

They'll Do It Every Time By Jimmy Hatlo



BEFORE THE BELL RINGS THE GLADIATORS ARE UP OFF THEIR STOOLS RARING TO GET AT ONE ANOTHER...



THEN, FOR THE REST OF THE BOUT, THEY PUT ON THE BEST WALTZING BALLET SINCE NIJINSKY...

Feeding the Family

By ZOLA VINCENT
Food Editor

Chocolate Pie Has Coconut Sprinkle

Ready for another rich and wonderful dessert? One that is very easy to make, handsome to gaze upon? Make this in a 10 inch pie plate if you have one; otherwise a nine inch is fine.

- 1 10 - inch baked pastry shell
- 1 1/3 cups evaporated milk, divided
- 1 envelope unflavored gelatine
- 1/2 cup sugar
- 1/4 teaspoon salt
- 1 6-ounce package (1 cup) semi - sweet chocolate pieces
- 1 teaspoon pure vanilla extract
- 2/3 cup coconut

Bake a nine or 10 inch pastry shell according to favorite recipe or directions on a packaged piecrust mix.

Chill two-thirds cup of the evaporated milk in freezer tray of refrigerator until ice crystals form around edges. Combine gelatine, sugar and salt in top of double boiler. Pour remaining evaporated milk into a two-cup measure; add enough water to make 1 1/4 cups. Add to gelatine mixture with semi-sweet chocolate pieces. Place over boiling water and cook, stirring occasionally, until chocolate is melted and gelatine is dissolved. Beat with rotary beater until blended. Add vanilla extract.

Chill until mixture mounds slightly when dropped from a spoon. Turn chilled milk into cold bowl and beat with rotary beater or on high speed of electric mixer until milk is stiff. Fold into chocolate mixture. Turn into prepared baked pie shell; chill until firm. Sprinkle coconut in wreath around edge or make desired design. Some maraschino cherry halves or bits, perhaps for further decoration.

Eat Your Milk

There's many a way to get milk into meals besides drinking it. All dairy products have important places in the family's daily menus. These include milk, cheese, cream, sour cream, buttermilk, cottage cheese, ice cream, butter, evaporated milk, nonfat dry milk solids, chocolate milk

drink, and other dairy specialties.

Apple Lamb Curry Certain to Please

Here is a fine main dish that uses two (or more) cups cooked lamb or is worthy of starting with one pound freshly cooked cubed lamb stew meat.

- 3 apples, peeled, cored and sliced
- 1 large onion, sliced
- 1 clove garlic, minced
- 1 tablespoon butter
- 1 tablespoons flour
- 1 tablespoon curry powder
- 1/2 lemon, juice and grated rind
- 1 can condensed bouillon OR 1 1/4 cups lamb broth or bouillon made with cubes
- 1 teaspoon kitchen bouquet
- 1/2 cup raisins
- 2 whole cloves
- 2 cups cubed, cooked lamb

Saute apple, onion and minced garlic in butter until golden brown. Add flour mixed with curry powder, blending well. Combine lemon juice, bouillon and kitchen bouquet; add gradually to curry mixture, stirring constantly. Add grated lemon rind, raisins and cloves. Cover and simmer 30 minutes. Add lamb; heat thoroughly. Serve with plenty of good west coast-grown rice.

Spinach Corinthia

Ancient Greeks and Romans ate spinach even as do modern boys and girls. Spinach has a wealth of natural food values, is one of our most commonly used vegetables; is available fresh, canned and frozen. Give it variety like this: Combine one-third cup mayonnaise, two tablespoons chopped pickle and one tablespoon chili sauce. Pour over hot spinach. Remember that fresh spinach should be quickly cooked (seven minutes) in only the water clinging to the leaves after washing or freshening. Season with salt and pepper.

There's good news along the meat front with the brightest meat situation in several years coming up and per capita consumption expected to rise to 156 pounds, a four pound gain over last year.

Lamb, favored by west

coasters, is plentiful, of excellent quality, getting heavier, meatier as the season advances. Best buys are where they've always been - on practically any cut except legs and chops and even their prices are relenting a little.

Pork supplies are increasing right along with specials certain as the month advances. Pork in today's meat cases has less fat, more lean; something pork packers have been working on for a long time.

Beef and veal, as is their custom, are lower in supply, a bit higher in price at this season. Good old hamburger, however, remains in the bargain class; a mighty budget-balancer.

Poultry bargains seem here to stay; broilers and fryers are designated as the "plentiful food to feature" item for the week. Turkeys are plentiful and there's several days good eating in one.

Fish and shellfish variety is excellent. Coast - caught fish offer a wealth of health values. Surprise the family with Dungeness crabs, fish sticks, halibut, oysters, rockfish, sablefish, salmon or shrimp. Note plentiful in frozen food sections, canned fish sections. When buying fish, buy extra lemons!

Potato Plenty. Combine diced, cooked potatoes with diced beets for red flannel hash. Dice cooked potatoes, add diced green pepper, pimiento and onions for O'Brien potatoes, then smother in sour cream at the last minute.

Vegetable Buys. Besides potatoes, there are carrots, cauliflower, beans, beets, broccoli, cauliflower, celery, lettuce, onions, peppers, squash of several varieties, topped turnips, parsnips and rutabagas, sweet potatoes.

Fruit Buys. Apples in good variety, avocados, bananas, grapefruit, medium and small oranges, lemons and small tangerines.

Congress Asked To Repeal Auto Tax

Washington - (UPI) - Congress has been asked to get the speed" by repealing the 10 per cent federal excise tax on automobiles.

Rep. Charles E. Chamberlain (R-Mich.), author of the bill, said failure by Congress to take action on the same legislation last year "contributed immensely to the crippling recession that plagued our nation."

Dean Ellis Elected Tax Commission Head
Salem - (UPI) - Dean Ellis, newly appointed member of the State Tax Commission, has been elected chairman of the three man group.

Consumption of meat in North Carolina shows an average adult consumes 55 pounds of beef a year and about 75 pounds of pork.

FORMER PASTOR DIES
Los Angeles - (UPI) - The Rev. Daniel J. Stack, S.J., 74, former pastor of Blessed Sacrament Church of Hollywood - the largest Roman Catholic church in the film capital - died Thursday at Queen of Angels hospital.

Ninety per cent of the U. S. date crop is produced in the Coachella Valley of southern California.

Uruguay Buys Crude Oil From Russians

Montevideo, Uruguay - (UPI) - Uruguay has bought \$6 million worth of Russian crude oil and is negotiating for the purchase of an additional \$3.5 million worth of fuel oil, gasoline and kerosene, it has been announced.

There were 15 million Negroes in the U.S. in 1950.

MEETING SET

Central Point - A meeting of the budget committee of Central Point Rural Fire Protection district has been set for 8 p.m., Monday, Jan. 19, at the fire station here. It will be the first meeting for consideration of the district budget for 1959-1960.

More than seven million pleasure boats were in use in the U. S. in 1957.

Flames Gut Empty Building at Portland

Portland - (UPI) - Damage was estimated at more than \$15,000 Thursday from a fire which gutted an empty grocery store and damaged an adjoining hardware store on Barbur Blvd. during the evening rush hour Wednesday.

California has 25 million acres of national forests.

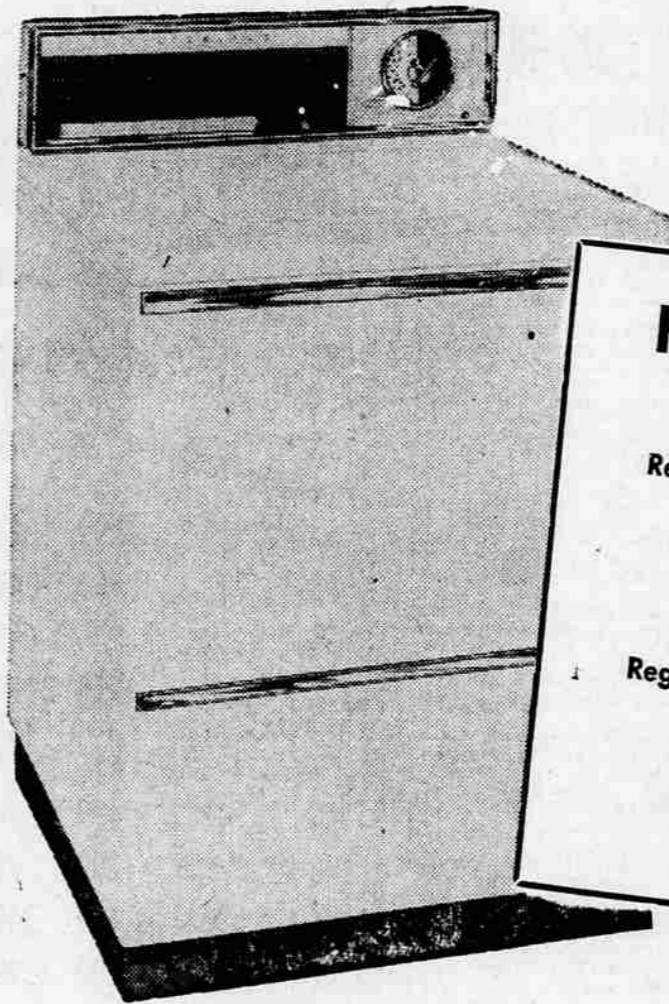
Portland - (UPI) - The State Board of Health says it plans to set up a radiation control program in Oregon.

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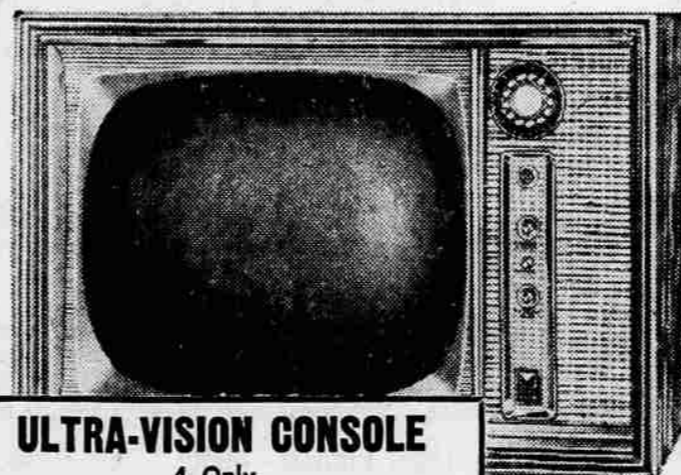


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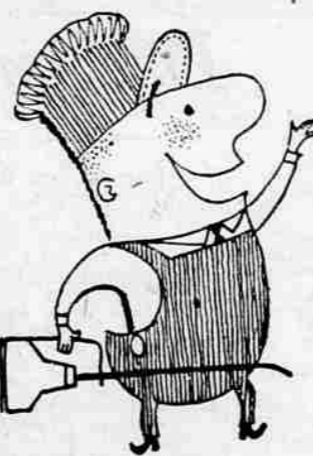


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