

# Modern Therapy Takes Over in Most VA Installations in Nation

(Editors' note: This is another in a series of articles discussing the Veterans Administration Domiciliary at Camp White. The articles discuss the purpose and rehabilitation program of the Domiciliary.)

## By SID HOLLINGSWORTH

Camp White - In the old days, men who entered the "soldiers homes" had a single option for whiling away their time. A hobby shop was provided for them with a few tools, but most of them brought their own and made things just to keep busy.

Modern therapy has taken over in most VA installations and in hospitals generally to provide a branch of physical medicine known as occupational therapy.

Tools and materials are provided along with technical training. This program with modifications has been installed at Camp White. Two technicians are in charge, Bud Ash, supervisor, and Stan Sears, arts and crafts leader, both civil service employees.

## Record Number

A record number of members spend from two to six hours daily developing some skill in arts and crafts and in the hobby shop. Last month 273 were registered in the former and 55 in the hobby section.

Leather work and wood working claim the largest number of enthusiasts, about 90 in each craft. Weaving, lapidary and ceramics keep about 25 men occupied. Typewriters are available for those with literary leanings.

In arts and crafts, the workers are furnished with tools and equipment but in the hobby shop they work alone with their own facilities. They may sell or otherwise dispose of the products of their time and craftsmanship. Leather workers here are now receiving a small income from arrangements made for sale of their wares.

## Rug Factory

At one time a small rug factory was in business. The rug makers have left but according to Sears, the orders for rugs still come in. Several "rock hounds" work in their own lapidary corner finishing gem stones. A number are busy as fly tyers or in special

trades such as radio and watch repairing, photography and tailoring. A few dabble in art, in metal work or wood carving and other hobbies.

Another phase of the arts program is provided by the volunteers. This service is mainly for men with some special handicap and instructions are given in sewing, knitting and embroidery as well as aphasia correction.

Classes in music have been conducted and a weekly class of writers discusses current literature in the magazines. Those whose hobby is fitting together picture puzzles have a room of their own.

## Has 'Last Word'

The chief medical officer has the "last word" in controlling the type of activity to be performed, whether it is on detail or in pursuit of some special interest or hobby. This is due to the fact that all of the men are classified for some type of disability. There are six classes now, which are the result of painstaking study.

The present chief of the medical department is Dr. Arthur S. Anderson, who is a specialist in physical medicine and rehabilitation and he has assumed charge of this phase of therapeutic treatment. Two well-trained therapists are assigned for physical as well as corrective therapy.

More than 1,000 corrective therapy visits a month are recorded, with over 700 physical therapy visits. About 125 men have been taking this treatment each month. Arthritis is the chief disability treated in physical therapy with the hemiplegic cases forming the bulk of corrective treatment.

## New Treatment

Dr. Anderson is working with a new treatment of arthritis pains with an ultra sound instrument sending sound waves through the affected area. The latest device in corrective therapy is an intermittent positive pressure breathing device which includes medication together with oxygen inhaled.

Frederick W. Praman is in charge of corrective therapy and Elmer J. Binker, Jr., has just taken over in physical therapy. He comes here from Sepulveda hospital in the San Fernando valley.

Camp White is strictly a domiciliary. It is not a hospital. However, it is equipped to function as a clinic for diagnosis and treatment of the types of illness that occur. For the more obscure conditions, patients are sent to Portland with two VA hospitals available.

## Working Arrangements

A working arrangement has been effected with Medford physicians and surgeons and nine are listed as consultants in psychiatry, pathology, internal medicine, oral surgery, and chiropody. Special cases are sent to local physicians on a fee basis in orthopedics, ophthalmology, dermatology and surgery.

The present medical staff is experienced and capable. Five doctors, including the CMO, are resident and are available for emergency action, sick call visits, and general medical supervision of the station. They also handle employee emergency cases which are then referred to their regular family physician.

The medical staff consists of Dr. A. S. Anderson, CMO, Dr. Ernest Everett, Dr. Samuel D. Earhart, Dr. Walter Hein and Dr. George H. Adler. The medical department has supervision over nursing, dental, social service, pharmacy, x-ray, laboratory, special services, the chaplains and the dietetic service.

## Secret of Contentment

In this last named feature lies the secret of contentment. The food is well prepared and served cafeteria style under the direction of a chief dietician, Gladys McCracken. She prepares the menu each week which is approved by the chief medical officer and the manager. It also comes under close scrutiny by the men, when posted, and is something of a barometer of their general disposition.

Needless to say, there is a "drug store" available. Although it is modern so far as the stock of medicinals is concerned, it is not a place where the choice is left to the individual.

Prescription service is mandatory and no prescription can be refilled without approval of the doctors. This is a necessary condition in view of the numerous indiscretions practiced by some

veterans in the use of medicine. Jack Love is the pharmacist and he wins praise for handling the exacting medical requirements with a smile.

Miss Grace Stuhr, the chief nurse, is the dean in point of service, having remained from the opening date in 1949, when she was transferred here from Vancouver hospital. She has been with the VA since 1924 and is a product of the northwest, having studied nursing at St. Cloud, Minn. Her home is in North Dakota and she started with the VA at Tacoma, Wash.

The nursing staff consists of eight nurses, including the chief nurse, and nine nursing assistants.

They have been many changes in personnel at Camp White during this period. Dr. Everett is the only MD remaining from the original staff. Domiciliary Officer Ralph Ruffin is also a lone wolf as the only pioneer in the administrative staff.

These three have participated

in emergency work coupled with policy change and the movement and accommodation of men into and away from the station from the shipment that came from Los Angeles in 1949, to the exodus of patients to hospitals elsewhere, the last being a score or more sent to Reno, Nev., two years ago.

The medical departments is now equipped with a full scale laboratory in addition

to dental and x-ray laboratories. Three dentists are kept busy with Dr. Arthur Schoenberg in charge. Dr. Schoenberg's staff dentists are Dr. Verne Wilson and Dr. Howard Stevens.

Willis Morrison, chief laboratory technician is assisted by Kenneth Dufour, technician, and Eino (Ed) Kangas, member employee. Thomas J. Andrews is the x-ray technician.

## Coal Producers Sign New Contract

Washington—UPI—The Southern Coal Producers association signed a new labor contract Thursday with the United Mine Workers union. Association President Joseph E. Moody said the agreement he signed with UMW Chief John L. Lewis will apply only to those members of the association who agreed to its terms Dec. 15. The contract, virtually the same as the one signed

Wednesday by the union and a boost in annual vacation allowances from \$180 to \$200 and a \$2-a-day wage increase \$200.

PLANER  
**BLOX**  
● CLEAN, SELECT QUALITY  
● Fill Your Storage Now  
● Big Double or Single Loads  
**MEDFORD FUEL CO.**  
Phone SP 2-2111 Court and McAndrews

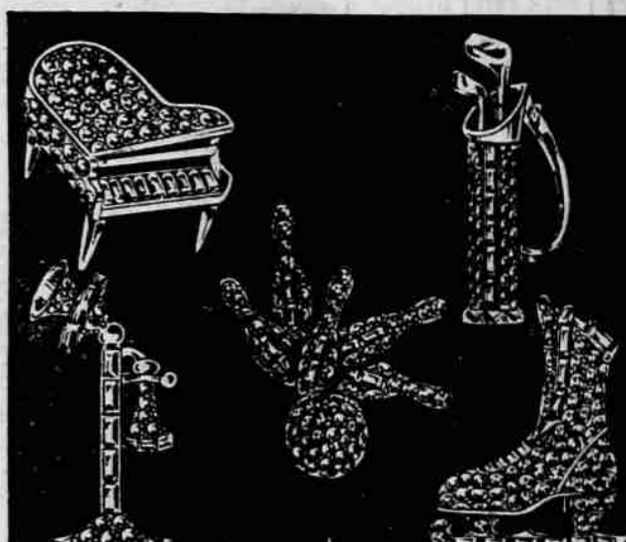
# WEISFIELD'S PRE-CHRISTMAS SALE OF Jewelry

NO MONEY DOWN... 1st PAYMENT JANUARY 1959



**\$20 - \$25 - \$30 ALLOWANCE FOR ANY OLD WATCH WHEN YOU BUY...**

MAN'S 19-JEWEL ELGIN Dashing, yet durable, fine Elgin wrist watch. Adjusted Dura-Power movement, 10K natural gold plate case.	REG. 49.95	<b>29.75</b> and your old watch
LADY'S 23-JEWEL ELGIN Famous Lady Elgin "Serenade" wrist watch. Gold finish, top-draw markers on dial, 14K gold filled case.	REG. 79.50	<b>54.50</b> and your old watch
MAN'S 17-JEWEL ELGIN Popular self-winding movement, Elgin "Shockmaster" wrist watch. Dura-Power movement, shock-resistant.	REG. 89.50	<b>59.50</b> and your old watch



Remember Her Hobby With  
**Conversation PINS**  
**2.00**  
Sparkling rhinestones in natural or color! A grand piano, telephone, golf bag, bowling pin, starting shoe.  
**ONLY 25c A WEEK**

## HOW TO BUY A "GIRL'S BEST FRIEND" — DIAMONDS BY Weisfield's

OF AMSTERDAM  
Diamond Cutters

Authorized Member of The Diamond Council of America



HARRY L. POTTER

## PART I

What important things should you know before you purchase a diamond can be summed up in the "Four C's."

The "Four C's" of diamond buying are as important as the ABC's of spelling. The first "C" that should be considered is Carat. In diamonds, the Carat is a unit of weight equaling 200 milligrams, and each Carat is divided into 100 points. Thus, a 25 point stone is the same as one weighing 1/4 Carat. Also remember that as the size of the diamond goes up, the price increases more than proportionally because large stones are rarer, and thus more expensive than smaller ones.

The second "C" that should be considered is the Cut of a diamond. The fire and brilliance of a diamond will depend largely on the Cut—the stone's shape and the arrangement of the facets or planes which catch the light, and give the stone its sparkle. The most popular Cuts are 1) the brilliant (round); the overwhelming favorite 2) the marquise (boat-shaped) with faceting similar to the brilliant; 3) the emerald cut (square or oblong) with facets polished along the sides and parallel to them and diagonally across the corners. All three diamond cuts contain 58 facets, the angles of which are mathematically calculated and should not vary by more than half a degree.

This is Part I of a two part article giving you valuable information on diamonds, presented by Weisfield's of Amsterdam—Authorized member of the Diamond Council of America in Medford. Part II will cover the third and fourth "C" of good diamond buying.



One of our finest diamond values  
**\$387.50**

**WEISFIELD'S**  
THE WEST COAST'S LARGEST CREDIT Jewelers  
122 E. Main Ph. SP 3-5348  
Open Mon. & Thurs. Until 9 p.m.

**MUSTARD SEED Faith Necklace**  
**1.00**  
"This little grain, Ye shall treasure. Luck will reign, One can't measure." Necklace, earrings, bracelet. For gifts.  
Add It to Your Account

**DAINTY RHINESTONE TRIMMED FINE COSTUME JEWELRY** by TRIFARI

NECKLACE <b>4.00</b>	Matching Bracelet <b>3.00</b>	EARRINGS <b>3.00</b>
----------------------	-------------------------------	----------------------

Trifari has created a group of dainty rhinestone trimmed jewelry to accent all your holiday finery. Necklaces in either gold or silver finish. For gift!

**AS LITTLE AS 25c A WEEK**

**"THE CHALLENGER" Large Diamond SOLITAIRE**  
**100.00**  
With 14K Gold Band  
YEAR TO PAY

**The "MONA" DIAMOND SOLITAIRE**  
With Band  
**82.00**  
YEAR TO PAY

**The "MYRNA" 6-DIAMOND BRIDAL PAIR**  
**147.50**  
14 K. Gold Mountings  
YEAR TO PAY

**The "EDWINA" DIAMOND SOLITAIRE**  
**149.50**  
14 Karat Gold Setting  
YEAR TO PAY

**MAN'S MASSIVE DIAMOND SOLITAIRE**  
**79.95**  
14 Karat Gold Setting  
YEAR TO PAY

**The "ALPHA" 15-DIAMOND WEDDING RING**  
**110.00**  
14 Karat Gold Setting  
YEAR TO PAY

## MEDFORD FIREMAN WINS \$1000.00 BOAT AT FORTUNE



Norman Nelson of the Medford Fire Department and his family (shown above) checked in the winning number and won a beautiful \$1000 Fiberglass boat at the FORTUNE station last week. Mr. Nelson said "This is the nicest thing that ever happened to us and we are looking forward to the possibility of winning the Ford Sedan Fortune is giving away on December 17th."

# FORTUNE TOYLAND

Wholesale prices through gas purchases

Values to \$1.00

- Phone Bank
- Speed Boat
- Slinky Coil
- Pull Toy
- Friction Jeep
- Toy-Filled Stocking
- Friction Car

**YOUR CHOICE 49¢ ea.**

Values to \$2.98

- Friction Toys: Dump Truck, Station Wagon, Locomotive, Fire Engine
- Also—Vicki Doll, Push Chimes, Rocket Racer, Child's Books

**YOUR CHOICE 99¢ ea.**

HUNDREDS OF TOYS TO CHOOSE FROM!  
On the Point—S. Riverside and S. Central—Open 24 Hours

**Finest Major Gasoline** **Use Any Major Oil Credit Card**

**FORTUNE**

**OPEN MONDAY AND THURSDAY TILL 9 P.M.**

**WEISFIELD'S**  
THE WEST'S LARGEST CREDIT Jewelers

122 East Main Street • Phone SP 3-5348