

Switzerland Trip Award for Essay

Some Boy Scout with a flair for writing a convincing 100-word essay will win a fully paid round-trip air flight and two weeks' visit to Switzerland next July, Judson W. Compton, scout executive of the Crater Lake Council, Boy Scouts of America, has announced.

The contest is sponsored by the American Society for Friendship with Switzerland and by Boys' Life, the monthly magazine for all boys published by the Boy Scouts of America.

In his essay of 100 words or less on "Why I Would Like to

Visit Switzerland as a Scout," the winner is to tell how he proposes to build better understanding between young people of Switzerland and the United States.

Entries will be judged on the basis of understanding world friendship in general, and specifically between young people of both nations.

Entries sent to the Boys' Life Switzerland contest at New Brunswick, N.J., must be postmarked not later than midnight, Nov. 15, 1958.

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars. To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	22	1	Take	34	Anything	61	News
ARIES	20	2	Short	32	Lucy	62	Smile
ARIES	22	3	Special	33	Of	63	Could
ARIES	21	4	Trips	34	Without	64	Strongly
ARIES	21	5	Check	35	Year	65	Have
ARIES	21	6	Precautions	36	In	66	Help
ARIES	22	7	Your	37	Down	67	Go
ARIES	22	8	Some	38	Sound	68	Bring
ARIES	22	9	Your	39	Well	69	Places
ARIES	22	10	Partner	40	Could	70	Adventures
ARIES	22	11	Things	41	Disturb	71	Now
ARIES	22	12	Come	42	First	72	Be
ARIES	22	13	Die	43	Bring	73	And
ARIES	22	14	A	44	Matters	74	Others
ARIES	22	15	Don't	45	Feel	75	Second
ARIES	22	16	Don't	46	Into	76	Commented
ARIES	22	17	Against	47	Attracting	77	Satisfaction
ARIES	22	18	Or	48	Of	78	Now
ARIES	22	19	Put	49	Value	79	Been
ARIES	22	20	And	50	Needed	80	Somewhat
ARIES	22	21	Franchising	51	Franchising	81	Now
ARIES	22	22	Today	52	Costly	82	Overlooked
ARIES	22	23	Out	53	Mental	83	Perhaps
ARIES	22	24	Wonderful	54	Proof	84	Pleasures
ARIES	22	25	Your	55	Part	85	You
ARIES	22	26	H	56	Seems	86	For
ARIES	22	27	Be	57	Could	87	Indisposed
ARIES	22	28	Do	58	Do	88	Do
ARIES	22	29	Yes	59	To	89	Joy
ARIES	22	30	Of	60	React	90	Facis
ARIES	22	31	Good	61	Address	91	Neutral

The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine, Mayo Foundation
Emeritus Professor of Medicine, Mayo Foundation

Diverticulosis and Diverticulitis

I keep getting dozens of letters from people who have been much frightened by being told they have diverticula, or little pouches, on their colon or large bowel.

As I keep saying in this column these tiny pouches are nearly always harmless. They come in our later years, much like gray hair.

I doubt very much if they produce any symptoms. I have some of these pouches, and it would never occur to me to change my diet because of them, or to worry about them.

What happens in older persons is that muscle fibers in the large bowel spread a bit and through them a little bit of the mucous lining of the bowel projects as a little pouch. A diverticulum means a little pouch. The condition is called diverticulosis.

What is most unfortunate is that hundreds of people who have the harmless diverticulosis get the idea somehow that they have diverticulitis.

This is an often serious, but fortunately, rare condition in which one of the little pouches has broken open and has caused infection and inflammation around the bowel.

Usually the person gets what looks like an acute appendicitis on his left side. There is usually fever and pain and perhaps acute constipation.

Often the inflamed bowel has to be operated on and removed. Sometimes the inflammation quiets down by itself.

Many doctors, when they see diverticulosis, fear that cancer may develop, but extensive statistics show that, if anything, the little pouches protect a person from getting cancer of the large bowel.

One of my relatives had perhaps 150 or 200 of the little pouches on his bowel. He lived into his 80s and never had the slightest symptom from them. He was an able physician who never thought of treating himself for them.

Usually, when I find a patient with diverticula on his colon, I hate to tell him about them because if he is a worrisome type of person, even my strong statement that he must forget about them does not help; and he will keep going to other doctors, hoping to find one who will give him much treatment for them or perhaps even an operation.

The only reason why I feel I must tell my patient about these things is that if he goes to another doctor who finds them and has a fit about them, the patient will think I was ignorant, or that I failed to note the little pouches, or that I was careless about them.

One of the biggest problems a doctor has in medicine is to decide whether or not to tell a worrisome patient that he has a perfectly harmless heart murmur or signs of an old coronary injury to his heart, which has never bothered him in the past, and will never bother him in the future.

If we tell the man about the scar, he may get so scared he may become an invalid; and if we don't tell him, and some alarmist doctor later finds it and has a fit over it, he will lose confidence in the whole medical profession.

Often, when faced with this dilemma, I don't know what is best to do.

Cures Discovered by Laymen
Every week good, kind people write me about some home medicine which they say has cured them or some friend, of some chronic or recurrent disease like psoriasis. They hope that I will be open-minded enough to be interested, and interested enough to get the medicine widely tested, and perhaps accepted by the medical profession. I am always open-minded and glad to hear of any drug that seems to have worked a miracle of healing for someone, but I cannot promise to be enthusiastic, and I cannot promise to tackle the tremendous and costly job of trying to get the medicine widely tested and used. I cannot promise to try to find out if the drug has real value.

So often, especially when a doctor is dealing with a disease such as psoriasis, which tends to flare up and later disappear for no known reason, it may take a year or more of very honest study of a hundred cases to tell if a proposed new treatment has any value. Actually, in recent years, we physicians have come to see that in the cases

of many drugs we cannot hope to tell if the stuff is any good unless we use what is now called the "double blind" method. Without this method the patients and the doctor are too likely to fool themselves and to believe what they would like to believe.

With the double blind method a group of physicians will take perhaps two thousand university students, seen in the Health Service offices, with, let us say, a cold. Half of them are given sugar pills, and the other half are given the medicine being tested.

When each student recovers, he must turn in a card on which he tells how good or poor a result he thought he obtained with the medicine. The student does not know what he got, and the doctors who classify the reports sent in (as either good or poor) do not know what the particular student got. Only when the student code number is added, and the punch cards are run through an I.B.M. machine does anyone know whether the medicine worked any better than did the sugar pills.

Curiously, of late, a number of such studies have shown that a third of the persons getting the sugar pills will report that "the medicine was wonderful!"

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

(Released by The Register and Tribune Syndicate, 1958)

Strange As It Seems



CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

- 1-Tardy
- 2-In what manner?
- 3-Armed
- 4-Device to conduct
- 5-City in Russia
- 6-New Deal agency
- 7-Partner
- 8-Dolphinlike cetacean
- 9-Partner (colloq.)
- 10-Foundation
- 11-Hereditary
- 12-Princess's measure
- 13-Irritate
- 14-Girl's name
- 15-Indonesian tribesman
- 16-Ireland
- 17-Target
- 18-Hard money
- 19-Playthings
- 20-Commit to memory
- 21-Beasts of burden
- 22-Requests for "want"
- 23-Trumpeter
- 24-Compass point
- 25-Kavayan
- 26-Lover
- 27-Port
- 28-Turkish commander
- 29-Vase
- 30-Remainder
- 31-Spanish for "river"
- 32-Range of knowledge
- 33-Conjunction

DOWN

- 1-Easy gift
- 2-Island off Ireland
- 3-Of the third rank
- 4-Church official
- 5-Trust
- 6-Device to conduct
- 7-Small jump
- 8-Sparacious
- 9-Pilaster
- 10-Inlets
- 11-Seasoning
- 12-Guido's high note
- 13-Look opener
- 14-Waistcoat
- 15-Rear of ship
- 16-Alice
- 17-Poetries
- 18-Princess
- 19-Princess's measure
- 20-Pawest
- 21-Irritate
- 22-Girl's name
- 23-Range of knowledge
- 24-Conjunction
- 25-Guarantee
- 26-Goal
- 27-Female horse
- 28-Sea eagle
- 29-Stretcher
- 30-Emmett
- 31-Emmett
- 32-Emmett
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RADIO PROGRAMS — WEDNESDAY

Program	Time	Station
4:00—Traffic Jam	4:00	News
4:15—Traffic Jam	4:15	News
4:30—Traffic Jam	4:30	News
5:00—Edw. R. Murrow	5:00	News
5:15—Asr. Page	5:15	News
5:30—Tom Harmon	5:30	News
5:45—Frank Goss	5:45	News
6:00—Morgan	6:00	News
6:15—Lowell Thomas	6:15	News
6:30—Sports—A&A	6:30	News
6:45—Amos-Andy	6:45	News
7:00—News	7:00	News
7:15—Eventide	7:15	News
7:30—Turntable Terrace	7:30	News
7:45—Turntable Terrace	7:45	News
8:00—News—Stereo	8:00	News
8:15—Stereo	8:15	News
8:30—Stereo	8:30	News
8:45—Stereo	8:45	News
9:00—News	9:00	News
9:15—Turntable Terrace	9:15	News
9:30—Turntable Terrace	9:30	News
9:45—Turntable Terrace	9:45	News
10:00—Richfield Rpt.	10:00	News
10:15—Turntable Terrace	10:15	News
10:30—Turntable Terrace	10:30	News
10:45—Turntable Terrace	10:45	News
11:00—Sign Off	11:00	News

RADIO PROGRAMS — THURSDAY

Program	Time	Station
6:00—News of America	6:00	Wake Up to Music
6:15—Yawn Patrol	6:15	Wake Up to Music
6:30—Yawn Patrol	6:30	Wake Up to Music
6:45—YP-News	6:45	First News
7:00—Breakfast Times	7:00	Wake Up to Music
7:15—News Around World	7:15	Valley Beepers
7:30—MacLeod Sports	7:30	Valley Beepers
7:45—Harry Babbitt	7:45	News
8:00—Variety Weather	8:00	News
8:15—Frank Goss	8:15	News
8:30—Coffee Concert	8:30	News
8:45—Howard Miller	8:45	News
9:00—News—Peter-Mary	9:00	News
9:15—Breakfast Club	9:15	News
9:30—Breakfast Club	9:30	News
9:45—Breakfast Club	9:45	News
10:00—Nora Drake	10:00	News
10:15—Harvey Trade Post	10:15	News
10:30—Name Neighbor	10:30	News
10:45—Lark & Found Pets	10:45	News
11:00—News—Rt. Hppnas	11:00	Standard School
11:15—Mrs. Burton	11:15	Standard School
11:30—Couple Next Door	11:30	Standard School
11:45—Pat Buttman	11:45	Standard School
12:00—Paul Harvey	12:00	News
12:15—News—B. Corn—Wthr	12:15	Weather Report
12:30—Houseparty	12:30	News
1:00—News—Godfrey	1:00	News
1:15—Godfrey	1:15	News
1:30—Godfrey	1:30	News
1:45—Godfrey	1:45	News
2:00—News—Whisp. Sts.	2:00	News
2:15—Whispering	2:15	News
2:30—Backstage Wife	2:30	News
2:45—Helen Trent	2:45	News
3:00—Gal Sunday	3:00	News
3:15—Story Hour	3:15	News
3:30—Bulletins	3:30	News
3:45—Traffic Jam	3:45	News
4:00—Traffic Jam	4:00	News
4:15—Traffic Jam	4:15	News
4:30—Traffic Jam	4:30	News
4:45—Traffic Jam	4:45	News
5:00—Edw. R. Murrow	5:00	News
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6:15—Lowell Thomas	6:15	News
6:30—Sports—A&A	6:30	News
6:45—Amos-Andy	6:45	News
7:00—News	7:00	News
7:15—Eventide	7:15	News
7:30—Lewis	7:30	News
7:45—Lewis	7:45	News
8:00—News	8:00	News
8:15—Turntable Terrace	8:15	News
8:30—Turntable Terrace	8:30	News
8:45—Turntable Terrace	8:45	News
9:00—Hidden Revolution	9:00	News
9:15—Hidden Revolution	9:15	News
9:30—Hidden Revolution	9:30	News
9:45—Hidden Revolution	9:45	News
10:00—Richfield Rpt.	10:00	News
10:15—Turntable Terrace	10:15	News
10:30—Turntable Terrace	10:30	News
10:45—Turntable Terrace	10:45	News
11:00—Sign Off	11:00	News

Press Review at Ski Bowl Slated

Mount Shasta - What the Mt. Shasta Ski Bowl means to tourist travel in northern California and southern Oregon will be discussed at a dinner at the Mt. Shasta Ski Bowl lodge Saturday.

Newspaper, radio and television personnel and representatives from magazines, tourist groups, airlines, bus lines, railroads, travel agencies and ski shops have been invited to a press review this week end.

The Ski Bowl is expected to open to the public some time after Nov. 1.

A helicopter is being placed at the disposal of visitors for special pictures, and the group will ride the new lift Saturday. A cocktail hour and dinner are scheduled at the lodge that night. Breakfast is planned there Sunday morning.

Speakers will include Richard M. Oddie, San Francisco, vice president and research director for the Bank of America; Willy Schaeffer of Squaw Valley, technical advisor to the Olympics Water committee; Ed Johnson of Pasadena, president of the Far West Ski association; and Jim Hammond of the California State Chamber of Commerce in San Francisco.

The road to the lodge will be closed to the public from Saturday noon to Sunday noon, officials said.

MAJOR BATTLE RAGING

Algiers—AFP—A French paratroop division is using artillery and air attack to smash some 400 rebels trapped in the Saïda mountains of eastern Algeria, it was reported today.

In formed sources said the battle has been raging for a week. No estimate of casualties could be obtained immediately.

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Program	Time	Station
4:30—Cousin Pat	4:30	News
5:30—Sign Off	5:30	News
6:30—Sign On Music for Birds	6:30	News
7:15—Farm News	7:15	News

Program	Time	Station
8:30—Music, news, weather	8:30	News
9:00—Sign Off	9:00	News
THURSDAY		
6:00—Sign On Music, news, wthr.	6:00	News
8:15—Trader Horn	8:15	News

TELEVISION PROGRAMS

The following TV broadcast log is printed as a free public service for the Mail Tribune's readers and TV viewers. Schedule changes are printed as provided by the TV stations and the Mail Tribune cannot accept responsibility for errors or omissions.

KBES-TV (Channel 5) KOTI-TV (Channel 2)

Program	Time	Station
5:30—Campfire Girls	5:30	News
5:30—Superman	5:30	News
6:00—TV Weatherman	6:00	News
6:30—World Football	6:30	News
6:30—Doug Edwards	6:30	News
6:30—Medford High Football	6:30	News
6:30—Nye Getting Secret	6:30	News
7:00—MacKenzie's Raiders	7:00	News
8:00—The Millionaire	8:00	News
8:30—Nye Getting Secret	8:30	News
9:00—U.S. Steel Hour	9:00	News
10:00—Mickey Spillane	10:00	News
10:30—News	10:30	News
10:35—Three Comrades	10:35	News
12:00—Sign Off	12:00	News

THURSDAY

Program	Time	Station
10:30—Cartoon	10:30	News
11:00—Top Dollar	11:00	News
11:30—Search For Tomorrow	11:30	News
11:45—Guiding Light	11:45	News
12:00—Walter Cronkite News	12:00	News
12:30—Play Your Hunch	12:30	News
12:30—As The World Turns	12:30	News
1:30—House Party	1:30	News
2:00—Big Payoff	2:00	News
2:30—Verdict Is Yours	2:30	News
3:00—Brighter Day	3:00	News
3:15—Secret Storm	3:15	News