

Feeding the Family

By ZOLA VINCENT
Food Editor

Quick Peach Chutney

There's something about a conserve served with meals that gives the entree added prestige. This easily prepared Quick Peach Chutney is enticingly spiced and goes well with any fish, meat or poultry. Recipe makes about 2 pints.

- 1 No. 21½ can cling peach slices
- ½ cup vinegar
- ½ cup brown sugar (packed)
- 1 teaspoon salt
- ½ teaspoon black pepper
- Dash cayenne pepper
- ½ teaspoon cinnamon
- ¼ teaspoon allspice
- ¼ teaspoon cloves
- ¼ cup chopped preserved ginger
- ¾ cup chopped onion
- ½ cup seedless raisins
- ½ cup currants

Drain peaches. To syrup add remaining ingredients and simmer one-half hour. Add peach slices and simmer 15 minutes longer. Pour into sterilized jars and seal in the usual manner.

Special Herbed Rice

Rice lovers take notice! This will be a wonderful addition to your rice recipe collection. Serve it as is for a delightful side dish or as an underpinning for bland creamed chicken or other like protein carriers.

Cook one cup chopped onion and one cup uncooked white rice in three tablespoons butter until onions and rice turn yellow. Add one teaspoon rosemary and one-half teaspoon of marjoram, savory and salt. Dissolve three chicken bouillon cubes in two cups boiling water; add to rice. Stir quickly and bring to a vigorous boil. Turn heat down low; cover with a lid; simmer over low heat 14 minutes. Remove from heat, but leave lid on for 10 minutes or until ready to serve. The rice will keep hot 20 to 30 minutes. Recipe makes six generous servings.

Does Your Table Have Meal Appeal?

The smart homemaker knows that attractive, well served meals contribute greatly to the physical and mental well being of her family. Realizing the importance of happy mealtimes, she put time and thought into every one. Her table may be simple, but no detail goes unattended. The food is thoughtfully chosen, skillfully prepared and, equally important, graciously served. For meal appeal she blends color into every meal. She knows color spurs the appetite, so she puts eye-entertainment into nourishing foods. A gay garnish to make the plate more attractive. She chooses a combination of foods with colors that complement each other.

Contrasts shapes and textures. If you've ever had a meal of all soft foods, or all chewy foods, you can appreciate the importance of contrast in textures. Our homemaker is careful to serve not more than one food that is mashed, or cut up or whole on the same plate.

Serves some food hot, some cold. She has found that different temperatures enhance a meal. A chilled salad before a hot meal; a cup of hot soup the perfect prelude to a main-dish salad; and ice cream, even in cold weather, a delightful dessert.

Contrasts flavors. Last, but by no means, she wisely chooses food for flavor contrast. The perfect meal combines a food of pronounced flavor, one that is bland, one that is tart, one that is sweet. She also knows that good food is always well seasoned. Not just salt and pepper, but onions, parsley, green pepper, celery, tomatoes, vinegar, lemon juice, herbs, spices, sugar, bacon, cheese and butter, all make good food taste better.

Harvest Bounty Lends Interest Color to Table Decorations

Fall fruits and vegetables with their wide variety of color and shapes have been used for table centerpieces and decorations for centuries. The always popular "Horn of Plenty" is a good conversation piece, but really comes into its own when the tasty fruit contents are nibbled on at the close of a hearty dinner. You'll find good fruit and vegetable suggestions under our "Best Buys" heading.

Halloween Hand-outs. For hand-outs on Halloween or for parties with a Halloween motif, check supplies of apples, oranges, marshmallows, popcorn, jelly beans, the little

boxes of raisins and other appropriate edibles as well as paper supplies and/or aluminum foil to wrap up the loot.

Pick a pumpkin or two for the youngsters to hollow out and use as jack-o-lanterns or for face-making with fresh fruits and vegetables. Carrot greens make wonderful hair. Put in a supply of apple cider or lemonade concentrates for all the family to enjoy and for frequent serving to all comers, both large and small.

The baker has a fine assortment of doughnuts, plain and fancy, chocolate - iced and orange-iced. There are specially designed cookies and cakes, too.

Best Fruit Buys. For a beautiful array of color for your own "Horn of Plenty" or other centerpiece, use seasonal Ribier, Tokay and Muscat grapes. Jonathan and Delicious apples are in abundance. Be sure to have some on hand for "apple bobbing" at that Halloween party. Other good buys include cranberries, some melons, citrus fruits and pears. Pomegranates and persimmons are so definitely fall delicacies and even though in light supply should be enjoyed now. Persimmons make a wonderful salad when chilled and served garnished with seeded Ribier grapes. Perfect when served on iceberg lettuce with your favorite dressing.

Best Vegetable Buys. Dark green cucumbers and Bell peppers, snowy white cauliflower, bright red solid tomatoes, the orange of carrots and pumpkins and the soft yellow of corn are a few of the colorful vegetables in good supply this week. All potatoes deserve attention. Dry onion, celery and squash are in good supply.

CAUSE FOR CONCERN
New Delhi - UPI - India was beginning to feel concern today over Soviet publications arriving here with maps showing large hunks of Indian territory as part of Communist China. The latest Soviet magazine, New Times, shows sections of the northeast frontier agency as belonging to the Chinese Reds.

Perfect Partners
The search, one of the most intensive ever made in this area, began last Saturday but up to today no survivors or trace of the missing plane have been found. The AJ5P plane carried four crewmen.

The search area, originally concentrated in a 70 mile arc stretching for 200 miles west of Guam, has been expanded to the south and north.

United Fund Drive Reaches 40 Per Cent
Ashland - Contributions to the Ashland-Talent United Fund have reached more than 41 per cent of the \$22,125 goal, according to Sid Ainsworth, general chairman.

Ainsworth urged United Fund committees to step up fund contacts so the campaign may be brought to a successful conclusion as soon as possible.

Peterson Electric company of Ashland has been awarded a certificate for reaching 100 per cent. Several groups have planned benefit sales to help boost the collection total for the United Fund campaign, Ainsworth reported.

PARSON NOT ALLOWED
Lowestoft, England - UPI - Fishermen of the Scottish herring fleet declined Wednesday to invite the Bishop of Aberdeen aboard when he visited them. They have a superstition that "pigs and parsons bring bad luck to a boat."

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Shape of the news! Easy, relaxed top pairs with an arrow-slim skirt to total fashion's smartest look. Note "accessory-wise" cardigan neckline, rib-high pockets. Choose vivid wool, cotton tweed or bengaline.

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Pd. Adv.—Chet Wendt, Medford, Oregon

Rabbit Infestation Serious in Oregon

Corvallis—UPI—An Oregon State College biologist said Thursday jackrabbit infestations are serious in some localized areas of southeastern Oregon.

The biologist, Lee W. Kuhn, said farmers in parts of southern Harney and Malheur counties and in a few Lake county districts were pushing control measures started in August. But he said that in some eastern Oregon areas the jackrabbit population appears smaller than usual despite the sharp increase in others.

The infested areas, he said, long have been rabbit concentration locations.

State Bar To Hold Preference Poll

Portland—UPI—The Oregon State Bar plans to take a state-wide poll among attorneys to get their preference for the position of judge for the U.S. District Court for Oregon.

The resignation of Chief James Claude C. McColloch, 70, effective Dec. 31, created the vacancy.

Nominating petitions will require the signature of 10 ac-ri for 15 years before consent of the nominee. Nominations close Nov. 1. Ballots will be mailed to members of the bar about Nov. 4 and voting will close Monday, Nov. 10.

Search Expanded For Missing Plane

Agana, Guam—UPI—The U.S. 7th Fleet's giant carrier Princeton, accompanied by five radar equipped destroyers has joined the search for survivors of a Navy plane believed to have ditched in the Pacific between Guam and the Philippines last Saturday.

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Research to Lead To More Use of Atom Toward Peace

Research in the fields of power, medicine, biology and agriculture will lead to vastly increased use of nuclear energy for peaceful purposes, according to Dr. Joseph S. Butts of Oregon State college who spoke in Medford Tuesday night at the courthouse auditorium.

Dr. Butts, formerly with the Atomic Energy Commission, is head of the agricultural chemistry department of OSC, and spoke at a United Nations' day program sponsored by Medford chapter, Oregon United Nations' association.

Saying first that the amount of money being spent on atomic research for peaceful purposes is an insignificant part of the total, Dr. Butts said that nevertheless it is extensive and important. He spoke of the power reactors built here and in the British Isles, and said that in the field of medicine important work is being done on thyroid diseases, leukemia, brain tumor and in other fields.

Best Informed
Speaking of biology and agriculture, where he is best informed, Dr. Butts said that 12 laboratories have been set up in the United States to do research and that in addition, various universities and colleges are engaged in needed research. Six or eight programs are now under way at OSC.

Some of the agricultural research projects are in the field of plant breeding where a mutation greatly speeds change by mutations, he said. These mutations might result in plants which are more resistant to disease, would bring greatly increased yields or change the protein content of an important food plant, the professor pointed out.

Projects are also being carried on in the field of fertilizer, weed killers and food

preservation. **Background Information**
Dr. Butts gave background information on work of the Office of European Economic Cooperation, for which he visited 19 countries.

The OECC, which grew out of the Marshall plan, was organized to "make the fullest collective use of their (the participating countries) individual capacities and potentialities, to increase production, develop and modernize their industrial and agricultural equipment, expand their commerce and reduce progressively barriers to trade among themselves," he stated.

Dr. Butts' work was with the Nuclear Energy Ministerial committee of the OECC, and he stated that the program, little known in the United States, is considered successful and of great importance to European nations.

Dr. Butts said "I've watched the nuclear bombs dropped and have seen first hand their terrible destructiveness; the sight made me most enthusiastic about working for the peaceful use of the atom."

Dr. Butts mentioned the experiments toward peaceful atomic uses being carried on in Sweden, Germany, The Netherlands, Belgium, France and other European nations.

Speaks on Founding
The speaker was preceded by Al Bradford, Medford city councilman, who spoke of the United Nations' founding, saying "it is the greatest hope for lasting peace there is in the world today." He encouraged citizens to work for understanding of the UN program.

Manville Heisel, Medford attorney, reviewed circumstances leading up to President Eisenhower's "Atoms for Peace" speech and outlined the plan and the Atomic Energy act which the U. S. Congress eventually passed. He mentioned that because of the act materials are being changed into peaceful uses, and that an agency now operating has set up a format for inspection and control of atomic research which may be broadened if nations wish to do so.

Mrs. Harlan P. Bosworth Jr. introduced the speakers and reviewed the activities of the Medford UN chapter in the past. She introduced Mrs. Marris Gibbons, chairman of the UNICEF Halloween project for children.

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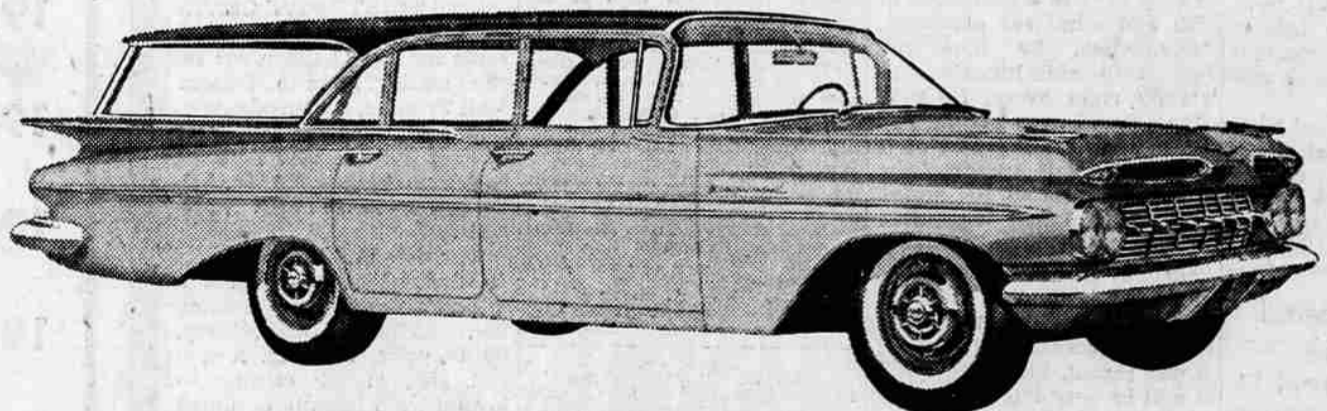
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