

# Major Step in Curtailing Cancer Up To Individuals

Editor's note: Following is the first of four dispatches telling what medical science knows about cancer, the chances for development of a cancer cure and—most important to you—what can and is being done today to save the lives of cancer victims.

By PATRICIA McCORMACK

New York—UPI—Thanks to tremendous advances in medical science and despite the continuing mystery over the cause, cure and prevention of cancer—you can in this day and age lick some forms of this dreaded killer.

Just consider: 20 years ago, six out of every seven persons afflicted with cancer died; 10 years ago, three out of every four were doomed. Today, one out of every three cancer patients is restored to health.

"With present knowledge and resources we should be able to save one in two," says Dr. John R. Heller, director of the National Cancer Institute, Bethesda, Md.

"The challenge is to overcome the lag between what we know about cancer and what we do about it."

**One Great If**

There is one great if to this matter of reducing cancer deaths to 50 per cent or less. That "if" is you—if you conquer the unreasonable fear of cancer that grips so many of us; if you take certain simple precautions; and if you consult a cancer-alert physician and cooperate fully with him.

Today, cancer deaths in the U.S. total 225,000 a year. But today, also, 150,000 persons a year who once would have been given up as hopeless are meeting cancer face to face and beating it.

Dr. Lowell T. Coggeshall, president of the American Cancer society, points out that "the most recent increase in the number of persons saved from cancer . . . has netted an additional 38,000 lives a year."

But, he adds: "Seventy-five thousand persons still are dying needlessly."

**No Magic**  
There is no magic in these dramatic figures telling the story of how not to die of cancer. But there are requirements:

The curable cancer must be diagnosed before it has spread to the point of no return. Your doctor must find it.

To try to save those additional 75,000 lives, the American Cancer society bombards

## Seven Signals For Cancer Danger Listed

New York—UPI—The American Cancer society lists these seven danger signals of cancer:

1. Unusual bleeding or discharge.
2. A lump or thickening in the breast or elsewhere.
3. A sore that does not heal.
4. Change in bowel or bladder habits.
5. Hoarseness or cough.
6. Indigestion or difficulty in swallowing.
7. Change in a wart or mole.

If your signal lasts longer than two weeks, see your doctor.

laymen and practicing physicians with cancer-alerts and bulletins.

Thirty times a year, the average person hears or reads about the "seven danger signals" of cancer and is urged to get an annual cancer-seeking checkup:

If you know the common danger signals, and if you get that yearly checkup, you are contributing intelligently to prolonging your own life. But that's not the whole story.

**Depends on Medics**  
"It seems obvious," Dr. Coggeshall said, "that the public education program can

succeed only to the extent that proper facilities for detection and diagnosis exist. Largely this depends on a medical profession which also has an 'awareness' of cancer."

Where do you come in?

"I know nothing more difficult on this earth," said Dr. Coggeshall, "than the task of trying to tell people what is good for them. Most Americans have a peculiar built-in resistance to advice."

Yet, 75,000 Americans who died in the last 12 months might be alive today if they had taken the advice that was available to them.

It's something to think about.

(Next: What is Cancer?)



**REFUSING** to produce registration records in Negro vote discrimination case, Circuit Judge G. C. Wallace, Montgomery, Ala., is charged with contempt of federal court.

## 4-H Club News

**Kitchen Pests**  
Applegate—The first meeting of the Applegate Kitchen Pests was held Tuesday, Jan. 13, at the home of Mrs. Daisy Herriot at 7:30 p.m.

The meeting was called to order by the leaders, Mrs. Herriot and Roberta Prowell. Club officers were elected. They included Mike Elmore, president; Tommy Herriot, vice president; Wayne Stoner, secretary; Virgil Prowell, game leader; Bobby Piete, sergeant at arms; Martin Jansen, treasurer; and David Pittock, news reporter.

The seven second year boys are Bobby Piete, Mike Elmore, David Pittock, Virgil Prowell, Tommy Herriot, Billy Piete, and Wayne Stoner. They received the easy meals cookbook.

The three first year boys are Duke Jansen, Martin Jansen and Tommy Piete, who received a mealtime fun cookbook.

The matter of fines were discussed and decided as follows: talking without permission, 5 cents; for not acting in a normal human manner, 10 cents; and for destruction of other people's property, 25 cents.

Mike Elmore opened a discussion period to decide on a name for the club. The Applegate Kitchen Pests was decided on.

The meeting adjourned at 9 a.m. Virgil Prowell, game leader, directed games and refreshments were served. The next meeting will be Jan. 27. David Pittock, Reporter

**Kooking Kay's**  
The Kooking Kay's met at Mrs. McKay's house on Jan. 15. Shirley Roach made a cake and it turned out perfect.

We have three new members. They are Kathleen Frederick, Carol Strauss, and Ilisha West. Donna Thompson brought refreshments. Our next meeting will be on Feb. 12 at Terry McManama's house.

Linda Snyder, Reporter

**Talent T Bones**  
The Talent T Bones 4-H club had their second meeting of the year Jan. 11 at Greg Goodrick's home. We were glad to have a new member, Dave Doolen. The main part of the meeting was to learn the parts of the beef animal. After wards, refreshments were served.

Terry Welburn, Secretary

**SIGN AID AGREEMENT**  
London—UPI—Russia has signed an agreement with the United Arab Republic to provide economic and technical aid for construction of shipyards at Alexandria, Moscow Radio reported today.

**POLAR ROUTE PLANES**  
Moscow—UPI—Russia has put new high speed cargo and passenger planes into service for polar routes, the Soviet news agency Hass reported Sunday.



**REFUSES POST**—Rep. Thomas Ashley (D., Ohio) has refused to serve as assistant Democratic whip in the House of Representatives in Washington, because he says, "Northern Democrats are given no voice in setting party policy."

## McNeil Warns Residents About 'Fast Buck Artists'

A number of photography schemes conducted by fast buck operators have been reported in the county during recent years, Don McNeil, manager of the Jackson County Chamber of Commerce, warned residents this month.

Although most photographers earn favorable recognition in their community through the artistry of their work and customer satisfaction, McNeil said that the photography field had been invaded by swindlers.

He mentioned that these "fast buck artists" had cheated the public out of millions of dollars and cast an unwarranted stigma upon an honorable business.

**Babies Target**  
The photo swindle schemes vary, the manager said, but the most prevalent are aimed at families with new babies.

Some secure lists of families with new babies and subject them to high pressure telephone while others display samples of beautiful photography and lead victims to believe that they can obtain a photograph of the same high quality by buying a coupon for from \$1 to \$2.

McNeil added that the work is almost never done in "studios" since many of the outfits using this scheme do not have one.

Other of these operators promote phony baby contests while some offer "free" albums for the mother to keep a record of the baby's progress.

Also reported was a scheme where the operator offers to enlarge a customer's old family photograph and finish it in oils for the mere cost of the materials used.

**Customer Protected**  
Anyone of these methods may be used legitimately, McNeil explained, they become rackets only when they employ the abuses described.

Consumers can protect themselves from the photographers they know by experience or reputation to be reliable; be wary of free offers; question coupon deals or other gimmicks which

## Two Boys Held On Holdup Charges

Oregon City—UPI—Two boys, aged 13 and 14, were lodged in the juvenile home here Sunday night after their arrest by state police following the holdup of a market in southeast Portland.

State police said two armed boys took \$35 from grocer Richard G. Brown and left on foot. About 10 p.m. state policemen Roy McGee and Don Bergin picked up two boys near the Clackamas county line.

The officers said the boys had about \$35, plus two pistols taken earlier in the evening in a house burglary.

**NEVER TOO LATE**  
Memphis, Tenn.—UPI—William F. Stephenson, retired hardware executive, was confirmed in the Episcopal church here Sunday. He is 93.

# What's Cooking? BEEF!

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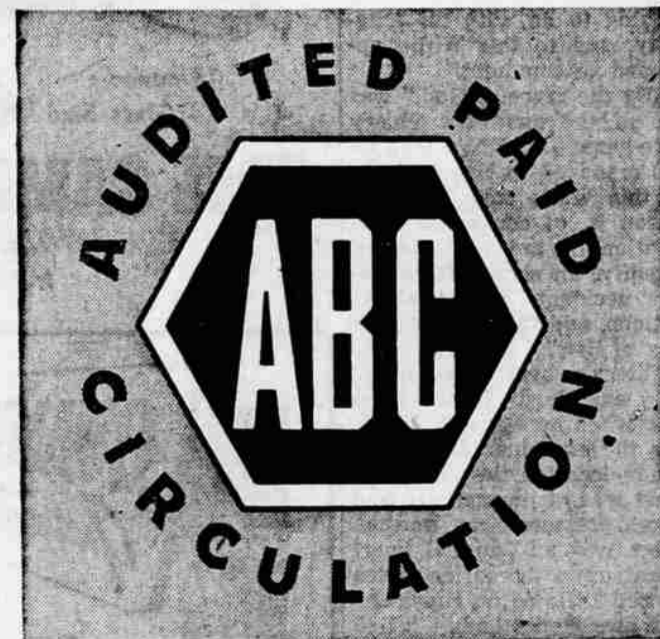
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