



**WEARING BEARD, GLASSES, Fidel Castro, leader of victorious Cuban rebels, talks with members of his staff at Camaguey, en route to capital city of Havana.**

## Is That So?

By OLGA BURNS

The impolite adjective "lousy" is rarely applied to plants or trees, but unfortunately in all too many cases it is eminently because it is literally correct.

When an acquaintance said he didn't know what to do about his lousy peach orch-



ard he was referring to plant lice, or aphids, which infested it. The type involved was what is known as "the green" variety, an immigrant from Europe that has long since invaded many of the peach orchards of the west.

The damage done by these aphids is considerable, and strangely enough, it isn't limited to just the trees and the bank account.

The aphid begins his work when the eggs hatch out in early spring. The eggs, laid in the fall, can be seen during the winter as tiny, glossy black things on the branches or in the bark. As soon as they hatch, the pinkish colored larvae promptly start to work feeding on the buds, invading the blossoms and grazing on the new leaves.

**Suck Out Juice**  
The food they get is the juice they suck out, and prob-

ably the most dramatic evidence of it is to be found on the leaves which curl up, sometimes very tightly, with an effect on the tree that is not unlike choking off its breath.

As the season advances, the aphids lay their eggs to hatch out new generations—there will be as many as 12 during the course of the year—which continue to feed upon the tree. But as summer comes—say along about the third generation, the new crop develops wings and takes off.

Not to another peach tree, however. This time it's to a different host, but one that almost surely has considerable value. The objective is probably a vegetable, such as a lettuce or tomato plant, but if it isn't, it will likely be an ornamental such as a chrysanthemum or violet.

Once it has arrived, the cycle begins anew, continuing until the final generation before cold weather when a new crop of winged aphids returns to the peach trees to lay their over-wintering eggs.

(Released by McClure Newspaper Syndicate)

Sorry, I simply cannot answer your many friendly letters individually, but I will be glad to answer letters of general interest through the column. Please address your letter to: Is That So! in care of the Mail Tribune, box 1069, San Francisco, Calif.

## The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor and two writers. Each article is a summary of an actual report. The Family Council does not give advice; it merely reports on problems that have been dealt with by responsible agencies and counselors.

**Frances M.**—My husband and I have been married for five years and have two children. We were married before we were out of our teens and maybe that has a lot to do with some of our problems.

My husband and I just don't seem to have anything to say to one another. The only time he shows any interest in me is when he wants to make love. I have tried to get him to talk to me about the children and his work, but his response usually is "Do whatever you want" when I question him about the children. He just clams up when I ask about his job.

I'm beginning to feel that there is no use going on living with a stranger. I have tried to be a good wife and homemaker, but life seems so miserable and monotonous this way that I'm thinking of going home to my parents.

**Sidney M.**—Life certainly is miserable the way we have been living it. Fran tries to make out a good case against me, but I don't see where it's more my fault than hers.

What Fran calls, "talking" should really be called nagging. She doesn't want to discuss the children. She wants to complain to me about them. What can I do if they cry and get on her nerves? I've got to take plenty of guff all day myself—only I get it from the boss.

I think I have more than my share—having a family to support at the age of 24. Fran isn't the only one who is having a rough time. I want to keep our marriage together for the sake of the kids, but she doesn't think of things like that. She seems to think I'm a sex maniac and that's all I'm interested in. It just isn't so. It's just that it's hard to talk to a complainer.

**The Council**—We would guess that the blame for this monotonous marriage is pretty evenly distributed.

Probably Frances resents her husband's advances because the marriage lacks psychological and spiritual closeness and probably Frances' resentment of physical activ-

ity causes her husband to feel unwanted and to clam up when she wants companionship.

It's a vicious cycle that can only be broken by an effort on the part of each partner to bring more sympathetic understanding to the other.

Fran ought, in the first place, to recognize that her half-hearted notion of breaking up the marriage will lead to nothing but more bitterness and frustration. It is unlikely that she would find any happiness in a second marriage unless she learns to bring herself actively into the relationship. She can probably learn this very well with the father of her children, the man with whom she has shared life for five years.

It is quite possible that Fran doesn't want to nag and complain all the time. It may be her unfortunate way of trying to build up a conversation. She should make an effort to think of some of the cheerful things she can tell her husband at the end of each day. If she sets her mind to it she will discover that some of the things she complains about are actually funny.

Sidney will probably find that his own burdens will seem much lighter if he shares them with his wife and he may find her far more responsive physically if he shows her that he needs her understanding and comfort outside of the physical area.

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## Political Riot Staged in Mexico

**Tijuana, Mexico**—UPI—A mob of 800 students staged a political riot Thursday night, injuring one policeman and damaging 10 autos.

A threatened riot at a political meeting in Mexicali, about 80 miles east of this border town, caused police here to dispatch men to the city.

The Mexicali meeting was held but it was peaceful.

## Headache Caused by Foods Has New Prominence in Science

By DELOS SMITH  
UPI Science Editor  
New York—UPI—The "something you ate" theory of what causes headaches is in new prominence in medical science which is chronically headachy over its failure to produce 100 per cent workable remedies for the most common and most wearing of man's lesser ailments.

Dr. Raymond L. Hilsinger of the University of Cincinnati made the theory attractive to his colleagues by showing how a person a little allergic to a particular food could keep on eating it for years without ever realizing it was responsible for his headaches.

And the man's physician, even though he specialized in allergies, could miss the cause because the skin test for allergies is not always reliable for allergic foods, and besides, the food allergy could exist and still not be detectable by skin test, he said.

What this adds up to is that "the nature of food allergy is poorly understood and

incompletely investigated." Let medical science find out more about how any given food can "sensitize" a person either intermittently or in cycles, and it may then come up with the sure-fire answer to a kind of allergic headache which can stay with its victim for life, Hilsinger urged.

**React Differently**  
People who get headaches because of something they ate will react differently to that something at different times. If they haven't eaten the food for a long time, there may be no reaction to it at all because their sensitization to it has worn off.

But if they eat it again, say about four days later, they'll get a lulu of a headache because they had been sensitized to it all over again. Maybe five or six months will pass before they have the food a third time. Their sensitive state is wearing away but it is not quite gone and so the headache is slight, and they may have only "a feeling of fatigue."

If it is difficult to decide that a food allergy is giving the man his headaches, then it is much more difficult to track down the specific food which is doing it, since he is not dramatically and overwhelmingly allergic to it, the way some people are to cucumbers or tomatoes.

**Itching Nose A Sign**  
The time to suspect a food allergy is when the man has an itching in his nose or the roof of his mouth; when he is attacked by severe headache in the middle of the night; when there are prolonged flareups of headache lasting

18 hours to three days. And also if the man had been having unexplained headaches

most of his life, since they would begin early in childhood.

To track down the specific food which is a headache to this man, put him on a basic diet of foods which his chemistry is known to handle without harm to him. Then add other foods one at a time un-

til you come to the one that produces the headache reaction. This should be supplemented by skin tests of individual foods, he added.

Hilsinger's ideas are being widely circulated among medical scientists and physicians by the technical publication, "Modern Medicine."

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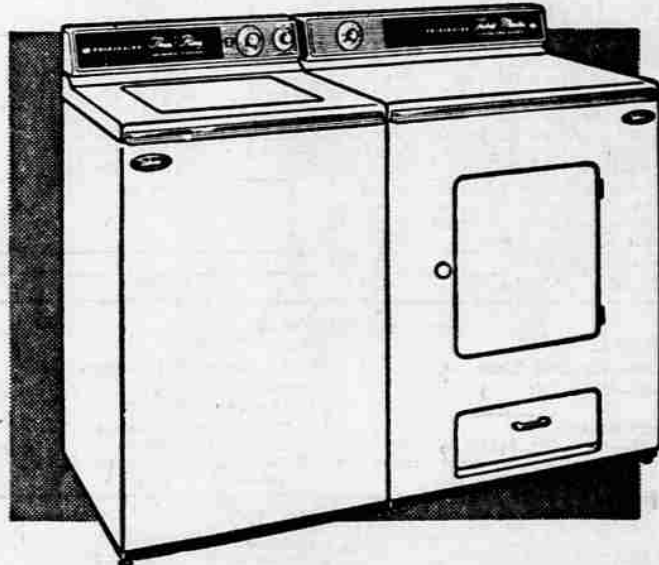
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## Tool Firm to Move to Ashland

Ashland—A hand forged tool firm, owned and operated by L. R. Harper of Oakley, Calif., is expected to be established in Ashland, according to Lloyd Selby, member of the Ashland economic development commission.

The decision to locate in Ashland, it was reported, was reached after Harper made a survey of the area and visited the valley.

It is reported that the firm, which will employ up to 17 persons, will manufacture a line of high-grade hand forged steel tools which are marketed nationally. Prior to moving to California, Harper was located in Portland.

During the owner's visit to Ashland last week the economic development commission were hosts in showing him available buildings and introducing him to local businessmen.

The new firm is expected to move to Ashland this month.

## Medford Man Lodged On Assault Charge

Emmitt Gerald Revis, 203 Elm st., was lodged in the county jail under \$105 bail Wednesday following arraignment in district court on a charge of assault and battery. He was given until Jan. 12 to enter a plea.

The complaint had been signed by his wife, Mrs. Barbara Lee Revis, of the Elm st. address.

## OFF-THE-CUFF

Hollywood (UPI)—Marlon Brando, on his way in a taxi from the Monterey, Calif., airport to the set of the film "One-Eyed Jacks," lost the paper on which he was scribbling notes for his first directing effort. So he wrote the notes on his hand. "That's what you call directing from first-hand information," he said.