

IF YOU ARE ON THIS LIST...

- Nervous and tense
- Arthritic
- Heart trouble
- Invalid
- Middle-aged or elderly
- Pregnant or nursing
- High blood pressure

DON'T LET CONSTIPATION ADD TO YOUR WORRIES!

As distressing as constipation can be in "normal" people without special conditions or illnesses, chronic irregularity can be extremely aggravating—even dangerous—in some cases. If you are on the list, you've probably been cautioned already by your own physician, to avoid harsh laxatives and purgatives. Your doctor may have indicated concern about the "straining" that goes with constipation (particularly in cardiac, high blood pressure, and similar cases), and he may already have recommended SARAKA. SARAKA works effectively, gently, smoothly, without stress or harshness. SARAKA is easy and pleasant to take, after meals or before bed. At your drug store or drug counter.

SPECIAL OFFER: For generous week's supply send 10¢ to SARAKA, Dept. FW-1, Kenilworth, N. J.

SARAKA

"gentle help to regularity"

**DIABETIC
or DIETING?**

ask for
SARAKA D
the only SUGAR FREE
bulk stimulant laxative

Three Faces of Crippling



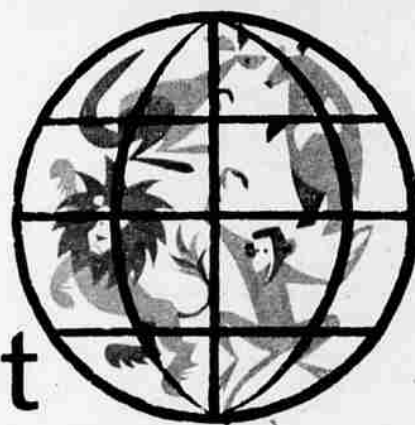
Birth Defects Arthritis Polio

JOIN THE
MARCH OF DIMES

FORWARD GREAT VICTORIES



**Don't let
Baby SUFFER**
TEETHING PAINS!
Give INSTANT relief with



Talent Scout for the Animal World



Linda the llama is star of Miss d'Essen's menagerie. She goes to each new photo or television assignment with the professional poise and assurance of a high-fashion model.



Linda wears her jewelry just as the other girls do, and whatever annoyance she feels from the glare of the photo-flood lamps is offset by being the center of attention.

Photos: Purcell from Three Lions

MANY A HARASSED advertising executive sometimes feels he works in a zoo rather than a business office. Lorainne d'Essen can tell him there's quite a difference—mostly in favor of the zoo. Once a successful account executive, she's now an equally successful talent scout for animals, supplying TV,

Broadway, and professional photographers with a Noah's Ark assortment of trained specimens. Life in her zoo-apartment is not as fashionable nor as stimulating as in a plush advertising office, but on the other hand, a kangaroo, llama, or burro seldom gives anybody an ulcer, either.



"No pets!" is the stern admonition of city apartment leases, so Linda and her pals live in a house.