



Jet-Age Airport Funds Expected

Washington (UPI)—Lt. Gen. Elwood R. Quesada (USAF-ret.), administrator of the new Federal Aviation Agency, and Sen. A. S. Mike Monroney (D-Okla.) both have forecast that the new Congress will vote to provide funds for new jet-age airports.

Quesada said Wednesday he is counting on Congress to pass legislation to authorize federal grants to improve airports in a way "essential to the introduction of the jet transport."

"We expect that Congress will do this sympathetically and very fairly," he added.

A giant hoist can lift 45 tons but can be stopped within a quarter of the thickness of a paper match.

The Family Council

Editor's note: The Family Council consists of a judge, a psychiatrist, three clergymen, a newspaper editor, a women's editor and two writers. Each article is a summary of an actual report. The Family Council does not give advice; it merely reports on problems that have been dealt with by responsible agencies and counselors.

Louis S. — Miriam should teach Iris to act like a lady.

Miriam S. — She's a hopeless case.

Louis S. — My wife and I are having a big controversy about my 25-year-old sister, who recently came to stay with us.

Iris is a lively, attractive girl, but she's much too independent for her own good. My parents were worried about her not getting married so they sent her to stay with us because we live in a large city where there is lots of social activity.

Iris immediately got herself involved in a lot of courses and community activities, but she always comes and goes alone. She bought herself a motor-scooter and races about the place. Naturally, men aren't going to ask her out when she seems to get along so well by herself. I have asked my wife to try to teach her to act like a lady, but my wife says she's a hopeless case.

Miriam S. — I think Louis and the family ought to resign themselves to the fact that Iris will never marry. The things I tell her go in one ear and out the other. Once, when I suggested that she let a man open a door for her, she looked at me as though I were crazy and said: "Why? I can do it myself."

Iris has plenty of men

friends, but they are buddy-buddy with her. She gets into political discussions with them and argues like a man. She won't let a man win unless he presents the facts to prove he is right.

I have tried to talk heart-to-heart to Iris, explaining that she'll never land a man if she doesn't learn to be a woman. She said she'd like to marry and have a family, but she can't make a fool out of herself by acting the way I tell her.

The Council — We get a rather strong impression that Iris is the kind of girl who must be left to work out her problems by herself. She appears to be clear-minded as well as strong-minded and will probably find a way of getting what she wants without compromising her personality.

This girl apparently does not avoid men and says frankly that she'd like to marry and have a family. If she is actually attracted to men as well, she probably stands a good chance of finding a man who is so sure of his own manliness that he does not require the appearance of helplessness on the part of a woman.

From Miriam's statement, we gather that Iris is not the kind of girl who fights with men for the fun of it and must win every argument. If she is willing to let the man win after proving his argument, we can't see where she is committing any breach of behavior.

As for the doors and motor-scooter, we'll admit that these



The Medical Roundup

by *Walter Alvarez*

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How to Live Sanely

I have just re-read a booklet called "Harvest Years," by William B. Terhune, medical director of the Silver Hill Foundation for treatment of the psychoneuroses, in New Canaan, Conn. An expert in his field, Dr. Terhune tells us some of the things we can do to keep sane. Interestingly, he puts first, "Keep up your grooming"; in other words, a woman should take good care of her body and her hair, and should dress as well as she can; a man should shave every day, and keep his clothes clean and well-pressed. Good grooming will add to the person's self-respect. Next, he should try to keep some charm—to be warm and friendly with people, and to be polite always.

All of us should take good care of our physical health. We should avoid undue fatigue, and should try to keep physically and mentally fit. Many of us do not take care to get enough rest or sleep.

The oldest original state capitol still in use is that of Maryland.

Oberlin (Ohio) College was the first U. S. college to admit women.

Other great virtues for nervous persons are patience and tolerance. People must learn to live and let live. We must not keep getting more and more bitter as we grow old. Many of us need to learn that our ways are not the only ways of doing things in this world.

How Do They Know?

As I write this, I get a letter from a woman who takes me to task for having said something that I thought was of concern only to physicians and scientists.

She says angrily that God would never approve of such a thing. Every year many people like her write to scold me in this vein, and I always wonder how they know so exactly how God feels about everything. I am sure I don't know how He feels.

Another wise thing Dr. Terhune says is that we should try to complain as little as possible about physical discomforts. Many of us occasionally have to suffer a headache, or a backache, or some indigestion, or a great feeling of fatigue, but why tell everyone around us about it? Dr. William Osler used to say to his patients, "Burn your own smoke"; in other words, don't afflict the people around you by telling them in detail about all your discomforts. That will only make you shunned, and if you are shunned you will become a recluse; and if you become a recluse, you will become queer. Who wants to be queer?

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

(Released by The Register and Tribune Syndicate, 1958)

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