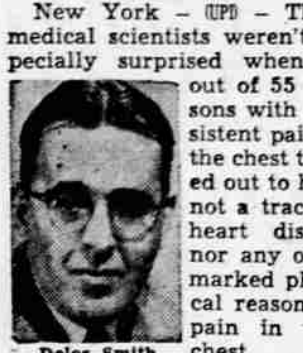


Pain-in-the-Chest Patients Not Always Heart Disease Cases

By DELOS SMITH
UPI Science Editor



New York — (UPI) — Three medical scientists weren't especially surprised when 27 out of 55 persons with persistent pain in the chest turned out to have not a trace of heart disease nor any other marked physical reason for pain in the chest.

What surprised the scientists was the dogged determination with which these 27 made careers out of their supposedly "diseased" hearts which in physical fact were healthy. It was impossible to convince them that they were free of disease. Indeed, one killed himself rather than believe he had no business being an invalid.

All this goes to show that doctors must raise their sights when trying to understand all the reasons for pains in the chest. Drs. William N. Chambers, Joseph L. Grant, and Kerr L. White reported. Doctors must seek the reasons in the "whole person" because the reasons may be entirely emotional.

Given Thorough Test
These scientists took their 56 pains-in-the-chest persons at random from long-term heart patients, gave them a thorough physical going-over utilizing all the laboratory and instrumental techniques, and followed their progress for six years.

Of the 55, 28 (one more than half) had genuine heart disease of varying severity. But the tendency of these 28 was to deny they had any disease at all or to adjust realistically to living with it.

The 27 without physical disease but with pains in the chest of emotional, neurotic origin had gone from doctor to doctor seeking medical confirmation of their self-diagnosed heart "disease."

Eight had consulted six or more doctors; as an average, each of the 27 had seen 4.7 doctors. The genuine heart disease cases had averaged 1.5 physicians.

Conviction Possibly Essential

The very first time they went to a doctor, 19 of the 27 had told the medical man they had heart disease. All of the other eight complained of their chest pains and they, too, "had had long and excessive fear of heart disease." "It seems highly probable that the conviction that they have heart disease may be essential for the functioning of some patients in life at certain times," the scientists reported to the technical journal of the American Medical Association. "It may represent a necessary defense against potentially overwhelming anxiety. Under these circumstances it is often advisable to allow the patient to maintain his cardiac neurosis even to the point of continuing some form of cardiac regimen treatment."

The study was made in New Hampshire. Drs. Chambers and Grant are members of the faculty of the Dartmouth Medical School at Hanover. Dr. White now is associate professor of medicine at the University of North Carolina.

'ZORRO' CREATOR DIES
Hollywood — (UPI) — Arthur Johnston McCulley, 75, creator of the fictional character "Zorro," died Sunday after a series of operations.



PARKYAKARKUS — Harry Einstein, the Parkyakarkus of radio fame, died of a heart attack at the age of 54, during a banquet in Beverly Hills, Calif. Doctors at the scene attempted emergency surgery with a pocket knife, but couldn't save him.

President Summons Defense Secretary

Augusta, Ga. — (UPI) — President Eisenhower has summoned Defense Secretary Neil H. McElroy and a platoon of high Defense officials to a meeting Friday to shape the 1960 Defense budget.

White House Press Secretary James C. Hagerty said that McElroy would meet with the President at 8:30 a.m. Friday at Eisenhower's golfing retreat here at the Augusta National Golf Club.

Those scheduled to attend the conference included: Deputy Secretary of Defense Donald A. Quarles; Director of the Budget Maurice H. Stans; Chairman of the Joint Chiefs of Staff Gen. Nathan F. Twining and Special Presidential Assistant for National Security Affairs Gordon Gray.

War in Korea Made Integration a Fact

Editor's note: Following is the second of two articles dealing with integration in the armed forces. The two-part series was prepared by Thomas B. Dorsey, of the New York Herald Tribune news service.

By THOMAS B. DORSEY
Herald Tribune News Service
Washington (HTNS) — The first major step toward integration in the Army came when then Secretary Gordon Gray opened all Service school courses to qualified Negroes in 1954. But it was the Korean war that made integration in the Armed forces a fact.

Of a cross-section of Negro and white servicemen questioned, all were in agreement that combat made the transition easy.

Capt. Robert O. Cohn, a Negro, was in Korea when integration came. We had no trouble making the change," he said wryly. "The reds were firing at all of us and those bullets were very democratic. The troops up front couldn't

Turnback Order Issued in Berlin

Berlin — (UPI) — The U.S. Army has issued orders for all American civilian and military road traffic to or from Berlin to turn back if they found any border checkpoints manned by East German Communist guards.

The order was issued in anticipation of any move by the Soviet Union to withdraw its own troops now manning the checkpoints and turn them over to East German authorities, as Moscow has indicated it would do.

It made clear that the West was determined not to submit in any way to attempts to exercise authority by the East German regime, which is not recognized by the United States, Britain or France.

have cared less about the race of the men furnishing them with supplies."

Lt. Gen. Clark L. Ruffner, Commander of Third Army in Amana, Ga., was also in Korea when integration came. He said that the thing he noted as important at the time was the psychological factor.

Mental Composure
With the integration of the Negro, Gen. Ruffner said, "There is removed from his mind the thought that he is being discriminated against. He has mental composure because he knows that everyone is doing the same thing—and there is no race, color or creed involved."

"Take when I used to send a combat patrol deep into enemy territory in Korea. Nine to ten per cent of that patrol was Negro. They were in a pretty tight spot. If I had sent all Negroes, they could have said they were being discriminated against. If I had sent no Negroes, it would not have been fair either. This way, the Negro can carry his share of the combat load, and it gives him a rightful feeling of justice."

School integration has given the Armed forces some difficulty in the Southern United States because of local control over school systems for military dependents. The Defense Department, however, is trying to carry out the order to integrate.

A Defense Department spokesman said that every on-post school operated by the Army, Navy or Air Force in every Southern State is integrated. The Navy does have

a segregated school on its post in New Orleans, but it is operated by local officials. A Defense Department spokesman said the exception was made only because a parish school near the base burned and the Navy agreed to lease two on-post barracks to be used as a parish school pending new construction.

Overseas Problem Licked
Overseas, the problem has been completely licked and the Defense Order — "That the operation of all school facilities located on military installations shall be conducted without segregation on the basis of race or color" — has been carried out.

Hazel Edwards, an attractive 29-year-old Enterprise, Ala., girl, who taught at the American High School in Kaiserslautern, Germany, said: "I had no thought of any trouble when I went there. I was wondering though if the Negro children might resent the fact that I was from Alabama — but they didn't. They (the Negroes) were as free as any color would be anywhere. They were students and didn't think they were any different than anyone else — and they weren't."

Another indication of school integration success among dependent systems was last year's appointment of Washington, D. C., Negro Walter

Patterson as a Principal of an Army-run Junior High school for dependents.

A Defense Department report issued in 1955 noted that June 30, 1957, had been agreed upon as the terminal date for abolishing all Negro units in the Armed Forces, but said the program "proceeded ahead of schedule" so by that time the question became "one of mere definition."

In another field, the report said, "Much remains to be done" to improve community-military relationships regarding race.

"It is paradoxical," added the report, "that the Negro citizen in uniform has frequently been made to feel more at home overseas than in his hometown."

Success of Armed Forces integration is also pointed up today by the assignment of qualified Negroes to top defense posts.

"Racial integration in the Armed Forces has given Negro personnel the opportunity to demonstrate skill and ability without limitations imposed by race," said James C. Evans, a specialist on Negro affairs and civilian assistant to the Assistant Secretary of Defense for Manpower, Personnel and Reserve.

"What's more," said Evans, "No unusual difficulties such

as had been anticipated in some quarters has arisen out of the assumption of the command function by Negro officers and non-commissioned officers.

Negro Promoted

Early in December, 1957, United States Air Forces, Europe, announced that Brig. Gen. Benjamin O. Davis Jr., only Negro General Officer now on duty, had been appointed Deputy Chief of Staff for Operations. A 42-year-old West Pointer, Gen. Davis arrived in Germany six months earlier following duty in the Far East as Deputy Commander, 13th Air Force in the Philippines and Commander, Task Force 13, in Formosa.

Another Negro, Lt. Col. Benjamin W. Johnson, former Columbian University track star, now is commanding an Army Transportation battalion in Korea.

On Formosa, Lt. Col. James D. Fowler, a Negro, is Com-

mandant of the Nationalist Chinese Military Academy. In other parts of the world, a Negro Captain is with the Military Advisory Group in Iran and others serve in a similar capacity in Viet Nam, Saudi Arabia, Thailand and Germany.

"The acceptance and success of the Negro Commander is a matter of record," Evans emphasized.

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