

A mature apple tree may have from 30,000 to 50,000 blossoms in a year but only 2 or 3 per cent need set fruit to produce a normal crop.

The Fashionette



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The **Fashionette** LADIES READY-TO-WEAR 22 So. Central Across from Craterian

Supermarket Study Used To Combat Malnutrition

By JEANNE LESEM United Press International New York—(U)—Supermarkets are becoming school-rooms in a program designed to combat malnutrition among America's teen-aged girls. The food shopping knowledge which a student acquires in Seventeen Magazine's young consumer education program also prepares her for the day when she'll be a homemaker shopping for her own family.

So says Mrs. Sigana Earle, the magazine's director of food and homemaking education. The program, now in its fifth year, is directed toward over eight and a half million teen-aged girls, in cooperation with food stores and school systems throughout the country.

It helps both students and teachers to make more "dollars and sense" out of the variety of foods in today's supermarkets, Mrs. Earle said. "Girls must become as informed about food as they are about fashions, if they are going to be up-to-date hostesses and homemakers. As the teen-ager increases her knowledge of buying, she also learns how to eat better, look better, and feel better," she added.

Who is better qualified to give shopping hints than supermarket managers who are bargain hunters on a whole-

sale scale? Beginning next month (October), thousands of grocers will guide school-girls through the aisles of their stores and behind the scenes where meats, fresh fruits, and vegetables are readied for consumers.

The students, accompanied by teachers, will make their initial visit in groups of 25 to 30, usually on a Monday or Tuesday, when the stores generally are not crowded. Later, many students will make return visits in smaller "committee groups," to research special projects and report to their classes.

What will they learn? That a 1958 supermarket may carry more than 6,000 items on its shelves, compared to 850 items 30 years ago.

They'll discover that an ordinary baking potato is available in up to 17 varieties, costing from a penny to 29 cents a serving.

They'll be given tips by the grocer on ways to recognize freshness in produce; how to decipher meat grading; how egg quality is maintained; and how a food's package becomes a teacher.

To date, more than two million home economics students have participated in the program. This represents one-quarter of the nation's female teen population. This year, its sponsors expect to reach an additional 4,000 classes.



Among the school treasures which showed up at the reunion of the Class of 1948, Medford High school, held October 18 at Rogue Valley Country club, were some copies of the Medford Hi Times. Mrs. Doris Bostwick Oakes (at left) was editor of the school newspaper as a senior. Pictured with Mrs. Oakes are (left to right) Mrs. Clinton

Phelps, who was Pearl Muir in high school days and who was a drum majorette; Joe Chez, student body president in 1948 and who now lives in Sacramento, Calif.; and Mrs. William Newland, the former Jacquelyn Rhymes, who was class treasurer. About 50 attended the reunion dinner.



When these four men were seniors at Medford High school in 1948, it was a fad to wear striped cotton overalls to school. At the class reunion, held October 18 at Rogue Valley Country club, some one brought along a pair of the overalls just for fun.

"Hamming it up" for the photographer are (left to right) John Gustafson, general chairman for the reunion, James Clarke, banquet chairman, Die Walsh, master of ceremonies for the evening and Robert Shangile, who was president of the Class of 1948.

Hush Puppies
For an interesting accompaniment for chicken and fish dinners, try this hot bread from the deep South: Mix and sift 2 cups white corn meal, 2 teaspoons baking powder and 1 teaspoon salt into a bowl. Add 3/4 cup milk, 1 egg and a large onion cut into fine pieces. Mix well. Place a 10-inch skillet over the automatic top burner on your gas range and turn the dial to 375. Add 2 tablespoons shortening. Fry the hush puppies as you would pancakes or shape them into long strips, like a thin hot dog bun. Turn during cooking so they will brown on both sides. Serve hot with butter. This recipe should make about 12 hush puppies.

In one out of every seven fatal traffic accidents, the driver's vision was obscured. Fifteen per cent of all motor vehicle accidents are estimated to have a visual basis.

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Apple Conserve
Here is an easy way to make a good apple conserve. Use 8 cups prepared apple, 6 cups sugar, 4 tablespoons lemon juice, 1/2 teaspoon salt, 1/2 cup raisins, 1/2 cup chopped nutmeats.

Wash, drain, pare, core and cut apples in raisin sized pieces. Measure. Mix all ingredients except nuts. Boil until thick. Add nuts about 3 minutes before removing from heat. Pour boiling conserve into half pint home canning jars.

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