

Girls Inducted Into Tri Hi-Y Group

The high school girls of Theata Tau Alpha Tri Hi-Y club were inducted in a ceremony at the Methodist church Tuesday.

The ceremony featured the presentation of flowers to incoming officers, a welcome address by the president, a reading of the constitution and the induction of all new members in a candlelight service.

New officers are: president, Charlene Highland; vice president, Shirley Boswell; secretary, Pat Bigham; treasurer, Heather Norris; reporter,

Roseline Rippl; and chaplain, Diane Mohr.

A special tribute was paid to the club advisor, Mrs. Charles F. Johnson. Parents of the girls were on hand to assist with the ceremony.

A reception was held at the Young Men's Christian association after the ceremony.

Cylindrical tires 24x24 inches enable a new tractor to drive easily through snow, mud, sand or over slippery surfaces.

RADIO PROGRAMS — THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied.

KVJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:00—Traffic Jam	News-Robbins	Santa's Mailbag
4:15—Traffic Jam	Robbie Robbins	Hemingway News
4:30—Traffic Jam	Robbie Robbins	News—One for Road
4:45—Traffic Jam	Robbie Robbins	One for Road
5:00—Edw. R. Morrow	News-Robbins	News—One for Road
5:15—Ans. Pile-Page	Robbie Robbins	News—One for Road
5:30—Tom Harmon	Weather-News	One for Road—Sports
5:45—Frank Goss	Orville Anderson	Orville Anderson
6:00—Morgan	News	World News Roundup
6:15—Lowell Thomas	Hi-Fi Hour	Candlelight and Wine
6:30—Sports-A&A	Hi-Fi Hour	News—Candlelight
6:45—Amos-Andy	Hi-Fi Hour	Candlelight and Wine
7:00—News	Wake Up To Music	KWIN Karavan
7:15—Eventide	Hi-Fi Hour	Karavan—News
7:30—Lewis	News of the World	KWIN Karavan
7:45—Lewis	One Man's Family	KWIN Karavan
8:00—News	NBC News	News—Ash-Party
8:15—Jazz Is My Beat	Nightline	Ash-Party Party
8:30—World Tonight	Nightline	Ash-Party Party
8:45—World-Severeid	Nightline	Ash-Party Party
9:00—News	News	News—Green Room
9:15—Turntable Terrace	Nightbeat	Green Room
9:30—Turntable Terrace	Nightbeat	Green Room
9:45—Turntable Terrace	Nightbeat	Green Room
10:00—Richfield Reporter	News	Sign Off
10:15—Turntable Terrace	Nightbeat	
10:30—Turntable Terrace	Nightbeat	
10:45—Turntable Terrace	Nightbeat	
11:00—Sign Off	Nightbeat	

RADIO PROGRAMS—FRIDAY

KVJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
6:00—News of America	Wake Up To Music	News—Chuckwagon
6:15—Yawn Patrol	Wake Up To Music	News—Chuckwagon
6:30—Yawn Patrol	Wake Up To Music	News—Chuckwagon
6:45—Yawn Patrol	Wake Up To Music	News—Chuckwagon
7:00—Breakfast Tunes	Wake Up To Music	Hemingway News
7:15—News Around World	News—Sunrise	Sunrise Serenade
7:30—MacLeod Sports	Rogue Valley Beeper	News—Swap-Sell
7:45—Hurry Babbitt	Weather-News	News—Swap-Sell
8:00—Music-Weather	NBC News—Hearl	Cliff Ingle News
8:15—Frank Goss	Hearl	Koffee Klatch
8:30—Coffee Concert	Hearl	News—Koffee Klatch
8:45—Howard Miller	Hearl	KWIN Kwik
9:00—News-Peter-Mary	News—Swap-Sell	News—Party Line
9:15—Breakfast Club	Hearl	Lively Time
9:30—Breakfast Club	Hearl	News—Lively Time
9:45—Breakfast Club	Fashion Flashes	Lively Time
10:00—Nora Drake	NBC News—Hearl	News—Lively Time
10:15—Harvey-Trade Post	Hearl	News—Lively Time
10:30—Name Your Neighbor	Hearl	News—Lively Time
10:45—Weisfield Mike	Hearl	News—Lively Time
11:00—News-R. Happiness	News—Bandstand	Woman's World
11:15—Mrs. Burton	NBC Bandstand	News—Queen for Day
11:30—Couple Next Door	NBC Bandstand	Queen for Day
11:45—Pat Buttram	NBC Bandstand	Queen for Day
12:00—Paul Harvey	Lunch Time News	News—Roundup Time
12:15—News-Weather	Weather—Lively Time	News—Roundup Time
12:30—Houseparty	Local News	News—Roundup Time
12:45—Houseparty	Local News	News—Roundup Time
1:00—News-Godfrey	News—House Party	News—Roundup Time
1:15—Godfrey	KMED House Party	News—Roundup Time
1:30—Godfrey	KMED House Party	News—Roundup Time
1:45—Godfrey	KMED House Party	News—Roundup Time
2:00—News-Whisper St.	News—Rambin	News—Rambin
2:15—Whispering St.	Robbie Robbins	News—Rambin
2:30—Whispering St.	Robbie Robbins	News—Rambin
2:45—Helen Trent	Robbie Robbins	News—Rambin
3:00—Gal Sunday	News	News—Rambin
3:15—Story Hour	Robbie Robbins	News—Rambin
3:30—Bulletin	Robbie Robbins	News—Rambin
3:45—Traffic Jam	Robbie Robbins	News—Rambin
4:00—Traffic Jam	News	Santa's Mailbag
4:15—Traffic Jam	Robbie Robbins	Hemingway News
4:30—Traffic Jam	Robbie Robbins	News—One for Road
4:45—Traffic Jam	Robbie Robbins	One for Road
5:00—Edw. R. Morrow	News—One for Road	News—One for Road
5:15—Ans. Pile-Page	Robbie Robbins	News—One for Road
5:30—Tom Harmon	Weather-News	One for Road—Sports
5:45—Frank Goss	Orville Anderson	Orville Anderson
6:00—Morgan	News	World News Roundup
6:15—Lowell Thomas	Hi-Fi Hour	Candlelight and Wine
6:30—Sports-A&A	Hi-Fi Hour	News—Candlelight
6:45—Amos-Andy	Hi-Fi Hour	Candlelight and Wine
7:00—News	Cavalade of Sports	KWIN Karavan
7:15—Eventide	Cavalade of Sports	Karavan—News
7:30—Eventide	Cavalade of Sports	Karavan—News
7:45—Basketball Warmup	Cavalade of Sports	Karavan—News
8:00—Medford-Marshfield	Medford-Marshfield	Phoenix Disc Date
8:15—Medford-Marshfield	Medford-Marshfield	Phoenix Disc Date
8:30—Medford-Marshfield	Medford-Marshfield	Phoenix Disc Date
8:45—Medford-Marshfield	Medford-Marshfield	Phoenix Disc Date
9:00—Medford-Marshfield	Medford-Marshfield	KWIN Karavan
9:15—Medford-Marshfield	Medford-Marshfield	KWIN Karavan
9:30—Medford-Marshfield	Medford-Marshfield	KWIN Karavan
9:45—Medford-Marshfield	Medford-Marshfield	KWIN Karavan
10:00—Richfield Reporter	News—Monitor	Sign Off
10:15—Turntable Terrace	Nightbeat	
10:30—Turntable Terrace	Nightbeat	
10:45—Turntable Terrace	Nightbeat	
11:00—Sign Off	News	

THURSDAY	KBOY — 730 KC
3:45—Request Time	11:00—Ringo
4:45—Sign Off	12:00—Uncle Rick
	12:15—Farm Market
	12:30—Stock Market Closing
	1:30—Ringo
	2:30—Bargain Roundup
	3:45—Request Time
	4:45—Sign Off

THURSDAY	KDOV 1300 KC
4:00—Music, news, weather	9:15—Trader Horn
5:30—Sign Off	9:30—Music, News, Weather
	12:00—Market report
	12:05—Music, news, weather
	2:15—Trader Horn
	2:30—Music, news, weather
	3:45—Meeting Notices
	5:00—Music, News, Weather
	5:30—Sign Off

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5)	KOTI-TV (Channel 2)
THURSDAY	THURSDAY
4:00—Deviations	5:00—Chaplain's Corner
4:05—Uncle Bill's Cartoons	5:05—Rin Tin Tin
4:15—Fun to Reduce	6:00—Weather
4:30—Your Investment	6:05—News
5:00—Rin Tin Tin	6:15—Doug Edwards
5:00—TV Weatherman	6:30—Rescue 8
5:05—News	7:00—December Bride
5:10—Doug Edwards	7:30—State Trooper
5:15—Eddy Crain	8:00—TBA
5:20—Pappy Coleman	8:30—Playhouse 90
5:25—December Bride	10:00—Jackie Gleason
5:30—Harbor Command	10:30—News
5:35—State Trooper	10:35—Sign Off
5:40—Playhouse 90	
5:45—Jackie Gleason	
5:50—News	
5:55—Another Language	
6:00—Sign Off	
FRIDAY	FRIDAY
8:45—News	10:30—Cartoon
9:30—Play Your Hunch	10:35—Top Dollar
10:00—Arthur Godfrey	11:00—Love of Life
10:30—Top Dollar	11:30—Search for Tomorrow
11:00—Love of Life	11:45—Guiding Light
11:30—Search for Tomorrow	12:00—Continental Classroom
12:00—Continental Classroom	12:30—As the World Turns
12:30—As the World Turns	1:00—Jimmy Dean Show
1:00—Jimmy Dean Show	1:30—House Party
1:30—House Party	2:00—Big Payoff
2:00—Big Payoff	2:30—Verdict Is Yours
2:30—Verdict Is Yours	3:00—Brighter Day
3:00—Brighter Day	3:15—Secret Storm
3:15—Secret Storm	3:30—Edge of Night
3:30—Edge of Night	4:00—Matinee
4:00—Matinee	4:15—Uncle Bill
4:15—Uncle Bill	4:30—Huckleberry Hound
4:30—Huckleberry Hound	5:00—Sports Highlights
5:00—Sports Highlights	6:00—Cavalade of Sports
6:00—Cavalade of Sports	8:00—Phil Silvers
8:00—Phil Silvers	8:30—Sea Hunt
8:30—Sea Hunt	9:00—The Lineup
9:00—The Lineup	10:00—Target
	10:30—The Medie
	10:35—News
	11:00—White Cliffs of Dover
	12:00—Sign Off

STAR GAZER

By CLAY R. FOLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Friday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces
1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun	1. Shun
2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous	2. Prosperous
3. New	3. New	3. New	3. New	3. New	3. New	3. New	3. New	3. New	3. New	3. New	3. New
4. Make	4. Make	4. Make	4. Make	4. Make	4. Make	4. Make	4. Make	4. Make	4. Make	4. Make	4. Make
5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick	5. Quick
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7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer	7. Offer
8. Member	8. Member	8. Member	8. Member	8. Member	8. Member	8. Member	8. Member	8. Member	8. Member	8. Member	8. Member
9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly	9. Friendly
10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite	10. Opposite
11. Should	11. Should	11. Should	11. Should	11. Should	11. Should	11. Should	11. Should	11. Should	11. Should	11. Should	11. Should
12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures	12. Gestures
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The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine.

Emeritus Professor of Medicine, Mayo Foundation

Can a Fattening Diet Injure A Person's Arteries?

Of late, a number of skinny women have been writing to say that their doctor put them

on an over-feeding diet so that they could gain some much needed weight. I imagine these persons were born worry warts because

they are anxious for fear the rich diet of butter and cream will fill their blood with cholesterol;

they fear the cholesterol will cause their arteries to harden, and then they will get a heart attack. This is conceivable but I think highly improbable. For instance, if the ladies are young—under 35—they need not worry because unless they already have a very high blood pressure they can hardly have a heart attack. Statistically, it just doesn't happen.

Second, if there is no tendency in their families to get heart attacks or strokes in the thirties or forties, the ladies are probably safe. Third, many persons do not get any decided change in their blood cholesterol when they eat fats. By getting a few measurements of cholesterol in the fore and after a week's over-feeding, the ladies easily can find out how they are reacting to the stuffing process. If one of them finds her blood cholesterol goes up, this does

not mean that she is in immediate danger. Dr. John Gofman points out in his new book on "What we do about heart attacks" (Putnam) that a high blood cholesterol level probably has to work on a person's arteries for 20 or 30 years before it does him much harm. Many persons have a high blood cholesterol for 30 years without getting into any trouble. We must remember that it is only on the average that people with a high blood cholesterol get an excessive amount of arterial disease. For that matter, experts say yet are not absolutely certain that cholesterol has most to do with the production of ulcerated arteries. Extreme forms of ulceration of the arteries can be produced, and produced quickly, in white rats without any change in the diet, and without any change in the amount of blood cholesterol.

Dangerous Element

Today some experts are beginning to wonder if the most dangerous element in the diet isn't protein (meat, fish, fowl, milk, or eggs) while Dr. John Gofman is sure that, in some cases, the dangerous element in the diet is carbohydrate (sugar and starch). Certainly, when I see a person who has had a heart attack I don't tell him to go on a fat-free diet because, in the first place, this would be highly impractical; second, a decidedly fat-poor diet is likely to make him utterly miserable and unhappy and "ornery"; and third, in the next six months or a year we doctors may learn that fat isn't the worst offender!

Perhaps it is better not to know so much than to "know so many things that aren't so." I doubt if many persons need to worry about going for a while on an "over-feeding" diet.

Neuberger's Plan Meets Opposition

Couder d'Alene, Idaho—(UPI)—A proposed measure to create a Columbia River Development Corporation met a wall of opposition Wednesday from reclamation and farm groups as well as private utilities.

Testimony was heard at the third in a series of four hearings on Sen. Richard Neuberger's proposal.

Kinsey M. Robinson, president of Washington Water Power Co., the largest private utility operating in this area, said the legislation would set up a "power dictator" who would control the region's waters.

Goldwater Sees Political Split

Boston—(UPI)—Sen. Barry Goldwater (R-Ariz.) said Wednesday that a presidential contest between Vice President Richard M. Nixon and Sen. John F. Kennedy (D-Mass.) would divide the country into liberal and conservative camps.

Goldwater held a news conference prior to a scheduled speech before the 40th annual meeting of the American Farm Bureau Federation.