

# REDUCING?

If you're in your 40's and feeling the worries and tensions of present-day living, don't add irregularity to your woes. If you're reducing, be sure your diet provides enough bulk, lack of which is a common cause of irregularity.

A daily half-cup of Kellogg's All-Bran with milk provides this vital bulk... permits dieting without danger of irregularity from this cause. And All-Bran—so good-tasting and nutritious—does it the natural way. No habit-forming laxative drugs!

For that wonderful regular feeling, try Kellogg's All-Bran for just 10 days.

**Kellogg's ALL-BRAN**

**Don't let Baby SUFFER**  
TEETHING PAINS!  
Give INSTANT relief with



**DENT 5 Lotion-Jel** **RECOMMENDED BY PARENTS**

For ADULTS, too! Quickly relieves Toothache, Denture Irritations, etc.  
By the makers of Dent's Toothache Gum, Toothache Drops, Ear Wax Drops.

**BE CAREFUL WITH TRASH FIRES!**



Remember—Only you can PREVENT FOREST FIRES!

**DRIVE S-L-O-W-L-Y**

## Rip Van Winkle Couldn't Sleep with Nagging Backache

Now! You can get the fast relief you need from nagging backache, headache and muscular aches and pains that often cause restless nights and miserable tired-out feelings. When these discomforts come on with over-exertion or stress and strain—you want relief—want it fast! Another disturbance may be mild bladder irritation following wrong food and drink—often setting up a restless uncomfortable feeling.

Doan's Pills work fast in 3 separate ways: 1. by speedy pain-relieving action to ease torment of nagging backache, headaches, muscular aches and pains. 2. by soothing effect on bladder irritation. 3. by mild diuretic action tending to increase output of the 15 miles of kidney tubes.

Enjoy a good night's sleep and the same happy relief millions have for over 60 years. New, large size saves money. Get Doan's Pills today!



### Roundup!

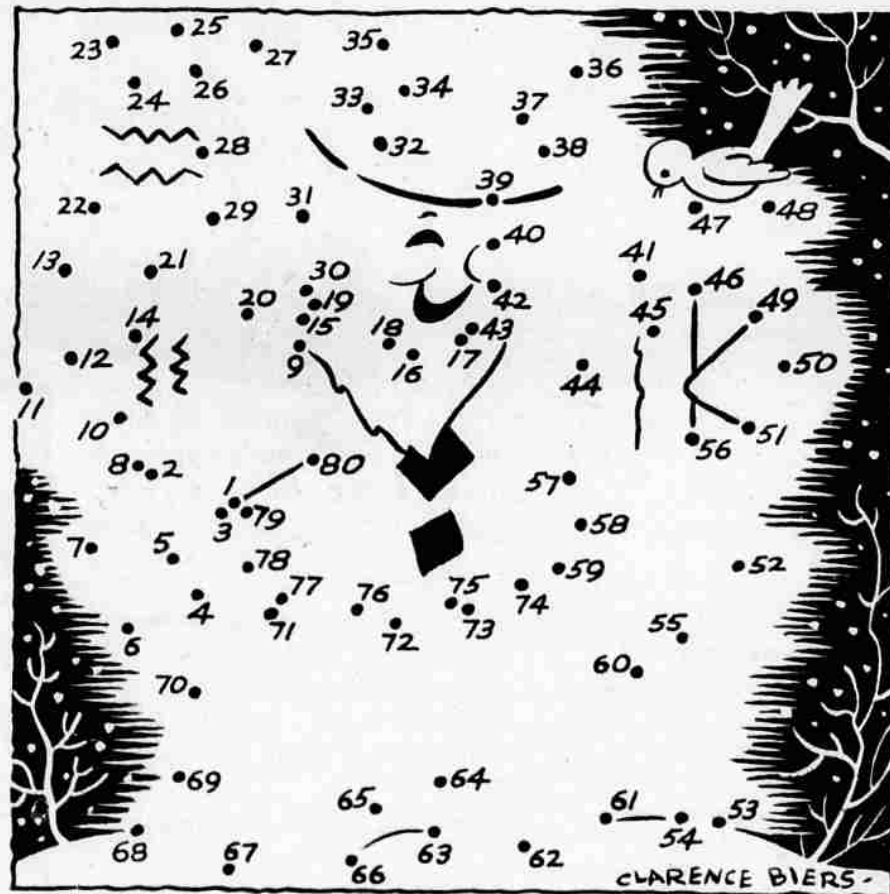
Nat Bradford

First you select two small teams. They are called the cowpunchers and the dogies (the motherless calves in a range herd). Each team has a leader. The corral, or home base, is selected. Then the cowpunchers hide their eyes and count to 500 while the dogies' leader sees that all the dogies are hidden. Then he comes back and joins the cowpunchers who now go in search of the dogies. When the dogies' leader feels that his herd can get back to the corral without being caught, he shouts out, "Git along, little dogies, git along, git along!" and they all rush back to the corral. The cowpunchers also rush back. The side getting all its players to the corral first wins the game. In fact, they become the dogies of the next game.

Try Roundup. It's a favorite!

## Junior Treasure Chest

Edited by MARJORIE BARROWS, Editor of The Children's Hour



### January Puzzle

by Clarence Biers

#### Can You Carry Water?

Gerne Silke

This game should be played out-of-doors or some place where it won't matter if water is spilled. The object is to carry a measuring cupful of water on the back of your hand a distance of about 12 or 15 feet. It's not as easy as you might think! Better use a cup of tin or aluminum. If the game is played indoors or on a concrete or board walk, it adds to the fun if someone stands ready with a large mop to wipe up spills. If many are playing, divide the players into pairs and see which can beat the other to

the goal. When you're finished with carrying the cup on the back of your hand, you might try it on top of your head!

#### HAPPY NEW YEAR

How many words can you make out of this greeting? In five minutes, can you find 45 words? We did!

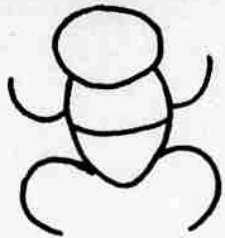
Answers: pay, paw, pare, pear, peer, hen, hay, heap, haw, her, here, hear, ray, raw, ran, rap, rye, reap, why, whew, we, wear, war, weep, near, new, nape, ear, ewe, eh, way, pea, paw, yen, yap, yap, nap, nay, he, ah, are, awe, eye, ape.

#### Let's Draw a Baby New Year

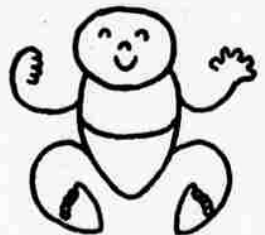
Ann Davidow



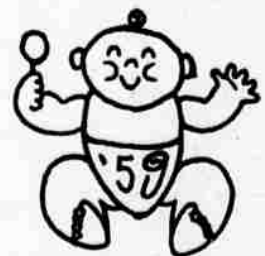
Here's a sketch  
And a little rhyme  
On the latest son  
Of Father Time.



He comes when '58 is through,  
And just when '59 is due,



A-kicking his legs,  
A-curling his toes,  
A-waving his arms  
And a-blowing his nose.



With our new year  
He grows along.  
Let's hope he's always  
Glad and strong.