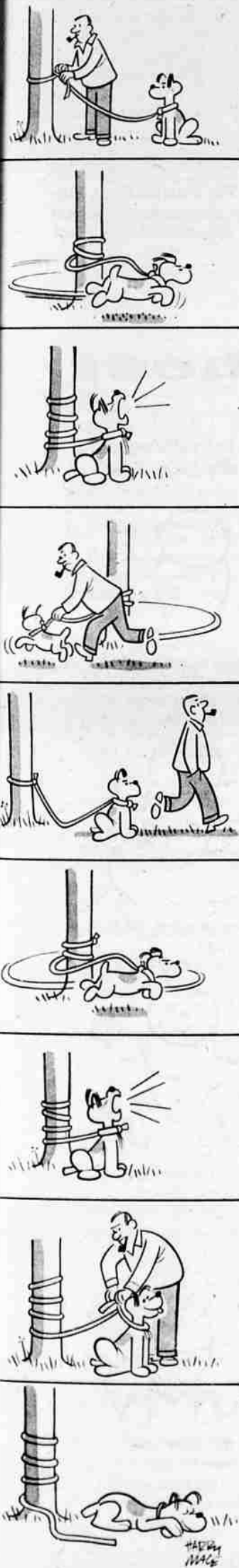


it's the principle  
of the thing!  
by Harry Mace



# 10 Years of Medical Research Reveals: WHAT FOODS TO EAT TO STEP UP YOUR VIGOR AND LIVE LONGER

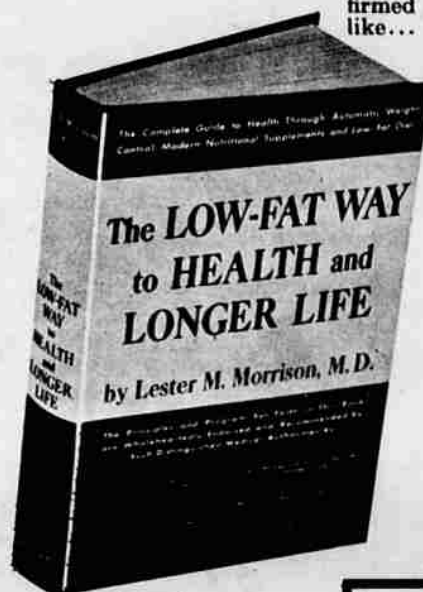
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