

Quotes From the News

By UNITED PRESS INTERNATIONAL.

Washington—Rep. Joseph W. Martin (R.-Mass.) after being defeated by Rep. Charles A. Halleck (R.-Ind.) for the GOP House leadership:

"I thought I had commitments but they didn't all materialize. A few friends let me down."

Flat Rock, N.C.—Poet-philosopher Carl Sandburg on deposed Cuban dictator Fulgencio Batista, an admirer of Abraham Lincoln:

"He read all about Lincoln I could tell him—and it didn't seem to do him much good."

Miami Beach, Fla.—Navy surgeon general Rear Adm. Bartholomew W. Hogan on the treatment of victims of an atomic attack:

"Those who have hopeless injuries should not consume the time of any surgeon who might be able to spend his time in actual life-saving procedures."

Goldboro, N.C.—Marion Wilson, who was standing near where two fuel tanks dropped from an F100 jet fighter plane plummeted into the ground:

"They went off real sharp, like dynamite. I didn't see any fire but there was some smoke coming out of the holes."

Little Rock, Ark.—Segregationist Robert W. Laster on the possibility of a federal judge ordering this city's closed public schools reopened on an integrated basis:

"We're going to have to be in contempt of this court or in violation of the state law."

Hotel Barber Gives Mikoyan Morning Shave

Washington—(UPI)—One American at least has Deputy Soviet Premier Anastas I. Mikoyan all in a lather.

He's Alfonso Tana, a 70-

year-old hotel barber. He stopped by the Soviet Embassy today — for the third straight day — to give the visiting diplomat his morning shave.

Tana, who has waited on so many prominent people in the past 50 years that he can't remember them all, said Mikoyan is "a very nice fellow, a kind and gentle man."

Unlike most barber-customer relations, there's little conversation — almost none, in fact.

"We just say 'good morning' and then, when I'm finished, 'good day,'" Tana said. "Then Mr. Mikoyan thanks me and bows."

Proving to be something of a diplomat himself, Tana said when asked if Mikoyan got or needed a haircut:

"He didn't ask for one."

Tana refused to say whether Mikoyan paid him for the shaves, or gave him a tip for his services.

"Those are money matters that I just won't discuss," he said.

Asked how he happened to be tapped for the job, he replied:

"Someone at the State Department asked me to do it. Somebody must have recommended me."

PREDICTS DEATH

New Orleans—(UPI)—Funeral services were held Tuesday for the Rev. Juan Alberto Garay, who said in a sermon Sunday that many of those present would not live until the end of 1959.

Court Records

Municipal Court
 Charles Louis Morave, 214 1/2 Haven st., drunk in public, \$15.
 Sherman Reynolds, Camp White, drunk in public, \$10.
 Norman H. Blackwell, Camp White, drunk in public, \$10.
 Alfred Clyde Dehm, Camp White, drunk in public, \$10.
 Andrew Dooney, Camp White, drunk in public, \$10.
 Elmer Leroy Williams, Eagle Point, drunk in public, \$10.
 Ruth Owen Blummore, c/o general delivery, Gold Hill, vagrancy, \$10.
 Eva Eileen Richardson, disobeyed traffic signal, \$5.
 Hazel Francis Herndon, violation of basic rule, \$10.
 Kenneth Winford Johnson, violation of basic rule, \$10.
 James Hilary Mathews, failure to leave information at scene of accident, \$10.
 Kevette Ray Stokes, violation of basic rule, \$10.
 James Drew Coleman, wrong way on one way street, \$10.
 Velia Margery Johnson, disobeyed yellow light, \$5.
 Ray Foster, violation of basic rule, \$15.
 Charles Leroy Campbell, violation of basic rule, \$10.
 William Lee Evans, failure to yield right of way to vehicle, \$10.
 Fred Wynn Nilani, violation of basic rule, \$10.
 Raymond Clifford Ayres, disobeyed stop sign, \$5.
 Elio Narcisco Torresan, disobeyed yellow light, \$5.
 Frank David McCully, Jr., wrong way on one way street, \$5.
 Maria Walles, disobeyed red light, \$5.
 Willard Ray Hicks, disobeyed red light, \$5.
 Leland R. Chambers, violation of basic rule, \$10.
 Ryan Raymond Cherry, violation of basic rule, \$10.
 Raymond Cherry, disobeyed stop sign, \$5.
 Roy Jackson Kell, failure to transfer registration, \$10.
 Kenneth Albert Hughes, violation of basic rule, \$5.
 Steven Carl Morris, improper right turn, \$5.
 Robert Leon Pugh, violation of basic rule, \$10.
 Raymond Waterfield, disobeyed red light, \$5.
 Robert D. Waldron, violation of basic rule, \$10.
 Robert Fred Hoffer, no tail lights, \$2.50.
 Verne Wendall Taylor, disobeyed red light, \$5.
 Ronald Wilmont Baker, violation of basic rule, \$10.
 Henry H. Rowell, violation of basic rule, \$10.
 Edward Jearold Dole, wrong way on one way street, \$10.
 Kenneth Larry Metcalf, excessive exhaust noise, \$10.
 James Warren Struss, violation of basic rule, \$10.
 Roland Winford Logan, violation of basic rule, \$10.
 Bill Atwell Ball, disobeyed red light, \$5.
 Ross David Plankenhorn, violation of basic rule, \$10.
 Alvin Gerald Peterman, excessive tire noise, \$10.
 Glenn William Waddell, disobeyed stop sign, \$5.
 Ernest Earl Pathmann, wrong way on one way street, \$10.
 Loyd Stanley Houston, violation of basic rule, \$10.
 William Boone Katzenbach, violation of basic rule, \$10.
 Larry Kenneth Nolte, violation of basic rule, \$10.
 Melvin Allen Pieper, driving on wrong side of street, \$5.
 Cecil Hudson Bishop, disobeyed red light, \$5.
 Claron William Henderson, disobeyed red light, \$5.
 Claron William Henderson, no operator's license in possession, \$10.
 Milton Duane Singler, violation of basic rule, \$10.
 Frank James Mee, violation of basic rule, \$10.
 Louis Gene Logston, violation of basic rule, \$10.
 Walter Edward Hatch, following too close, \$10.
 Orville Clois James, violation of basic rule, \$10.
 Paul Leslie Andrews, violation of basic rule, \$5.
 Theodore Henry Stamper, disobeyed stop sign, \$5.
 Claron William Henderson, disobeyed red light, \$5.

DISTRICT COURT
 Rowland Reed, failure to operate on the right side of the road, \$15.
 Jerald J. Morgan, no operator's license, \$10.
 Ortha K. Adams, no operator's license, \$10.
 Donna B. W. Peacock, improper changing of lanes, \$10.
 Verla Cox Bradley, failure to stop, \$10.
 Joe B. Berriman, dumping garbage illegally, \$10.
 James S. Woods, improper lights, \$5.
 Amos A. Shadley, no operator's license, \$10.
 Verle Mize Yost, failure to stop, \$10.
 Michael J. Morrissey, no lights, \$5.
 Ada B. Crosby, failure to dim, \$7.50.
 Kenneth T. Burnett, failure to operate on the right side of the highway, \$15.
 Arthur L. Shoemaker, defective emergency brakes, \$10.
 Peter W. Welch, Portland, reckless driving, \$55.

CIRCUIT COURT
 Henry H. Dufer vs. Nancy N. Dufer, divorce decree.
 John William Burns vs. Irene O. Burns, divorce decree.

MARRIAGE LICENSE APPLICATIONS
 Earl Clyde Bledsoe and Alice Beryl Robertson Burroughs, both Grants Pass, Ore.
 Robert Gust Zacharias, Boise, Ida., and Betty Ann Bray, 3182 Pacific Highway, So.



MOPPING UP IN Havana, these Cuban rebels of Fidel Castro duck behind parked autos sparring for position to get at 200 policemen holed up in a downtown building.

Over-Eating May Be Cause of Early Hardening of Arteries

By DELOS SMITH
 UPI Science Editor

New York—(UPI)—Too much eating rather than too much food, may well be the real cause of premature hardening of arteries and consequent premature death, in the view of a scientist specializing in the aging processes of the human body.

Dr. Chester Solez urged members of the American Geriatrics Society to set their research guns on testing the ancient saying that it is possible to dig one's own grave with a knife and fork. Science has gone along with that idea in a general way but has never paid much attention to seeking out the whys and the wherefores.

It should seek them out and at once, said Solez, because there is evidence over-eating shortens life, although the evidence is in the bits and pieces scattered through the accumulated knowledge of medical science. In his opinion, over-eating can keep the body machinery-busy turning out new tissue to replace old tissue—constantly overwhelmed.

Inferior Tissue Results
 This leads to the machinery turning out inferior tissue which means blood vessel walls suffer in a way that causes them to degenerate before they should. Moreover, "if the dietary over-indulgence consists of 'empty calories,' even worse tissue is

formed," he said. The most common source of "empty calories" is alcoholic beverages.

Solez was concerned with the chemical activators of the bodily machinery which construct new tissue to replace old. These are enzymes which get the build-up chemistry in motion, step-by-step, and the hormones which regulate both the speed and the amount of motion.

In certain people the supply of some of these enzymes and hormones may be limited at best, and the result of over-eating "is a relative or absolute shortage." Insulin, for example, is a hormone produced by the pancreas gland and failure of the pancreas to produce enough of it results in diabetes. Solez ar-

gued that insulin deficiency in an individual could cause deterioration of tissue and degeneration of arteries before it causes recognizable diabetes if it did.

Can Upset Balances
 Another hormone he suspected of being involved in artery hardening is the one secreted by the adrenal glands which counters the building up of proteins for body repair. When all is well, this hormone is useful because it prevents an over-supply. But if there is too much of it being secreted, there is an under-supply of protein and resultant damage to arteries. Over-eating could so upset the intricate balances among hormones and enzymes as to cause a relative surplus of this hormone.

It wasn't so long ago, Solez said, that many medical scientists held that too much fat in the diet caused hardening of the arteries. Then the opinion switched and a deficiency of the unsaturated fats in the diet was suspected of being an important cause. The true answer isn't as simple as that because there is "a wide variety of factors involved."

Over-eating is one factor but it "is especially important since it is controllable," he said. "If people can get a clearer idea of how and why over-eating leads to arteriosclerosis, they may be more willing to curtail dietary indulgence and make a healthier selection of foods."

Nationalist Terror Sweeps Algeria

Algiers—(UPI)—The new wave of Nationalist terror sweeping Algeria claimed five more civilian victims Tuesday, French officials announced Tuesday night.

They said a Moslem victim was found with his throat cut near Setif, a city 70 miles west of Constantine, while a French farmer was killed by rebel agents in a barn on his farm near Villebourg, 70 miles west of here.

Publication Scoffs At Flynn's Report

Havana—(UPI)—The rebel publication Revolution scoffed today at Hollywood star Errol Flynn's report that he was wounded "while operating with Fidel Castro."

"That one (Flynn) never saw Castro," said Violeta Casals, a woman broadcaster for the rebel radio, in an article published by Revolution.

Flynn, who said he had been strafed by a government plane while traveling with a band of rebel raiders, showed newsmen here a leg wound which he said was caused either by a government bullet or by a chip of the masonry it knocked off a pillar behind which he had taken cover.

Miami AttorneyTRIES Suicide in Accident

Miami—(UPI)—Attorney Paul A. Foisy, 33, tried to commit suicide Tuesday by ramming his car into another vehicle, police reported.

Henry N. Moore, 50, driver of the other car, was killed. Foisy was critically injured.

INSTALL HONEST JOHNS

Bonn—(UPI)—The first group of American Honest John rockets for the West German armed forces has been installed for training purposes. The Federal Defense ministry confirmed that the surface-to-air missiles had arrived last month.

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 2:45 P.M. Lv. The Dalles
 4:56 P.M. Lv. Pendleton
 7:06 P.M. Lv. La Grande
 8:05 P.M. Lv. Baker
 3:30 P.M. Ar. Denver

6:40 P.M. Lv. Denver
 7:05 A.M. Ar. Kansas City
 12:29 P.M. Ar. St. Louis

*9:00 A.M. Ar. Chicago

*Second Morning

Clip this schedule—save it for reference.