

Fifty Light Bulbs Reported Stolen

Fifty more outdoor Christmas tree lights were reported stolen from seven residences, according to Medford police, Tuesday. This brings to 14 the number of such thefts reported in the past two weeks.

Marie Gibson Argran, 1405 West Main st., reported the theft of seven bulbs from her residence and Ronald R. DeVore, 806 East Jackson st., said four bulbs were taken from that address.

Lilly Mae DeCosta, 206 1/2 Lincoln st., reported the loss of three bulbs while Albert Cecil Lofthus, 548 Haven st., said six bulbs were stolen from his residence.

Nine bulbs were reported stolen from the Primio Ciardi residence at 40 Quince st. and Leland Alexander Mentzer, 703 West Second st., reported 12 bulbs missing from their decorations.

An additional nine bulbs were taken from Homer Allen Moore residence, 1006 Saling st.

The oldest orphanage still existing in the United States is Bethesda, near Savannah, Ga. It was opened in 1740.

Peace With Self Develops Sense of Personal Direction

By DELOS SMITH
UPI Science Editor

New York — Science has this Christmas message for a discontented, unhappy people: "When a person has made peace with himself, he develops a clearer sense of personal direction in life and a feeling of inner freedom."

So said Dr. Benjamin J. Becker, a psychiatrist, in reporting to the medical society of the state of New York on "the mind-body unity" which is revealed both by the psychiatric tool, psychoanalysis and by physical medical practice.

The peace a person can make with himself must be with his present as well as with his past, he said. But once it is made, there is a fading away of "conflicts in areas such as personal ambition and relations with other people."

And "this is accompanied by a lessening of emotional stress and its harmful physical effects," he continued, since "the endocrine glands and the various nervous systems become less charged with the effects of conflict."

Conflicts Cause Body Pain

He traced the physical pathways by which emotional conflicts influence the body physically. For instance, "conflicts between repressed rage,



Delos Smith

aggression, and the need for dependency create conflicting autonomic nervous impulses which can lead to cardiac pain.

"It is evident that personality types and conflicts have profound effects on the appearance and functioning of the body," he said. "People's posture and manner of walking reveal much about their personality, make-up, defenses, and goals."

"People carry themselves differently, according to whether they are predominantly aggressive, dependent, or detached. Some people walk briskly and efficiently. Some slouch along loosely, and others look as if they are constantly avoiding the blow which they expect any minute."

He pointed to over-weight people who should reduce but can't. Many of them, he said, are substituting food for "love and gratification" because they have deep inner doubts as to their worthiness for love.

Food Is Substitute

"Since they can find no constructive solution for their conflicts, they try to escape anxiety by the old method whereby an unhappy infant is appeased with a bottle of his formula," he said.

Low back pain was another of his examples. It is quite common and medical statistics indicate that only about four per cent of the cases have a definite physical cause, such as strain or damaged muscles.

Girl Scouts Brownie Troop 8

Troop members collected canned goods for the Salvation Army Second Lt. Roger Craddock of the Salvation Army visited the troop at a meeting December 16 and thanked members for the food.

A Christmas party was held Tuesday, December 23 at the troop meeting place, 1533 Oregon avenue. Games were played and special holiday refreshments were served. They were brought by the girls.

Instead of exchanging gifts, the girls made favors for the patients of Rogue Valley Memorial hospital.

Members of the troop are Janice Arnold, Kimberlee Barker, Margo Finnell, Kathy Garrett, Diane Hatcher, Diane Hewlett, Laurie Legas, Barbara Lindsay, Linda Meadows, Michele Martin, Shirlee Smith, Denise Van Duker, Linda Van Gordon, Barbara White, Deul Wiley and Gail Williams.

State Ag Board Chairman Resigns; Rumors Reported

Salem — Loyd Key, chairman of the state board of agriculture, submitted his resignation to Governor Robert D. Holmes at the conclusion of a board meeting in Salem Thursday, Key, whose home is in Milton-Freewater, is state senator-elect from Umatilla county which automatically eliminates him from membership on a state board.

Ralph Wither, Junction City dairyman, was named new chairman. He was directed to get in touch with the new director of the state department of agriculture as soon as his selection is announced.

The board gave a rising vote of confidence to Robert J. Steward, who will retire as director of agriculture on Jan. 12.

The board outlined four matters which the members requested Director Steward to draft in a letter to Governor Holmes and Governor-elect Mark Hatfield and to the presiding officers of both branches of the legislature for attention of the chairmen of their committees on agriculture.

The board's letter will say:

1. It considers marketing to be the No. 1 problem of Oregon producers and that it is in this area the most constructive good can be accomplished for agriculture. With the limited staff in the market development division of the department of agriculture, perhaps the primary emphasis should be on transportation. It expressed disappointment that the planning and development effort in Oregon has not shown more progress in the agricultural field.

2. The need is evident for a better developed public relations system for agriculture, and as it involves the department of agriculture this means attention to the story that a major portion of the department's work is directed to the benefit of the consumer and that all citizens have a stake in the department operations.

3. The board endorsed Director Steward's suggestion in the December issue of the department's Agriculture bulletin of an interim committee for agriculture, authorized to study and act upon agricultural problems upon a continuing basis.

4. In studying the general law applying to the state department of agriculture, the board recommended repeal of: (1) ORS 561.170 which prohibits the director or other department employees from having a financial interest in the article supervised; and (2) ORS 561.050 which requires consent of the governor in appointment of division chiefs. The board said the first section (conflict of interest) excludes the appointment of an agriculturist as director, and that the second one is a requirement which applies to only two other departments in the entire structure of state government.

NEW SURFACING
New York — UPI — A waterproof, weatherproof surfacing material for rebuilding masonry floors and repairing roadways, walks and ramps is now on the market. It's called Parmatop and is available in red, green, gray and neutral colors. It costs 25 cents and up per square foot and can be applied with a trowel in thickness of 1-16th of an inch or more. Manufacturer is the Permagile Corp. of America.



TRAPPED IN nine feet of ice, this German ship, the Trans Ocean, sits tight in the St. Lawrence River at Montreal with 25 aboard. Crewmen peer at plight.

Syracuse, N. Y. — UPI — "Raven," a brown Swiss cow displayed here during a farm convention, set a world's record when she produced 34,850 pounds of milk in a single year, enough to supply a family of four with a quart of milk each day for more than 11 years. The cow is owned by the Lee's Hill Farm of New Vernon, N. J.

REPLATE
Amherst, Mass. — UPI — A century-old printing press which has been standing idle for many years will be pressed into service again at Amherst College. It has been turned over to the college's fine arts department by the owner, The Amherst Journal Record company, for instruction in graphic arts.

STAY-AT-HOMES
Williamstown, Mass. — UPI — Three Williams college first string football players had to stay home whenever their team left its home grounds this fall. The three players were restricted to home game competition for breaking the rules during a spring baseball trip.

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What happens in many cases is that an unimportant body movement "triggers chronic spastic reactions in muscles already tense with emotional conflicts."

About love, he had this to say: "those who must dominate, who are too easily hurt, who cannot give without expecting equal value in return, or who are obsessed with the mad pursuit of an illusory safety will have troubled relationships in love and sex."

Rumors Reported
Director Steward reported to the board that he had heard rumors from over the state that some farm groups will make an effort in the 1959 legislature to take the director of agriculture out of politics and to change the duties and composition of the state board of agriculture to give it more policy making authority, as with the Oregon state board of higher education and the highway commission.

Board members did not feel they should express any opinion on such moves because suggestions are still in the rumor stage.

The next meeting of the board will be on call of the new director of agriculture.

Members of the board, representing various branches of agriculture in the state, and named to advise the department director, are:

Mrs. Kenneth (Katherine) Livingston, Portland; civic and club leader, consumer representative; term expires July 1, 1960.

Lloyd Key, Milton-Freewater grain rancher and cannery official, wheat representative; term expires July 1, 1961.

Robert Pierce, Ontario mint grower and farm leader, representing row crop interests;

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