

## Do-Good Hospital Visitor Sometimes Bad Medicine

By GAY PAULEY  
UPI Women's Editor

New York — (UPI) — The do-good visitor to the hospital sometimes is bad medicine for the patient.

I bring this up because statistically about 23 million persons are hospitalized annually, which means many more times that total in visitors, and because having illness in my own family recently, there has been ample time to observe visitors and their bedside manners.

This column is meant to be written with kindness, and with the desire to help both the patient and the visitor.

Sure, call on the hospitalized patient. He or she welcomes company, unless the doctor orders otherwise and the "no visitors" sign is out. My personal observation is that a little company does a lot to brighten a long day.

But don't be one of those types who doctors tell me are inevitable in the hospital room.

**Stays Entire Day**

There's the long-faced visitor, who already has buried the patient although the lucky soul is being dismissed tomorrow. Another is the long-staying visitor, who apparently figures as long as he's doing his good deed, he might as well make it for the whole day.

Or, the bubbly, nothing-goes-me-down visitor whose presence probably is an asset at a cocktail party, but sometimes is more than a sick person can take. Strike a happy medium in cheerfulness.

I often wonder what the patient, who has to be confined, thinks when a visitor remarks, "Boy, does that bed look good. I could use some of the rest you're getting." Or, the reaction of the patient to the visitor who says, "You look better than I expected." Or, "You look worse than I expected."

There also is the "I told you so" visitor, who reminds the patient that if he had listened to good ole Charley this illness could have been prevented. And there is finally, I've noticed, the "well my doctor says" visitor, who's THE imminent authority on the patient's illness because she has talked it over with her own physician.

"I wish the visitor would quit comparing ailments," one prominent New York physician told me when we were discussing this subject. "And above all quit giving free advice. This is the worst of all and may undermine the patient's faith in his own doctor."

**Some General Rules**

Blue Cross, the hospital insurance plan, with the aid of physicians has compiled a chart for us visitors. It in-

### Nevita Chapter To Hold Meeting

Central Point — Nevita chapter, Order of Eastern Star, will meet Tuesday, December 9, in the Central Point Masonic temple. Mrs. Merrill Harsh, matron, will preside.

Chairman of the entertainment is Mrs. Elva Edler and the refreshment committee is Mrs. Wyles Berry and Mr. and Mrs. Paul Snook. Mrs. Harold Head is decorations chairman.

### Calendar

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p.m. Friday. Deadline for the weekly calendar is 9 a.m. of the day for publication and for week day news is 5 p.m. the day before publication.

**Monday:**

6:30 p.m. — Medford Neighbors of Woodcraft, Eagle hall.

7 p.m. — Mariners club, First Presbyterian church of Phoenix, at church.

8 p.m. — Degree of Honor lodge, Girls Community club.

**Tuesday:**

10:30 a.m. — Kaffeeklatsch, Derby Home Extension unit, home of Mrs. Edward Burg.

10:30 a.m. — Oak Grove Home Extension unit, home of Mrs. Kenneth Williams, 1060 Stewart ave.

12:30 p.m. — Central Point First Presbyterian church association of Women, at church.

12:30 p.m. — First Presbyterian church circle meetings of Women's association: Bethany, Mrs. Lloyd Neilson, 2130 East Jackson st.; Charity, Mrs. C. W. Lemery, 200 Windsor ave.; Faith, at church; Grace, Mrs. Garner Haupt, 222 Valley View dr.; Hope, Mrs. Clarence Young, 2418 Hillcrest rd.; Mercy, Mrs. Otto J. Frohnmayer, 1656 Spring st.; Temple, Mrs. Al James, 1426 Euclid ave.; and Trinity, Mrs. James Rowan, 828 Minnesota ave.

12:30 p.m. — Women's Fellowship, First Baptist church, at church.

### Landscape Expert Gives Program For Garden Club

Mrs. Fred A. Lorish, local landscape architect, was guest speaker for the Medford Garden club's Christmas program Wednesday at the Courthouse auditorium. Her subject was "Trees Give Us Beauty Too."

Mrs. Lorish opened her interesting talk with "when is a tree not a shrub and when is a shrub not a tree." She explained in detail the difference between heavy shade trees for use on the streets, types for the front yards and the smaller patio type, including the various flowering trees.

Mrs. R. T. Nichol, Siskiyou district director and past president of the club, was welcomed to the meeting. Other guests were Mrs. J. M. Chancellor and Mrs. L. E. Bean. Two new members who will be initiated into the club at the January meeting will be Mrs. W. D. Durkee and Mrs. Chancellor.

Mrs. J. W. Ostrander, Camp White welfare chairman, reported she and her committee had made 868 Christmas decorations for Camp White out of metal can lids and painted paper bells cut from egg cartons. Meeting in the Courthouse Monday morning to help her in the project were Mrs. C. L. Miller, Mrs. Charles C. Stearns, Mrs. H. L. Ekerson, Mrs. Charles Cardona, Mrs. Carroll Miller, Mrs. Lulu Bartness of Shady Cove, Mrs. Clarence O. Lack, Mrs. Dayton DePue, Mrs. LeRoy Cline, Mrs. L. P. Rentchler, Mrs. Reimer Peterson and Mrs. Ira Fitzgerald.

Prizes were won by Mrs. N. F. Crowelle and Mrs. C. L. Goff.

The annual Christmas gift exchange was held around the living decorated evergreen tree which is to be presented to a local school.

### Member Honored By Bridge Club

Medford Duplicate Bridge club honored Mrs. Josephine Clark at the last meeting. Mrs. Clark, who plays regularly with all the local duplicate clubs, celebrated her 90th birthday anniversary Sunday, December 7. In spite of her 90 years, Mrs. Clark is considered a formidable opponent at the bridge table.

A birthday cake was served in Mrs. Clark's honor.

The games which followed counted for master points. North-south winners were Mrs. Frank Baker and Roy Pruitt, first, 189 points; Mr. and Mrs. Tom Hillary, Grants Pass, tied with Mrs. Ernest Pearson and B. L. Sanderson for second and third, each pair scoring 172½ points; and the Paul Hattons were fourth with 171.

East-West winners were H. J. Boyd and Ray S. Wise, first, 224; Mrs. Thomas Randall and Mrs. Alto Pruitt, second, 176½; George Polski and George Rode, third, 176 points; Mrs. Marrs Gibbons and Mrs. Dolph Phipps, fourth, 169 points.

### Classes Continue At Center

Classes are continuing this week at the Senior Activity center. A gift-wrapping class was scheduled for this afternoon, and Tuesday, December 9, a class in oil painting will be held from 1 to 3 p.m.

Wednesday's class will be wood carving from 1 to 3 p.m. and Thursday a review of basic dance steps will be given from 10 a.m. to 12 noon. Friday the reading room and library will be open from 10 a.m. to 12 noon.

Miss Margaret Ossenbrugg, who teaches the oil painting, Tuesdays, will carry on the class through Christmas and after the new year if interest continues, and Glenn Van Winkle, who teaches the wood carving, will continue that course and will add clay modeling the first week in January. The class in dancing, taught by Mrs. Gene Chamberlain, will continue through December and January.

Plans for additional program features after the first of the year are being made. One of these will be an "arm chair" course in "See the World," with colored slides and movies. Shuffle board and chess tournaments are planned.

It is reported that 415 men and women have used the center up to December 1. All teachers are volunteers, as also are the hostesses, Mrs. Judd Greenman, Mrs. C. A. Thatcher, Mrs. Martha Gregory, Mrs. O. A. Eden, Mrs. Clayton Walker, Mrs. Ena Foss, Miss Gladys Eaton and Mrs. Fred Rankin.

The center, unique in Oregon, is sponsored by Rogue Valley Council on Aging.

### Disaster Workshop Sponsored

A disaster nursing workshop was held at the chapter house, Jackson County Red Cross, December 2, with Mrs. Helen Geary, volunteer nursing consultant and Miss Barbara Hirsch, nursing field director, in charge. The agenda was based on disaster policies of the American National Red Cross.

Speakers were introduced by Col. C. E. Stafford, disaster chairman for Jackson county. Mrs. O. A. Eden is co-chairman.

Also attending the meeting were Mrs. Nova B. Young, Civil Defense nurse consultant; Maj. Gen. J. H. Hicks, director of Civil Defense for Jackson county; Mrs. Roy Stein, disaster nurse chairman; Mrs. Robert Stephenson, nurse enrollment; Mrs. C. E. Garrett, mass care disaster co-chairman; Miss Hazel Swayne, co-chairman first aid; Mrs. James A. Love, Mrs. Lester Gilman, Mrs. Thomas J. Donahue; Mrs. E. S. Strothers, Shady Cove; Mrs. A. E. Converse, Ashland; Mrs. Helen Starnes, Mrs. Barbara Hall, Mrs. Verna Ziebarth, Mrs. Eunice Candler, Grants Pass; Mrs. Lea Hathway, Cave Junction; Mrs. Allie Jacobson and Mrs. N. Gillespie, Eugene; Mrs. Frank Fairweather, volunteer field consultant; Mrs. E. A. Littrell, chairman of volunteer services for Jackson county, and Mrs. Helen A. Wilson, executive secretary.

General Hicks addressed the group and displayed current instruments being used in the Civil Defense program. A "mock" shelter was set up and a skit presented showing the problems that might occur if a disaster should occur in this area, and how the problems should be met.

### Knights to Hold Annual Election; Party Planned

The annual election of officers for Talisman lodge, Knights of Pythias, will take place at a meeting tonight at 8 o'clock in the Pythian building. Refreshments will follow the meeting.

Lt. Col. Charles Ord Reed, will be guest of honor. He is a member of the local lodge and also a votary of Fuhat Burkan temple, DOKK, for many years. Lt. Col. Reed, who returned recently from his duties in Korea and Japan, will spend the holidays with his family here. Mrs. Reed's mother is Mrs. Rosa A. Young, 509 North Riverside avenue.

Final plans will be completed for the annual Christmas party to be held in the Pythian building Tuesday, December 16. A potluck dinner at 6:30 p.m. will be followed by a program of entertainment and a visit by Santa Claus, who will distribute bags of sweets to the children and teenagers gathered around the Christmas tree.

Rae Jack is general chairman for the Knights and Dokes, with Emil O. Johnson, Edward Bostwick, Dan Kadin and Don Copeland as helpers. Mrs. Bostwick is chairman for the Pythian Sisters. The parent order, Knights of Pythias, Pythian Sisters, Rosebud council, Sunshine Girls Troop 16, Boy Scouts, sponsored by Talisman lodge; members of the Dramatic Order Knights of Khorasan, Nomads of Avrudaka; their families and friends are invited to participate in the Christmas festivities according to Joe W. Fritsch, representing the lodge.

## Couple Returns From Vacation

Mr. and Mrs. Earl C. Brown have returned to Medford after spending the past two months traveling. The Browns went first to Arizona, and later traveled and visited in several states including South Dakota, Iowa, Illinois, Indiana, Kentucky, Tennessee and Texas.

They returned to Arizona for a time before continuing to Oregon. The Browns are temporarily living at 1550 Stewart avenue.

## Applegate Unit Has Program On Candle Making

Applegate Valley — Upper Applegate Extension unit was free to choose a topic for the Christmas meeting Wednesday and asked to be shown how to make Christmas candles. Mrs. Fred West and her daughter, Mrs. Glenn Bailey of Phoenix, who also is a unit member here, were asked to give the lesson, because they had distributed some very successful gift candles in the past.

The extension service is not giving a candle making project this year, so the two women searched for material, ending up with a complete project of their own that more than satisfied the unit. They made roses, bowls, choir boy candles and all manner of objects for decorating even though it took most of the equipment from their kitchen and the children's balloons and crayons to do it. They gathered information from extension bulletins a grange cop bulletin Sunset magazine and commercial sources. Mrs. Bailey will use the demonstration as a basis for a candle booth for the Phoenix Parent-Teacher association soon.

The local extension units have gained county wide recognition for their joint festive held in the community last spring according to Mrs. Dora Krouse county committee representative here. The idea may be used throughout the county next spring for extension units to hold joint community festivals. Mrs. Krouse urged stronger participation by the units in the 4-H program.

Thirty-two women attended the meeting including several guests. Mrs. Krouse and Mrs. Curtis Gearhardt were from the lower Applegate unit and other guests included Mrs. B. J. Sanford Mrs. Edward Kammerer, Mrs. William Roby, Mrs. Raymond Lumas, and Mrs. Clarence Roloff. The latter two became members.

A Christmas dinner was served with table decorations of the tin can craft taught in the November meeting.

Mrs. Roland Smith is chairman of the unit.

## Club to Hold Dinner, Dance

Welcome Wagon club of Medford is planning a Christmas dinner-dance Saturday, December 13 at Mon Desir in Central Point. The evening will begin at 8 p.m. with cocktails and the prime rib roast dinner will be served at 8:30 p.m. Dinner will be followed by dancing.

The club has extended an invitation to all new residents of Medford to attend the dance.

Attire for the evening is to be semi-formal.

Reservations should be made no later than Thursday, December 11, by calling either Mrs. Leland L. Rauch, Spring 3-3314, or Mrs. Nicholas A. Vanikiotis at Spring 3-5650. Directions for driving to Mon Desir will be given with the reservations.

## Guild to Meet

St. Elizabeth's guild of St. Mark's Episcopal church will hold the annual Christmas party Friday, December 12, in the Guild hall. Luncheon will be served at 12 noon.

## At Wedding

Mrs. L. G. Frink, 1654 Thomas road, returned home Sunday from Long Beach, Calif., where she spent four days. Mrs. Frink attended the wedding of her daughter, Meta Jean, to Lt. Martin John Kinnaird, Springfield, Mo., which took place Saturday in the Navy chapel at Long Beach.

Mrs. Frink was accompanied south by Mrs. Dom Provost Jr., Ashland.

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Towels	Zee Paper, Giant Roll	29¢
Cake Mix	Pillsbury Orange or Yellow Pkg.	19¢
P-nut Butter	Hoody's 16-oz. jar	39¢
Cat Food	Puss 'n Boots 16-oz. tin	10¢
Starch	Vano Liquid 1/2 gal.	39¢
Flour	Pillsbury Pancake 8 lb. bag	79¢
Juice	Campbell's Tomato 46-oz. tins	4 FOR \$1
Ken-I-meal	5 lb. bag	49¢

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**Bacon Squares 27¢** Hickory Smoked lb.

**Oysters 55¢** Fresh Pacific, Full Pint.

<b>Sausage</b>	<b>Ground Beef</b>
Country Style <b>2 lbs. 95¢</b>	Lean All Meat <b>2 lbs. 95¢</b>

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<b>LIGHTER</b>	The lightest luggage you've ever carried. Actually pounds lighter than other luggage.
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