chairman of the February refreshments committee will be assisted by Mrs. Lester James Clements, Mrs. Delos Walker and Mrs. Wilmer Bailey.

Refreshments in the Valentine motif were served by a committee.

TEA, FOR POETRY According to Calvin Lee, author of "Chinese Cooking for American Kitchens," jasmine tea is for "reading poetry with your love," a very nice pursuit for valentine's day. eB sure to heat the tea pot while the water is coming to a boil. Turn the gas flame high so the water will boil fast, and turn the flame out the minute the boiling point is reached so oxygen will not be drawn out of the water. Let the tea steep 3 to 5 minutes before serving. The fragile jasmine flowers will float to the top when the tea is ready.

Dr. West said science has not spelled out all the risks, since sleep remains one of the great biological mysteries. But he noted that science generally accepts the layman's notion that the brain "recharges" itself through sleep.

How much sleep you need and when you get it depends on your type, for, according to Dr. West, there are "morning" and "evening" types of sleepers.

Bright-Eyed Riser The "morning" type, he said, is bright-eyed and bushy-tailed the minute the alarm goes off. This type also is cheerful through breakfast and full of get-up-and-go while the sun is high.

But when the sun fades, this type follows suit. Biologically, he heads for bed early in the evening.

At day's start, the "evening" type, according to Dr. West, has a terrible time getting out of bed. He said this type usually needs a couple cups of coffee to get the eyelids half-mast and tends to be grumpy until afternoon.

When the sun's on the wane, the "evening" type gets full of zip, cheerful and wide-eyed.

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Queen Announces Practice Session For Inspection Cave Junction — Honored Queen Carmel White of Bethel 36, Job's Daughters, announces a practice session for initiation and inspection will be held from 9 until 11 a.m. February 14. Inspection by the grand guardian, Mrs. Edward Goodenough, Eugene, will be held February 16.

Immediately following the practice session, the girls, accompanied by members of the guardian council will attend the school of instruction in Ashland at the Masonic Temple at 2 p.m.

A baked food and rummage sale was planned for March 7. Delegates to grand session were elected with Sandra Piper in group one, representing the line officers and Diane Blue in group two, representing the general membership.

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Sponsored by the Oregon Citizenship Clearing House, an association of colleges designed to bring students, faculty, and political leaders into closer contact, these Southern Oregon college students attended the third Legislative Seminar February 5-6 in Salem. They were accompanied by Dr. Marshall E. Woodell, SOC professor of social science, Governor Mark Hatfield; Robert Duncan, speaker of the house; Walter Pearson, senate president; Estes Snedecor Jr., utility lobbyist; and Sam Haley, legislative counsel, participated in a special section of the seminar. It was reported, inspecting the program are college representatives, (from left) Verne Arnold, Butte Falls; Jim Boyd, Medford; Bob Hanson, Ashland; Dr. Woodell; Orion Hammel, Ashland; and Wesley Monroe, also Ashland.

Backseat Driving May Be Useful, Says Psychiatrist

By Patricia McCormack United Press International New York (UPI)—Backseat driving serves a sound purpose if it's done when the man or woman behind the wheel is wool-gathering, according to a psychiatrist.

Dr. Louis J. West, who recently steered a New York disc jockey through 200 sleepless hours, explained that the nagging should be of sufficient intensity to raise the driver's ire.

The expert said anger brings the "dreamer" back to reality—the task at hand.

Dr. West cautioned against nagging at a driver who is actually sleepy, not merely inattentive. In such a case he suggests that backseat drivers speak softly, inducing the driver to pull off the road for sleep.

Sleep a Mystery For driving, riding, or whatever the circumstance, sleep-

ing is the only thing to do when you can't stay awake, Dr. West said.

"Men and women abuse themselves all too often by looking on sleep deprivation in an all too casual way. If you must stay awake longer than usual, ask yourself if it's worth the risk involved."

Dr. West said science has not spelled out all the risks, since sleep remains one of the great biological mysteries. But he noted that science generally accepts the layman's notion that the brain "recharges" itself through sleep.

How much sleep you need and when you get it depends on your type, for, according to Dr. West, there are "morning" and "evening" types of sleepers.

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Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day for publication and for week day news is 5 p.m. the day before publication.

Tuesday: 7 p.m. — Lone Pine Parent Teachers association, at school.

7:30 p.m. — First Presbyterian church, Women's Association circles; Candlelight, Mrs. Henry Leijeraar, Old Stage rd., Jacksonville; and Vesper, Mrs. Frank Morgan, 629 South Holly st.

8 p.m. — American Legion auxiliary, at Legion hall, 533 Edwards ave.

8 p.m. — Nevita chapter, Order of Eastern Star, Masonic temple.

8 p.m. — Pythian club, with Mrs. P. M. Aldredge, 1016 Court st.

8 p.m. — Roguette circle, Military Order of the Lady Bugs, Veterans hall.

8 p.m. — Women's Society of Christian Service, circle 9; with Mrs. Richard Jewett, 903 Winchester ave.

Wednesday: 10-12 p.m. — Kiwanian Dames, home of Mrs. Emerson Anderson, 2131 Hillcrest rd.

10:30 a.m. — Medford Home Extension unit, county courthouse auditorium.

10:30 a.m. — Mistletoe club, Girls Community club.

11 a.m. — Townsend club, Carpenters hall, 123 1/2 West Main st.

12:30 p.m. — Chapter AA of PEO Sisterhood, home of Mrs. Robert Sleeter, 39 Berkeley Way.

12:30 p.m. — Women of Rotary, home of Mrs. C. O. Lovejoy, Old Military rd.

1 p.m. — Book Review group, American Association of University Women, home of Mrs. Lloyd Neilson, 2130 East Jackson st.

1 p.m. — Roxy Gardeners, home of Mrs. F. W. Fogelquist, 1312 Queen Anne ave.

1 p.m. — Medford Little Garden club, home of Mrs. Vernon Marshall, 815 West Twelfth street.

Pink Valentine Dessert Bring 1 cup of water to boiling over a high gas flame. Pour it over a package of raspberry flavor gelatin and stir well. Then blend in a pint of vanilla ice cream. The cold ice cream will melt and begin to congeal the gelatin immediately. Spoon the glamorous dessert into pretty dessert dishes and garnish with grated chocolate. Store in the refrigerator until serving time. Serves 4.

VALENTINE DINNER Tuck this menu into your oven while you drink a toast with your Valentine: barbecued beef, pureed lima beans, spinach souffle, butterscotch brownies, Poppy seed rolls, cole slaw and coffee ice cream may be added for the hearty eaters.

When a woman's Tigress Trim ... she's vital as well as slender. Chances are she watches her weight the Hollywood way. She counts her calories with Special Formula Hollywood Bread.

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Oregon BPWC Federation To Hold Convention Here

Further plans for the 1959 convention of the Oregon Federation of Business and Professional Women's club were made at a meeting held in Medford Sunday. The convention will be held here in May, with Miss Laura York, Medford, former state president of the club, as general chairman.

Among those here for the planning session were Mrs.

PTA Plans Observance On Friday Roosevelt Parent-Teacher association will honor its past presidents at a meeting set for Friday, February 13, at the school gymnasium at 2:30 p.m. The meeting will observe Founders' day and the Oregon Centennial.

Mrs. Jack Sanborn, wearing an authentic old-fashioned gown, will give a short talk on the history of southern Oregon. Mrs. Sanborn is a member of a family which has lived in this section many years.

The Med-Tones will sing several numbers. In the group are Mrs. Laurel Case, Mrs. Sanborn, Mrs. Jack Edson and Mrs. John Dellenback.

Valentine cakes will be given to the two "friendliest persons." The way to win a cake will be described at the meeting.

The annual silver tea will follow the meeting, with mothers of children in the fourth grade serving as hostesses. Since many have inquired the reason for the silver offering, it is explained the fund is used to finance the travel costs of officers who organize new PTA units, and who conduct workshops on the "how" and "why" of PTA work.

Half of the contributions at the founders' teas throughout the nation are kept by the states and the other half goes for national use.

Parents of Roosevelt school are asked to take good used clothing to the meeting. It is stated that all types of clothing for children is badly needed.

Child care will be available. The annual Roosevelt carnival, most important event of the year, is set for April 3.

Sixth Graders To Present Play For Hoover PTA "Missionary Pioneers to Oregon Country" is the title of a play to be given by Jerald Martin's sixth grade home room in a Centennial Assembly for the Hoover Elementary School Parent-Teacher association. The play will be presented in the school gymnasium Friday, February 13, at 2:30 p.m.

The business meeting will be conducted and refreshments served in the school cafeteria immediately following the program.

A nursery is provided for small children.

Foreign Students To Be Speakers Three foreign exchange students attending Southern Oregon college will be guests of Medford Altrusa club at a buffet potluck dinner Thursday, February 12, at 7 p.m. at the home of Mrs. Walton Finley. They are Dusan Pasic from Yugoslavia, Bill Strong from Canada, and Wong Dol Kim of Korea. Mrs. Lucine Miles, Altrusa international relations committee chairman, is in charge of the evening's program.

Hostesses are Mrs. Finley, Mrs. Howard Stoll and Mrs. William E. Frake.

Modern Styles Lead to Trouble For Young Feet Denver—Modern shoe styles can lead to foot troubles, especially for teenage girls, says an orthopedic surgeon.

To keep flats on their feet, teenage girls wear shoes too short, Dr. Irvin Hendryson said.

The result—bunions that in some cases need surgery, he added.

The father of five children, Dr. Hendryson said he has as many misgiving about cowboy boots for boys. But he found a solution.

"When the kids watched TV and then demanded cowboy boots, I bought them, all right—and I made them wear them till their feet hurt so much that they were glad to get rid of them. I bought them a little bit short, by the way."

If a child's feet are a little flat, but he suffers no pain, let him alone, said the surgeon.

Parents worry more about flat feet than do doctors who saw 50,000 pairs of feet in their Army days and realize that most feet are flat by old standards, Dr. Hendryson said.

VALENTINE DINNER Tuck this menu into your oven while you drink a toast with your Valentine: barbecued beef, pureed lima beans, spinach souffle, butterscotch brownies, Poppy seed rolls, cole slaw and coffee ice cream may be added for the hearty eaters.

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Portland Man To Be Speaker For Assistants

Richard G. Layton, Portland, executive secretary of Multnomah County Medical Society, will speak for a meeting of Jackson County Medical Assistants this week. It will be held Thursday, February 12, at 8 p.m. at Rogue Valley Memorial hospital.

The title of his talk will be "It's What's Up Front That Counts." It will deal with the important role of the medical assistant in establishing the proper patient-physician relationship.

Club Holds Open House About 90 persons attended an open house held last Friday afternoon by Medford Fifty Plus club at the club's new quarters in St. Mark's Episcopal Guild hall. Among the guests were Mayor John Snider and Councilman James Dunley. The club reports that both expressed interest in, and appreciation for the place the club is making for itself in the life of the community.

The guests also included 14 men from Camp White, and several prospective new members.

Caesar Muzzioli entertained with accordion numbers and later Alexander's string band played for dancing. The band has been donating its services once each month.

Mrs. Tom Caster To Be Hostess Phoenix-Phoenix Thursday club will meet for a covered dish luncheon at the home of Mrs. Tom Caster, 4129 South Pacific highway Thursday, February 12 at 12 noon.

Mrs. Nan Coats will be co-hostess.

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Martha's Memoirs The Good Things of Life Must Be Taught To Children by Martha Morgan

Early as sunrise this morning Mary called to tell me about the book Janie, one of the twins, brought her yesterday as a surprise from the library—a big thick cookbook. Mary was so pleased that she sat right down with Janie and together they looked through it to find a recipe to make for dinner tonight.

Mary has a patient way of encouraging thoughtfulness in the children—and it isn't always easy. Whatever the children offer to do, no matter how inconvenient it might be for her, she accepts their proffer with gladness. And though the cake might be frosted sloppily—or the cookies rolled out thickly—or the silverware set backwards, still Mary gives them a hug for the effort.

A teacher once told Mary that children must be taught everything—even how to love. And Mary has tried hard to teach her children to be kind and thoughtful. The results don't show in a day or a week or a month. But when an 8-year-old toted a heavy cookbook home from the library because she thinks it would make her mother happy, you can see the patient guidance is surely bearing fruit.

TUNA-CHIP CASSEROLE 2 cups coarsely crushed Potato Chips 3/4 cup undiluted MORNING MILK 1/4 cup lemon juice 1/4 cup mayonnaise 1/4 teaspoon salt Pepper to taste 1/4 teaspoon Worcestershire sauce 1 tablespoon finely minced onion 2 cups (2 7-oz. cans) well-drained chunky tuna 2 chopped hard-cooked eggs 1/2 cup finely diced celery 2 tablespoons chopped pimiento

Place one cup of crushed potato chips in bottom of buttered 1 1/2-quart casserole. Blend together Morning Milk, lemon juice, mayonnaise and seasonings. Add onion, tuna, eggs, celery and pimiento to mayonnaise mixture. Pour into casserole. Top with remaining potato chips. Bake at 350° F. for 35 to 40 minutes. Garnish with egg and pimiento strip. Serve at once. Makes about 6 servings.

Better-blending in your cooking! Morning Milk

While I had Mary on the phone I told her about the delicious casserole Morning Milk is featuring this week. It combines those old teammates, tuna fish and potato chips, but there's a new twist to the recipe that's all in a homemaker's favor. By blending double-rich Morning Milk with real mayonnaise, she gets a sauce that's quick as a

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Members of the Hips Hips Aweigh Reducing League lose weight, almost 100%, every week. We won't mislead you by saying it is the bowling that does it. The bowling helps because it is exercise. But more than that, the bowling league provides a setting in which many have joined together for the same purpose and vie with each other to accomplish an end. Losing weight becomes a pleasure.

Instruction and Registration Period

FRIDAY, FEB. 13
10 A.M.

League Starts Feb. 20
Ends April 24

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