

### Fisher-Reynolds Divorce Case Near

Hollywood—UPI—The "ideal marriage" of singer Eddie Fisher and actress Debbie Reynolds might reach the divorce courts this month.

Attorneys for the couple said Tuesday that agreement on a property settlement may come within a week, leaving the way clear for the 26-year-old Miss Reynolds to begin divorce proceedings.

The couple, parents of two children, separated last September after Fisher's public dates with actress Elizabeth Taylor in New York.

### CASING THE JOINT

Houston, Tex.—UPI—A nine-year-old boy walked into a downtown department store and asked Mrs. Mary Walker, a clerk: "Where's the store detective?" Told that the detective was on the second floor, the boy grabbed a cigarette lighter off a counter and fled.

### HOME LOANS UP

Chicago—UPI—Savings and loan institutions made an estimated \$1,153,000,000 in home loans during July, 1958, biggest lending total for any July in history, according to Joseph Holzka, president of the United States Savings and Loan League.

### RADIO PROGRAMS — WEDNESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make changes as are supplied.

Table with columns for station call letters (e.g., KJYC 1230 kc, KMED 1440 kc, KWIN 1490 kc) and program details including time, program name, and host.

### RADIO PROGRAMS — THURSDAY

Table with columns for station call letters (e.g., KBOY-1380 KC, KDVO 1300 KC) and program details including time, program name, and host.

## STAR GAZER

Star Gazer horoscope section by Clay R. Pollan. Includes zodiac signs (Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, Pisces) and their corresponding birth dates and personality traits.

## The Medical Roundup

by Walter Alvarez  
Emeritus Consultant in Medicine, Mayo Foundation  
Emeritus Professor of Medicine, Mayo Foundation

### DIET AND HARDENING OF THE ARTERIES

Dr. Nils P. Larsen of Honolulu, a man who for years has been studying the influence of diet and other factors on hardening of the arteries, has just returned from a series of big meetings here and abroad in which this topic was discussed by some of the leaders in medicine. As he says, al-

though most of the doctors thought that a large amount of fat in the diet probably had something to do with the production of hardening and ulceration of the arteries, they were not at all sure that this was the only factor.

In some countries the amount of protein or meat in the diet may have most to do with causing the disease. For instance, in Japan, where the amount of fat in the diet is very low — down to 15 per cent or less — some 20 per cent of the people still have marked ulceration of their arteries. Evidently, then, there is some other factor besides fat.

What distressed the doctors at the conventions was that the only factor was that among American young men 65 per cent show some hardening of the arteries. Also, in America, many men in their thirties, forties and fifties get heart attacks. This shows that age is not the essential factor. In many cases the essential factor is an hereditary one. In other cases it could be due to a high fat diet associated with the person's getting overweight.

Many Escape Ulceration  
Interesting were Dr. Larsen's impressions when he went through Holland, Belgium, and Denmark, countries in which, although the people eat much butter and other animal fats, many escape ulceration of their arteries. In these countries, Dr. Larsen was much impressed by watching the thousands of bicycle riders, as well as the large number of hikers, and the relatively small number of persons riding in automobiles. He thought it might well be that the European who does a great deal of walking and bicycle riding may be able to burn up the fat he eats without being injured by it.

A physician in Denmark who for a long time has kept careful records of the amount of coronary thrombosis (heart attacks) in all the people in one village, is now going to change them from a diet containing saturated fats to a diet with unsaturated fatty acids (liquid oils) to see if, during the next 10 years, it

will make a difference in the incidence among them or ulceration of the arteries. As Dr. Larsen said, there is certainly a great difference of opinion today among physicians as to the exact role of fat in the diet.

Until more definite information is obtained, about all the stout person can do is to reduce his weight to normal, with a sensible type of reduction diet containing vegetables, salads, and fruits to keep his stomach full, and enough protein to keep up his strength. The amount of fat in his diet should be low; it may help to use vegetable oils rather than fats of animal origin; and according to Dr. John Gofman of California, in certain cases the amount of starchy foods and sugar should also be kept low.

Buck deer lose their antlers during the winter and spring seasons and grow new ones every year.

## Strange As It Seems

By ELSIE HIX

Illustration of a man with a beard and a hat, with text: "MUMMIES HAVE BEEN FOUND IN EGYPT WITH GOLD FOIL NEATLY POUNDED INTO THEIR TEETH!" "CROWS, WORKING IN PAIRS, HAVE BEEN KNOWN TO STEAL A BONE FROM A DOG..." "ONE BIRD PECKS THE DOG WHILE THE OTHER GRABS THE BONE!"

J.E.B. STUART - Confederate general, covered more than 80 miles with artillery and 1,200 captured horses in 27 hours! (Oct. 11, 1862)

Andy's JEWELER - 15 NORTH CENTRAL

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### Delight the Chef

by Alice Brooks  
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Our new 1959 Alice Brooks Needlecraft Catalog, just out, has many designs for crocheting, knitting, embroidery, quilts, dolls, weaving. A special gift, in the catalog to keep a child happily occupied — a cutout doll and clothes to color. Send 25 cents for your copy of the book.

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JAY ALLEN CO. FIAT 1100 SEDAN 4 cyl. O.H.V. front engine. Seats four to five. Large rear luggage compartment. Heater, windshield wiper, washer, duotone finish and many extras standard equipment.

WATCH "HOLIDAY TABLE" AUDREY SIMS demonstrates and shows you how to make HOLIDAY DECORATIONS & ARRANGEMENTS. This week: "Down Christmas Tree Lane"

THURSDAY, 4:30, on KBES-TV Courtesy of Sims Cycle & Hobby Shop

## CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down. Includes a small illustration of a man's face.

LI' ABNER comic strip panels. Characters: Abner, Sam, and a woman. Dialogue about a date and a party.

BUZ SAWYER comic strip panels. Characters: Buz Sawyer and a woman. Dialogue about a date and a party.

BARNEY GOOGLE and SNUFFY SMITH comic strip panels. Characters: Barney Google and Snuffy Smith. Dialogue about a date and a party.

BLONDIE comic strip panels. Characters: Blondie and a man. Dialogue about a date and a party.

MUTT AND JEFF comic strip panels. Characters: Mut and Jeff. Dialogue about a date and a party.

Check the Ads to Locate the Ideal Gift! - Advertisement for gift ideas and services.